

## **OSHER LIFELONG** OSHER LIFELONG LEARNING INSTITUTE OSHER LIFELONG LEARNING INSTITUTE **AT UVA**

**University-level short courses** for lifelong learners

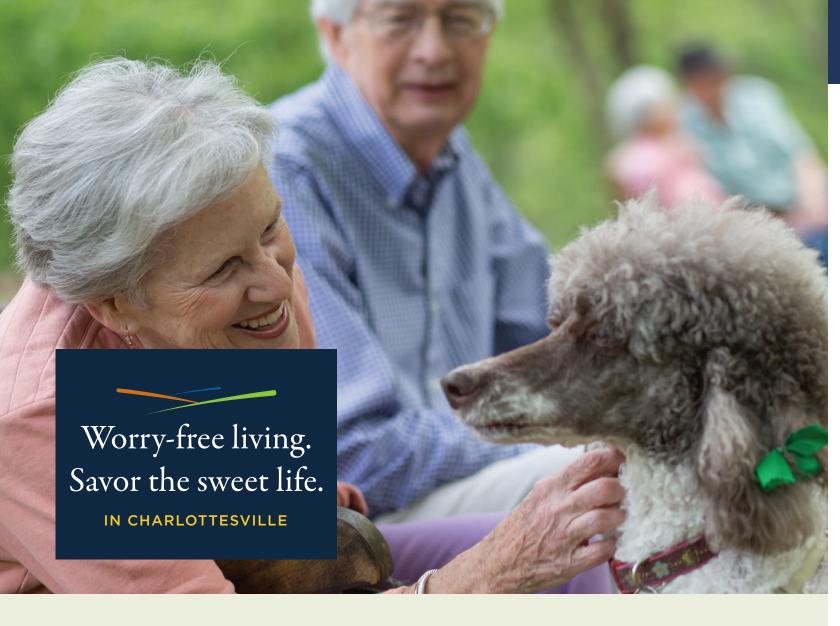








This catalog was printed June 2023 Program Registration Opens August 15, 2023 Courses Begin September 5, 2023



Our premier retirement community is surrounded by the breathtaking natural beauty of the Blue Ridge Mountains. With metropolitan amenities in the midst of small-town charm. Numerous residential options from apartment homes to cottages. A community that caters to your needs. This is the active retirement lifestyle you deserve in one of the 'Best Places to Retire in the South' according to Southern Living. Call 800.728.7898 to learn more.

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## Welcome from Leadership

OLLI at UVA staff and leadership welcome the fall semester with enthusiasm as we begin to hold programming in the new OLLI at **UVA headquarters for the very** first time since OLLI began in 2001!

OLLI at UVA has long had a vision of being able to bring our community together for lifelong learning opportunities in a shared space that OLLI members can call their own. It is with great excitement that OLLI can now house offices and most of our programming in the same space, and we have you, our instructors, members, donors, staff, board, and volunteers, to thank for this opportunity! We appreciate your continued support and curiosity and can't want to learn with you this fall.

Keep an eye on our registration page for the latest information regarding our programming this fall and for pop up opportunities to learn and socialize with your OLLI peers.

**Stay Curious!** 

Yours in lifelong learning,

Leneway B.

**Tay Strauss** 

Director of Programming Genevieve Baer

Director of Operations and Member Engagement

**Gary Nimax** 

**Board President** 

#### **BOARD OF DIRECTORS**

Gary Nimax, President Gaye Wilson, Vice-President Phil Shiflett, Treasurer Carol Bingaman, Secretary William Adams Mildred Best **Bob Bond Althea Brooks** Mary Vee Connell **Charles Hamilton** Mike Kelley **Elliot Mininberg Kristen Mynes Ed Piper** PJ Rooney **Horace Scruggs** Michael Stahl

### STAFF



**Tay Strauss** Director of Programming



Genevieve Baer Director of Operations and Member Engagement



**Marian Brown** Program and **Events Manager** 



Jennifer Hallock Membership and Development Manager

### **HOW TO REACH US**



434.923.3600



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olliuva.org



1 Morton Drive Suite 100TL Charlottesville, VA 22903







## "You can't help getting older, but you don't have to get old."

GEORGE BURNS

At Our Lady of Peace, our lifestyle and programs are designed to help ensure that our residents are given plenty of opportunities for fun, socialization, and learning. We share OLLI's philosophy of lifelong learning, because we know that honing new skills and challenging yourself mentally can actually slow cognitive aging!

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A not-for-profit community sponsored by the Catholic Diocese of Richmond.



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2600 Barracks Rd, Charlottesville, VA 22901 ColonnadesSeniorLiving.com

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## **SUPPORT OLLI AT UVA WITH A GIFT!**

As an independent non-profit 501 (c)(3) organization, OLLI relies on your generosity. Your donations help keep membership and class fees affordable, support member benefits and operating expenses, as well as help pay for equipment, furniture, and technology at our new location.

We hope you will invest in OLLI at UVA this year by donating to our Annual Fund.

Thank you for your support.

## VOLUNTEERS MAKE OLLI GO AND GROW!

**Volunteers are the heart and soul of OLLI's community.** They serve as board members, committee members, instructors, class moderators, tech support, and more.

Opportunities are always available for you to get involved. For more information, please email our Program and Events Manager, Marian Brown, at dnw9ar@virginia.edu or call her at 434-923-3600. She will help you find your niche with OLLI.

### **TECH AND OFFICE VOLUNTEERS**



Laurie Axford



Steve Bevis



Patricia Mininberg



Mary Ward

## **OUR MISSION**

Aware that an active mind is as necessary as social relationships and physical exercise to a full life, the Osher Lifelong Learning Institute at the University of Virginia offers educational opportunities and intellectual enrichment to adults in the community. OLLI draws upon its members, as well as other academic and community resources, to organize courses as well as other educational activities. In this stimulating environment, members may acquire knowledge, explore ideas, exercise creativity, and share interests and expertise with others.



# Are you interested in trying OLLI courses for the first time?

## Join us for \$25!

Take advantage of our new student special membership rate of just \$25 for your first semester. Then pay for the courses you choose to enroll in. Course pricing varies depending on the length of the course and the type of course. To take advantage of this rate, you must contact OLLI staff via email (olliuva@virginia.edu) or phone (434.923.3600) to sign up for your discounted membership rate! To get a head start, click HERE to create your account. Then call or email the office to receive the discount.

# A TASTE OF OLLI Course Preview for Fall

### A TASTE OF OLLI

Charlottesville

Monday, July 24 2 – 3 p.m.

Meadows Presbyterian Church

Fellowship Hall 2200 Angus Road Charlottesville, VA 22901

## A TASTE OF OLLI

Staunton

Wednesday, July 26 2 – 3 p.m.

R.R. Smith Center for History and Art, Staunton

20 S New Street Staunton, VA 24401

### **VIRTUAL TASTE**

Online

Friday, July 28 2 – 3 p.m.

**Zoom Webinar** 

Click to <u>HERE</u> to register or go to OLLI's registration site.

Please join us for the Tastes of OLLI. You'll meet instructors who will give a brief overview of some of the courses offered, hear about the fall semester, and be ready for registration on Tuesday, August 15 at 10 a.m.

We hope to see you!



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### **ICONS TO NOTE**



Online Course



Valley Location



Requires Walking ◆ NEW ◆ New

Course



### **IMPORTANT DATES**

- Program Registration Opens August 15, 2023
- Courses Begin **September 5, 2023**



## Diversity, Equity, Inclusion, and Accessibility (DEIA)

## **DIVERSITY, EQUITY, INCLUSION,** AND ACCESSIBILITY (DEIA)

Watch for this icon in this catalog, the newsletter and around our offices. The DEIA (DIVERSITY, EQUITY, INCLUSION AND ACCESSIBILITY) Committee works to offer relevant programming.

OLLI at UVA cultivates Diversity, Equity, Inclusion, and Accessibility programming through partnerships with organizations and recruiting qualified and interested instructors. The Committee has compiled a list of resources on the OLLI website to foster diversity, equity, inclusion, and accessibility in our community.



### Watch for details about our new DEIA Distinguished Speaker Series.



Join Dr. Amy Tillerson-Brown, the Dean of the Mary Baldwin College for Women at Mary Baldwin University (MBU) in Staunton, VA for OLLI's Distinguished Speaker Series. Since arriving at Mary Baldwin in 2004, Tillerson-Brown has forged a distinguished career in a variety of academic leadership roles, including as professor of history; history department chair; and director of both the African American studies program and public history program. She is also a founding member, current co-lead of MBU's Coalition for Racial and Social Justice, and advisor for the university's chapter of the national history honor society Phi Alpha Theta. Her recent scholarly research analyses the activism of Black women in Prince Edward County before and during the public

school crisis of the 1950s and 60s. Additionally, she has collaborated with Yale University on the Legacies of American Slavery, a reckoning with the past—the study of slavery, resistance, and abolition. For this project, she studied the role of implicit bias in invalidating the promises of the Reconstruction Amendments. Please click **HERE** or view the link on OLLI at UVA's registration site.

Tillerson-Brown's lecture for OLLI at UVA is October 18 at 10 a.m. Her discussion topic and the location of this program will be announced in August. Join us for this talk, followed by light refreshments and discussion.







# OLLI at UVA in Partnership with Michie Tavern presents

### THE FASCINATIONS OF THOMAS JEFFERSON!

A marvelous combination: OLLI at UVA Michie Tavern (with its fabulous southern buffet), and lectures about the endlessly captivating "Sage of Monticello." OLLI at UVA is pleased to continue this wonderful 10-year-old partnership by offering another special Summer Session lecture-and-lunch series at Michie Tavern. Join us to learn, dine, and socialize in one of Central Virginia's most beautiful historic settings!

The 2023 OLLI Summer Session at Michie Tavern features a series of talks—entitled "The Fascinations of Thomas Jefferson!"—presented by award-winning Virginia historian Rick Britton on three Thursdays: August 3, 17, and 31.

