OSHER LIFELONG LEARNING INSTITUTE
AT UVA

University-level short courses for active adults

Join us in an adventure in learning!

FALL 2021

Courses & Lectures
Sentara Martha Jefferson Hospital is dedicated to bringing you the most sophisticated surgical and medical care in the most convenient community setting. And as a part of one of the nation’s most integrated healthcare systems, we also have access to an extensive network of health resources across Virginia and North Carolina, which allows us to continue to improve patient outcomes, safety and quality.

To learn more about the advanced capabilities that Sentara Martha Jefferson Hospital has to offer, visit sentara.com.
## CONTENTS

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>An Introduction to OLLI at UVA</td>
<td>3</td>
</tr>
<tr>
<td>Letter from OLLI Leadership</td>
<td>4</td>
</tr>
<tr>
<td>Weather Policy</td>
<td>6</td>
</tr>
<tr>
<td>Venues</td>
<td>6</td>
</tr>
<tr>
<td>A Taste of OLLI</td>
<td>11</td>
</tr>
<tr>
<td>What You Need to Know</td>
<td>12</td>
</tr>
<tr>
<td>Membership and Course Registration</td>
<td>13</td>
</tr>
<tr>
<td>Michie Tavern</td>
<td>14</td>
</tr>
<tr>
<td>Lecture Series</td>
<td>16</td>
</tr>
<tr>
<td>Special Presentation &amp; Screening</td>
<td>17</td>
</tr>
<tr>
<td>Discussion Series</td>
<td>18</td>
</tr>
<tr>
<td>Shared Interest Groups</td>
<td>19</td>
</tr>
<tr>
<td>Author Talks</td>
<td>20</td>
</tr>
<tr>
<td>OLLI Outings</td>
<td>22</td>
</tr>
<tr>
<td>Newcomers’ Local Tours</td>
<td>23</td>
</tr>
<tr>
<td><strong>All Courses</strong> (Alphabetical by Instructor)</td>
<td>24</td>
</tr>
<tr>
<td>Courses Categories &amp; Semester Info</td>
<td>27</td>
</tr>
<tr>
<td><strong>Schedule-at-a-Glance</strong> (Session A)</td>
<td>54</td>
</tr>
<tr>
<td><strong>Schedule-at-a-Glance</strong> (Session B)</td>
<td>56</td>
</tr>
<tr>
<td>Registration Form</td>
<td>59</td>
</tr>
</tbody>
</table>
OUR MISSION

Aware that an active mind is as necessary as social relationships and physical exercise to a full life, the Osher Lifelong Learning Institute at the University of Virginia offers educational opportunities and intellectual enrichment to active adults in the community.

The Institute is member-directed and draws upon its members’ resources, as well as other academic and community resources, to organize courses and other educational activities.

In this stimulating environment, members may acquire new knowledge, explore ideas, exercise creativity, and share interests and expertise with others.

FALL 2021

CALENDAR

VISIT OLLIUVA.ORG FOR UPDATES

Open Now          Fall Membership pre-purchase
July 27           Virtual Taste of OLLI/Course Preview
                   10:00 a.m.
August 2           Online Registration Training
                   10:00 a.m.
August 3           Fall 2021 Registration Opens
                   10:00 a.m.
September 9        Courses Begin
Are you an active adult with a curious mind and a keen interest in learning—just for the love of it?

Join with more than 1,000 like-minded learners who are members of the Osher Lifelong Learning Institute (OLLI) at UVA. There are no prerequisites, educational or otherwise, for you to continue your intellectual exploration and enrichment with us. Generous donors contribute to our scholarship fund to ensure that courses are available to everyone. We invite you to discover OLLI’s many opportunities for engagement and enlightenment.

**MEMBERSHIP BENEFITS**
The $75 membership fee supports OLLI and entitles members to receive:

- OLLI e-brochures each semester
- **e-newsletters** at least bi-monthly
- Access to Author Talks (pg 40-41)
- **Shared Interest Groups (SIGs)**
- Virtual Coffee Chats
- Member-only **Happy Hours**
- Special Lectures, and much more

Continued support from OLLI members is especially important in this uncertain time. Please consider becoming a Fall 2021 member and remain socially active and thrive with fellow seniors in your local community.
Welcome to OLLI at UVA’s Fall 2021 catalog!

As we plan for another unique semester at OLLI, we find ourselves in a time of immense optimism as our local community, our country and the world continue to emerge from the pandemic. With deep gratitude, OLLI continues to celebrate 20 years in Charlottesville, and it would not be possible without our OLLI friends like you who have stuck with us in the past year. We would like to note that staff and leadership are still committed to hosting a 20th anniversary event in late 2021 or early next spring. Please be on the lookout for future details to celebrate with us. With the world opening again, OLLI is approaching the Fall semester with renewed optimism and excitement. Although the pandemic altered the way OLLI delivers classes, a silver lining has been OLLI’s commitment to host some of our courses online for the foreseeable future. We sincerely thank our instructors, committee volunteers, class moderators, and staff for their perseverance and love of lifelong learning through yet another semester of online learning.

This Fall, we are prepared to offer 60 in-person courses, at least 11 online courses and we will host a variety of in-person gatherings. Aside from in-person courses, we are continuing our Special Interest Groups (SIGs), monthly Author Talks and Special Presentations. Returning this fall will be OLLI Outings with a presidential twist, Newcomers’ Tours and Michie Tavern. We have been working to bring you new and exciting opportunities with our authors, film makers and local leaders. Our goal is to give OLLI members a variety of formats from which to choose.

Our Fall 2021 membership is now available for pre-purchase online. We are opening membership earlier this semester so that members can take advantage of OLLI’s Summer Discussions Groups – a member benefit which will be automatic when you purchase Fall membership. Membership provides the ability to sign up for any fall courses starting on Opening Registration Day, August 3, and membership gives you access to other OLLI programming throughout the semester. Again, we are pleased to partner with The History Club of Charlottesville and bring more wonderful Special Presentations to our community. We are working with other community partners to offer new lectures and series, such as a Diversity,
Equity, Inclusion and Belonging series. As in previous semesters, we are committed to working with any member who would like additional help getting comfortable with the online platform, for our 11 online courses or the Special Presentations. Look for more Zoom trainings, or send a quick email to olliuva@virginia.edu for individual help.

Staff will be better able to gauge your interest in attending OLLI’s in-person classes this Fall when registration opens. Each course will be handled on a case-by-case basis if an in-person course does not meet the minimum number of students required to cover the cost of the facility rental. OLLI staff and instructors will work together on options for those rare courses in this circumstance. We are excited to offer in-person and online courses this semester. As always, we will monitor all the courses, along with our volunteer instructors, and we will work on appropriate updates whenever possible. For example, if a course is wait-listed we will work with the instructor and venue to make more seats available when this is possible.

We strongly encourage members to register for Fall 2021 online at olliuva.org. Not only are you more likely to get the courses you want, but you can be prepared for registration day by getting your logins set up ahead of time. Online Registration Training will be scheduled before registration opens. We will cover password reset, searching course information, registration, and payment. A paper registration form is included at the back of the catalog, and you may still mail it to the new OLLI at UVA office, using our PO box noted within this catalog.

You will notice that OLLI is continuing to use an electronic catalog this semester due to a sharp decrease in revenue from the impacts of COVID and we have found that many of our members now prefer the online version. The electronic version has many benefits which include the ability to magnify the size of the catalog online, direct links to each course you’d like to register for and ease in sharing it with friends. A printed version can, and will, be mailed to anyone who requests one via phone or email. As always, please refer to olliuva.org for up-to-date information on courses and upcoming programs.

As we continue our 20th year, our fundraising goal is to reach $20,000 for 20 years of OLLI. Please consider donating to OLLI during this year (ending June 30, 2022). Your contributions help to keep OLLI strong and thriving during yet another unique year. We offer gratitude for your donations to OLLI.

You can get a glimpse of what’s to come at our Virtual Taste of OLLI on July 27. More details on the Taste and all things fall-related will be regularly communicated by email as lifelong learning continues. Check out our website for details.

Yours in learning,

Leslie Pont  
OLLI Executive Director

Gary Nimax  
OLLI President
WEATHER POLICY

Personal safety is the key consideration. Please check the website. You will not be contacted directly about weather-related changes in class status. olliuva.org

ALL OLLI CLASSES FOLLOW THE DIRECTIVES OF THE LOCAL AREA SCHOOL SYSTEMS IN WHICH THE MAJORITY OF CLASSES ARE LOCATED.

• School cancellations cancel all OLLI classes.
• Delayed openings cancel OLLI classes that begin before 11:00 a.m.
• Classes starting at 11:00 a.m. or later will meet as scheduled.
• Charlottesville-area classes follow the Charlottesville City Schools.
• Staunton-area classes follow the Staunton City Public Schools

If schools are dismissed early due to inclement weather, OLLI will operate on a case-by-case basis. Please check our website or call the office for up-to-date class status. If makeup classes are scheduled, you will be notified of the new dates by e-mail.

DIRECTIONS TO CLASS LOCATIONS IN AND AROUND CHARLOTTESVILLE

*We will need to follow the restrictions and requests of our various venues.

COLONNADE CLUB (Pavilion VII)  434.924.1192

Parking is available in the Central Grounds Parking Garage (400 Emmet Street S). Parking rates are $1 per 30 minutes. Take the stairs or elevator up to the 4th floor. Leaving the garage, cross the brick plaza, and walk up the stairs alongside Newcomb Hall. (If you prefer to use an elevator, enter Newcomb Hall, walk down the hall and look for the elevator on the right. Take the elevator up to the 4th floor, and exit the building by the front doors.) Continue walking toward McCormick Road (Monroe Hall will be to your right, Alderman Library to the left.) Cross over McCormick Road and walk down Colonnade Alley. Walk up the steps onto the Lawn and turn left. Enter the front door of the Pavilion VII (Colonnade Club).
VENUES

**HOMEWOOD SUITES**
2036 INDIA RD
CHARLOTTESVILLE, VA 22901
434. 244.6200

From Rte. 29 North, turn right onto Hydraulic Rd. Turn left onto Hillsdale Drive (at Whole Foods). Turn left after you pass the hotel.

**MEADOWS PRESBYTERIAN CHURCH**
2200 ANGUS ROAD
434.296.2791

Going north on Rte. 29, just north of the Rte. 250 overpass, turn left onto Angus Road (at KFC). The church is in the second block on the right. The parking lot is to the right of the church. Courses will be held in the Choir Room. The Choir Room is on the parking lot side of the building on the lower level, look for your OLLI at UVA course sign.

**MICHIE TAVERN**
683 THOMAS JEFFERSON PARKWAY
434.977.1234

From Rte. 20 South, turn left onto Thomas Jefferson Parkway (Rte. 53). The tavern is 1.1 miles on the right.

**ONLINE ONLY**

These courses will be delivered in a “Distance Learning” format through Zoom. Enrolled members will receive an enrollment reminder with the link one week before the first class and one day before each class in this course. The Zoom link for the course will remain the same for the length of the course, so when you have one link you have them all.

**STUDIO IX (Conference Room or The Gallery)**
969 2ND STREET SE,
CHARLOTTESVILLE, VA 22902
434.923.3600

From 5th Street heading to Charlottesville, turn right on Elliott Avenue. Take left onto 2nd Street SE and there is ample parking ahead. Studio IX is located at Jaybird Coffee and signage for “OLLI at UVA” is also visible.

**THE CENTER (formerly Senior Center)**
540 BELVEDERE BOULEVARD
CHARLOTTESVILLE, VA 22901
434.974.7756

From US-250, go North on McIntire Rd and John W. Warner Parkway to Belvedere Boulevard in Rio. Turn right onto Belvedere Boulevard. Destination will be on the right.

State of the art air filtration, minimal touches to the classroom, temperature check station at entry, hand sanitization stations. Hearing loops are also available.
THE STAUNTON INNOVATION HUB
11 NORTH CENTRAL AVENUE
STAUNTON, VA 24401
540.212.9595, EXT. 2

From I-64, take Exit 87 to merge onto I-81 N toward Staunton/Winchester. Take Exit 222 for I-81 N to merge onto US-250 toward Staunton. Continue US-250 West (~8 minutes) to North Central Avenue in Staunton. There is street parking and a parking lot across from the building’s main entrance. The classroom is on the second floor. There is an elevator.

THE WAYNE THEATRE
521 WEST MAIN STREET
WAYNESBORO, VA 22980
540.943.9999


THE R. R. SMITH CENTER FOR HISTORY AND ART
20 SOUTH NEW STREET,
STAUNTON, VA
540.885.2028

From I-64, take Exit 87 to I-81 N. Stay in the right lane and take Exit 222 to merge onto Rte. 250 West (Richmond Avenue) toward Staunton. At the T-intersection with Rte. 11 (~ two miles), make sure that you are in the middle of the three lanes in order to turn right and then quickly turn left onto Johnson Street after passing under the railroad bridge. At the next light (New Street), turn right. The New Street Parking Garage is accessed from Johnson or New Street. Classes meet upstairs in the “Lecture Room.”

UNITY OF CHARLOTTESVILLE
2825 HYDRAULIC ROAD
434.978.1062

From Rte. 29, go west on Hydraulic Road past Stonefield shops. After passing Albemarle High School on the left, Unity’s entry is on the left across from Lincoln cemetery.

State of the art air filtration, minimal touches to the classroom, hand sanitization stations.
From I-64 going east, take exit 124 toward US-250 toward Charlottesville. Turn right onto Pantops Mountain Road. Westminster is requiring all guests on their property be vaccinated.

From Rte. 29 South/Emmett St., turn right onto BUS250/Ivy Rd. going West. Turn left after Shenandoah Joe’s Coffee. WTJU is located next to Vivace Restaurant, exactly one mile west of the UVA Rotunda. Parking is available both in front of and behind the building. Handicap spaces available in the back.

FROM YOGA TO POKER, CARDIO TO COOK-OUTS, Branchlands seniors enjoy active independence in a relaxed and gracious environment. It’s all about making life as easy, enjoyable, and worry-free as possible.

The Manor House Independent Living 434.973.9044
Linden House Assisted Living & Memory Care 434.973.0311

branchlands.com
VOLUNTEERS MAKE OLLI GO → AND GROW!

OLLI is, at heart, a volunteer organization.

To learn more about volunteering, please call 434.923.3600 or contact Marian Brown via email at: dnw9ar@virginia.edu.

All of OLLI’s amazing instructors are volunteers. There are regular opportunities for new courses and new faculty. If you are interested in teaching for OLLI, we’d love to meet you!

Leadership volunteers support OLLI through the Board of Directors and committees.

OLLI’s Classes need a Class Moderator, who will volunteer to support the instructor in the classroom or by managing the Zoom call during each class. Training will be provided.

OLLI also maintains a list of “one-day” volunteers for special events and activities.

THE BERNARD OSHER FOUNDATION

The Bernard Osher Foundation was founded in 1977 by Bernard Osher, businessman and community leader, and contributes to the well-being of others by supporting higher education, healthcare, and the arts. In fall 2000, the Foundation began supporting education programs for older adults and in 2001 provided its first endowment to the University of Southern Maine.

There are 124 Osher Lifelong Learning Institutes, with at least one in every state.
VIRTUAL COURSE PREVIEW FOR FALL

Join us on Tuesday, July 27 at 10:00 AM for the Taste of OLLI on Zoom. You’ll learn about plans for fall, meet instructors who will give a brief overview of some of the offered courses, and you’ll be ready for registration the following Tuesday, August 3rd.

Check the OLLI website, e-blast, or call the OLLI office to receive the link to the Zoom webinar. No pre-registration required.

OLLI OFFERS SHORT COURSES IN:

- Arts
- Health and Wellness
- History
- Humanities and Lifestyle
- Public Affairs
- Science and Technology
- Social Science

Courses will be offered mostly in-person, in public venues around the area, with some provided virtually via Zoom. Courses meet weekly; students see each other and interact with the instructor and other class members. **Join us for the love of learning, and without writing papers, taking tests, or receiving grades.**

REGISTRATION OPENS SOON

Registration for fall courses opens on Tuesday, August 3rd at 10:00 a.m.