A true Renaissance man, Thomas Jefferson was fascinated by a seemingly unending array of disciplines and pursuits. Three of his greatest interests were science (which he called his "passion"), architecture, and invention. And in each of these pastimes, Jefferson's contributions were significant (even though he was but a mere amateur). Did you know, for example, that the "Sage of Monticello," spurred on by a document sent him by the French government, spent an afternoon excavating an Indian burial mound? Or that Jefferson's architectural work—along with bequeathing us two local UNESCO World Heritage Sites—makes him one of the fathers of American neoclassicism? His mountaintop home, Monticello, boasted numerous gadgets and gizmos; but how many of them were of his own creation? Join us as we explore "The Fascinations of Thomas Jefferson!"

- · August 3 Finding Answers in the Earth, Jefferson and the Burial Mound
- August 17 A Sage and a Man of Taste, Jefferson's Architectural Legacy
- August 31 An Inveterate American Gadgeteer, Jefferson and Invention

The lectures begin at 10:30 a.m. A question-and-answer period follows at 11:15, with lunch at 11:30. The \$37 fee for each event includes the lecture and a traditional, colonial, lunch. Using OLLI's online registration system or the form at the back of this catalog, sign up early to attend one, two, or all three presentations.

**NOTE**: You must be an OLLI member for the fall 2023 semester to participate in the presemester Summer Session. The registration deadline is the Friday before each lecture; no refund requests will be accepted after that day. (Maximum capacity: 75.).

Michie Tavern, 683 Thomas Jefferson Parkway, Charlottesville, VA 22902

Rick Britton is an award-winning historian who's written extensively on the Virginia Piedmont's amazing history. He's the author of Jefferson: A Monticello Sampler and 2015's Virginia Vignettes: Famous Characters and Events in Central Virginia History. A sought-after speaker, he teaches classes on Central Virginia history, conducts tours, and illustrates maps for history books and websites.

\*Registration opens July 1. Non-refundable.

## **Summer Discussion Groups**

### SUMMER DISCUSSION GROUPS

Join us for lively discussions with your OLLI friends before the semester begins. These member benefit opportunities are complimentary with your membership.

\*Registration opens July 1.

Current Affairs: A Time To Listen, A Time To Speak

**Facilitator: John Bates** 

**Tuesday, 1:30 p.m.** 8/1, 8/8, 8/15, 8/22, 8/29

**OLLI at UVA** 

Limit: 12

Free, Member Benefit.

Are you keeping up to date with politics, current events, cultural trends, the state of affairs of our living planet, and more? Do you wish there was a forum/gathering where you could listen to other people-and also be heard-to discuss these topics without feeling isolated? Join us and be a part of a safe and comfortable group experience where everyone can share their thoughts and feelings. Group members are encouraged to propose and lead current topics for discussion.

John Bates is a retired school teacher and retailer who seeks to provide a forum where citizens can speak out, share ideas and beliefs and, most importantly, feel and think in a safe space.

## Let's Talk College Football Facilitator: Steve Bevis

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**Thursday, 10:30 a.m.** 8/17, 8/24, 8/31

**OLLI at UVA** 

Limit: 25

Free, Member Benefit.

College football has never been more popular and college football fans always have strong opinions...a mindset that produces fun and spirited conversations. The pageantry, competition, and intense fan loyalty that characterize the college game guarantee there is never a shortage of lively discussions and varied opinions. Talk radio, the internet, ESPN, the ACC, SEC, and Big 10 Networks, College GameDay, and noon-to-midnight TV coverage on Saturdays have only served to make the appetite for college football virtually insatiable. Join us for a fun OLLI at UVA Discussion Group on the last three Thursdays in August (August 17, 24, and 31) as we look toward the 2023 season and a rapidly changing college football landscape.

Early in his career while working at The Tuscaloosa (AL) News — before spending four decades in Washington, D.C. as a Congressional press secretary and a public relations professional — Steve Bevis had the opportunity to cover one of the nation's premier college football programs. Even as his career moved on from sitting in press boxes on crisp fall afternoons, his passion for college football never waned.

OLLI is excited to welcome Steve back in this new capacity.

### **EXCURSIONS**

OLLI staff have organized these travel opportunities and will travel with you on these adventures.



### **Speaking of Rivers Tour with Horace Scruggs**

(OLLI at UVA Board member and instructor)

Thursday, September 14 at 9 a.m. - 12:30 p.m.

\$100 includes all river and water equipment \*Non-refundable Limit: 12



Rivers have always been vital to the development and commerce of many civilizations throughout history. And through much of the history of America this has included the labor and invention of both free and enslaved African-Americans. With the personal stories at the forefront, this Rivanna River float will enlighten paddlers of the experiences and contributions African-Americans had on Central Virginia's rivers. This will include discussions on the American slave trade, local plantations, bateau and watermen, and canal workers. Come learn how African-Americans navigated the river as well as the societal pressures of their times.

This beginner-friendly, half-day trip introduces participants to the rural beauty of Fluvanna County. While there are numerous riffles and a few very small Class I rapids, the majority of the trip is placid water over pebble, rock and sand bottom. Numerous pebble beaches and sunny rocks make good places to break, swim and snack.

If the Rivanna River level is too low, the float will take place on the James River.

More details will be shared with those enrolled.



### Washington, DC Museum Trip

(National Gallery of Art or wherever you wish to visit in DC)

### Friday, October 27

\$75 includes transportation; lunch is on your own \*Non-refundable Limit: 45

OLLI invites you to enjoy a lovely fall trip to Washington, DC. Our bus will deliver us to the National Gallery of Art about 11:30 a.m. From there you are welcome to enjoy your day however you wish. We will leave for home at 4 p.m.

**Happenings in DC**: National Gallery of Art, Called to Create: Black Artists of the American South. Includes the Gee's Bend, Alabama quilts, along with 40 sculptures, paintings, reliefs, and drawings from the Souls Grown Deep Foundation. National Museum of the American Indian, Robert Houle: Red Is Beautiful.

**Bus Departures and Returns: STAUNTON** 

Walmart Parking Lot Depart: 8 a.m. / Return: 7:30 p.m. CHARLOTTESVILLE
OLLI at UVA
Depart: 9 a.m. / Return: 6:30 p.m.

## **EXPLORERS' TOURS**

These tours are designed to offer a uniquely local behind-the-scenes experience with our OLLI at UVA friends. OLLI staff and/or leadership will join you.



Discover Highland (OUT010)
Wednesday, October 4 at 11 a.m.

\$50

\*Non-refundable

Limit: 26



James Monroe's Highland is a historic site with a new story to tell. With the guidance of Highland's Council of Descendant Advisors, the 1818 Presidential Guesthouse has been recurated into self-guided exhibits that weave the story of Highland's free and enslaved residents into one narrative. Focusing on Monroe's presidential years, the exhibits will bring to light how Highland is a lens for understanding early American history and its present-day legacies. America's fifth president lived at Highland sporadically from 1799 to 1823. Monroe sold the house and the fields immediately surrounding it in 1826, and the Bank of the United States sold the remaining farmland in 1828. The history of Highland includes James Monroe, his wife Elizabeth Kortright Monroe, and their family, as well as many enslaved men, women, and children. Between the untold stories of enslaved people, a fire that destroyed the main residence, and property changes by later owners, mystery and misunderstanding surrounded the site for years. Only now are historians and archaeologists peeling back the layers of history to uncover Highland's complete past.

Join us for this exciting new opportunity for a self-guided tour, lunch and performance by James Monroe.

**NOTE**: You do not have to be an OLLI member to register. We hope you will bring a friend.



**Downtown Arts (OUT006)** 

Wednesday, December 6 at 10 a.m.

\$50

\*Non-refundable

Limit: 10

Explore Charlottesville's vibrant downtown arts scene! We will start with a tour of the McGuffey Art Center with demos by working artists, lunch at Hamilton's at First & Main, followed by a behind-the-scenes visit to Live Arts. OLLI at UVA's leadership will join you for lunch and look forward to meeting you. After lunch and tours, participants are invited to explore art galleries and other art venues on and near the downtown mall.

**NOTE**: You do not have to be an OLLI member to register. We hope you will bring a friend.

### **HISTORY WALKING TOURS**



Maplewood Cemetery Friday, September 15 at 10 a.m.

\$18

\*Non-refundable

Limit: 20

The Albemarle Charlottesville Historical Society will guide this tour.

Tour Charlottesville's oldest public cemetery. This experience will include a visit to the resting places of some of Charlottesville's most interesting historical figures. You will be invited to contemplate what cemeteries and burial practices reveal about society and culture and how they have changed over time.



Common House Black History Tour Friday, November 10 at 10 a.m.

\$18

\*Non-refundable Limit: 20

The Albemarle Charlottesville Historical Society will guide this tour.

This is a two-hour tour of Charlottesville's historic downtown and Court Square created with support from Common House social club. The tour focuses on the history of the local African American community, race relations, and how events of the past continue to affect the city today. While exploring downtown Charlottesville, you will hear stories about enslaved people, free Blacks, individuals with complex racial identities, segregation, forceful displacements, and Confederate monuments and their removal.





## Discover how JABA can join you on the aging journey.

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- Home Delivered Meals
- Community Senior Centers
- Respite & Enrichment Centers
- Caregiver Support
- Volunteer Opportunities



Explore what JABA has to offer: jabacares.org or 434-817-5222

# SPECIAL LECTURE IN PARTNERSHIP WITH THE GREENCROFT CLUB



featuring

### LIZA NASH TAYLOR

Fashion Shakes Up Society: Scandalous Women and What They Wore 1770-1960

Wednesday, November 15, 4-6 p.m. The Greencroft Club, 575 Rodes Drive, Charlottesville, VA 22903 \$26

\*Non-refundable

From the daring décolletage of Marie Antoinette's French Court in the 1770s to the bloomers espoused by the National Dress Reform Association in 1856, from avant-garde dressing in the Jazz Age to the campy pinup girls of the 1950s, women's fashion statements since 1770 have both shaped and scandalized society.

Through the centuries courtesans, queens, socialites, performers, and feminists have used clothing as a conduit to and statement of power, a form of social revolt, and a means to gain fame.

A former fashion designer for Ralph Lauren, Liza Nash Taylor offers a brief visual history of scandal in fashion with an accompanying slide show of portraits, sculpture, fashion, and photographs.



Liza Nash Taylor is a late-blooming writer and the author of two recent historical novels from Blackstone Publishing. Etiquette for Runaways (August 2020) is set in 1924. It was named one of Parade's 30 Best Beach Reads 2020 as well as Frolic's Best Book of Summer 2020. In All Good Faith, set in 1932, will be published in August 2021. Liza is the 2016 winner of the Fiction Prize of the San Miguel Writers' Conference and a 2018 Hawthornden International Fellow. She lives in Keswick, in an old farmhouse which is a setting in her novels. Liza has previously presented an Author Talk and Greencroft Lecture for OLLI and we are pleased to welcome her back this fall.







## Member Benefits



### **MEMBER BENEFITS**

OLLI at UVA is proud to offer Special Presentations, a lending library, discussion groups, author talks, shared-interest groups (SIGs), weekly, memberonly e-newsletters (Insider), socials, and more, included in your membership each semester.

More opportunities pop up throughout the semester. We hope you will join us!

### **AUTHOR TALKS**

OLLI at UVA Author Talks provide a unique opportunity to meet with an author, learn about and discuss their work in a small, personal setting.

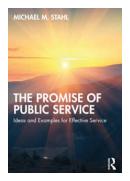
### The Promise of Public Service by Michael M. Stahl

Friday, September 29 at 2 p.m.



R.R. Smith History and Arts Center

Michael M. Stahl – former executive at the U.S. Environmental Protection Agency, former adjunct faculty member at George Mason University's Master's in Public Administration program, leadership coach at Stahl Strategic, LLC, in Staunton, Virginia. He has been an OLLI instructor for four courses on public affairs.



**OLLI at UVA** 

The Promise of Public Service provides ideas to public servants about ways to be most effective in addressing and solving public problems. It provides a dozen profiles of public servants who accomplished something great for the nation. These ideas and examples are based on the author's 40 years of state and federal service in the executive and legislative branches. The presentation will feature discussions about essential attributes and new imperatives for public servants, and the discussion of the profiles will cover advances in health care, food safety, racial justice, foreign policy, creation and implementation of the new Deal and the Marshall Plan, and the creation of the environmental movement.

## Skimpy Coverage by Bonnie M. Hagerman Friday, October 13 at 11 a.m.

Bonnie M. Hagerman is Assistant Professor in the Department of Women, Gender, and Sexuality at the University of Virginia.

Skimpy Coverage explores Sports Illustrated's treatment of female athletes since the iconic magazine's founding in 1954. The first book-length study of its kind, this accessible account charts the ways in which Sports Illustrated—



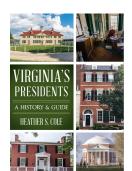
## Member Benefits

arguably the leading sports publication in postwar America—engaged with the social and cultural changes affecting women's athletics and the conversations about gender and identity they spawned.

Bonnie Hagerman examines the emergence of the magazine's archetypal female athlete—good-looking, straight, and white—and argues that such qualities were the same ones the magazine prized in the women who appeared in its wildly successful Swimsuit Issue. As Hagerman shows, the female athlete and the swimsuit model, at least for the magazine, were essentially one and the same. Despite this conflation, and the challenges it poses, Hagerman also tracks the distance that sportswomen—including Wilma Rudolph, Billie Jean King, Serena Williams, and Megan Rapinoe—have traveled both within Sports Illustrated's pages and without. Blending sports with gender history, Skimpy Coverage profiles numerous sportswomen who have used athletics and the platform sport offers to push for empowerment, freedom, equality, and acceptance in ways that have complemented and inspired broader feminist agendas.

## Virginia's Presidents: A History & Guide by Heather S. Cole

Wednesday, November 29 at 11:30 a.m. OLLI at UVA



Virginia's Presidents: A History and Guide (The History Press, 2023) tells the stories of the Virginia Presidents and the historic sites that interpret their lives. It includes profiles of each of the eight Presidents and descriptions of the museums, historic sites and presidential homes in Virginia and surrounding states that tell their stories and, by extension, the story of our nation.

Heather S. Cole is a public historian and writer living in Staunton, Virginia. She has worked in a variety of museum and archives, including as an interpreter for the Woodrow Wilson Presidential Library and Museum in Staunton. She currently works as a digital archivist for the Southern Foodways Alliance at the University of Mississippi and does freelance work organizing family archives, writing

corporate histories and editing personal memoirs. This is her third book for The History Press.

# STARGAZING AT MCCORMICK OBSERVATORY \*

Friday, November 10, 7-9 p.m. Limit: 35

The stars come out at night! We hope you will join us for a closer look at the night sky at the historic University of Virginia McCormick Observatory! Enjoy a special night with your OLLI friends.

Thanks to the University of Virginia, this tour is free!



## Member Benefits

## THERAPY @ CCC

OLLI and ACAC Physical Therapy partner to provide these workshops. These are complimentary to OLLI fall 2023 members.



## **WORKSHOP SCHEDULE**

### How to Identify and Prevent the Risk of Falls

Presented by Jo Reeder, PT, DPT, Board Certified Geriatric Clinical Specialist and Caroline Merva, PT, DPT, Board Certified Geriatric Clinical Therapist

- Friday, October 20
- 11 a.m.
- at OLLI at UVA

This workshop is designed to help individuals understand the impact of falls on older adults. Jo and Caroline will guide you in learning the potential fall risk factors, how to decrease your risk for falls, and home safety modifications that can be made to reduce the risk of falling and assist with aging in place.

## Taking Care of Your Neck and Spine in a World of Computers and Electronic Devices

Presented by Agnes Schrider, PT

- Friday, November 17
- 11 a.m.
- at OLLI at UVA

In this workshop, Agnes will share wellness tips on posture, home/office ergonomic set-up and exercises to reduce neck and upper back stress. She will discuss common aging effects on the neck and methods to reduce strain to that region. Educational hand outs will be provided.

### Get a Grip on Hand Pain: Tips for managing hand and thumb arthritis Presented by Bobby Blair MOT, OTR/L, Certified Hand Therapist

- Friday, December 8
- 11 a.m.
- at ACAC (414 Albemarle Square)

Don't let hand pain stop you from engaging in the activities that you love. Learn about how Occupational Therapy can help you manage pain and protect your hands.

## Fall 2023 Course Instructors



#### **ALPHABETICAL BY INSTRUCTOR**

New Course

#### Arnold, James

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#### Askounis, Anna

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#### Avner, Jay and Jill Shuller

p. 28 Separation of Church and State: Vital in 1787, Critical Now

#### Barnhill, Mark

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#### Bates, Lehman

p. 43 Race and Christianity - Another Investigation

#### Beals, Ken

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#### Burt, John

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#### Caelleigh, Addeane

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#### Chadwick, Charles

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#### Corber, Debbie

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#### Covert, Bob and Pam McFaden

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#### Dayton, Win

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p.26 World War II – From Normandy to the Rhine – The Ground War in Western Europe – 1944–1945

p. 26 World War II – From Normandy to the Rhine – The Ground War in Western Europe – 1944-1945

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p. 24 Defiant Daughters: Women who Risked All and Changed the World.

#### Donahue, James H.

p. 29 The Civil War in the Western Theater

#### Donohoe, Elizabeth (Betsy)

p. 36 Public Schools: Battleground for Culture Wars

#### Doran, Len

p. 26 The 13 Colonies: Religion. Government and Politicsp. 29 The 13 Colonies: Religion. Government and Politics

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#### Finley, Robert

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#### Fulton, Scott

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#### Hench, Allen

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#### Jones, Constance (Connie)

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#### Kurland, Alan

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#### Lengel, Pam Roland

p. 23 Learning to Draw with a Nature Journal

## Fall 2023 Course Instructors

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#### Lorish, Bob

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## Course Categories, Semester Info and Course Venues

### SEARCHING FOR COURSES IS EASY

Whether online or here in the catalog, you can search for courses by category. Each OLLI course is assigned a prefix to indicate its category. OLLI at UVA's volunteer Curriculum Committee, tasked with developing a well-rounded offering of courses each semester, has adopted the following eight category areas:

Arts	ARTS	Music, Drama, Art History, Film, Architecture
Health and Wellness	WELL	Medicine, Health, Fitness, Aging
History	HIST	All – US, International, Classical, Modern
Humanities	HUMN	Religion, Philosophy, Literature, Poetry, Foreign Languages
Lifestyle	LIFE	Hobby, Activities (Cooking), Sports
Public Affairs	PBAF	Political Science, International Relations, Law, Current Events
Science and Technology	SCIT	Hard Science, Natural Science, Technology, Engineering, Computing, Mathematics
Social Science	scsc	Economics, Business, Psychology, Sociology, Anthropology

Online Course Valley Location

Requires Walking

◆ NEW ◆
New Course

Diversity, Equity, Inclusion and Accessibility (DEIA)

This catalog was printed in June 2023. Please check the registration system via OLLI's *website* or the digital catalog for the most up-to-date information.

## **COURSE VENUES**

A Google Maps link to your specific course location will be included in your emailed one-week course reminders. The majority of the courses will be held at OLLI's new location at 1 Morton Drive.

### **OLLI AT UVA**

1 Morton Drive, Suite 100TL Charlottesville, VA 22903

Please visit our new location before your first class.

Terrace Level, main parking lot and entrance in the rear of the building. Handicapped and zero-entry entrance in the front of the building.