Browse this e-brochure now to learn about the exciting array of courses to be offered this fall.
What You Need to Know

MEMBERSHIP AND COURSE FEES BY SEMESTER
OLLI at UVA offers fall and spring semesters annually, each consisting of two seven-week sessions plus additional member and public programming. A membership fee of $75 per semester entitles you to register for courses offered in both sessions that semester, as well as member benefit programs or activities that occur throughout the semester. Course pricing varies depending on the length of the course and the type of course that is being taught. See the OLLI registration site for specific course details.

SCHOLARSHIPS
A limited number of scholarships are available to support those who would find it a hardship to pay standard rates for membership or tuition. Contact the OLLI office for information about our simple request process.

INSTRUCTOR AND SPOUSE/PARTNER DISCOUNTS
OLLI instructors may take courses free of charge during the semester they teach and the one that follows. Their spouse/partner receives a $50 discount on the OLLI membership fee for each semester their spouse/partner teaches.

COURSE WAITLISTS
Even with Zoom classes there may be limits on enrollment based upon subject matter and course design. Members registering online are encouraged to check “add to waitlist” if a requested course is full. You will not be charged when placed on a wait list. After registration, OLLI works to accommodate as many students as possible, and a space may open. The OLLI office will contact you if a space becomes available to ask if you still want to join. Please do not attend the course unless you are contacted.

CLASS/COURSE MODERATOR DISCOUNTS
OLLI members who volunteer as Moderators for courses will not be charged for any courses for which they volunteer. Moderators need to be comfortable troubleshooting various tech issues.

Any interested member is welcome to take the training, however, this does not guarantee being assigned to a class.

SCHEDULE CHANGES
The OLLI office communicates all schedule changes, last-minute class cancellations, and makeup classes by email. Please check your e-mail regularly!

GUESTS
OLLI courses are intended for OLLI members only. OLLI students may invite a guest to one class. We welcome meeting new potential students and ask to be informed before their visit.
Membership and Course Registration

HOW TO PURCHASE MEMBERSHIP FOR FALL
Purchase your membership online. We recommend purchasing your membership early as a practice run for registration.

ONLINE REGISTRATION TRAINING SESSION
We will hold an online registration training session to show members how to register online, reset their passwords, and more.

HOW TO REGISTER
Each person registering must do so individually and pay with a separate credit card transaction or a check payable to UVA Fund/OLLI. On your online account or the registration form, please include your e-mail address to be notified via email for essential course information throughout the semester.

Popular courses fill up fast; the best chance to obtain a seat is through online registration, the day registration opens, August 3. We strongly encourage all members to register online. At any time, you are welcome to call OLLI and we are happy to take your registration over the phone.

ONLINE REGISTRATION
Go to, olliuvva.org, click on the blue “Register Online” button, and use a credit card to register for courses and events, 24 hours a day.

You will receive immediate confirmation, via email, of your accepted choices. For detailed instructions on accessing your online account, and how to register, visit and click “Course → Registration Information” in the top menu bar.
OLLI at UVA in Partnership with Michie Tavern

presents

CENTRAL VIRGINIA IN THE REVOLUTIONARY WAR!

OLLI at UVA proudly continues its Michie Tavern partnership by offering another special Summer Session lecture-and-wine series! Join us as we learn, sip, and socialize in one of Central Virginia’s most beautiful and historic settings.

The 2021 OLLI Summer Session at Michie Tavern features a series of presentations — titled “Central Virginia in the Revolutionary War!” — presented by award-winning local historian Rick Britton on three Thursdays: August 5th, 19th, & September 2nd.

Despite the fact that the American Revolution was mostly contested elsewhere, there’s no forgetting the significant contributions made by Central Virginians. It was a Central Virginian, of course, who penned the Declaration of Independence, the nation’s birth certificate. Its crystalline phases are among the most quoted in the English language. Central Virginians, too, guarded a huge enemy army here in Albemarle County. After surrendering in New York, that force of 4,500 British and Hessian soldiers was marched here—600 miles away—to ensure that it wouldn’t be liberated. And, when the entire government of the Old Dominion was threatened with capture, it was a Central Virginian who rode through the night—alone—to spread the alarm. Among those spared captivity, were Governor Jefferson, 3 other signers of the Declaration, and the fathers of two future presidents.

Join us at Michie Tavern for all three lectures as we explore “Central Virginia in the Revolutionary War!”

- **August 5th (MICH010)**
  We Hold These Truths: Jefferson & the Declaration of Independence

- **August 19th (MICH011)**
  The Barracks: Albemarle County’s Prisoner-of-War Camp

- **September 2nd (MICH012)**
  From Cuckoo Tavern to Charlottesville: Jack Jouett’s Overnight Ride

The events begin at 4 p.m. with a half-hour meet-and-greet featuring wine and cheese. (NOTE that Michie Tavern will open no earlier than 3:45.) At 4:20 we’ll announce, “last call for wine.” Lectures begin at 4:30. A Q&A period follows until 5:30. The $18.00 fee for each event includes the lecture, cheese, and two glasses of wine. Use OLLI’s online registration system or the form at the back of this catalog, sign up early to attend one, two, or all three presentations.

**NOTE:** You must be an OLLI member for the fall 2021 semester to participate in this special Summer Session. The registration deadline is the Friday before each lecture; no refund requests will be accepted after that day.
SUPPORT OLLI AT UVA WITH A GIFT!

Thank you to the many members who have contributed so generously to OLLI at UVA. Please view our video for more information on OLLI’s fundraising campaign during COVID-19.

Your donation supports member benefit programs and scholarships, as well as much needed equipment and other program operating expenses.

We welcome donations at the time of registration online or by paper. You can also go to olliua.org and click “Support OLLI at UVA.”

Please keep OLLI at UVA in mind for your tax and estate planning and your planned giving. Donations to OLLI at UVA are tax deductible.

THE PEACE OF MIND THAT YOU CAN ONLY FIND WITH 24 HOUR NURSING

We know that safety is the most important thing on your mind when you are looking for a new home for your loved one with memory loss. That is why we are proud to be the only memory care option in Charlottesville with 24 hour nursing on site. You shouldn’t have to compromise on nursing care for your family member, and at The Blake of Charlottesville, you won’t have to!
WINNING AND LOSING THE NUCLEAR PEACE
THE RISE, DEMISE, AND REVIVAL OF ARMS CONTROL
MICHAEL KREPON
FRIDAYS, OCTOBER 1ST, 8TH, 15TH, 22ND AT 3:00 P.M.
STUDIO IX, GALLERY

The definitive guide to the history of nuclear arms control by a masterful storyteller and expert observer, Michael Krepon

The greatest unacknowledged achievement of the Cold War was the absence of mushroom clouds. This success required diplomacy. U.S. and Soviet leaders ventured into the unknown to prove that they could treat the most destructive weapons in history differently than any others. Against the odds, they succeeded.

‘Winning and Losing the Nuclear Peace’ tells the remarkable story of how high-wire acts of diplomacy and dogged persistence have prevented the use of nuclear weapons in warfare for three quarters of a century. Michael Krepon brings to life the pitched intellectual battles between arms controllers and advocates of nuclear deterrence, a story of ironic twists and unexpected outcomes.

Arms control is now dangerously unfashionable. Washington to Moscow have cast aside treaties in favor of freedom of action. There are now four pairs of nuclear-armed competitors. We are not safer as a result. The practice of arms control was built from scratch and then torn down.”

Michael Krepon tends ferns and moss in North Garden. He is the co-founder of the Stimson Center, which is now one of the top ten think tanks working on national security in the United States. He received the Carnegie Endowment’s lifetime achievement award for non-governmental efforts to reduce nuclear dangers in 2015. After stepping down from running Stimson, he taught for nine years in the Politics Department of the University of Virginia. He is the author and editor of twenty-two books, mostly collaborative Stimson products. His newest book, ‘Winning and Losing the Nuclear Peace: The Rise, Demise, and Revival of Arms Control,’ will be published by Stanford University Press this Fall. He worked previously at the Carnegie Endowment, the State Department, and on Capitol Hill. He writes a weekly blog post at armscontrolwonk.com.
OLLI SPECIAL PRESENTATION AND SCREENING

Coming in November. The dates and time for this special event are still to be determined. Please stay tuned for details.

Dr. Bettye Kearse and Eduardo Montes-Bradley will join OLLI at UVA in November to present The Other Madisons: The Lost History of a President’s Black Family, the book (Kearse) and documentary film (Montes-Bradley). Kearse will introduce and discuss her book, and Montes-Bradley his film, and both will participate in a Q&A with attendees following the screening.

This program is a member benefit, provided free to all OLLI members. In addition, and while space is available, OLLI members can invite/register a plus-1 to attend and learn more about The Other Madisons, and other programs that come with OLLI membership.

About the book:

Winner of the 2020 International Afro American Historical and Genealogical Society Book Award for Non-Fiction Autobiography and Outstanding Book Award from The National Association of Black Journalists, The Other Madisons: The Lost History of a President’s Black Family took some thirty years of research, writing, and rewriting. It is both a personal family history and an homage to millions of silenced, invisible African Americans. This memoir is an intimate work of narrative nonfiction that discovers, discloses, and embraces a more inclusive and complete American story.

For thousands of years, West African griots (men) and griottes (women) have served as human links between past and present by speaking the ever-expanding stories of their ancestors and history of their people. Without generations of American griots and griottes who stayed true to this West African tradition, Kearse’s family would not know about their ancestor who was stolen from Africa or that they are descended from President James Madison and one of his slaves. They would not know how their family saying, “Always remember—you’re a Madison. You come from African slaves and a president,” began during slavery, nor how it evolved with the changing times.

In recounting the struggles, perseverance, and contributions of eight generations of her family, Kearse’s The Other Madisons illustrates that enslaved Africans possessed hope and inner strength by which they survived, and talents by which they contributed mightily to America. They passed these same qualities on to their descendants. It is Kearse’s dream that The Other Madisons will inspire those descendants to nurture and use their own inner strengths and talents not only to fulfill their hopes but to make contributions to our country and the world.
About the Author:
In 1990, Dr. Bettye Kearse became the griotte for her family when her mother brought her the box of family memorabilia. When she asked, “Why now?” her mother answered: “I wanted to give you plenty of time to write the book.” The time had come for the story of Kearse’s African-American family to take its place in recorded history. Her research for the book took her to Ghana, West Africa, and Lagos, Portugal, and around the United States, including James Madison’s Montpelier.

Kearse was born in Tucson, Arizona and grew up in Northern California. She earned a BA, in Genetics from the University of California at Berkeley; a PhD, in Biology from New York University; and an MD from Case Western Reserve University. She practiced pediatrics in inner-city Boston, and now retired, she resides with her husband in New Mexico.

About the filmmaker:
Charlottesville resident Eduardo Montes-Bradley is an Argentinian-born producer, director, documentarian, and OLLI instructor, whose films have received awards at domestic and international film festivals. His recent films include: A Soldier’s Dream (2019), a biographical portrayal of private Milt Feldman, a US Veteran with the 106th Infantry Division who was captured at the Battle of the Bulge in The Ardennes; and Alice: At Home with Alice Parker (2020), which explores the life and works of composer-conductor Alice Parker. His films on Charlottesville subjects include Julian Bond: Reflections from the Frontlines of the Civil Rights Movement, Rita Dove: An American Poet, Monroe Hill, and Unearthed and Understood. Montes-Bradley’s films are available in academic as well as public libraries, and have aired on American (PBS, National Geographic, Discovery) and European television.

Discussion Series

DIVERSITY, EQUITY, INCLUSION AND BELONGING DISCUSSION SERIES
Stay tuned for a vital community discussion with several local panelists who are Diversity, Equity and Inclusion (DEI) experts in their field. Details are still being worked out for this important series and more details will be announced in our eNewsletter, The Insider, as soon as they become available.

Please be sure that you are on our eNewsletter mailing list to receive the most up-to-date information on all OLLI events and specials programming. You can also sign up for our eNewsletter here.
SHARED INTEREST GROUPS (SIGs)

An OLLI Shared Interest Group is formed by a nucleus of OLLI members with a shared interest in the same subject. SIGs provide ongoing learning, friendship and support around the shared interest. Each group is different depending on its focus, and all provide interesting lifelong learning opportunities, as well as a fun social experience that is ongoing through semesters and class cycles. OLLI’s Shared Interest Groups are a benefit offered by members, for members.

OLLI’S SHARED INTEREST GROUPS ARE A BENEFIT OFFERED BY MEMBERS, FOR MEMBERS.

OLLI SIGs are self-managed, with the SIG members deciding when, where, and how often they will meet.

Members handle:
- Administrative and communication details.
- Most SIGs meet once a month, though they may meet more or less frequently if members wish.

The OLLI staff can help the SIGs to promote and advertise themselves to our OLLI membership. SIGs grow, develop and are sustained by the active participation and commitment of their own members.

What kind of topics are suitable for a SIG? Almost anything can work! The first SIG established at OLLI UVA focuses on Genealogy.

Shared Interest Group Guidelines

As an OLLI member, you may be interested in forming a SIG. Opportunities are endless, but keep these guidelines in mind:

SIGs are open to all interested current OLLI members.
- a minimum of six participants are required to establish a SIG.

SIGs do not take the place of OLLI courses. They complement and enhance classes and other programs offered by OLLI-UVA.

Currently SIG meetings are held via Zoom. When in-person SIGs are possible, they will be held off-site. Options include:
- members’ homes
- venues related to the SIG’s activity (movie theaters, restaurants, libraries, recreational facilities, etc.).

“The Genealogy SIG has been a great opportunity to meet individuals with common interests, learn from each other, and share experiences. We have all provided our personal insights and experiences as we search for our ancestors. What we’ve learned in just a few months has been amazing and motivational.”

Larry Brown, OLLI Member, Facilitator of the Genealogy Shared Interest Group

If you would like to start a SIG, contact the OLLI Office, 434.924.3600 or email Marian Brown, Volunteer & Events Manager: dnw9ar@virginia.edu. Proposals for SIGs are taken at any time.

As SIGs are created, OLLI members will be notified through the weekly Eblast and invited to join. When at least six members have expressed interest, the first meeting can be scheduled. To join an established SIG, members ask to have their names placed on the email distribution list for the SIG and start participating. It’s that simple.
OLLI AUTHOR TALKS THIS FALL!

OLLI at UVA Author Talks are a new and unique opportunity to meet with authors and discuss their work. These talks will meet once a month during the fall semester. While members are invited to purchase and read the book before meeting with the author, they are not required to do so. Members are welcome to join us to meet the author and find out more about them and their work. How to purchase the book, including links and any additional information the author shared with us, can be found on our registration site. Join us for a unique opportunity to meet with the authors and discuss their books.

For more information, please refer to our website Events page and watch your email for further updates.

**Oliver’s Travels**

Cliff Garstang

Tuesday, September 28, 2021, 2:00 p.m.

Studio IX, The Gallery

*Inspiration and Research: How a Fiction Writer Turns an Idea into a Book.* Author Clifford Garstang will discuss his path from practicing international law in the U.S. and Asia to writing novels and short stories. He will talk about how his career has shaped his writing, where a writer’s ideas come from, and the process of turning life experiences into fiction, including his most recent novel, Oliver’s Travels.

Clifford Garstang is the author of five works of fiction including the novels “Oliver’s Travels” and “The Shaman of Turtle Valley” and the short story collections “House of the Ancients and Other Stories,” “What the Zhang Boys Know” (winner of the Library of Virginia Award Literary Award for Fiction), and “In an Uncharted Country.” He is also the editor of the acclaimed anthology series, “Everywhere Stories: Short Fiction from a Small Planet.” A former international lawyer, he lives in the Shenandoah Valley of Virginia where he is at work on a new novel.