## IVY CREEK NATURAL AREA, EDUCATIONAL BUILDING

1708 Earlysville Road Charlottesville, VA 22903

## ONLINE EP

OLLI at UVA's Zoom account

#### THE CENTER

540 Belvedere Boulevard Charlottesville, VA 22901

## THE R. R. SMITH CENTER FOR HISTORY AND ART

20 South New Street Staunton, VA 24401

## THE STAUNTON INNOVATION HUB

11 N. Central Avenue Staunton, VA 24401

#### **TUCKAHOE CLUBHOUSE**

37 Stone Orchard Drive Nellysford, VA 22958

#### **UNITY OF CHARLOTTESVILLE**

2825 Hydraulic Road Charlottesville, VA 22902

#### **WESTMINSTER CANTERBURY**

250 Pantops Mountain Road Charlottesville, VA 22911

## WTJU - UVA'S COMMUNITY RADIO STATION

2244 Ivy Road Charlottesville, VA 22903

#### ARTS SESSION A

· NEW ·

**ARTS101** 

Something Wicked: Macbeth and Shakespeare's Anatomy of Evil

**Charles Chadwick** 

Session A Tuesday, 9:30-11 a.m. 9/5, 9/12, 9/19, 9/26, 10/3, 10/10 OLLI at UVA

**\$72** 

Limit: 12

Villains abound in Shakespeare's plays. Seldom, however, did Shakespeare examine the origins, effects, and cost of evil—to individuals and to society—as he did in Macbeth. Not even Richard III shows us the disintegration of human beings in as shocking and mesmerizing a fashion as does Macbeth. "...something wicked this way comes" the witches greet Macbeth as he succumbs to bloody ambition. Is evil inevitable or is it a choice? Join us as we use a video presentation of the play, lecture and interactive discussion to examine one of Shakespeare's greatest plays.

Charles Chadwick has an MA in literature and has taught for OLLI since 2014, including eight prior courses on the plays of Shakespeare, three courses on the plays of Eugene O'Neill, and courses on poetry and contemporary literature. He is retired after a career in organizational ethics and as an executive in US government contracting.

\* NEW \*

ARTS102 Virginia Opera Presents Understanding Opera

**Joshua Borths** 

Session A Tuesday, 1-2:30 p.m. 9/5, 9/12, 9/19, 9/26 OLLI at UVA

Limit: 35

\$48

Join Virginia Opera's Resident Scholar, Joshua Borths, for two mini-courses that delve into the wide and wonderful world of opera (Ring 101 and The World of the Bel Canto). Based on the Virginia Opera's fall productions of Siegfried and The Barber of Seville, the first two sessions will delve into Richard Wagner's influential—and

controversial—Der Ring des Nibelungen. Immediately following, spend two weeks diving into the World of the Bel Canto. Encompassing the operas of Rossini, Donizetti, and Bellini, this Italian style from the early nineteenth century is one of the most popular and important in operatic history. Whether you are a longtime fan or new to the artform, Understanding Opera will help you enjoy opera and better listen to the world around you.

Joshua Borths is the Resident Scholar of Virginia Opera, charged with educating audience of all ages. With over a decade of experience, Borths has worked as an educator, stage director, arts administrator, and dramaturg with companies such as Arizona Opera, Des Moines Metro Opera, Opera Columbus, Pensacola Opera, Opera Memphis, and more. An experienced teacher, Borths most recently served on the faculty of Capital University as the Professor of Music History and Director of Opera & Musical Theatre. He has also taught at the University of Maryland and The Crane School of Music (SUNY Potsdam). His work has been featured in Opera News, TED Ed, and his operas and educational programming can be licensed on OperaClassroom.com.

· NEW ·

**ARTS103** 

Is it a Chorus? Is it a Symphony?
Beethoven's 9th and Beethoven's Music for Voice and Chorus

Michael Slon, Christine Fairfield, Daniel Hine

Session A Thursday, 1-2:30 p.m. 9/7, 9/14, 9/21, 9/28

\$48

Limit: 35

**OLLI at UVA** 

Celebrate the upcoming 200th anniversary of the 1824 Vienna premiere of the first Symphony with chorus and vocalists of Beethoven's epic 9th - his final symphony, and more.

The Oratorio Society of Virginia hosts a four-part seminar in Beethoven's music for voice and chorus.

- Introduction to Beethoven's solo vocal music: history, historical context (political, societal influences) and its reception. His only opera, Fidelio: its significance in the history of opera, libretto, its political impact at the time, the composition, story, and cultural influence.
- Beethoven 9 it's context and pretexts, in a presentation by Michael Slon, conductor of the Oratorio Society, with a live performance from singers
- The other choral "Greats" (Missa Solemnis, Mass in C, Christ on the Mt. of Olives, etc.) and why Beethoven is still Beethoven, regardless of the medium.

Michael Slon, Music Director of the Oratorio Society, UVA Professor and Director of Choral Music, guest conductor w/ the Charlottesville Symphony, and a conductor and chorusmaster with Charlottesville Opera. Past repertoire has included Beethoven's Mass in C and Choral Fantasy, Bernstein's Candide and Mass, world premiere of Adolphus Hailstork-Rita Dove commission – The World Called, and a wide variety of other choral, orchestral, and theatre repertoire. Dr. Slon holds degrees from the Indiana University School of Music and Cornell University.

Christine Fairfield, Executive Director of the Oratorio Society. An accomplished soloist, decades of choral singing experience. Faculty at Bridgewater College and voice at Washington & Lee University. BA in Music, concentration in voice Eastern Mennonite University, Master of Music in Vocal Performance and Pedagogy, Ohio University's School of Music.

Daniel Hine, a native of Charlottesville, has served as the rehearsal accompanist for the Oratorio Society of Virginia for 19 seasons. A singer, pianist, conductor, and composer, he has performed on countless stages from Old Cabell Hall to Carnegie Hall, from Buenos Aires to Budapest, from Vienna (Austria) to Vienna (Virginia), as well as Grammy®- and Emmy®-winning recordings. Daniel is a proud alumnus of Westminster Choir College, where he earned his degrees in Piano Pedagogy and Music Education, with concentrations in voice, piano, and conducting. His recent composition "Jesu Dulcis Memoria" premiered in March 2023 with the Oratorio.

\* NEW \*

#### **ARTS097**

Piano Solos by Major Composers: Part Six Arnold Popkin

Session A Monday, 10-11:30 a.m. 9/11, 9/18, 9/25, 10/2, 10/9 Westminster Canterbury

\$60

Limit: 60

Each class will feature a live 60-minute performance of music by composers such as Beethoven, Schubert, Chopin, Liszt, Rachmaninoff, Debussy, Brahms, and others. There will also be 30 minutes of discussion about the composer and each piece.

Dr. Arnold Popkin retired after a 47-year career as an ophthalmologist. He kept up his musical life by giving 20 solo piano recitals at Cabell Hall, recording 8 CDs of piano music, and giving many other performances for retirement communities, charities, community arts associations, and the Wednesday Music Club.

\* NEW \*

ARTS104
Setting The Stage
Timothy Snider

Session A Tuesday, 1-2:30 p.m. 10/3, 10/10, 10/17, 10/24

WTJU-UVA's Community Radio Station

\$48

Limit: 25

Opera is the most complex and challenging of the performing arts. It requires the skills of great singers, a fine orchestra and chorus, a conductor to coordinate all the musical forces, and a stage director to realize the work's visual elements. As opera evolved from its birth in Florence about 1600 to the present day, the musical and visual elements can sometimes be in a state of dramatic tension. In this series of lectures, we will explore the role of the conductor in interpreting the composer's musical creation, as well as the role of the stage director in bringing the drama to life. Musical excerpts will illustrate how the conductor organizes the musical forces into a unified whole. Visual images will show how a director's imagination can bring the drama vividly to life on the stage.

Tim Snider is a retired attorney and host of WTJU's Sunday Opera Matinee. He frequently lectures before the Met Opera in HD broadcasts at the Paramount. His lectures for OLLI on opera have been popular with attendees.

#### ARTS SESSION B

· NEW ·

**ARTS105** 

Modern America: Architecture and Design, 1940s-1980s

**Richard Guy Wilson** 

Session B

Tuesday, 10-11:30 a.m.

10/24, 10/31, 11/7, 11/14, 11/28, 12/5, 12/12 No class during the week of Thanksgiving.

**Unity of Charlottesville** 

\$84

Limit: 100

Modernism took over great portions of American architecture and design in the period 1940-1980 as

with the steel and glass skyscrapers, new corporate headquarters and school design. Many American homes changed with flat roofs, big walls of glass, and new furniture of industrial materials which mimicked the curves of the human body. Much art-painting and sculpture, became abstract. The automobile dominated America. This course will consider this great change and also the reactions.

Richard Guy Wilson is Commonwealth Professor Emeritus in Architectural History at the University of Virginia. His many books, articles and exhibits include different aspects of American and modern architecture including Thomas Jefferson, Edith Wharton, the Arts & Crafts, and American Renaissance.



#### **ARTS106**

The Groups That Put the R (rhythm) in R&B (We called It DOO-WOP)

**Alan Kurland** 

Session B Thursday, 1-2:30 p.m. 10/26, 11/2, 11/9, 11/16, 11/30, 12/7 No class during the week of Thanksgiving..

#### **OLLI at UVA**

### **\$72**

Limit: 30

African American groups were in the forefront of R&B music during the late 1940s to early 1960s. Music known as Doo-Wop gained acceptance across all racial lines and today enjoys a listening audience via oldies radio, online and concerts. This course will focus on groups of the era, how, they came together, the studios that produced them, and their effect on the genre. Classes will feature recordings, photos, video and original 45s to enliven discussions. We will hear songs by Black, White, girl, biracial groups and cap off the course with a holiday music party. Attendees may learn the ranking of their favorite DOO-WOP song amongst the all-time top 100 hits.

Alan Kurland attended UVA where he was a disc jockey on WUVA during the height of the R&B and Doo-Wop music period. He also participated with a top 1950s Rock & Roll group that had a number-one hit song in the northeast region. After college, he filled in as a DJ occasionally in New York City. Mr. Kurland has been a lifelong proponent of R&B/Doo-Wop music, and still listens to it on the radio, internet, and CDs. He attends concerts, featuring this genre and participates in R&B courses to stay up with happenings.

Session B Saturday, 9:30-11 a.m. 10/28, 11/4, 11/11, 11/18



\$48 Limit: 40

Nazi art plunder is a devastating story of hate, brutality and greed. We will explore the trajectory of events culminating in the vast confiscation of art by the Nazis. Poignant themes of memory and loss resonate in ongoing debates over the provenance and restitution of Nazi looted art. Course highlights will include the efforts of WWII's Monuments Fine Arts and Archives branch of the Allied Forces (aka The Monuments Men) to safeguard art. There is heightened awareness of the legacy of the Monuments Men given contemporary threats to cultural heritage in Ukraine and other regions enduring conflict and disruption.