For more information, visit: cliffordgarstang.com.

**In the Streets of Vinegar Hill**

William James

Tuesday, October 26, 2021, 2:00 p.m.

Studio IX, The Gallery

*In the Streets of Vinegar Hill,* James reveals how fear and misunderstandings caused The Charlottesville City Council to condemn and demolish a 20 Acre Tract (30 Black businesses and 600 residents) from the Downtown area from 1958–1964.

Author, William A. James, Sr., is a Freelance Writer of the Charlottesville, VA area, Home of The University of Virginia. James was educated at Piedmont Virginia Community College, Charlottesville; Virginia State University, Petersburg; and The University of Virginia. He holds a Master’s Degree in Recent American History. He is the author of seven other Books. He lives in Ruckersville, VA with his wife of fifty years, and his youngest daughter.
Betrayal at Little Gibraltar
William Walker
Tuesday, November 30, 2021, 2:00 p.m.
Online Only

In 1990, Bill Walker discovered marginalia in an old history book charging a senior U. S. Army general in World War I with disobedience to orders that resulted in the deaths of thousands of American troops and delayed the Armistice for several bloody weeks. The matter had been ignored by historians, but the scribbled notes propelled Walker on a twenty-five year investigation to determine the truth. After haunting the National Archives, peering into bunkers on the Western Front, and examining the dusty memoirs of veterans, Walker used documentary evidence to prove the veracity of the marginalia and solve a mystery that had eluded military historians for a century. His book, Betrayal at Little Gibraltar, was published by Scribner one-hundred years after the “war to end all wars.”

An honors graduate of the University of Virginia, Bill Walker spent most of his life teaching English and serving as a college administrator. After retiring as associate vice president at the College of William & Mary, he returned to an abiding interest in military history. He has published numerous articles on World War I and a book on the Meuse-Argonne Offensive, which is still the largest and bloodiest battle in American military history. He lives in Staunton, Virginia, where he is at work on the biography of a relative who was mysteriously killed racing in the Indianapolis 500.


Unfree Markets: The Slaves’ Economy and The Rise of Capitalism in South Carolina
Justene Hill Edwards
Tuesday, December 14, 2021, 2:00 p.m.
Studio IX, The Gallery

Hill Edwards is the author of Unfree Markets: The Slaves’ Economy and the Rise of Capitalism in South Carolina (Columbia University Press). Unfree Markets is an innovative study that shows that the vestiges of race-based economic inequality are not in the late-nineteenth or twentieth centuries, but in the period of legal slavery.

Justene Hill Edwards is a scholar of African-American history, specializing in the history of slavery and capitalism in the United States. She received her doctorate in history from Princeton University; and holds an MA, in African New World studies, from Florida International University; and a BA, in Spanish, from Swarthmore College. Her scholarship has been supported by the Program in American Studies, the Center for African American Studies, and the Program in International and Regional Studies, at Princeton University; the McNeil Center for Early American Studies at the University of Pennsylvania; and the College of Arts & Sciences at the University of Virginia.
OUTINGS ARE BACK!

OUT010
James Monroe’s Highland: Tour, Lunch and Performance
Friday, September 24
11:00 a.m. – 1:00 p.m.
2050 James Monroe Parkway
Charlottesville, VA 22902
*Participants are responsible for their own transportation.
$35
Limit: 35

Explore James Monroe’s Highland is a historic site with a new story to tell. With the guidance of Highland’s Council of Descendant Advisors, the 1818 Presidential Guesthouse has been re-curated into self-guided exhibits that weave the story of Highland’s free and enslaved residents into one narrative. Focusing on Monroe’s presidential years, the exhibits will bring to light how Highland is a lens for understanding early American history and its present-day legacies.

America’s fifth president lived at Highland sporadically from 1799 to 1823. Monroe sold the house and the fields immediately surrounding it in 1826, and the Bank of the United States sold the remaining farmland in 1828. The history of Highland includes James Monroe, his wife Elizabeth Kortright Monroe, and their family, as well as many enslaved men, women, and children. Between the untold stories of enslaved people, a fire that destroyed the main residence, and property changes by later owners, mystery and misunderstanding surrounded the site for years. Only now are historians and archaeologists peeling back the layers of history to uncover Highland’s complete past.

Join us for this exciting new opportunity for a self-guided tour, lunch and performance by James Monroe.

NOTE: We will monitor and adjust as needed based on current restrictions and guidelines at the time, such as stagger tour times, etc.

OUT011
James Madison’s Montpelier
Friday, November 12
9:30 a.m. – 1:00 p.m.
11350 Constitution Highway
Montpelier Station, VA 22957
*Participants are responsible for their own transportation.
$90
Limit: 50

Join us for a special outing to James Madison’s Montpelier! The half-day experience includes:

• Signature Tour of the house that touches on Madison the man, the Constitution and Bill of Rights, slavery, and Dolley Madison.
• A guided tour of The Mere Distinction of Colour exhibit, which is the culmination of years of archaeological and historical research discussing slavery’s influence on, and the contributions of the enslaved to, the founding of our country.
• A talk in Claude Moore Hall by the Archaeology department which is being coordinated through the Center for the Constitution.
• A delicious lunch
• Take-home a pocket Constitution for reference!

Join us for a tour of James Madison’s mansion and The Mere Distinction of Colour exhibit, lunch, then a 60-minute program with a speaker. Includes a notebook, pen and pocket Constitution for each guest.

NOTE: We will monitor and adjust as needed based on current restrictions and guidelines at the time, such as stagger tour times, etc.

OUTING CANCELLATION POLICY:
If you decide to cancel your reservation, you will receive a refund ONLY if someone is found to fill your vacancy.
NEWCOMERS’ LOCAL TOURS

New to the area or to retirement? Looking to build community with other curious, vital, lifelong learners?

Join us for one or both of our Newcomers’ Local Tours!

• Both tours will be led by OLLI member and retired educator, Leslie Lee.
• Participants are responsible for their own transportation.
• You do not have to be an OLLI member to register.
• Both tours require a significant amount of walking and standing.

OUT006
Newcomers’ Tours: Downtown Arts
Leslie Lee
10/20/2021, 10:00 a.m. – 2:00 p.m.
Wednesday
Downtown.
If circumstances related to COVID-19 dictate this tour cannot be held in person, it will be deferred to a future semester.

$25
Limit: 15

Explore Charlottesville’s downtown art scene! We will start with a tour of the McGuffey Art Studios with demos by working artists, followed by a behind-the-scenes visit to Live Arts theater. Lunch is included at a downtown restaurant where OLLI at UVA’s executive director will welcome prospective OLLI members and talk about the upcoming programs. After lunch, participants are invited to explore art galleries and other art venues on and near the downtown mall.

Leslie Lee is a retired educator. Previously, an employee of Montgomery County (MD) public schools, she has taught every grade level from Head Start through 12th grade. During her thirty-two-year tenure as a classroom teacher, she facilitated or led dozens of field trips in and around the Washington, D.C. greater metropolitan area. New to Charlottesville, she has enjoyed discovering myriad field trip opportunities in and around the surrounding area.

OUT007
Newcomers’ Tours: Discover Monticello
Leslie Lee
11/3/2021, 9:30 a.m. – 1:30 p.m.
Wednesday
Monticello.
If circumstances related to COVID-19 dictate this tour cannot be held in person, it will be deferred to a future semester.

$45
Limit: 15

Explore Jefferson’s mountaintop home with a House and Grounds tour followed by a boxed lunch at the Monticello Farm Table Cafe where OLLI at UVA’s executive director will join us to welcome prospective OLLI members and talk about upcoming programs. After lunch, participants are encouraged to join the Slavery at Monticello tour, explore the grounds on their own, or visit the education center, all at no additional charge.

Leslie Lee is a retired educator. Previously, an employee of Montgomery County (MD) public schools, she has taught every grade level from Head Start through 12th grade. During her thirty-two-year tenure as a classroom teacher, she facilitated or led dozens of field trips in and around the Washington, D.C. greater metropolitan area. New to Charlottesville, she has enjoyed discovering myriad field trip opportunities in and around the surrounding area.
# Fall 2021 Courses

## ALPHABETICAL BY INSTRUCTOR

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Course Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aaslestad, Hal, Wayne</td>
<td>From Christianity in Korea to Korean Christianity</td>
<td>33</td>
</tr>
<tr>
<td>Nolde, Mary Lyons, Gary</td>
<td>North Korea: The Kim Dynasty and the People</td>
<td>38</td>
</tr>
<tr>
<td>Rogers, PhD, PE, Dwayne</td>
<td>Dolan, Marcy: Finding Your Voice as a Writer</td>
<td>42</td>
</tr>
<tr>
<td>Jones, and Nancy Sorrells</td>
<td>Donohue, James H.: Public Schools in a Post-Pandemic Era</td>
<td>45</td>
</tr>
<tr>
<td>Covert, Bob &amp; Pam</td>
<td>Donahue, James H.: Civil War Reconstruction: Post War Challenges, Successes and Failures</td>
<td>35</td>
</tr>
<tr>
<td>Clymer, Don</td>
<td>Elder, Richard: Let’s Have a Conversation about Economic Inequality</td>
<td>52</td>
</tr>
<tr>
<td>Barnhill, Mark</td>
<td>Hench, Allen: World Class Ideas Selected TEDTalks – Ideas Worth Sharing</td>
<td>47</td>
</tr>
<tr>
<td></td>
<td>Chadwick, Charles: Much Ado About Nothing: Rethinking Gender in Shakespeare</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td>Howell, Sterling: The 100-year History of the Local Library System</td>
<td>37</td>
</tr>
<tr>
<td></td>
<td>Homyk, Theodore (Ted): Is it Time for Us to Go?</td>
<td>49</td>
</tr>
<tr>
<td></td>
<td>Hyde, Bob: Patents 101 – Got an Invention? Here’s How to Protect It</td>
<td>47</td>
</tr>
<tr>
<td></td>
<td>Kator, Howard and Hal Aaslestad: The Good, the Bad, and the Ugly...COVID-19</td>
<td>49</td>
</tr>
<tr>
<td></td>
<td>Kennamer, Stephen: Depression in Life and Literature</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Character, Morality, and Evil</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Lay, K. Edward: Virginia Architecture: The Pre-Jefferson Period 1607-1780</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Lee, Leslie: Foundations of Yoga</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>Newcomers’ Tours: Downtown Arts</td>
<td>23</td>
</tr>
<tr>
<td></td>
<td>Newcomers’ Tours: Discover Monticello</td>
<td>23</td>
</tr>
</tbody>
</table>

*New Course*
<table>
<thead>
<tr>
<th>Instructor</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loach, Don</td>
<td>Mozart’s Women</td>
</tr>
<tr>
<td></td>
<td>Beethoven: Part I</td>
</tr>
<tr>
<td>Mansell, Gerry</td>
<td>Tomb of the Unknown Soldier</td>
</tr>
<tr>
<td>Mason, John W.</td>
<td>Germany’s Descent into Barbarism 1933 to 1945</td>
</tr>
<tr>
<td>McHenry, Henry</td>
<td>Interpreting and Participating in Shakespeare’s Plays</td>
</tr>
<tr>
<td></td>
<td>Meeting of Opposites: Walking Uphill Together</td>
</tr>
<tr>
<td>Meade, Tracy</td>
<td>Social Security: Understanding the Benefits</td>
</tr>
<tr>
<td></td>
<td>Navigating the Landscape of Long-Term Care Insurance</td>
</tr>
<tr>
<td>Metraux, Daniel</td>
<td>The History and Culture of Modern Japan</td>
</tr>
<tr>
<td>Mikalson, Jon</td>
<td>21st Century Issues in 5th Century Athenian Drama</td>
</tr>
<tr>
<td>Newell, Terry</td>
<td>The Leadership Gap: Why Some Leaders Succeed and Others Fail</td>
</tr>
<tr>
<td>Oganowski, Karen</td>
<td>America’s Energy Infrastructure: Balancing Fossil Fuels and Renewables</td>
</tr>
<tr>
<td>Pales, Carl</td>
<td>Paths Not Taken: Possible Outcomes of Key Decisions Made Differently in Modern American History</td>
</tr>
<tr>
<td>Piper, Ed and Michael Stahl</td>
<td>Profiles in Public Leadership</td>
</tr>
<tr>
<td>Pitz, Tom</td>
<td>Jefferson – Then and Now</td>
</tr>
<tr>
<td>Pollock, Brian A.</td>
<td>Bring Pipettes, Genes, and Money: Waging Today’s Fight Against Human Disease</td>
</tr>
<tr>
<td>Popkin, Arnold</td>
<td>Piano Solos by Major Composers: Part Three</td>
</tr>
<tr>
<td>Pugh, Jeffrey C.</td>
<td>Christians and Nazis: Complicity and Resistance</td>
</tr>
<tr>
<td>Ricketts, Chee</td>
<td>Watercolor Technique “Tune-Up”</td>
</tr>
<tr>
<td>Robinson, George</td>
<td>The Road to World War I</td>
</tr>
<tr>
<td>Robinson, Wayne</td>
<td>Corporate Rights v Civil Rights: A History of the US Supreme Court</td>
</tr>
<tr>
<td>Roland Lengel, Pam</td>
<td>Drawing Basics: Yes, You Can Learn to Draw!</td>
</tr>
<tr>
<td>Schwartzman, Joel</td>
<td>Israel’s Strategic Position in the Middle East (Updated and Current)</td>
</tr>
<tr>
<td>Sherman, Dan</td>
<td>Hamilton: Man and Musical</td>
</tr>
<tr>
<td>Snider, Tim</td>
<td>French Romantic Opera of the 19th Century</td>
</tr>
<tr>
<td>Sofka, James R.</td>
<td>America and the World in the Age of Jefferson</td>
</tr>
<tr>
<td>Stearns, Steve and Catherine Wray</td>
<td>The Amazing World of Small Cats</td>
</tr>
<tr>
<td>Throup, David W.</td>
<td>15 at No. 10: British Prime Ministers 1945–2021</td>
</tr>
<tr>
<td>Todd, Jim</td>
<td>Origins of the United States Constitution</td>
</tr>
<tr>
<td>Toplin, Robert Brent</td>
<td>Controversial Presidents: FDR, Truman, Kennedy, and Reagan</td>
</tr>
<tr>
<td>Votaw, Marion</td>
<td>Basics of Social Psychology</td>
</tr>
<tr>
<td></td>
<td>Introduction to Ethics</td>
</tr>
<tr>
<td></td>
<td>Basics of Developmental Psychology</td>
</tr>
<tr>
<td></td>
<td>Basics of Abnormal Psychology</td>
</tr>
<tr>
<td>Womack, Brantly</td>
<td>China and the Re–Centering of Asia</td>
</tr>
</tbody>
</table>
NEW MEMBER SPECIAL

Never tried an OLLI course before? JOIN US FOR FALL 2021 AND YOUR MEMBERSHIP IS ON US!

The Membership fee (a $75 value) will be waived for anyone who has never taken a course with OLLI at UVA. Pay for only the courses you choose to enroll in. Course pricing varies depending on the length of the course and the type of course that is being taught. See the OLLI registration site for specific course details.

OLLI’s New Member Special also entitles you to the following throughout the Fall 2021 semester:

- OLLI’s Insider e-newsletter, delivered to your inbox
- Complimentary access to:
  - OLLI Author Talks, monthly with special guest speakers
  - Newly formed Shared Interest Groups (SIGs)
  - Coffee Chats and Happy Hours with special guests
  - OLLI Outings

Contact OLLI staff via email (olliuva@virginia.edu) or phone (434.923.3600) to sign up for your complimentary membership!

Living tailored to your lifestyle.

Situated on 59 picturesque acres at the foothills of the Blue Ridge Mountains, The Colonnades is a stunning independent living community, offering a wealth of amenities and activities that appeal to the curious intellectual. Enjoy the beauty of our surroundings without any of the worries of household chores or home maintenance.