Roberta Shayo discovered lifelong learning communities during the pandemic. She has since taught for several OLLIs, including OLLI at UVA. In this course, Roberta explores the complicated story of Nazi art plunder. Roberta earned an MPA from Seton Hall University and was an adjunct instructor for New York's Westchester Community College.

· NEW ·

#### **ARTS108**

Learning to Draw with a Nature Journal Pam Roland Lengel

**Session B** 

Tuesday, 11 a.m.-12:30 p.m.
10/31, 11/7, 11/14, 11/28, 12/5, 12/12
No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 20

Using the principles of "Yes, You Can Learn to Draw," let's go outside to explore colors, lines and critters of fall. We'll take advantage of the new address for OLLI and explore the nearby Rivanna Trail. Bring a small stool or bench for comfort and an unlined journal with a hard cover. We'll ultimately work with colored pencils and/or watercolors.

Working in a Nature Journal is a great way to explore patterns of changes in the environment and our lives and deepen our awareness to the world around us.

Dr. Pam Roland Lengel has been a high school English teacher, a teacher of teachers as an instructional and supervision specialist, and taking and giving art lessons since 1995. She is active in the Central Virginia Watercolor Guild and was a UVA professor at the School of Continuing and Professional Studies.

## ARTS / HEALTH & WELLNESS

· NEW ·

ARTS006 Interpreting and Participating in Shakespeare's Plays Henry McHenry

Session B Friday, 1-3 p.m. Two-hour class 11/3, 11/10, 11/17, 12/1, 12/8, 12/15 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$96

Limit: 15 (minimum: 8)

Reading Shakespeare carefully, attending to dramatic texture and poetic nuance, and seeing and thinking about productions are the main class activities, along with examining the design of ideas and the progression of feelings as they build.

Suggested: Participants may want to see Measure for Measure at American Shakespeare Center before the production closes on August 12th. (<a href="https://americanshakespearecenter.com/events/measure-for-measure-2023">https://americanshakespearecenter.com/events/measure-for-measure-2023</a>) Much Ado About Nothing will be on stage through November 19th.

Henry McHenry graduated from Yale and has taught English for decades in local schools. He holds the PhD in English Language, Literature and Pedagogy from UVA.

• NEW • ( )

**ARTS100** 

Defiant Daughters: Women who Risked All and Changed the World

**Marcy Heidish Dolan** 

Session B Wednesday, 11:30 a.m.-12:30 p.m.

11/15, 11/29, 12/6, 12/13

No class during the week of Thanksgiving.

EP

**Online** 

\$48

Limit: 20

A series of impressive profiles of twenty great women, known and less well known, from countries all over the world, from Annalena Tonelli to Harriet Tubman, Anne Hutchinson to Wangari Massai, and so many more to inspire and uplift students and readers. Written in an accessible tone rather than an encyclopedic.

Marcy Heidish Dolan is a graduate of Vassar College, BA, and American University, MA. She is also an awardwinning published author of 18 books, fiction, non-fiction and poetry, as well as short pieces for The Washington Post and other selected periodicals. She has taught at Georgetown and Fordham Universities.

ARTS024

**WordToons! The Fun Art of Doodling** 

**Mack Rowe** 

**Session B** 

Thursday & Friday, 10 a.m.-12 p.m.

Two-hour class

12/14, 12/15 OLLI at UVA

\$32

Limit: 10

If you enjoy laughing and doodling, you will love doing WordToons with simple words you use every day. Draw and color your toons in this fun-filled workshop for doodlers of all ages.

**NOTE:** The course material fee of \$5, to be paid in the first class to the Instructor. \*Masks are optional.

Mack Rowe has had a professional career in graphic design. As a new venture, in 20017, he invented WordToons as a simple way of cartooning with words. Mack is a perpetual purveyor of the positive and enjoys teaching his process.

#### **HEALTH & WELLNESS SESSION A**

WELL038

**Movements of the Old School** 

**Daniel Kulund** 

Session A

Monday, 10-11:30 a.m.

9/11, 9/18, 9/25, 10/2, 10/9, 10/16

**OLLI at UVA** 

\$72

Limit: 12

This course expands upon Thomas Jefferson's advice, that "walking is the best possible exercise," by adding simple and useful long-lost movements of the old school - called Motos - to otherwise ordinary walks. We'll study good walking form, World War I stick drills, Japanese radio taiso, the GRID program, and other global best practices. We'll also test the indoor OASys, try the boomerex sequence and outdoor activity clusters, choose sit spots, and master novel ways to boost our senses. And each of us will measure personal mobility, learn the alphabet challenge, explore fueling strategies, and become a certified fall traffic controller - all with the

## Health & Wellness

goal of regaining our physical heritage.

NOTE: Come dressed for some light physical activity.

Dan Kulund is a retired orthopedic surgeon and exercise archaeologist who was a sports orthopedic surgeon at UVA and Martha Jefferson for twenty years. He then served as the United States Air Force Chief of Health Promotion and the orthopedic fitness advisor to Air Force Basic Military Training, becoming the oldest of 1.4 million active duty service members in the United States military. Before returning to Charlottesville, Dr. Kulund was a research professor of prevention and community health in the School of Public Health at George Washington University.

WELLO35

Dementia 101:

**Raising Awareness and Understanding** 

**George Worthington** 

**Session A** 

Wednesday, 2-3 p.m.

9/13, 9/20, 9/27, 10/4

**OLLI at UVA** 

\$48

Limit: 35

Are you comfortable interacting with people experiencing changes in their thinking and memory? Are you aware of services and programs to help people maintain a good quality of life? Did you know that there are changes you can make that can help reduce your risks of developing dementia? In this three-class course you will become a dementia friend and learn basic information about dementia and Alzheimer's disease including the ten warning signs, learn about resources and services available in the community and how to access them, and hear about the latest research around brain health and dementia risk reduction. This is a vibrant area of research, and much has been learned in recent years about lifestyle changes that can reduce the risks of developing dementia.

As the Dementia Services Coordinator for Virginia's Department for Aging and Rehabilitative Services (DARS), George Worthington supports the Alzheimer's Disease and Related Disorders Commission, drives the implementation of the Dementia State Plan, reviews existing programs and works with other agencies to more effectively deliver services to Virginians living with dementia. A native of Charlottesville, George has worked in human services for ten years since shifting careers from economics. George has a MS in Clinical Psychology from LaTrobe University in Melbourne, Australia, in addition to a MS in Economics from the London School of Economics.

#### WELLO31

The Health Benefits of Awe Experiences

**John Burt** 

Session A Monday, 11 a.m.-12:30 p.m. 10/2, 10/9, 10/16, 10/23 OLLI at UVA

\$48

Limit: 10

This course will explore the most awe-inspiring places in the world conjoined with a discussion of the health benefits of awe experiences. Each student will create a pictorial awe journal to which they can return at regular intervals to replay their awe selections. Current research suggests that awe can take us outside the self, unplug the ego, and connect us with positive emotions. Among our visits, we will spend one day on Mars with an aerospace-engineer-guide. We will also explore awe returns from the James Webb Space Telescope.

John Burt is a retired professor and Dean, College of Public Health, University of Maryland, author of three college textbooks, and more than 100 research papers.

#### **HEALTH & WELLNESS SESSION B**

· NEW ·

WELLO38

Writing Your Life Story

Constance (Connie) Jones

Session B

Friday, 10 a.m.-12 p.m. Two-hour class 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

No class during the week of Thanksgiving.

**OLLI at UVA** 

\$96

Limit: 12

We've all got stories! Wouldn't it be great if we wrote them down – for ourselves and our families and friends?

This informal class will get you on the road to writing about your life, from the mundane to the marvelous.

You don't have to be a "writer" to take this class, and the priority will not be a critique of your writing style or grammar. Each week there will be a writing assignment, with topics chosen by the group.

Take a chance on finding out that you've lived a pretty interesting life after all!

Connie Jones is a retired gerontologist, now studying her own aging! She moved from Maine recently to be near family. Connie most recently was a director of an area agency on aging, and continues to write and teach about aging.

## HISTORY

#### HISTORY SESSION A

\* NEW \*

**HIST111 Section 1** World War II - From Normandy to the Rhine - The Ground War in Western Europe -1944-1945

#### **Edward Dillingham**

**Session A** Tuesday, 1:30-3 p.m. 9/5, 9/12, 9/19, 9/26, 10/3, 10/10 **OLLI at UVA** 

\$72

Limit: 15

From June 6th, 1944 to May 8th, 1945, US and Allied Armies destroyed the Nazi war machine in a series of land campaigns on the Western Front that covered millions of square miles and changed the course of history. This course will examine the men, women, weapons and battles that ended Nazi rule in Western Europe.

Edward Dillingham is a retired US Navy Intelligence Specialist, and is also a retired instructor / course supervisor from the US Naval Intelligence Training School in Virginia Beach VA. He is a Senior Docent at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in History from the University of the State of NY, and an MS in Adult Education from Old Dominion University in Norfolk, VA.

\* NEW \*

**HIST112 Section 1** The 13 Colonies: Religion, Government, and Politics **Len Doran** 

**Session A** Wednesday, 10-11:30 a.m. 9/6, 9/13, 9/20, 9/27, 10/11, 10/18 No class on 10/4



V R.R. Smith Center for History and Art

\$60

Limit: 35

The American Experiment started with the coronation of Henry VIII as King of England and his decision to make himself the head of the Church of England. Little did he know what he had done.

The 13 colonies were founded by the dissident believers

who did not wish to be part of the Church of England and chose to practice the religion of their choice. Many of the other believers were punished and were forced to leave England because of the Reformation.

It is believed that the pilgrims on the Mayflower were the first to arrive in the new world that many years later would be the cause of the revolution and the beginning of what would become the America we know today.

The course will take you through the trials and tribulations of the travels and founding each of the 13 colonies.

This will be an interactive course with discussion and contributions from each member of the class.

Len Doran first visited Plymouth Rock in 1952 at the age of five. In subsequent travels, he has visited all the 13 Colonies many times. During these trips he has visited other colonial historical sites, museums, and places of worship. Len's academic background includes American History, Political Science, Philosophy, Theology, Educational Policy, and Statistics. His teaching experience covers everything from kindergarten to graduate school. This is Len's third OLLI course. He is well known for his candor, integrity, and a well-developed sense of humor.