To learn more, visit ColonnadesSeniorLiving.com/OLLI.
SEARCHING FOR COURSES JUST GOT EASIER

Whether online or here in the catalog, you can search for classes by category. Each OLLI course is assigned a prefix to indicate its category, or course grouping. OLLI at UVA’s volunteer Curriculum Committee, tasked with developing a well-rounded offering of courses each semester, has adopted the following eight category areas:

<table>
<thead>
<tr>
<th>Category</th>
<th>Prefix</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts</td>
<td>ARTS</td>
<td>Music, Drama, Art History, Film, Architecture</td>
</tr>
<tr>
<td>Health and Wellness</td>
<td>WELL</td>
<td>Medicine, Health, Fitness, Aging</td>
</tr>
<tr>
<td>History</td>
<td>HIST</td>
<td>All – U.S., International, Classical, Modern</td>
</tr>
<tr>
<td>Humanities</td>
<td>HUMN</td>
<td>Religion, Philosophy, Literature, Poetry, Foreign Languages</td>
</tr>
<tr>
<td>Lifestyle</td>
<td>LIFE</td>
<td>Hobby, Activities (Cooking), Sports</td>
</tr>
<tr>
<td>Public Affairs</td>
<td>PBAF</td>
<td>Political Science, International Relations, Law, Current Events</td>
</tr>
<tr>
<td>Science and Technology</td>
<td>SCIT</td>
<td>Hard Science, Natural Science, Technology, Engineering, Computing, Mathematics</td>
</tr>
<tr>
<td>Social Science</td>
<td>SCSC</td>
<td>Economics, Business, Psychology, Sociology, Anthropology</td>
</tr>
</tbody>
</table>

No classes will be held the week of Thanksgiving.

Please check the registration system via OLLI’s website for the most up-to-date information on all of our fall classes.

TIPS FOR ONLINE LEARNING

For many OLLI members who plan to take one of our online courses this Fall, we offer you some tried and true tips for the best experience, virtually including:

- Appearance
- Background View
- Browser Choices
- Equipment
- Eye Level
- Lighting
- Minimize Distractions
- Muting Yourself
- Perspective

NEW TO ONLINE LEARNING WITH ZOOM?

If you are new to Zoom please let us know. We will host Welcome Sessions for our new to Zoom members. Scheduling will be based on interest. Stay tuned.

FOR MORE ON OUR ONLINE CLASS TIPS VISIT: OLLIUVA.ORG
ARTS SESSION A

ARTS004
Mozart’s Women
Don Loach
Session A, Monday, 11:00 am - 12:30 p.m.
9/13, 9/20, 9/27, 10/4, 10/11, 10/18
Online Only
$66
Limit: 35

In this course participants will meet the ladies who played important roles in Mozart’s life – his family, friends, singers, lovers, and the women portrayed so vividly in his operas. We’ll be viewing clips from many of Mozart’s operas: Mitridate, Idomeneo, The Marriage of Figaro, Don Giovanni, Cosi fan tutte (The School of Lovers), and The Magic Flute.


Donald Loach is associate professor emeritus of music at UVA, where he taught courses in music history and theory and was Music Director of Choral Organization. He was also Director of The Oratorio Society of Virginia. Dr. Loach received his BA at the University of Denver, a MMus at Yale University, and a PhD at the University of California Berkeley.

ARTS010
Drawing Basics: Yes, You Can Learn to Draw!
Pam Roland Lengel
Session A, Tuesday, 10:00 - 11:30 a.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 20

Drawing is a way to discover an entire new world. Before modern techniques about learning to draw were developed, many of us thought we couldn’t draw or had no talent. Now we can learn to “see” like never before and give up saying things like, “I can’t even draw a straight line.” (After all, maybe that’s what rulers are for!)


Dr. Pam Roland Lengel has been a high school English teacher, a teacher of teachers as an instructional and supervision specialist, and has been taking and giving art lessons since 1995. She is active in the Central Virginia Watercolor Guild and was a UVA professor at the School of Continuing and Professional Studies.

ARTS039
Virginia Architecture: The Pre-Jefferson Period 1607-1780
K. Edward Lay
Session A, Wednesday, 2:00 - 3:00 p.m.
9/15, 9/22, 9/29, 10/6
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$44
Limit: 75

Virginia, rich in architecture with many varieties of styles represented in its buildings, provides an overview of architecture in America. Come explore and gain an appreciation through the instructor’s research and extensive collection of photographs. The first in this series covers the Pre-Georgian and Georgian architecture periods (1607-1780), including vernacular and log buildings on the frontier. This early period exhibits some of the finest river plantations and churches in America. You will gain a better understanding of architecture and an eye on how to determine the time period and style of a building.

K. Edward Lay is the Cary D. Langhorne Professor Emeritus of Architecture at UVA where he taught courses in architectural design, history, and historic preservation. He now conducts popular lectures, tours and seminars on Virginia architecture.
ARTS060
Much Ado About Nothing: Rethinking Gender in Shakespeare
Charles Chadwick
Session A, Wednesday, 10:00 – 11:30 a.m.
9/8, 9/15, 9/22, 9/29, 10/6
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$55
Limit: 20

Much Ado About Nothing has been called “Shakespeare’s happiest comedy” with the “merry war” between Beatrice and Benedick delighting audiences for four centuries. Yet it also contains one of the cruelest scenes in any of his work. We will explore this contradiction as we look at this comic–and profound–consideration of gender relationships and the price of a patriarchal society. The course will use the splendid 1972 New York Shakespeare Festival video version of the play in class accompanied by supporting lecture material and interactive discussion.

Charles Chadwick has an M.A. in literature and has taught for OLLI since 2014, including six prior courses on the plays of Shakespeare, courses on poetry and contemporary literature and two courses on the plays of Eugene O’Neill. He is retired after a career in organizational ethics and as an executive in US government contracting.

ARTS SESSION B

ARTS019
Beethoven: Part I
Don Loach
Session B, Monday, 11:00 am – 12:30 p.m.
10/25, 11/1, 11/8, 11/15, 11/29, 12/6
Meadows Presbyterian, Choir Room. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 35

This course will focus on Beethoven’s symphonies, concertos, and a handful of his amazing piano sonatas. Each class will include background information about the composer and a study of specific compositions; listening to musical excerpts; and viewing of recorded performances.

Donald Loach is associate professor emeritus of music at UVA, where he taught courses in music history and theory and was Music Director of Choral Organization. He was also Director of The Oratorio Society of Virginia. Dr. Loach received his BA at the University of Denver, a MMus at Yale University, and a PhD at the University of California Berkeley.
NEW

ARTS032
Piano Solos by Major Composers: Part Three
Arnold Popkin
Session B, Monday, 10:00 – 11:30 a.m.
10/25, 11/1, 11/8
Westminster Canterbury. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester. Westminster is requiring that all guests on their property be vaccinated.
$33
Limit: 65
This course will be the third in a series presenting live performances of beautiful piano solos. Each class will include one hour of performance and about 20 minutes of discussion about the composers and compositions. Class #1 will include many well-known pieces by Chopin, Liszt, Rachmaninoff, Schumann, Debussy, and de Falla. Class #2 will feature Franz Liszt’s genius in writing transcriptions based on works by other composers. Class #3 will feature a composer (secret) who has been mainly forgotten or neglected, which unfortunately happens all too often. I can almost guarantee you that you will enjoy his music as much as I do.

Dr. Arnold Popkin retired after a 47-year career as an ophthalmologist. He kept up his musical life by giving 20 solo piano recitals at Cabell Hall, recording 8 CDs of piano music, and giving many other performances for retirement communities, charities, community arts associations, and the Wednesday Music Club.

NEW

ARTS033
21st Century Issues in 5th Century Athenian Drama
Jon Mikalson
Session B, Monday, 1:00 – 2:30 p.m.
10/25, 11/1, 11/8, 11/15, 11/29, 12/6
Studio IX. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 12
We will read and discuss five Athenian plays which treat issues still very much with us today. Sophocles’ Antigone dramatizes issues of gender, generational differences, and the authority of the state. His Ajax is widely used today to illustrate issues of war, suicide, and PTSD. Aristophanes’ Lysistrata has women stopping, by a sex-strike, their husbands’ warmongering. The Birds has two Athenians fed up with the present government trying to create a new, eutopian country. The Clouds is a sendup of the purposes and nature of “higher education.” Trigger warning: some may be offended by Aristophanes’ sexist and ageist language and ribald and often bad jokes.

Jon Mikalson, the W.R. Kenan Jr. Professor Emeritus of Classics at UVA, has written nine books on Greek religion and culture and loves all things Greek, ancient and modern.

ARTS050
Watercolor Technique Tune-Up
Chee Ricketts
Session B, Tuesday, 11:00 a.m. – 1:00 p.m.
(two-hour class)
11/2, 11/9, 11/16, 11/30, 12/7, 12/14
Online Only
$66
Limit: 12
Have you dropped your brush? Are your watercolor paints fossilized? Rediscover the excitement of watercolor painting by refreshing your watercolor skills. Color mixing, washes, glazing and dry brush techniques will be examined, and participants will learn to identify these techniques in the works of well-known artists. Ample studio painting time will be provided during each class to practice appropriate techniques and to create finished paintings.

NOTE: A supply list will be made available to participants.

Chee Kludt Ricketts is primarily a watercolor painter. She has taught workshops for the Shenandoah Valley Art Center, The Arts Center in Orange and the Central Virginia Watercolor Guild. Her work appears in juried exhibitions throughout the Southeast and her paintings hang in public and private collections nationwide.
This course will survey French Romantic Opera from Berlioz through the emergence of Debussy, to include the works of Gounod, Massenet, Bizet, and others. We will also study the distinctive artistry of singers of the French style, with musical examples provided.

NOTE: If distancing restrictions change, we will create two sections and enrolled members will be contacted to choose the section schedule which works best for them.

Tim Snider is a retired attorney and host of WTJU’s Sunday Opera Matinee. He frequently lectures before the Met Opera in HD broadcasts at the Paramount. His lectures for OLLI on opera have been popular with attendees.

Richard Guy Wilson is Commonwealth Professor Emeritus in Architectural History at the University of Virginia. A frequent lecturer and a television commentator he has published widely with many articles and books on different aspects of American and modern architecture and also curated numerous museum exhibits such as “The Machine Age in America 1918-1941.”

Learn what you need to know about Social Security while you are still working, about the benefits to you and your family that are available, when to apply for your benefits, the advantage of waiting until full retirement age to claim your benefits, and how your benefits may be taxable to you. You will also learn how to set up a secure online “my Social Security” account to check your earnings and get your benefit estimates, and when to file for Medicare, our country’s basic health insurance program for people age 65 or older and for many people with disabilities.

Tracy Meade is an independent financial planner; certified long-term care consultant; and licensed insurance agent and consultant located in the Charlottesville area.
HEALTH & WELLNESS SESSION B

WELL014
Navigating the Landscape of Long-Term Care Insurance
Tracy Meade
Session B, Thursday, 11:00 a.m. – 12:30 p.m.
12/9
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$11
Limit: 50

Can I benefit from long-term care insurance? Am I eligible? Discovering those answers, you will also learn the different types of coverages available, and how to maximize and leverage your retirement resources, as well as the tax-free benefits associated with long-term care insurance. Tracy will discuss the importance and value of your extended care planning, and options and solutions that could affect your situation to walk away feeling empowered and enlightened!

Tracy Meade is an independent financial planner; certified long-term care consultant; and licensed insurance agent and consultant located in the Charlottesville area.

WELL022
Foundations of Yoga
Leslie Lee
Session B, Tuesday, 11:00 a.m. – 12:30 p.m.
10/19, 10/26, 11/2, 11/9
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$44
Limit: 20

This course is an accessible opportunity to start a new yoga practice or reignite a practice that you once had. Each session will begin with a brief explanation of one of the foundational components of the yoga practice including: pranayama (conscious breathing), alignment/ anatomy, asana (physical poses), and meditation. Each session will also include a physical yoga practice that is designed for all levels but intentionally welcoming for new students. Members may experience many benefits including increased physical strength, mental clarity, more restful sleep patterns, and decreased stress levels.

NOTE: You will need a yoga mat. Before participating in any exercise program participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint.

Leslie is a 200-hour certified yoga instructor who enjoys developing and facilitating yoga classes that are tailored to meet the needs of the student and promote physical and emotional well-being. She completed the Kunga Lifestyle Teacher training program in July 2017 after retiring from a career as a public school teacher. She currently teaches yoga classes at ACAC. Her classes reflect her love for two of her greatest life passions: teaching and yoga.

◊ NEW ◊

WELL028
Awe as an Antidote for an Anxious World
John Burt
Session B, Tuesday, 1:00 – 2:30 p.m.
10/19, 10/26, 11/2, 11/9
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$44
Limit: 20

Astronauts, cosmonauts and health researchers around the world now report that Awe can make you feel more healthy and connected to other people (and to humanity). It may even be an antidote against the anxious world that we now shelter in. The good news is that Awe – virtual or real – can yield a long list of health benefits. This course is about how to obtain these benefits.

John Burt, PhD, is a retired professor and dean of public health, author of three textbooks and twenty-five research papers.
HISTORY SESSION A

HIST006
Jefferson – Then and Now
Tom Pitz
Session A, Tuesday, 3:30 – 5:30 p.m.
9/28, 10/5, 10/12, 10/19
The Colonnade Club. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 12

We can read about Mr. Jefferson’s accomplishments and failings, visit the designs he left for us, build up or tear down monuments to him and fellow founders, and do what has always been done with history: describe it through the lens of our current perspective to fulfill our current desires. But what was his perspective? Do we grasp what was happening then?


Tom Pitz has offered his interpretation of Mr. Jefferson since 1987 to a varied audience: from kindergarten classes to medical school faculties, and from local wineries to Mt. Rushmore.

HIST024
Controversial Presidents:
FDR, Truman, Kennedy, and Reagan
Robert Brent Toplin
Session A, Wednesday, 10:00 – 11:30 a.m.
9/22, 9/29, 10/6, 10/13
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 100

We will examine these individuals’ character development and personal experiences as well as the way they handled the great issues of their times during their years in the White House. Roosevelt had to deal with two extraordinary crises, the Great Depression and the Second World War. Truman finished with a low approval rating but now is viewed as one of the greatest presidents. What explains the change? Kennedy had charisma. Did he achieve much, or is his reputation based on myth? Reagan led a conservative “revolution” at home and negotiated nuclear treaties with the Soviets. What is his legacy?

Toplin was a professor of history at the University of North Carolina, Wilmington and Denison University and taught courses at the University of Virginia after retirement. He has published several books and articles about history and has commented on the subject in nationally broadcast television and radio programs.

HIST029
From Christianity in Korea to Korean Christianity
Ronald Dimberg
Session A, Wednesday, 10:00 – 11:30 a.m.
9/22, 9/29, 10/6, 10/13
Homewood Suites. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 30

A noted student of Korean Christianity once said that “among the examples of Asian receptiveness to the Christian religion the most remarkable is in Korea … one of the marvels of modern history.” This course will trace the transition of Christianity in Korea to Korean
Christianity from the early 17th century through the mid-twentieth century (and beyond) in the cultural and historical context of the peninsula, with reference to the Confucian and Buddhist traditions, the period of Japanese colonial rule, the partition of the peninsula in 1945, and the founding of the Republic of Korea and the Democratic People’s Republic of Korea.

Ron Dimberg earned a PhD in East Asian Studies at Columbia University before joining the Department of History at UVA in 1968. He retired in 2012. During his years at UVA, he taught courses in pre-modern Chinese history, with occasional courses in Japanese and Korean history, until focusing exclusively on Korea in the late 1990’s. He has been teaching OLLI courses on Korea since the fall of 2012.

NEW

HIST058
The Greatest Books You Never Read: Herodotus’ “The Histories”
Evelyn Edson
Session A, Tuesday, 11:00 a.m. – 12:30 p.m.
9/14, 9/21, 9/28, 10/5

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 15

“The Histories” of Herodotus explore the past, leading up to the dramatic events of the war between the mighty Persian Empire and the independent city–states of Greece, 490–479 B.C. He places this war within a sweeping context of world history, based on his extensive travels and persistent inquiries in Egypt, Asia, and the Mediterranean countries. He recounts events, describes interesting characters, and regales us with entertaining anecdotes. We will read together selections from this rich, detailed work, and think about how the world has changed—or not—in the intervening millennia.


Evelyn Edson earned a PhD in history from the University of Chicago. She taught history and humanities courses at Piedmont Virginia Community College and is now a Professor Emerita.

NEW

HIST059
The Blue Ridge Crozet Tunnel
Hal Aaslestad, PhD, Wayne Nolde, PE, Mary Lyons, Gary Rogers, PhD, PE, Dwayne Jones, Nancy Sorrells

Session A, Thursday, 10:00 – 11:30 a.m.
9/9, 9/16, 9/23, 9/30,10/7,10/14

10/14 optional tour of the Blue Ridge Crozet Tunnel. RSVP’s and $5 donation requested. Walking shoes and flashlight required.

Wayne Theatre, Waynesboro. for the classroom portion of the course. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$55
Limit: 50

This course will consist of a panel discussion on the building of the Claudius Crozet Blue Ridge (CCBR) Tunnel, its historic use and also the recent renovation and conversion into a significant nation–wide destination. The CCBR Tunnel was officially reopened to the public in the fall of 2020 and by March 2021 over forty–two thousand have visited this historic engineering landmark. The tunnel and railroad, built in the 1850s, were a major element in the nation’s advance to the west. Topics to be included are: Claudius Crozet, the man (Hal), the CCBR Tunnel Foundation and reopening of the CCBR tunnel (Dwayne), the lay of the land, geography and geology (Gary), the engineering of the marvel of the Blue Ridge and the rail system it served (Wayne), the men who built the CCBR tunnel (Mary) and the cultural milieu of the time (Nancy). All panel members will not be present at all class meetings. The last class meeting will consist of a field trip to the CCBR Tunnel (Wayne).

The course moderator, Hal has a life–long interest in historical sites of all kinds. Wayne is a civil engineer, Mary is a prolific author, Gary is an academic geologist and mining engineer, Dwayne is Director of the Waynesboro Department of Recreation and Nancy is a specialist in all things historic in Augusta County and beyond. All of the panel panelists are current or former board members of the Claudius Crozet Blue Ridge Tunnel Foundation.
NEW

HIST063
Civil War Reconstruction: Post War Challenges, Successes and Failures
James H. Donahue
Session A, Wednesday, 10:00 – 11:30 a.m.
9/8, 9/15, 9/22, 9/29, 10/6, 10/13
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 25

Many people are unaware of the importance that Reconstruction played following the Civil War. The policy unofficially began prior to the war and remained until 1877, when the occupying Union troops were finally withdrawn. This course will highlight the essential aspects of Reconstruction during a 40-year period and how it affected all citizens for four generations.

NOTE: Suggested reading: Battle Cry of Freedom; The Second Founding: How the Civil War and Reconstruction Remade the Constitution; The Civil War and Reconstruction.

Jim received from the University of Massachusetts a B.S., Civil Engineering. He received an MSCE in June 1970 from ODU. Joining the Coast Guard in 1964, he served a 30-year career, retiring as Captain in 1994. He has taught Civil War classes since 2002. Has been a Class Assistant since 2010.

NEW

HIST064
The Warren Commission Report – A Retrospective
Stephen Greer
Session A, Tuesday, 3:30 – 4:45 p.m.
9/14, 9/21, 9/28, 10/5, 10/12
Online Only
$55
Limit: 25

The JFK Assassination is a riddle wrapped in a mystery inside an enigma. In our retrospective, we will examine the irregularities and the evidence used to produce the Warren Commission Report on the Assassination of President John F. Kennedy. The Warren Commission did exactly what it had been set up to do: make the best possible case that Lee Harvey Oswald (LHO) alone had killed the President.

The inconsistencies and supporting evidence have spawned a generation of endless speculation, conspiracy theories and over 2,000 books and documentaries. We will not solve the mysteries. The JFK Assassination topic is a real conundrum in that the more you learn and explore, the more questions rather than answers emerge without definitive conclusion.

NOTE: Suggested reading: The Kennedy Half Century by Dr. Larry Sabato.

Stephen Greer is a retired Managing Consultant – Microsoft Consulting Services. He was educated in Business Management and Economics at the University of Maryland, and multiple leadership graduate programs. Over a long tenure, he gathered significant technical, delivery management, and financial services industry expertise to help organizations survive and thrive in a digital powered global economy. He is an amateur historian, and a history buff committed to lifelong learning and honoring the memory of JFK. Stephen and his wife Jeanne reside in Keswick and enjoy Virginia wine country and spending time with family.

NEW

HIST066
Germany’s Descent into Barbarism 1933 to 1945
John W. Mason
Session A, Tuesday, 10:00 – 11:30 a.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19
R.R. Smith Center for History and Art. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 25

Why did so many Germans support Nazism and why did so few resist it? Conventional academic history has told us in great detail about the momentous events and the leading actors in the Third Reich. This course takes a different approach. We shall examine the biographies, diaries, and memoirs of relatively unknown individuals in
an attempt to answer the following question: how was it possible, in such a highly educated and cultured country, that millions of its citizens supported the extremist Nazi doctrines full of conspiracy theories, especially anti-Semitism, laced with hatred and murder.


John Mason has a PhD in History from the University of Birmingham, UK. He taught for the Open University in England for 25 years. In the late 1990s he lived and conducted research in Slovakia, Hungary and Armenia. John now lives in Lexington and works full-time as a stone sculptor.

NEW

HIST 068
The Road to World War I
George Robinson
Session A, Tuesday, 1:00 – 2:30 p.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 50

A study of the rise of industrialization, invention, engineering and chemistry matched with the advent of global imperialism causing massive arms races. How the growth of imperial armies and navies results in the first modern, total war in global history. A war that not only changed the rules of warfare but also attitudes toward wars and the effect on civilian populations. The course will also study the mistakes made by Hapsburg, Hohenzollern, and Romanov Emperors that resulted in the collapse of Europe’s imperial dynasties, brought on the name of Windsor to separate themselves from other European monarchs, and began the road to Communism that would affect Europe for the next seven decades.

George Robinson is a graduate of N.C. State University in chemical engineering. He served 12 years in the US Army, followed by a career in engineering and construction in Washington, D.C. Mr. Robinson lived in Europe from 1980 to 1985 with extensive travel. He has also had travels in former Eastern bloc countries over the previous five years. Currently he is teaching OLLI courses at N.C. State University.

NEW

HIST 041
Paths Not Taken: Possible Outcomes of Key Decisions Made Differently in Modern American History
Carl Pales
Session A, Thursday, 10:00 – 11:30 a.m.
10/7, 10/14, 10/21, 10/28

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 50

These four sessions will look at key decisions made by American presidents since 1940 and, with robust class participation, explore various possible outcomes – positive and negative – had alternative decisions been made. Those counterfactual decisions are (1) FDR retaining Henry Wallace as Vice President in 1944, (2) Harry Truman not approving use of atomic bombs on Japan, (3) LBJ declining to escalate US involvement in Vietnam, and (4) Nixon disbanding the “Plumbers” prior to the Watergate break-in.


Carl Pales is a retired foreign military intelligence analyst with a lifelong love of history. He is a graduate of George Mason University and the Defense Intelligence College.

NEW

HIST 071
Terrible Times: Four U.S. Natural Disasters
Addeane Caelleigh
Session A, Thursday, 2:00 – 3:30 p.m.
9/23, 9/30, 10/7, 10/14

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 50

Natural disasters expose the best and worst in people and societies, and sometimes they lead to social changes that shape the country. This course will examine four natural disasters in the United States: the Johnstown
Flood (1889), the Galveston Hurricane (1900), the San Francisco Earthquake and Fire (1906), and the Mississippi Flood of 1927. The focus will be on what happened, how the affected communities coped, and how the nation responded.

Addeane Caelleigh, formerly a faculty member at the UVA School of Medicine, is a social historian with a special interest in how individuals and societies respond to extreme events. She has taught previous OLLI courses on mystery novels as windows on social and cultural aspects of US society, and has given special presentations on epidemics.

**NEW**

**HIST072**

The 100-year History of the Local Library System

Sterling Howell

Session A, Wednesday, 2:00 – 3:30 p.m.

10/6

Online Only

$11

Limit: 100

May 2021 marked the centennial anniversary of the local library system, now known as Jefferson-Madison Regional Library (JMRL). The public library in Charlottesville began in 1921 as a Whites-only institution. Today, JMRL offers services to ALL people in a four-county region. Who is the public which the public library serves? And, to what purpose? How does the information contained within a library reflect the community beyond its walls? These are some of the questions which the Albemarle Charlottesville Historical Society has sought to answer as we mark this milestone in local history.

Sterling Howell is the Programs & Volunteer Coordinator at the Albemarle Charlottesville Historical Society. Sterling holds a M.A. in sociology from the University of North Carolina at Greensboro, and spent three years studying doctorate level historical, political, and cultural sociology at UVA.

**HISTORY SESSION B**

**HIST013**

Sicily: Island at the Crossroads of History

Frank T. D’Alessandro

Session B, Monday, 11:00 a.m. – 12:30 p.m.

10/18, 10/25, 11/1, 11/8, 11/15

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$55

Limit: 50

We will cover a portion of the turbulent 3,000-year history of Sicily, as the island has experienced many invasions. Some invaders came to exploit the island, but a few came to lavishly embrace it. We will concentrate on the ancient and medieval “golden ages:” the ancient, when Sicilian Greek colonies rivaled Greece as centers of culture; and the medieval, when the Normans established the Kingdom of Sicily, a unique multicultural state, where Latin and Greek Christians, Muslims and Jews all lived in relative peace and harmony. This “mosaic” of peoples eventually assimilated into a new and distinct Sicilian Culture and language.

Frank D’Alessandro, M.D. is a retired anesthesiologist, educated at New York University, the University of Louisville and the University of Virginia. He was in private practice for 30 years, after several years on the faculty at the UVA Medical Center. As a teenager he visited Sicily for the first time. He was immediately enthralled by its incredibly rich history, layers of civilizations, and beauty. He has since visited the island and its historical sites over a dozen times, while absorbing volumes of English language historical literature relating to Sicily.
HIST014
North Korea: the Kim Dynasty and the People
Ronald Dimberg
Session B, Wednesday, 10:00 - 11:30 a.m.
11/3, 11/10, 11/17, 12/1, 12/8, 12/15
Homewood Suites. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 30

This course will trace developments in the Democratic People’s Republic of Korea (North Korea) from the partition of the peninsula in 1945 through the second decade of the 21st century. Topics will include the rise to power of Kim Il-Sung and his successors, i.e., his son and grandson, the goals of their policies and the reaction of the ordinary people, relations with the Republic of Korea (South Korea) and the rest of the world, and North Korean-US relations. The period of the current North Korean leader, Kim Jung-Un, and changes he has introduced in the north, will attract special attention.

Ron Dimberg earned a PhD in East Asian Studies at Columbia University before joining the Department of History at UVA in 1968. He retired in 2012. During his years at UVA, he taught courses in pre-modern Chinese history, with occasional courses in Japanese and Korean history, until focusing exclusively on Korea in the late 1990’s. He has been teaching OLLI courses on Korea since the fall of 2012.

HIST027
The History and Culture of Modern Japan
Daniel Metraux
Session B, Wednesday, 2:30 - 4:00 p.m.
10/27, 11/10, 11/17, 12/1, 12/8, 12/15
(no class on 11/3)
R.R. Smith Center for History and Art. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 20

This course will analyze Japan’s modern transition from a small, isolated nation into a modern industrial superpower. The course begins with a brief study of the main tenets of traditional Japanese society before and during the Tokugawa Shogunate. Classes will consider why and how Japan transformed itself so radically during the Meiji period; the road to Pearl Harbor; the Allied Occupation; Japan’s postwar economic miracle; and Japan in a new century.

Daniel A. Metraux is Professor Emeritus and Adjunct Professor of Asian Studies at Mary Baldwin University, where he has taught since 1983. He has written many books, book chapters, and articles on the history and religions of modern Japan and East Asia. Dr. Metraux has also taught at Soka University and at Doshisha Women’s College in Japan.

NEW

HIST061
World War II – The European Air War
Edward Dillingham
Session B, Tuesday, 2:00 - 3:30 p.m.
10/19, 10/26, 11/2, 11/9, 11/16, 11/30
The Staunton Innovation Hub. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 20

“I wanted wings ’til I got the *!@#$ things. Now I don’t want them anymore!” was often the refrain from the men who flew, fought and died during the European air
HISTORY

NEW

HIST062
World War II – The European Air War
Edward Dillingham
Session B, Thursday, 2:00 – 3:30 p.m.
10/21, 10/28, 11/4, 11/11, 11/18, 12/2

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 20

“I wanted wings ’til I got the *!@#$ things. Now I don’t want them anymore!” was often the refrain from the men who flew, fought and died during the European air campaign of WWII. Using videos, slides and first-hand accounts, this course will take a look at the men, women, aircraft and missions that crushed the Third Reich.

NOTE: This course is offered in two different locations.

Edward Dillingham is a retired Navy Intelligence Specialist, and is also retired from faculty at the Naval Intelligence Training School. He is a Senior Docent at the Military Aviation Museum in Virginia Beach. He has a B.S in History from the University of the State of N.Y, and an M.S. in Adult Education from Old Dominion University in Norfolk, Va.

NEW

HIST065
Tomb of the Unknown Soldier
Gerry Mansell
Session B, Thursday, 2:00 – 3:30 p.m.
12/16
Online Only
$11
Limit: 100

Join Gerry, a former sentinel, for a history of the Tomb of the Unknown Soldier as he shares the duties and responsibilities of those who guard the Unknowns.

Gerry Mansell was a Sentinel and Assistant Relief Commander at the Tomb of the Unknown Soldier from April 1982 to September 1983. Gerry was awarded the Guard, Tomb of the Unknown Soldier Identification Badge # 259. He has given this presentation approximately 30 times, and via ZOOM 3 times. Gerry retired from the US Army in July 1995 at the rank of Sergeant First Class.

NEW

HIST067
Profiles in Public Leadership
Ed Piper and Michael Stahl
Session B, Wednesday, 11:00 a.m. – 12:30 p.m.
10/20, 10/27, 11/3, 11/10, 11/17, 12/1

The Staunton Innovation Hub. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 25

This course will explore the biographical experiences and personal traits that contribute to political leadership. Using case studies of leading American political figures, we will examine the factors that shaped their personality, leadership style, and how they responded to the political challenges of their time.

NOTE: Suggested reading: Doris Kearns Goodwin, Leadership in Turbulent Times and Terry Newell, Statesmanship, Leadership, and Character

Michael Stahl has had a long career in public service, serving in the Senior Executive Service in the U.S. Environmental Protection Agency for 34 years and as an adjunct faculty at George Mason University’s
Master’s in Public Administration program for 20 years. He holds a Master’s in Public Administration from the Truman School of Public Affairs at the University of Missouri, and a certificate in leadership coaching from Georgetown University. He is the principal at Stahl Strategic, LLC, a coaching, consulting, and training firm in Staunton, Virginia.

Ed Piper, PhD (University of Chicago), was a professor of psychology at West Virginia Wesleyan College and then dean of academic services at Mary Washington College. He served as the minister of the Unitarian Universalist Fellowship of Waynesboro for 16 years. He also has served as a faculty member for the Lifelong Learning Institute at James Madison University as well as OLLI at UVA.