· NEW ·

Limit: 15

**HIST111 Section 2** 

World War II - From Normandy to the Rhine - The Ground War in Western Europe -1944-1945

**Edward Dillingham** 

**Session A** Wednesday, 4-5:30 p.m. 9/13, 9/20, 9/27, 9/26, 10/4, 10/11 Tuckahoe Clubhouse \*Near Wintergreen \$72

From June 6th, 1944 to May 8th, 1945, US and Allied Armies destroyed the Nazi war machine in a series of land campaigns on the Western Front that covered millions of square miles and changed the course of history. This course will examine the Men, Women, weapons and battles that ended Nazi rule in Western Europe.

Edward Dillingham is a retired US Navy Intelligence Specialist, and is also a retired instructor / course supervisor from the US Naval Intelligence Training School in Virginia Beach VA. He is a Senior Docent at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in History from the University of the State of NY and an MS in Adult Education from Old Dominion University in Norfolk, VA.



#### **HIST113**

The Evolution of Spain and Its Citizens from Dictatorship to Democracy (1936-1992)

Isidra Mencos

**Session A** Friday, 1-3 p.m. Two-hour class 9/8



Limit: 50

When a country is sick, the population shows the symptoms. In this presentation Dr. Isidra Mencos examines the intersection between politics and private lives at a pivotal time in the history of Spain. Dr. Mencos grew up under the Franco dictatorship. She was 17 when Franco died in 1975. The transition to democracy took some years, but the cultural revolution happened fast. It was a time of hope and conflict. With democracy under threat around the world, Dr. Mencos reflects on the impact that authoritarianism has in every aspect of a person's life, and the decades-long shadow it casts.

Isidra Mencos holds a PhD in Spanish Contemporary Literature from the University of California, Berkeley, where she taught Spanish language, literature, and creative writing for twelve years. In 2022 she published Promenade of Desire, A Barcelona Memoir. Her essays and articles have been published in Diálogo, Chicago Quarterly Review, and Stirring Literary Journal, among others.

\* NEW \*

#### **HIST114**

One and Done: A New Look at Supposedly Failed One-Term Chief Executives

**Carl Pales** 

**Session A** Tuesday, 10-11:30 a.m. 9/12, 9/19, 9/26, 10/3 **OLLI at UVA** 

\$48

Limit: 35

This course is about three American Presidents and a British Prime Minister, all of whom had single terms (or less) in office that are often assessed as mediocre at best, disastrous at worst. But do Herbert Hoover, Gerald Ford, Jimmy Carter and Neville Chamberlain deserve their unenviable places in history? This course will take a revised look at their achievements and failures, both real and imagined, and a broader look at their impact

on their respective countries and the world, both during and outside their terms in office.

Carl Pales has a BA in International Studies/Russian Studies from GMU and a Master's Degree from the Defense Intelligence College. He served as foreign ground force intelligence analyst covering various regions from 1986-2019, including nine years as a Senior Intelligence Officer. He deployed to conflict areas twice as a civilian. He is an avid student of history, experienced public speaker and OLLI instructor.

\* NEW \* (25)

#### HIST115

JFK - Three Visionary Speeches **Stephen Greer** 

**Session A** Tuesday, 11 a.m.-12:30 p.m. 9/12, 9/19, 9/26



Limit: 25

This short course will focus on two major policy speeches JFK delivered in June 1963, and the undelivered speech he planned for the Trade Mart audience in Dallas. Our learning objective is reviewing JFK 's legacy of leadership by examining the speech content, audiences, and messaging. Ironically, we still struggle with arms negotiations, cold wars, domestic stability, civil rights, and a divided, deeply polarized nation sixty years later.

We will also survey the historical context for the three speeches: however, the course emphasis examines the intended audience and the content itself via facilitated discussion. We will not be covering assassinationrelated topics. Speech materials and multi-media links will be provided in advance of each weekly session for review.

Stephen Greer is a retired IT Consulting Leader, educated in Business Administration and Economics at the University of Maryland, and multiple leadership graduate programs. He is an amateur historian committed to lifelong growth and learning. Like many retirees who enjoy lifelong learning, having the time to examine and research history fulfilled a long-term goal, after a career in an unrelated area.

HISTO49 The Romanov Dynasty **George Robinson** 

**Session A** Tuesday, 1:30-3 p.m. 9/12, 9/19, 9/26, 10/3, 10/10, 10/17

## **HISTORY**

#### **The Center**

**\$72** 

Limit: 40

Beginning with the Little Ice Age we will explore the end of the Rurikid Dynasty, the influence of the Time of Troubles, and the Great Northern War. We will study the rise of the Romanov Dynasty emphasizing Peter the Great, Catherine the Great, and the subsequent rulers through the Dynasty's collapse under Nicholas II. Familial ties to other European rulers will be examined and how they influenced the royal family of Russia. With a mixture of court intrigue, love affairs, mayhem and murder sprinkled in, we will examine how each ruler affected Russia in its rise and decline into anarchy.

George Robinson is a graduate of NC State University in chemical engineering. He served 12 years in the US Army, followed by a career in engineering and construction in Washington, DC. Mr. Robinson lived in Europe from 1980 to 1985 with extensive travel. He has also travelled in former Eastern bloc countries over the previous five years. Currently he is also teaching OLLI courses at NC State University.



HIST116

Separation of Church and State: Vital in 1787, Critical Now

**Jay Avner and Jill Shuller** 

Session A Thursday, 11 a.m.-12 p.m. 10/19



\$12

Limit: 50

American presidents like Washington, Jefferson, and Kennedy believed the wall of separation between church and state must be absolute. This concept is enshrined in our Constitution's First Amendment. We'll review the origins and history of this foundational principle and why it is critically important to protecting Americans' freedom today.

Jill Shuller, MEd, retired chamber president, adult education administrator, and management consultant. Committee Chair on Social Action Committee for the Separation of Church and State and Board Member for Freedom From Religion Foundation, Cincinnati.

Jay Avner, retired health care executive with extensive experience in provider contracting and reimbursement. Holds a BS in Mechanical Engineering and an MBA.

#### HISTORY SESSION B

\* NEW \*

**HIST117** 

Four Man-Made Disasters in US and Canadian History

**Addeane Caelleigh** 

Session B Monday, 1-2:30 p.m. 10/23, 10/30, 11/6, 11/13 OLU at UVA

\$48

Limit: 35

Disasters can overwhelm social systems and institutions but can also bring out the best in people as they unite to survive and respond short-term and long-term. The course will focus on four disasters in US and Canadian history. First, the explosion onboard the Sultana (1865) as it carried prisoners of war home; followed by the Triangle Shirtwaist Factory Fire (1911), which killed hundreds of immigrant workers; the Halifax explosion (1917) in Nova Scotia during World War I; and the St. Francis Dam collapse, which killed hundreds.

Addeane Caelleigh has a background in history, anthropology, and related fields, with a special interest in the history of social responses to extreme events. She has taught previous OLLI classes on history and literature.

· NEW ·

**HIST118** 

Rise of Religion and the Crusades of the Kingdom of Jerusalem

**George Robinson** 

**Session B** 

Tuesday, 1:30-3 p.m.

10/24, 10/31, 11/7, 11/14, 11/28,12/5

No class during the week of Thanksgiving.

**The Center** 

\$72

Limit: 40

This course will focus on the first through the ninth Crusades, the Albigensian Crusade, and the Reconquista of Spain and identify how these wars affected the rise of religious fervor and spread various religions throughout the Mediterranean States. The course will include the leaders, the battles, and the political outcomes of the various kingdoms. We will also study the effects of the Mongol invasion on Europe and the middle eastern

empires. What motivated the Crusaders to risk life, family, and fortune to travel 2,500 miles and wage war on populations that were unknown to most of the participants? Finally, we will examine the rise of the military orders and what has become of them today in history and legend.

George Robinson is a graduate of NC State University in chemical engineering. He served 12 years in the US Army, followed by a career in engineering and construction in Washington, DC. Mr. Robinson lived in Europe from 1980 to 1985 with extensive travel. He has also travelled in former Eastern bloc countries over the previous five years. Currently he is also teaching OLLI courses at NC State University.

HISTO83

The Civil War in the Western Theater James H. Donahue

**Session B** 

Wednesday, 9:30-11 a.m.

10/25, 11/1, 11/81, 11/15, 11/29, 12/6

No class during the week of Thanksgiving.

**The Center** 

\$72

Limit: 40

Many historians are not aware of the importance of the war in the West. It was extremely important to win in the West as it would deprive the Confederacy of valuable territory and trade and navigability of the Mississippi River. It would also demonstrate the important leadership of Grant, Sherman and Sheridan that would lead to the eventual demise of the entire Confederate Army.

Jim Donahue graduated from UMASS in 1963 with a BSCE and from ODU in 1970 with an MSCE. He entered the Coast Guard in 1964 and served a 30-year career, retiring in 1994. He has taught OLLI Civil Engineering Classes since 2012 and also has been a Class Moderator or Assistant since 2010.

HISTO27 \*\*CANCELED\*\* The History and Culture of Modern Japan **Daniel Metraux** 

**Session B** 

Tuesday, 2-3:30 p.m. 10/24, 10/31, 11/7, 11/14

No class during the week of Thanksgiving.

V R.R. Smith Center for History and Art

\$48

Limit: 35

Survey of Japan's incredible transformation from a

backward and isolated agricultural nation into a modern industrial and military superpower. Includes discussions of the road to Pearl Harbor and the hugely successful US Occupation of Japan.

Daniel A. Metraux is Professor Emeritus and Adjunct Professor of Asian Studies at Mary Baldwin University. where he has taught since 1983, He has written many books, book chapters, and articles on the history and religions of modern Japan and East Asia. Dr. Metraux has also taught at Soka University and at Doshisha Women's College in Japan.

· NEW ·

**HIST112 Section 2** The 13 Colonies: Religion, Government, and Politics

**Len Doran** 

**Session B** Thursday, 10-11:30 a.m.

10/26, 11/2, 11/9, 11/16, 11/30, 12/7 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 35

The American Experiment started with the coronation of Henry VIII as King of England and his decision to make himself the head of the Church of England. Little did he know what he had done.