NEW

HIST069
America and the World in the Age of Jefferson
James R. Sofka
Session B, Thursday, 2:00 – 3:30 p.m.
10/21, 10/28, 11/4, 11/11
R.R. Smith Center for History and Art. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 40

This course will examine America’s role in global affairs from the earliest days of the Revolutionary War through what some historians have termed the “second war of independence,” the War of 1812. Global wars, territorial disputes, and economic rivalries were a constant preoccupation for Jefferson, Adams, Hamilton, and other American leaders in the early days of the republic. In this course, we will examine the major issues facing early American leaders and the competing strategies they designed to secure American independence in a dangerous world. We will examine the actors, issues, and stakes of international relations in the Founding period, the role they played in shaping our Constitution, and the political cleavages they helped create in the new American nation. We will place key events—such as the Louisiana Purchase, the Barbary War, and American neutrality in the Napoleonic Wars—in context and better understand the origins for America’s second war against Britain in 1812.

NEW

HIST070
Origins of the United States Constitution
Jim Todd
Session B, Wednesday, 9:30 – 11:00 a.m.
10/20, 10/27, 11/3, 11/10
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 100

In four lectures I will cover events leading up to the Constitutional Convention, the reasons that explain why the convention was a success, and the battle over ratification, including the importance of the Federalist Papers and the Anti-federalist writings.

NOTE: Suggested reading: Miracle at Philadelphia, by Catherine Drinker Bowen

Retired Assistant Professor of Politics, UVA. I’ve taught 12 or more different courses for OLLI over a ten-year span.
sustained by the Conservative Governments of Churchill, Eden, Macmillan and Douglas-Home in the 1950s and 1960s. The failure of Wilson’s Labour Party Government in 1964-70 to build on Attlee’s achievements and the impact of “stagflation” led to the collapse of the consensus in the 1970s and the victory of Mrs. Thatcher in 1979. The new “Thatcher consensus,” developed in the 1980s, was accepted by the “New Labour” Governments of Blair and Brown, and was rejuvenated by Cameron. The impact of “Brexit” and devolution produced new challenges for Theresa May and Boris Johnson’s successful breaching of Labour’s “Red Wall” in the 2019 election and the rise of Jeremy Corbyn suggest the beginning of a new era in British politics.


I was a student at Cambridge and LSE before teaching for three years in Nairobi. I then did a Ph.D. on Kenyan history and have taught at UVA and elsewhere in USA, as well as in the UK, before becoming a British diplomat. From 2001-17 I was a Senior Associate at the Center for Strategic and International Studies in Washington DC, and taught at Johns Hopkins and George Washington University.

HUMANITIES SESSION A

HUMN012
Christians and Nazis: Complicity and Resistance
Jeffrey C. Pugh
Session A, Tuesday, 11:00 a.m. - 12:30 p.m.
9/14, 9/21, 9/28, 10/5

Homewood Suites. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 35

This course explores the role of Christianity in the rise of the Nazi regime in legitimating that rule through centuries of church-state entanglement and antisemitism. We will trace the historical factors that made Germany a willing accomplice in the rise of a Christian nationalism that at first welcomed the National Socialists, even as a small faction of German Christians resisted.

Maude Sharpe Powell Professor Emeritus of Religious Studies at Elon University I’m a scholar of World War II era theologians, Dietrich Bonhoeffer and Karl Barth, my work has focused on Christianity and the Holocaust, particularly Christian responsibility for the rise of Nazism. My classes in Christian-Jewish relations focused heavily on how post-Holocaust theology has shaped both Christianity and Judaism.

NEW

HUMN029
An Unfinished Life
Anna Askounis
Session A, Friday, 10:00 - 11:30 a.m.
10/8, 10/15, 10/22, 10/29

Studio IX. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 12

A complex, prodigal homecoming, compelling, surprising, informed by the rugged landscape of Wyoming, with characters who will linger in your memory, An Unfinished Life by Mark Spragg, later inspired a movie with the same name. We will discuss the book, with an eye to the possibilities it presented for a film. We will then watch the film, compare and contrast it with the book, and analyze the choices made in the transition from book to film, always a tricky undertaking. We will also read and discuss Bone Fire, the sequel to An Unfinished Life. An Unfinished Life is alive with possibilities! Let’s explore them together!

Anna Askounis has taught English at the secondary and college levels, and holds a doctorate in counseling from the University of Virginia. Prior to her retirement, she was a psychotherapist, specializing in marriage and family therapy.
HUMN031
Basic Spanish Conversation and Culture
Don Clymer
Session A, Thursday, 10:00 – 11:30 a.m.
9/9, 9/16, 9/23, 9/30, 10/7, 10/14
Online Only
$66
Limit: 20
This course will offer a study of basic Spanish for everyday communication. Basic vocabulary, conversation, explanation of traditional holidays, songs, videos, and cultural readings will be included. No prior Spanish language experience is required. NOTE—Materials for the class will be made available on Google Drive.
Don has taught Spanish at the college level for more than thirty years and has led study-abroad programs to Guatemala, Mexico and Spain. He has lived in Central America and Mexico for more than seven years in various capacities.

HUMN036
Character, Morality, and Evil
Stephen Kennamer
Session A, Monday, 11:00 a.m. – 12:30 p.m.
9/13, 9/20, 9/27, 10/4, 10/11, 10/18
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 50
Most of us feel that our behavior is determined by neither heredity nor environment — instead, we have free will and our choices are guided by, and are expressions of, our character. What IS character? Does it inoculate us against wrongdoing? It is good to be moral, but is “morality” always good? If we are trained in character from an early age and governed by codes of morality, why is there so much evil in the world? A new look at perennial themes.
Stephen Kennamer has been a lifelong educator and has taught numerous courses for OLLI on philosophy, sociology, psychology, history, literature, and music.

NEW

HUMN051
Basics of Social Psychology
Marion C. Votaw
Session A, Thursday, 3:00 – 4:30 p.m.
9/16, 9/23, 9/30, 10/7, 10/14, 10/21
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 35
Ever wondered why people can’t just all get along? Come find out how people relate to each other! We’ll talk about how we navigate our social world, how we perceive others, how we think about each other. Fascinating stuff! Prejudice, lovers, and friends, oh my!
NOTE: Suggested material: Colored pencils, something to draw on.
Marion Votaw grew up in Côte d’Ivoire, attended Tufts undergrad, and earned MS and PhD degrees from UVA. An experienced instructor, Votaw has taught at UVA, PVCC, ITT Tech, and OLLI. Courses included psychology, statistics, ethics, and English and French as foreign languages. Students have ranged from preschoolers to retirees.

NEW

HUMN052
Finding Your Voice as a Writer
Marcy Heidish Dolan
Session A, Tuesday, 11:00 a.m. – 12:30 p.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19
Online Only
$66
Limit: 20
This course is offered by a writer for writers at all levels, from beginner to pro. Each class will provide a supportive and stimulating atmosphere for the development of word-craft, expressed in a form chosen by each student. We will explore the eternal basics of plot, character, dialogue, description, and much more. The quest for your unique writer’s voice, or its development, is awaiting you.
Marcy Heidish Dolan has taught at Georgetown, George Washington and Fordham Universities. She authored eighteen published books (fiction, non-fiction, and poetry). Marcy won an NEA Creative Writing Grant, a Schubert Fellowship, an Apex award, and other honors. She has volunteered at shelters and a hotline. Marcy and her husband have lived mostly in Washington, DC.

HUMANITIES SESSION B

HUMN039
Interpreting and Participating in Shakespeare’s Plays
Henry McHenry
Session B, Wednesday, 11:00 a.m. – 12:30 p.m.
11/3, 11/10, 11/17, 12/1, 12/8, 12/15
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 25

Reading Shakespeare carefully, attending to dramatic texture and poetic nuance, and seeing and thinking about productions are the main class activities, along with examining the design of ideas and the progression of feelings as they build. NOTE: We will complete our study of the Henriad with Henry IV Part I and Henry V, but the previous course is not a prerequisite. This fall we’ll spend the whole course on Hamlet.

NOTE: Suggested reading: The inexpensive Signet editions have useful critical essays.

An independent academic and English teacher, Henry McHenry graduated from Yale and taught for years in the Upward Bound program. He holds the PhD in English language, literature, and pedagogy from UVA.

NEW

HUMN050
Introduction to Ethics
Marion C. Votaw
Session B, Wednesday, 3:00 – 4:30 p.m.
10/27, 11/3, 11/10, 11/17, 12/1, 12/8

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 35

This class is not intended to teach right from wrong, but explores *why* people think something is, or isn’t, what they would have done. We will practice arguing heartfelt opinions without insult or defamation. We will begin with an overview of the general field of ethics, concentrating on two basic axes: whether the ends can justify the means, and whether exceptions can be made to ethical rules depending on circumstances. The next four sessions will compare debatable situations from two of those viewpoints, in turn. For the final class, each student will try to figure out their personal ethical style.

Marion Votaw grew up in Côte d’Ivoire, attended Tufts undergrad, and earned MS and PhD degrees from UVA. An experienced instructor, Votaw has taught at UVA, PVCC, ITT Tech, and OLLI. Courses included psychology, statistics, ethics, and English and French as foreign languages. Students have ranged from preschoolers to retirees.
LIFESTYLE SESSION A

LIFE008
Listening: What Did You Say?
Richard Mason
Session A, Tuesday, 9:00 – 10:30 a.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$66
Limit: 20

Listening is a skill used every day in our lives. How many people could be better listeners? Ironically, for a skill that is so important and used so much, most people have never had any training or guidance in developing the skill. Listening skills can be developed and strengthened through understanding and practice. In this course, the instructor will present a simple model of the communication process. The sessions will include one-on-one student interaction, small group interaction, and some large group discussion. Throughout the course, many opportunities to practice new skills will be available.

Richard Mason has a BA in American Literature from Middlebury College and a Master’s Degree in Public Administration from California State University. During his career, in addition to consulting, he has taught classes in active listening, group dynamics, facilitation, leading effective meetings, stress management, and conflict resolution.

LIFESTYLE SESSION B

LIFE003
How to be Effective and Enjoy Serving on a Non-Profit Board
Edward Coates
Session B, Thursday, 3:00 – 4:30 p.m.
10/21, 10/28, 11/4

Studio IX. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$33
Limit: 12

Rarely is the effectiveness and efficiency of non-profit Boards equivalent to the talent represented on that Board. Too often, the total is less than the sum of the parts. Smart, accomplished, dedicated people find themselves confused and frustrated by Board service. In turn, Boards are often unproductive and wasteful of their member’s skills and talents. Much of this can be avoided if Board members better understand non-profit governance, their role as a Board member, and Board dynamics. This course offers guidelines for potential Board members to help promote the efficiency of the Board, and to maximize their effectiveness and enjoyment of Board service.

Since retiring from a career in the Navy & Coast Guard at the rank of Commander, Ted Coates has headed four non-profits as Executive Director. He has also served on numerous Boards and Committees not only for non-profits, but for homeowner’s associations, government agencies, churches, as well as a summer camp and a private club. He created a non-profit focused on historic preservation and obtained 501(c)(3) approval from the IRS, and has conducted workshops and consulted for numerous non-profit Boards working on development, organizational, and leadership issues.

NEW

LIFE029
The Magic of Switzerland: People, Places, Language and Customs
Donald Clymer
Session B, Thursday, 10:00 – 11:15 a.m.
11/4, 11/11, 11/18, 12/2, 12/9

The Staunton Innovation Hub. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$55
Limit: 25

Switzerland dazzles the eyes with its beautiful alpine landscapes and pristine lakes. It is one of the most desired places to visit for people from around the world. Who are the people who live in this paradise and
what makes them tick? This class will go beyond the stereotypes of tidiness, neutrality, cheese and chocolate, wristwatches and trains running on time, to examine the unique language, the special dishes, the mindset and peculiar customs of this tiny yet influential country in the middle of Europe. Switzerland is indeed magical!

Don Clymer has broad international experience in both Latin America and Europe. He recently retired from teaching Spanish, German, Intercultural Communications and led numerous cross-cultural seminars for Eastern Mennonite University. Clymer is married to a Swiss citizen and has spent time visiting and working in her homeland, including a full year immediately upon retiring. Don is the author of four books and enjoys crossword puzzles and doing genealogical research on his families' European origins.

PUBLIC AFFAIRS SESSION A

PBAF025
Meeting of Opposites: Walking Uphill Together
Henry McHenry
Session A, Wednesday, 11:00 – 12:30 p.m.
9/8, 9/15, 9/22, 10/6, 10/13, 10/20
(No class on 9/29)

Studio IX. If circumstances related to COVID–19 dictate this course cannot be held in person, it will be deferred to a future semester.

$66
Limit: 12

Political polarization is a clear symptom of the national disorder which afflicts us. As a country, we’ve been working as opposites—us against them—for so long that our social compact has suffered grievous harm. The course will hope to renew the substance of our polity, our stake in each other. As became starkly evident on Jan 6th in Washington, our republic needs an infusion of common ground. Our challenge is not to win a debate. It is to walk uphill together. To enable that musculature, we will use philosophy from Martin Buber and others, exercises adapted from Outward Bound, research into perception, and inquiry into the substance of our experience of others.

NOTE: Suggested reading: Martin Buber, I and Thou.

Henry graduated from Yale; holds the PhD in English Language, Literature, and Pedagogy from UVA; and for a dozen years was on field staff at North Carolina Outward Bound School.

NEW

PBAF041
Public Schools in a Post–Pandemic Era
Elizabeth Donohoe
Session A, Tuesday, 9:30 – 11:00 a.m.
9/14, 9/21, 9/28, 10/5

The Center. If circumstances related to COVID–19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$55
Limit: 15

The COVID pandemic changed the way we live, work, and learn. As we return to a "new normalcy," will the crises and chaos of the past year prompt a paradigm shift in rethinking and rebuilding public schooling? Or will efforts to dismantle public education continue to chip away at the very foundation of our Democracy, an educated and literate citizenry?

As a result of COVID, public school enrollments declined and school choice options expanded. Locally, Albermarle County witnessed a drop of 717 students last fall, and an increase of 300 more families choosing to homeschool. Charlottesville City lost 220 students, K–12, and elementary enrollment declined by 13–19%. Such declines have resulted not only in decreased state funding, but increased enrollment in private and parochial schools, as well as widening achievement gaps for many children from socio-economically disadvantaged families.

This four–session course focuses on critical issues facing public K–12 schools today. How do schools close the ever-widening achievement gap? What’s working? What’s not? Should families have greater choice in determining where and when their children go to school, what and how they learn? Should public tax dollars support private and parochial schools, charter schools and homeschooling? Is there really a teacher shortage or a shortage of quality teachers? Class format includes light lecture, lively discussion and debate, and virtual and in-person guest speakers.

A semi–retired educator, Betsy Donohoe taught in public and private schools at secondary, undergraduate, and graduate levels. She coached schools across the country in major reform efforts. She currently coaches elementary student teaching interns at the University of Virginia. Betsy received her EdD at UVA’s Curry School of Education in Educational Leadership and Policy Studies.
China’s name for itself means “Central Kingdom,” and until the Opium War in 1840, it was the center of East Asia. It is now returning to that status, but in a very different world. Why was China the center of pre-modern East Asia, and what does its return mean for the region and the world? What are the implications of its initiatives such as the New Silk Roads (the Belt and Road Initiative)? What sort of challenge does it pose to the United States?

Brantly Womack is Emeritus Professor of Foreign Affairs at the University of Virginia. Recent books include “Asymmetry and International Relationships” (Cambridge 2016), “China Among Unequals: Asymmetric International Relationships in Asia” (World Scientific 2010), and “China and Vietnam: The Politics of Asymmetry” (Cambridge 2006).

The purpose of this course is to engage participants with issues of diversity, equity, and privilege within the context of a safe, supportive environment. We will examine personal, social, and institutional biases and how they play out in our daily lives. The class connects participant’s personal experiences with Bennett’s Developmental Model of Intercultural Sensitivity to facilitate positive interactions when interacting with different groups. The course structure is an interactive format, including activities and facilitated discussion. We will end looking at our personal responsibility related to each level of discrimination and concrete things you can do. Topics include: building community, awareness of stereotypes, classism, racism, and how ethnicity impacts identity.

Dr. Bob Covert received his Ph. D. from Temple University in Research and Statistics in 1972. He conducted local and national evaluations through the Evaluation Research Center at UVA. Bob taught education courses in the Curry School of Education, and developed a variety of courses in computer data analysis, qualitative research methods, questionnaire construction, and multicultural education. He is the past president of the American Evaluation Association and past-president and co-founder of the Virginia chapter of the National Association of Multicultural Education. He has received several diversity awards at UVA, including the John T. Casteen Award for Diversity. He worked at UVA for 42 years.

Dr. Pam McFaden received her Ed. D. from UVA in 2011. Pam taught Language Arts and History at the secondary level before continuing her education. She co-taught the multicultural education course at Curry School for six years before returning to public education to work on diversity issues as the Supervisor for Equity.

PUBLIC AFFAIRS SESSION B

PBAF010
Interacting with Equity: Conversations about Poverty and Race
Dr. Bob Covert & Dr. Pam McFaden

Session B, Tuesday, 11:00 a.m. – 12:30 p.m.
10/12, 10/19, 10/26, 11/2, 11/9, 11/16

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$66
Limit: 30
Assurance for Amherst County Public Schools. Pam has spoken on American Indian rights and led professional development on equity issues.

PBAF017
Israel’s Strategic Position in the Middle East (Updated and Current)
Rabbi Joel R. Schwartzman
Session B, Tuesday, 3:00 – 4:30 p.m.
10/19, 10/26, 11/2, 11/9

Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 50

This four-session course will briefly touch on regional issues including: 1) water, natural resources, religion, historical origins, regional alliances, weaponry and the Suez Canal; 2) a bit of family background and a survey of the timeline of Israel’s military conflicts; and in the sessions 3) and 4) examine Israel’s strategic principles, relations with its neighbors, neighborhood relations in general, threats to and opportunities for peaceful coexistence, and military hardware. This course does not address, except tangentially, the Israeli-Palestinian conflict. *The instructor will share relevant information via email before each class.

Rabbi Joel Schwartzman is a Reform rabbi, ordained at the Hebrew Union College, where he received his Bachelor of Hebrew Letters, Masters of Hebrew Letters, and Doctor of Divinity (honoris causa). He served for twenty-three years as a chaplain in the U.S. Air Force, retiring in the rank of colonel. He is a graduate of both Air Command and Staff, and Air Force War College. After leaving the Air Force, he led congregations in Denver, and served as Dean of the Denver Institute for Jewish Studies.

PBAF023
World Class Ideas
Selected TEDTalks – Ideas Worth Sharing
Allen Hench
Session B, Wednesday, 11:00 – 12:30 p.m.
10/20, 10/27, 11/3, 11/10

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$44
Limit: 25

This course is anchored by video presentations of “TEDtalks” on technology, entertainment, design, science, business, the arts, and global issues facing our world. TED speakers share perspectives and analyses about new knowledge and thinking. Each week, a few of the talks will be viewed and discussed.

Allen Hench holds a BA in governmental administration and a JD from Dickinson School of Law in Pennsylvania. He has served as director of UVA Law School’s nonprofit clinic and volunteered at the Miller Center. For 40+ years he has been the owner of a small-town Pennsylvania general law practice.

PBAF040
Patents 101 – Got an Invention? Here’s How to Protect It
Bob Hyde
Session B, Monday, 9:30 – 11:00 a.m.
10/18, 10/25, 11/1

Studio IX. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.

$33
Limit: 12

If you’ve ever had a brilliant idea for an invention, you’ve probably wondered if you could get a patent and make some money from it. Here’s how to go about it. This course covers the fundamentals of U.S. patent law; how to identify an invention; patentability requirements; types of patent applications; how to search for competing patents; parts of a patent application; and the patent prosecution process for obtaining patent
protection from the U.S. Patent and Trademark Office as well as foreign countries.

Bob Hyde is a retired patent attorney. Previously he was a professional engineer with several environmental consulting firms and later practiced environmental law. He holds a B.S.E in Civil Engineering from Duke University, a M.S.E in Environmental Engineering from the University of Michigan and a J.D. from Seton Hall Law School.

PBAF043
The Leadership Gap: Why Some Leaders Succeed and Others Fail
Terry Newell
Session B, Wednesday, 9:30 - 11:00 a.m.
10/20, 10/27, 11/3, 11/10
Online Only
$44
Limit: 20

This course explores the nature of exceptional leadership, whether of teams, local civic groups, organizations or nations. We’ll focus not on what leaders promise but on who they are and how they behave. We’ll also examine why some good leaders stumble. We’ll use case studies, film clips and discussion about real and fictional leaders to see what makes for great leadership – and how to spot those we should not follow. Sessions will include: (1) Trust, Legitimacy and Leadership; (2) Leadership Ethics and Moral Courage; (3) Why Some Good Leaders Stumble; and (4) Challenging Followers: The Hallmark of Transformative Leadership.

Terry Newell currently teaches leadership and decision making for a variety of organizations. He was formerly Dean of the Federal Executive Institute and Director of Training for the U.S. Department of Education.

NEW
PBAF044
Corporate Rights v Civil Rights: A History of the US Supreme Court
Wayne Robinson
Session B, Wednesday, 2:00 – 3:00 p.m.
10/20, 10/27, 11/3, 11/10, 11/17
Online Only
$55
Limit: 60

Those of us born between 1935 and 1965 may be forgiven for believing that today’s social, political and legal turmoil is somehow an aberration – a sad blemish on our American history. After all, we became adults during the years 1955 to 1985 – years of unprecedented growth of civil rights and restraint of corporate rights. During these years, we felt justified to believe that America was “the shining city on a hill”.

But what if it’s not true – that our turmoil today is the norm in our American history and not an aberration? And worse, the period of 1937-1985, when civil rights grew and corporate rights were constrained, was the aberration in US legal history? And what if our US Supreme Court has played and continues to play a leading role in making this so?

We will answer these questions by studying the Court’s opinions in key civil rights and corporate rights cases. While many courses in constitutional law parse cases between liberty and equality, better historical perspective is gained by comparing civil rights and corporate rights cases. The Court’s opinions in both brings our American history in sharp focus. It also lays a foundation to contemplate what, if anything, should be done to improve our highest American court.


With the landmark case Shelby County v Holder (2013), Wayne Robinson became an avid student of the Supreme Court. Since his retirement from business, he actively supports inner-city social services and K-12 education. For 12 years, he was also a highly rated lecturer with Harvard Business School Buffalo.
SCIENCE & TECHNOLOGY SESSION A

NEW

SCIT017
Is it Time for Us to Go?
Theodore (Ted) Homyk
Session A, Tuesday, 10:00 - 11:30 a.m.
9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$88
Limit: 25

The human success story is a remarkable one. A runt of a creature—hairless, claw-less, tail-less, fang-less, and sporting a head far too heavy to carry except in an upright position—spread out from the savanna of Africa to conquer the world. In order to do so, mankind had to use his intellect, tools, and skills to bend nature, often unwillingly, to his will. Up until now, Mother Nature has accepted mankind’s intrusion, as it was merely the growing pains of yet another of her children, but she is finally beginning to fight back? Is she telling us, in her subtle way, that it’s time for us to leave or grow up?

Ted Homyk holds a PhD in molecular biology from Vanderbilt University. He has conducted postdoctoral research at the University of British Columbia, Vancouver, Canada, in fruit fly genetics, and has taught biology and science fiction courses at the University of Virginia.

NEW

SCIT026
The Good, the Bad, and the Ugly...COVID-19
Howard Kator and Hal Aaslestad
Session A, Monday, 1:00 - 2:30 p.m.
9/13, 9/20, 9/27, 10/4, 10/11, 10/18
The Staunton Innovation Hub. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be deferred to a future semester.
$66
Limit: 25

Today, as never before, Americans are fed up with viruses, in particular, the virus SARS-CoV-2 that is causing the pandemic. This course will briefly review, in non-technical terms, the fascinating story of microbiology and place special emphasis on the basic science of virology and the cause of COVID-19. Historical notes will be shared but first of all, this will be a basic science course in which technical terms will be defined and examples given. It is hoped that members will come to understand the nature of viruses from the time that they attach to a susceptible cell until 1000s of new virus particles are made and released. An appreciation of new immunological methods for producing vaccines, how viral variants come about, and other topics may be covered. This will not be a clinical course, but the presenters will welcome questions on all aspects of COVID-19.

Both Howard and Hal are microbiologists from the Staunton area with life-long academic experience in teaching and research. Howard’s (PhD, Florida State Univ, 1972) interest is in marine microbiology, in particular the bacterial and viral indicators of public health significance in the marine environment.

Hal (PhD, Louisiana State Univ, 1965) has worked with viruses that infect bacteria, animals, and humans. His focus was on the physical and molecular biological characteristics of the virus and its replication in the host cell. Both see the field of microbiology in the broadest sense and hope to deliver their course in a popular and plain-spoken manner.

NEW

SCIT027
Strategic Nuclear Weapons and National Policy in the 21st Century
William Adams
Session A, Monday, 10:00 - 11:30 a.m.
9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Homewood Suites. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 30

The United States is beginning a major modernization of the strategic TRIAD (land-based missiles, submarine-launched missiles, and bombers/cruise missiles) and developing new nuclear weapons. Both in Congress and in arms control circles questions are being asked about whether all three of the TRIAD elements are needed. Are they needed in the numbers currently planned? The TRIAD provided strategic deterrence during the Cold War; will it provide strategic deterrence today and into the future?
What does strategic deterrence mean in the 21st century? How has modern technology affected the role of nuclear weapons in national defense strategy?

NOTE: Suggested but not required: The novel "2034"

Bill Adams has developed instrumentation to support nuclear weapons testing. He completed his Air Force Career in 1985 as the Director for Radiation Effects at the Defense Nuclear Agency in Washington, DC., where he was responsible for the management of Department of Defense programs to increase the survivability of Army, Navy, and Air Force Systems on a nuclear battlefield.

SCIENCE & TECHNOLOGY SESSION B

SCIT028
The Geologic History of Virginia
Mark Barnhill

Session B, Monday, 10:00 – 11:30 a.m.
10/25, 11/1, 11/8, 11/15, 11/29, 12/6

The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 50

The course will begin with an overview of rocks, plate tectonics, and the geologic time scale. We will then examine the Proterozoic-age rocks and minerals, crustal extension, and evidence for glaciation in the Blue Ridge. We will discuss the Cambro-Ordovician carbonate factory and fossils in the Valley and Ridge Province, and learn about the Taconic Orogeny, accreted terranes, and economic resources of the inner Piedmont. We will then discuss the Acadian Orogeny; its associated deposits in the Valley and Ridge province, and accreted terranes in the outer Piedmont. We will learn about the Alleghenian Orogeny including structural expression in the Blue Ridge, Valley and Ridge and Allegheny regions. We will discuss the Triassic rifting event and the associated formation of the Triassic Basins as well as dinosaur and insect fossils. Finally, we will examine the Cenozoic fossils of the Coastal Plain sediments and the Chesapeake Bay impact crater. No prior geologic background required but helpful.

I have an MS in Geology from Tulsa University and a Ph.D. in Geology from the University of Cincinnati. I was a professional geologist for more than 35 years including Senior Exploration Geologist for Texaco Inc., and Vice President of Geology and Exploration for EnerVest Operating, LLC. I was also Senior Research Scientist at Indiana University/Indiana Geological Survey for four years.

NEW

SCIT029
America’s Energy Infrastructure: Balancing Fossil Fuels and Renewables
Karen Oganowski

Session B, Wednesday, 2:00 – 3:30 p.m.
10/20, 10/27, 11/3, 11/10

Homewood Suites. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$44
Limit: 30

Energy – its sources and uses – is interwoven and complex. Concern about energy’s role in climate change is producing headlines and challenging global economies. What questions should we be asking? This guide to the technology and economics of energy production ranges from power grids to pipelines to offshore wind turbines. Designed for general audiences, this is an apolitical overview of energy today and the changing balance between traditional fossil fuels and renewables.

Karen Oganowski was a Master Docent for the Energy Exhibit at the Houston Museum of Natural Science for 16 years. Her career was with GE in gas turbines for aircraft engines and for power generation. Her BA and MA are from Virginia Tech. She relocated back to Virginia from Houston in February 2021.
SCIENCE & TECHNOLOGY

NEW

SCIT030
Bring Pipettes, Genes, and Money: Waging Today’s Fight Against Human Disease
Brian A. Pollok, Ph.D.
Session B, Tuesday, 10:00 – 11:30 a.m.
10/19, 10/26, 11/2, 11/9, 11/16, 11/30
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.

$66
Limit: 100

What in the world do Woody Guthrie, Carol Burnett, and genetic CAG repeats have to do with each other? And is there a connection between a notable UVA grad from Staunton, the sportswriter Frank Deford, a Nobel laureate from San Diego, and a chloride channel protein in lung tissue? While modern biomedical research and the therapies it produces often seem impossibly complex and esoteric, the cultural stories behind the discoveries are often as compelling as their fascinating scientific roots. This new course will bring you on a trek to learn not only about the basic biology underlying human diseases such as cancer, autoimmunity, infection, metabolic syndrome and certain orphan diseases, but also how philanthropy, celebrity, politics, and societal events have driven scientific progress. No advanced degree in science is needed – the course content will be couched in understandable language with the goal of imparting a basic literacy of this very human enterprise.

Brian A. Pollok, Ph.D. has had a 40-year career as an academic biomedical scientist and a biotechnology R&D executive with several Fortune 500 companies. More recently, he served as UVA’s first Entrepreneur-In-Residence (2013-14) where he launched two biotech start-ups. He has served on non-profit boards related to biomedical research including Cure SMA, Muscular Dystrophy Association, Virginia BIO, UVA’s Licensing and Ventures Group, and the Trudeau Institute. In addition, he advises UVA students interested in a biotechnology career as part of the UVA Alumni Mentoring Platform. Brian and his wife Amy are UVA alumni (CLAS 1979) and reside in Southern Albemarle County.

NEW

SCIT031
The Amazing World of Small Cats
Steve Stearns and Catherine Wray
Session B, Tuesday, 3:30 – 5:00 p.m.
11/2, 11/9, 11/16, 11/30, 12/7, 12/14
Online Only

$66
Limit: 20

Small cats, wild and domestic, dwell in almost every global environment. Their intriguing abilities enable them to adapt to almost every situation yet remain as wild as their ancient ancestors. Whether residing in jungles, mountains, or deserts, acting as rodent killers in barns, or living in our homes, there is still a lot to learn about both wild and domestic small cats. For example, why do small cats purr even when in pain? Join Steve and Catherine as they invite you to learn more about the amazing world of small, but never delicate, cats.

Steve Stearns and Catherine Wray are long-time Charlottesville–Albemarle SPCA cat volunteers, have owned many cats, and have researched cats for many years. Steve is retired from IT at UVA and Catherine is retired from “paperwork.” They met at the SPCA and decided to join forces to present this course.
SOCIAL SCIENCE SESSION A

♦ NEW ♦

SCSC015
Basics of Developmental Psychology
Marion C. Votaw
Session A, Wednesday, 3:00 – 4:30 p.m.
9/15, 9/22, 9/29, 10/6, 10/13, 10/20
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 35

If you have ever wondered how you, or anybody else, came to be the way they are, this is the course for you. Come explore how psychological aspects develop over time! How we think, what we prioritize, our morals… these change over time, all the way to old age. This course will also touch on where things can go wrong.

NOTE: Suggested material: Colored pencils, paper to draw on. The instructor recommends this course particularly for students interested in taking Abnormal Psychology in Session B.