The 13 colonies were founded by the dissident believers who did not wish to be part of the Church of England and chose to practice the religion of their choice. Many of the other believers were punished and were forced to leave England because of the Reformation.

It is believed that the pilgrims on the Mayflower were the first to arrive in the new world that many years later would be the cause of the revolution and the beginning of what would become the America we know today.

The course will take you through the trials and tribulations of the travels and founding each of the 13 colonies.

This will be an interactive course with discussion and contributions from each member of the class.

Len Doran first visited Plymouth Rock in 1952 at the age of five. In subsequent travels, he has visited all the 13 Colonies many times. During these trips he has visited other colonial historical sites, museums, and places of worship. Len's academic background includes American History, Political Science, Philosophy, Theology, Educational Policy, and Statistics. His teaching experience covers everything from kindergarten to graduate school. This is Len's third OLLI course. He is well known for his candor, integrity, and a well-developed sense of humor.

## **HISTORY**

· NEW ·

**HIST119** 

**Great Britain and The Modern World** John Mason

**Session B** 

Tuesday, 10-11:30 a.m.

10/31, 11/7, 11/14, 11/28, 12/5, 12/12

No class during the week of Thanksgiving.



V R.R. Smith Center for History and Art

\$60

Limit: 25

This course is about the enormous impact that Great Britain has made on the modern world since 1750. It is a story that cannot be told by a conventional narrative of political events. Instead we shall examine four major British creations over the past 250 years which have done much to shape the entire world:

- the roots of liberalism in parliamentary rule 1.
- the industrial revolution
- the British Empire and the rise of free trade
- the creation of the welfare state in the 20th century

The scope and character of each of these projects will be illuminated by the writings of commentators and historians across the political spectrum. Recommended reading will be shared with those who enrolled in the

John Mason has a PhD in history from the University of Birmingham, UK. He taught for the Open University in England for 25 years. In the late 1990s he lived and conducted research in Slovakia, Hungary and Armenia. John now lives in Lexington and works full-time as a stone sculptor.

\* NEW \*

**HIST120** 

The Road from the Past: Traveling Through the History of France - Part I

**Debbie Corber** 

**Session B** 

Tuesday, 2-4 p.m. Two-hour class 10/31, 11/7, 11/14, 11/28,12/5, 12/12

No class during the week of Thanksgiving.

**OLLI at UVA** 

\$96

Limit: 35

France is one of the most frequently visited countries in the world. In order to appreciate the medieval

towns, the magnificent cities, the quaint villages and the splendid chateaux, it is helpful to understand the historical development of France. Few countries can match France for its scope of art, architecture, cuisine, history and sheer natural beauty. This course will include lectures on prehistoric France, Roman Gaul, the Middle Ages, the 100 Years War and the development of Romanesque and Gothic architecture.

Debbie has been a professional educator for 40 years. She has taught French, French history and French culture in high schools and universities in Virginia and a Fulbright enabled her to teach American culture and English in France. Debbie frequently leads tours to France and throughout Europe, Canada and Southern Africa.

\* NEW \*

**HIST121** 

**American Prometheus:** 

The Career of J. Robert Oppenheimer

**Dan Sherman** 

**Session B** 

Thursday, 3-4:30 p.m.

11/2

**OLLI at UVA** 

\$12

Limit: 35

A brilliant and charismatic physicist, J. Robert Oppenheimer became one of America's best-known scientists for his work leading to the creation of the atomic bomb at Los Alamos. Oppenheimer soon became a highly controversial figure, caught up in the politics of nuclear weapons policy in the 1940s and 50s. This talk will discuss career and personality of this fascinating but flawed individual and changes in his reputation over time. The class will discuss the depiction of the scientist on the screen, including the recent film "Oppenheimer."

For the past 10 years, Dan Sherman has presented talks on musical theatre composers and lyricists to many groups, including Osher Lifelong Learning Groups around Washington, DC and in Virginia. Dan holds a PhD in economics from Cornell University and in 2018, retired as managing director at the American Institutes for Research in Washington, DC. He lives in Alexandria, Virginia and hopes to move to his house on a lake in Williamsburg next year and pursue his interests in both music and mathematics at William and Mary.

HISTO88

World War II and PTSD: What We Knew Then and What We Know Now

**Susan Howe** 

**Session B** 

## History / Humanities

Thursday, 3-4:30 p.m.
11/2, 11/9, 11/16, 11/30, 12/7, 12/14
No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 35

This course will include the clinical definition of post traumatic stress disorder, a brief history of "shell shock," screening and testing pre-WWII, diagnosis and treatment during and after WWII, and Epigenesis, how trauma can alter one's DNA. Sources of information will include personal accounts, newspaper articles, studies, and books. Time will be allotted for attendees to discuss how WWII affected the veterans and how WWII affected the Baby Boomer generation.

Susan Howe is a member of the 100th Bomb Group Foundation, home of ""the Bloody Hundredth."" Her research into select WWII topics is inspired by her father's extensive diary and letters which he wrote while working in S-2 Intelligence for the 100th at Thorpe Abbotts Air Force Base in England. Susan has been a guest speaker at 100th Bomb Group reunions and has taught several courses for OLLI Penn State and UVA about S-2 Intelligence and the 100th Bomb Group. Her education includes the following: MA Communicative Disorders, MBA Finance, and BS Quantitative Business Analysis.

· NEW ·

HIST122
Charlie Chaplin:
The Tramp Who Made Us Cry
Dan Sherman

Session B Friday, 9:30-11 a.m.

11/3

**OLLI at UVA** 

\$12

Limit: 35

Known best for his role as "The Little Tramp," Charlie Chaplin brought laughs and tears to film audiences throughout the world through a brilliant series of films spanning the silent and sound eras. This class will explore Chaplin's career beginning as a poor boy and 60 years later. We'll discuss Chaplin's life and contributions to film, including his work as a composer. There will be many film clips and a discussion of how Chaplin's work developed and was received over time.

For the past 10 years, Dan Sherman has presented talks on musical theatre composers and lyricists to many groups, including Osher Lifelong Learning Groups around Washington, DC and in Virginia. Dan holds a PhD in economics from Cornell University and in 2018,

retired as managing director at the American Institutes for Research in Washington, DC. He lives in Alexandria, Virginia and hopes to move to his house on a lake in Williamsburg next year and pursue his interests in both music and mathematics at William and Mary.

· NEW ·

**HIST126** 

The Life, Times, and Impact of Four Presidents

**Robert Toplin** 

Session B Wednesday, 1-2:30 p.m.

11/15, 11/29, 12/6, 12/13

No class during the week of Thanksgiving.

**Unity of Charlottesville** 

\$48

**Limit: 100** 

A study of these individuals provides not only consideration of influential presidential leadership. It also creates an opportunity to examine major changes and controversies in American life. How did Theodore Roosevelt surprise his critics by leading America into modernity and global influence? Harry Truman confronted many challenges and left office with low ratings, yet he is now considered among the best presidents. Why? John F Kennedy: great leader or lots of pizzaz but little substance? Were Ronald Reagan's criticisms of government spot-on or excessive? Does he deserve credit for defeating Soviet communism?

Robert Brent Toplin (Bob) was professor of history at the University of North Carolina, Wilmington and at Denison University and taught courses at the University of Virginia after retirement. Toplin published eleven books and more than a hundred articles and has discussed history in nationally broadcast television and radio programs.

#### **HUMANITIES SESSION A**

· NEW ·

**HUMNO67** 

**How Do We Know What We Know?** 

**James Arnold** 

Session A Tuesday, 6:30-8 p.m. 9/5, 9/12, 9/19, 9/26, 10/3, 10/10

**V** Staunton Innovation Hub

## HUMANITIES

#### \$60

#### Limit: 25

In a seminar atmosphere with presentations by course participants followed by respectful questioning and discussion, we will examine such questions as "How do we avoid the information bubble?"; "Should we privilege the claims of memory over the study of history?"; "What is the broader significance of the proliferation of fantasy versions of historical subjects?"; "Should the 'statues' be kept in place, melted down, or removed to a teaching environment?" After an introduction to the theory of the hermeneutical circle, we will discuss these and other subjects of general concern, avoiding contentious confrontation while attempting to understand the assumptions underlying what we know. Articles addressing these subjects may be recommended to prepare a subject in advance of the seminar.

James Arnold taught French and Comparative Literature at the University of Virginia from 1966 to 2008. He holds philosophy minors from Hamilton College and the University of Wisconsin. He has published on the following authors: Valéry, Sartre, Camus, Césaire, Condé (Maryse) and the underpinnings of identity politics.

\* NEW \*

#### **HUMN068**

Dostoevsky's The Brothers Karamazov, Part I Robert Reid

Session A Wednesday, 1-2:30 p.m. 9/6, 9/13, 9/20, 9/27, 10/4, 10/11 OLLI at UVA

\$72

Limit: 12

In each fall session we will examine Dostoevsky's *The Brothers Karamazov*, perhaps the best novel ever written: the first six chapters in Session A, the final six chapters in Session B. The required text is *The Brothers Karamazov*, 2nd Critical Edition, by Susan McReynolds Oddo (New York, 2011). To promote discussion, each meeting will focus on a single chapter. Material will be distributed to connect that chapter to Dostoevsky's other works and to major events in this "golden age" of Russian literature and political unrest.

Robert is retired from Emory & Henry College where he was HC Stuart Professor of English. Educated at Yale (BA 1966) and UVA (PhD 1971), he has written several books and many articles on Shakespeare and Renaissance literature.



#### **HUMN069**

Toni Morrison's Song of Solomon Suzanne Reid

Session A Thursday, 10:30 a.m.-12 p.m. 9/7, 9/14, 9/21, 9/28, 10/5, 10/12 OLLI at UVA

\$72

Limit: 12

This course provides a 'leisurely' reading and discussion of Toni Morrison's masterpiece, *Song of Solomon*. In contrast to her more famous book, *Beloved*, which delves into horrors of enslavement, this work celebrates African American buoyant resilience necessary to thrive within an unjust society. The magical realism of the first pages is 'proem' to an odyssey within African-American history. Morrison's vibrant prose, packed with wry humor, irony, and poignant truthfulness, won her the Pulitzer Prize for Beloved in 1987, the Nobel Prize for literature in 1993, and the US Presidential Medal of Freedom.