Marion Votaw grew up in Côte d’Ivoire, attended Tufts undergrad, and earned MS and PhD degrees from UVA. An experienced instructor, Votaw has taught at UVA, PVCC, ITT Tech, and OLLI. Courses included psychology, statistics, ethics, and English and French as foreign languages. Students have ranged from preschoolers to retirees.

♦ NEW ♦

SCSC017
Let’s Have a Conversation about Economic Inequality
Richard Elder
Session A, Monday, 3:00 – 4:30 p.m.
9/20, 9/27, 10/4, 10/11
The Center. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$44
Limit: 15

Economic inequality is rising in the United States at a rate faster than other developed countries (primarily Europe). Why is this happening? What actions could be taken to reverse this trend? What has been the impact of the COVID-19 pandemic on economic inequality? We will review and discuss how other countries are addressing economic inequality and, whether or not, these measures could be effective in the United States.

Richard Elder graduated from The College of Wooster and Northwestern University’s Graduate School of Business and, before retiring, worked in marketing and communications with Fortune 500 companies. With OLLI, he has assisted John Burt with his “Examined Life” course and led a course, “Remembering D-Day: 75 Years Later”.

Social Science
SOCIAL SCIENCE SESSION B

NEW

SCSC016 Basics of Abnormal Psychology
Marion C. Votaw
Session B, Thursday, 3:00 – 4:00 p.m.
10/28, 11/4, 11/11, 11/18, 12/2, 12/9
Unity of Charlottesville. If circumstances related to COVID-19 dictate this course cannot be held in person, it will be offered online, same dates and times.
$66
Limit: 35

Not a how-to-fix-it course, but a look at what can go wrong with a mind, and what kinds of treatments are available nowadays. If you are curious about your own quirks or another person’s issues, come find out what is likely to be going on! Again, this course is *not* going to diagnose anybody, or recommend any particular treatment or therapy. But it will provide you with more knowledge on this fascinating field.

NOTE: Suggested material: Colored pencils are always helpful. The instructor recommends, but does not require, that students take Developmental Psychology in Session A.

Marion Votaw grew up in Côte d’Ivoire, attended Tufts undergrad, and earned MS and PhD degrees from UVA. An experienced instructor, Votaw has taught at UVA, PVCC, ITT Tech, and OLLI. Courses included psychology, statistics, ethics, and English and French as foreign languages. Students have ranged from preschoolers to retirees.
<table>
<thead>
<tr>
<th><strong>MONDAYS</strong></th>
<th><strong>TUESDAYS</strong></th>
<th><strong>WEDNESDAYS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>10:00 A.M.</strong></td>
<td><strong>9:00 A.M.</strong></td>
<td><strong>10:00 A.M.</strong></td>
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<tr>
<td>11:00 A.M.</td>
<td><strong>9:30 A.M.</strong></td>
<td>9/8 – 10/13 Civil War Reconstruction: Post War Challenges, Successes and Failures</td>
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<tr>
<td>9/13 – 10/18 Character, Morality, and Evil</td>
<td>9/14 – 10/12 Public Schools in a Post-Pandemic Era</td>
<td>9/22 – 10/13 Controversial Presidents: FDR, Truman, Kennedy, and Reagan</td>
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<td>1:00 P.M.</td>
<td><strong>10:00 A.M.</strong></td>
<td><strong>11:00 A.M.</strong></td>
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<tr>
<td>3:00 P.M.</td>
<td><strong>10:00 A.M.</strong></td>
<td>2:00 P.M.</td>
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<tr>
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<td><strong>3:30 P.M.</strong></td>
<td>9/29 Hamilton: Man and Musical</td>
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<td>9/14 – 10/19 The Good, the Bad, and the Ugly...COVID-19</td>
<td>9/14 – 10/12 The Warren Commission Report – A Retrospective</td>
<td>10/6 The 100-year History of the Local Library System</td>
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<tr>
<td><strong>3:00 P.M.</strong></td>
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<td><strong>3:00 P.M.</strong></td>
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<tr>
<td>9/14 – 10/19 Drawing Basics: Yes, You Can Learn to Draw!</td>
<td>9/14 – 10/19 The Road to World War I</td>
<td>9/15 – 10/20 Basics of Developmental Psychology</td>
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<td><strong>11:00 A.M.</strong></td>
<td>9/14 – 10/5 Finding Your Voice as a Writer</td>
<td><strong>9/14</strong></td>
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<td>9/14 – 10/5 Christians and Nazis: Complicity and Resistance</td>
<td><strong>9/14</strong></td>
<td>China and the Re-Centering of Asia</td>
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<td>9/14 – 10/19 Much Ado About Nothing: Rethinking Gender in Shakespeare</td>
<td><strong>9/14</strong></td>
<td>9/28 AUTHOR TALK: Oliver’s Travels</td>
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<tr>
<td>9/14 – 10/12 Public Schools in a Post-Pandemic Era</td>
<td><strong>9/14</strong></td>
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<tr>
<td><strong>9/14</strong></td>
<td><strong>9/14</strong></td>
<td>9/28 – 10/19 Jefferson – Then and Now</td>
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<td>9/14 – 11/12 “Is it Time for Us to Go?”</td>
<td><strong>9/14</strong></td>
<td>1:00 P.M.</td>
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<td><strong>10:00 A.M.</strong></td>
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<td>9/14 – 10/19 The Warren Commission Report – A Retrospective</td>
<td><strong>9/14</strong></td>
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<td><strong>10/00 A.M.</strong></td>
<td><strong>9/14</strong></td>
<td>9/8 – 10/6 Much Ado About Nothing: Rethinking Gender in Shakespeare</td>
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Register online: [olliuva.org](http://olliuva.org)
## Schedule-at-a-Glance • Session A

### THURSDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>10:00 A.M.</td>
<td>9/9 - 10/7</td>
<td>The Blue Ridge Crozet Tunnel</td>
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<tr>
<td>9/9 - 10/7</td>
<td></td>
<td>Basic Spanish Conversation and Culture</td>
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<tr>
<td>10/7 - 10/28</td>
<td></td>
<td>Paths Not Taken: Possible Outcomes of Key Decisions Made Differently in Modern American History</td>
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<tr>
<td>2:00 P.M.</td>
<td>9/23 - 10/14</td>
<td>Terrible Times: Four U.S. Natural Disasters</td>
</tr>
<tr>
<td>3:00 P.M.</td>
<td>9/16 - 10/21</td>
<td>Basics of Social Psychology</td>
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### FRIDAYS

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<thead>
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<th>Time</th>
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<tbody>
<tr>
<td>4:00 P.M.</td>
<td>8/5</td>
<td>MICHIE TAVERN: We Hold These Truths: Jefferson &amp; the Declaration of Independence</td>
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<tr>
<td>8/19</td>
<td></td>
<td>MICHIE TAVERN: The Barracks: Albemarle County’s Prisoner-of-War Camp</td>
</tr>
<tr>
<td>9/2</td>
<td></td>
<td>MICHIE TAVERN: From Cuckoo Tavern to Charlottesville: Jack Jouett’s Overnight Ride</td>
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<tr>
<td>6:00 P.M.</td>
<td>9/23</td>
<td>Social Security: Understanding the Benefits</td>
</tr>
<tr>
<td>10:00 A.M.</td>
<td>10/8 - 10/29</td>
<td>An Unfinished Life</td>
</tr>
<tr>
<td>11:00 A.M.</td>
<td>9/24</td>
<td>OLLI OUTINGS: James Monroe’s Highland: Tour, Lunch and Performance</td>
</tr>
<tr>
<td></td>
<td>8/5</td>
<td>MICHIE TAVERN: We Hold These Truths: Jefferson &amp; the Declaration of Independence</td>
</tr>
<tr>
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<td>MICHIE TAVERN: From Cuckoo Tavern to Charlottesville: Jack Jouett’s Overnight Ride</td>
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<td></td>
<td>9/23</td>
<td>Social Security: Understanding the Benefits</td>
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## Schedule-at-a-Glance • Session B

### MONDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Date Range</th>
<th>Class Name</th>
</tr>
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<tbody>
<tr>
<td>9:30 A.M.</td>
<td>10/18 – 11/1</td>
<td>Patents 101 - Got An Invention? Here’s How to Protect It</td>
</tr>
<tr>
<td>10:00 A.M.</td>
<td>10/19 – 11/30</td>
<td>Bring Pipettes, Genes, and Money: Waging Today’s Fight Against Human Disease</td>
</tr>
<tr>
<td>11:00 A.M.</td>
<td>10/12 – 11/16</td>
<td>Interacting with Equity: Conversations about Poverty and Race</td>
</tr>
<tr>
<td>11:00 A.M.</td>
<td>10/19 – 11/9</td>
<td>Foundations of Yoga</td>
</tr>
<tr>
<td>11:00 A.M.</td>
<td>10/26 – 12/14</td>
<td>Watercolor Technique Tune-Up</td>
</tr>
<tr>
<td>1:00 P.M.</td>
<td>10/25 – 12/6</td>
<td>21st Century Issues in 5th Century Athenian Drama</td>
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### TUESDAYS

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<thead>
<tr>
<th>Time</th>
<th>Date Range</th>
<th>Class Name</th>
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<tbody>
<tr>
<td>10:00 A.M.</td>
<td>10/19 – 11/9</td>
<td>Awe as an Antidote for an Anxious World</td>
</tr>
<tr>
<td>1:00 P.M.</td>
<td>10/19 – 11/30</td>
<td>World War II – The European Air War (Staunton)</td>
</tr>
<tr>
<td>2:00 P.M.</td>
<td>10/19 – 11/30</td>
<td>“The Amazing World of Small Cats”</td>
</tr>
<tr>
<td>3:00 P.M.</td>
<td>10/19 – 11/9</td>
<td>Israel’s Strategic Position in the Middle East (Updated and Current)</td>
</tr>
<tr>
<td>3:30 P.M.</td>
<td>11/2 – 12/14</td>
<td>“The Amazing World of Small Cats”</td>
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### SATURDAYS

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<tr>
<td>10:00 A.M.</td>
<td>10/19 – 11/9</td>
<td>Waging Today’s Fight Against Human Disease</td>
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<tr>
<td>11:00 A.M.</td>
<td>10/12 – 11/16</td>
<td>Interacting with Equity: Conversations about Poverty and Race</td>
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<td>10/19 – 11/9</td>
<td>Foundations of Yoga</td>
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<tr>
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<td>10/26 – 12/14</td>
<td>Watercolor Technique Tune-Up</td>
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<td>10/25 – 12/6</td>
<td>21st Century Issues in 5th Century Athenian Drama</td>
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<td>WEDNESDAYS</td>
<td>THURSDAYS</td>
<td>FRIDAYS</td>
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<td>10/20 – 11/10</td>
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<td><strong>9:30 A.M.</strong></td>
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<tr>
<td>The Leadership Gap: Why Some Leaders Succeed and Others Fail</td>
<td>America’s Energy Infrastructure: Balancing Fossil Fuels and Renewables</td>
<td>11/12</td>
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<td>10/20 – 11/10</td>
<td>10/20 – 11/17</td>
<td>OLLI OUTINGS: James Madison’s Monticello</td>
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<td>Origins of the United States Constitution</td>
<td>Corporate Rights v Civil Rights – a History of the US Supreme Court</td>
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<tr>
<td>11/3</td>
<td>11/4 – 12/9</td>
<td>10/1 – 10/22</td>
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<tr>
<td>Newcomers’ Tours: Discover Monticello</td>
<td>The Magic of Switzerland: People, Places, Language and Customs</td>
<td>LECTURE SERIES: Winning and Losing the Nuclear Peace: The Rise, Demise, and Revival of Arms Control</td>
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<td><strong>10:00 A.M.</strong></td>
<td><strong>11:00 A.M.</strong></td>
<td><strong>12/9</strong></td>
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<tr>
<td>10/20</td>
<td>10/20 – 11/4</td>
<td>Navigating the Landscape of Long-Term Care Insurance</td>
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<td>NEWCOMERS’ TOURS: Downtown Arts</td>
<td><strong>1:00 P.M.</strong></td>
<td><strong>12/9</strong></td>
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<td>North Korea: the Kim Dynasty and the People</td>
<td>French Romantic Opera of the 19th Century</td>
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<td><strong>11:00 A.M.</strong></td>
<td><strong>12/16</strong></td>
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<tr>
<td>10/20 – 11/10</td>
<td>10/20 – 11/10</td>
<td>Tomb of the Unknown Soldier</td>
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<tr>
<td>“World Class Ideas”: Selected TEDTalks – Ideas Worth Sharing</td>
<td><a href="#">America and the World In the Age of Jefferson</a></td>
<td><strong>3:00 P.M.</strong></td>
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<tr>
<td>10/20 – 12/1</td>
<td>10/21 – 12/2</td>
<td><strong>10/21 – 11/11</strong></td>
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<tr>
<td>Profiles in Public Leadership</td>
<td>World War II – The European Air War (Charlottesville)</td>
<td><strong>How to be Effective and Enjoy Serving on a Non-Profit Board</strong></td>
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<td>10/27 – 12/8</td>
<td>12/16</td>
<td><strong>10/21 – 11/4</strong></td>
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<td>Depression in Life and Literature</td>
<td>Tomb of the Unknown Soldier</td>
<td><strong>How to be Effective and Enjoy Serving on a Non-Profit Board</strong></td>
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<td>11/3 – 12/15</td>
<td>10/28 – 12/9</td>
<td><strong>Basics of Abnormal Psychology</strong></td>
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<tr>
<td>Interpreting and Participating in Shakespeare’s Plays</td>
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<td><strong>3:00 P.M.</strong></td>
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</tbody>
</table>
Serving older adults and their caregivers in Charlottesville and Albemarle, Fluvanna, Greene, Louisa, and Nelson counties.

There’s no place like home.

JABA can assist in answering your questions about:
- Home delivered meals
- Affordable senior housing options
- Adult care centers
- Home care
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Jefferson Area Board for Aging jabacares.org
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Visit olliuva.org for details on our history, mission, leadership, staff, committees, special interest groups, programs and events.
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If you prefer to pay by check, OLLI will send an invoice for your payment, which can then be made by check, or by telephone with a card.

☐ Send invoice

Card # _______________________________ Exp Date _____/____ Amount to be charged $ _________
Name on card _______________________________ Signature __________________________

MEMBER INFORMATION

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COURSES

Course selection. If a course is full, you will be placed on a waiting list and will not be charged.

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TOTAL COURSES $ 

Show below a course (if any) you want to add in the event a course you chose above is full.

OFFICE USE ONLY

Date form received ________________________________

Date enrolled/initials ________________________________

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<th>Discount (Instructor Spouse/Partner)</th>
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TOTAL OF ALL CHARGES $
At Our Lady of Peace, our lifestyle and programs are designed to help ensure that our residents are given plenty of opportunities for fun, socialization, and learning. We share OLLI’s philosophy of lifelong learning, because we know that honing new skills and challenging yourself mentally can actually slow cognitive aging!

To learn more about the benefits of living at Our Lady of Peace, call 434-973-1155 and schedule your visit.

A not-for-profit community sponsored by the Catholic Diocese of Richmond.
When you or a loved one has a stroke, you want the best care possible. UVA Medical Center is the **ONLY** Comprehensive Stroke Center in the greater Charlottesville area. This means our team is ready 24/7 to deliver the most advanced care for stroke no matter how complex the case, reducing the chance of death or permanent disability. Learn more about what being a Comprehensive Stroke Center means for our patients at [uvahealth.com/stroke](http://uvahealth.com/stroke).

If you notice signs of stroke in yourself or someone else, dial 911 immediately.

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**Be Fast**

- **Balance**  Loss of coordination
- **Eyes**    Double vision/loss of vision
- **Face**    Uneven/drooping on one side
- **Arm**     Weakness/numbness
- **Speech**  Trouble speaking
- **Time**    Dial 911 right away
Osher Lifelong Learning Institute at the University of Virginia

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Suite 101
Charlottesville, VA 22902

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Charlottesville, VA 22902