Suzanne taught English and Education classes at Emory & Henry College. Educated at St. Lawrence University with a semester at Howard University (1965), UVA (MA '68) and Virginia Tech (PhD '93), she has published 5 books; Cynthia Voigt, Virginia Euwer Wolff, Ursula Le Guin, an Anthology of Science Fiction, and one about using literature for teaching ESL. Last spring she and Robin collaborated in teaching a class encompassing all eleven of Morrison's novels.

· NEW ·

HUMN070
Poems for Aging Children
Susan Sharpe

Session A Thursday, 2-3:30 p.m. 9/7, 9/14, 9/21, 9/28 OLLI at UVA

\$48

Limit: 15

We will read together some short poems that speak to the condition of growing older: poems from writers reflecting on their pasts, poems about losses of various kinds, poems that express fears about our changing world, and poems of affirmation, on the things that still bring us joy. The poems will come from different centuries, including the 21st, and use different forms and styles. Some may be familiar, others probably not. I'll offer some introductions and explanations but hope for a lot of conversation, too.

## umanities

Dr. Susan Sharpe is a Professor Emeritus from Northern Virginia Community College in Annandale where she taught American Literature and composition for over 30 years. She has degrees from Swarthmore, Yale and the University of Massachusetts, and she has written four novels for children as well as essays for The Washington Post and other publications.

\* NEW \* (2)

**HUMN071** The Art of the Short Story **Edward Friedman** 

**Session A** Thursday, 2-3:30 p.m. 9/7, 9/14, 9/21, 9/28, 10/5, 10/12



Limit: 20

This course will focus on short stories by authors from the United States, Canada, Europe, and Latin America. Some will be familiar (Mark Twain, Guy de Maupassant, Toni Morrison, and Margaret Atwood, for example); others will not, and so participants can expand their repertoire. Each selection has something special to offer. We will look at how the individual stories are constructed, how they can be analyzed, how form and content interact, and how every text can best be appreciated. The format will be discussion and dialogue rather than lectures. The operating premise is that an understanding of the tools of analysis can be illuminating and that this can add to the enjoyment of reading.

NOTE: Reading materials will be available to those enrolled.

Edward Friedman is Gertrude Conaway Vanderbilt Professor in the Humanities, Emeritus, at Vanderbilt University. In over forty years in the profession, he taught a range of courses in Spanish and comparative literature. He has taught four courses in the OLLI program at Vanderbilt and one ("A Don Quixote Sampler") at the University of Virginia.

· NEW ·

\$72

**HUMN072 Helen of Trov** 

**Jon Mikalson** 

**Session A** Monday, 11 a.m.-12:30 p.m. 9/11, 9/18, 9/25, 10/2, 10/9, 10/16 **OLLI at UVA** 

Limit: 20

Helen of Troy. Exceptionally beautiful, with a face that launched a thousand ships and breasts that saved her life. An adultress or a faithful wife? A villainess or a victim? A wife, lover, queen, mother, and, ultimately, a goddess. The different Helens in Troy, Sparta, and even Egypt. How men viewed her. How male authors had women view her. The contrasting portrayals of Helen as Greek values changed from Homer to tragedians and then to philosophers. Helen amidst the miseries women and children suffer from war. And finally, the complexities of Greek mythology. Mostly class discussions with occasional brief lectures.

University of Wisconsin BA, Harvard University PhD Lived in Greece for two years, as student at the American School of Classical Studies in Athens and as professor there. One year at Cambridge University, one year at Institute for Advanced Studies in Princeton. Taught in Classics Department at UVA from 1970-2017.

· NEW ·

**HUMN073 Greatest Books You Never Read:** The Iliad of Homer **Evelyn Edson** 

**Session A** Wednesday, 11:30 a.m.-1 p.m. 9/13, 9/20, 9/27,10/4 **OLLI at UVA** 

\$48 Limit: 12

You may have read the *lliad* long ago, but be prepared for new insights as you tackle this fundamental text again. Why did the Greeks consider this book a vital part of their education? We will spend four weeks pondering Homer's work and its relevance, both historical and modern.

Evelyn Edson is Professor Emerita at Piedmont Virginia Community College where she taught history and humanities for 37 years. She lives in Scottsville and is President of the Board of Trustees of the Scottsville Museum. She enjoys talking to interested people about books.

· NEW ·

**HUMN074 News of the World Anna Askounis** 

**Session A** Friday, 10-11:30 a.m. 10/13, 10/20, 10/27

## HUMANITIES

#### **OLLI at UVA**

\$36

Limit: 10

News of the World, a brilliant novel by Paulette Jiles, was nominated for the National Book Award. Compelling, funny, poignant and beautifully written, it traces the improbable journey of an aging widowed veteran and a young girl once captive of the Kiowa in 1870 Texas. It has been described as "exquisitely rendered, morally complex and multilayered, exploring the boundaries of family, responsibility, honor and trust." It was later chosen to be made into a film of the same name, which won several Academy Awards. In our class, we will discuss the book, watch the film, and discuss the choices made in the translation from book to film, always a fascinating discussion. Join me as we travel with her in this book and discover an author worthy of your attention!

Anna Askounis has taught English at the secondary and college levels, and holds a doctorate in counseling from the University of Virginia. Prior to her retirement she was a psychotherapist, specializing in marriage and family therapy.

#### **HUMANITIES SESSION B**

\* NEW \*

HUMN075 The Axial Age Stephen Kennamer

Session B Thursday, 11-12:30 p.m. 10/26, 11/2, 11/9, 11/16, 11/30, 12/7 No class during the week of Thanksgiving.



Limit: 30

The Axial Age is a name given by the philosopher Karl Jaspers to roughly the first millennium BCE, during which several remarkable moral teachers and founders of religions were active. Among the Axial Age figures the course will examine are Zarathustra, Confucius, Lao-Tzu, Mencius, the Buddha, Socrates, Micah, Hillel, and Jesus. Attention will also be given to the "pre-moral" era out of which they arose and what might be ironically called our current "post-moral" era, characterized by our ignoring all the insights of the Axial Age teachers.

Stephen Kennamer is a lifelong educator who has taught numerous courses for OLLI on philosophy, sociology, psychology, history, literature, and music.

\* NEW \*

**HUMN076** 

Dostoevsky's The Brothers Karamazov, Part 2

**Robert Reid** 

Session B Wednesday, 1-2:30 p.m.

11/1, 11/8, 11/15, 11/29, 12/6, 12/13 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 12

In each fall session we will examine Dostoevsky's The Brothers Karamazov, perhaps the best novel ever written: the first six chapters in Session A, the final six chapters in Session B. The required text is The Brothers Karamazov, 2nd Critical Edition, by Susan McReynolds Oddo (New York, 2011). To promote discussion, each meeting will focus on a single chapter. Material will be distributed to connect that chapter to Dostoevsky's other works and to major events in this "golden age" of Russian literature and political unrest.

Robert is retired from Emory & Henry College where he was HC Stuart Professor of English. Educated at Yale (BA 1966) and UVA (PhD 1971), he has written several books and many articles on Shakespeare and Renaissance literature.

\* NEW \*

**HUMN077** 

Islam: The Basics

**Ken Beals** 

**Session B** 

Wednesday, 2-3:30 p.m.

11/1, 11/8, 11/15, 11/29, 12/6, 12/13

No class during the week of Thanksgiving.

R.R. Smith Center for History and Art \$60

Limit: 35

This course will examine the basic beliefs and practices of Islam, the second largest religion in the world today. Our focus will be on the most universal traditions (the "Five Pillars"), but we will also consider the major differences between Islam's major branches (Sunni, Shi'ite and Sufi) and the various ways the "sixth pillar," Sharia, has been developed. Some comparison with other faith traditions will be considered briefly, including both shared and conflicting beliefs and practices. You might be surprised how much overlap there is between Christianity, Judaism and Islam!

Recommended Reading: The shortest introduction is Islam: A Very Short Introduction, by Malise Ruthven (Oxford UP paperback). For more depth, you might consider Karen Armstrong's Islam: A Short History, or Reza Aslan's No god but God (with the advantage of offering a Muslim's perspective). No reading is assumed, but any will be helpful! The class will have an opportunity to decide whether or not to visit a nearby mosque together.

Ken is a native of Findlay, Ohio. His education includes a BA in Psychology and Philosophy from Wittenberg U (in Ohio) and both Masters and Doctoral degrees in Theology from Boston University. He has basically had two 20-year careers, first as a pastor in the United Methodist Church and then as a professor of Philosophy and Religion, mostly at Mary Baldwin but including part time teaching at both James Madison and UVA, two community colleges, and two seminaries. He has taught face to face courses for OLLI, and does occasional preaching and pastoral duties. His wife of 55 years, Jackie, also taught at Mary Baldwin (Biology) before taking on her "second career" as a science writer. They have two married children: Eve, a clinical psychologist in Saint John, New Brunswick, Canada, and Kurt, a professor of German Studies at University of Richmond beginning this fall. They have two grandchildren, Blake and Dora. They have been living in Staunton for over 30 years, and both play in a "front porch" string band called Cold Steel Benders.

#### LIFESTYLE SESSION A

LIFE008 Listening: "What Did You Say?" **Richard Mason** 

**Session A** Wednesday, 9:30-11 a.m. 9/6, 9/13, 9/20, 9/27, 10/4, 10/11 **OLLI at UVA** 

\$72 Limit: 12

Listening is a skill used every day in our lives. How many people could be better listeners? Ironically, for a skill that is so important and used so much, most people never have had any training or education in developing the skill. Listening skills can be developed and strengthened through understanding and practice. In this course the instructor will present a simple model of the communication process. The sessions will include "one-on-one" student interaction and some whole group discussion. Throughout the course many opportunities will be available to practice new skills.

Richard Mason has a BA in American Literature from Middlebury College and a Master's Degree in Public Administration from California State University. During his career in business consulting, he has taught classes in active listening, group dynamics, facilitation, leading effective meetings, stress management and conflict resolution.

\* NEW \* 65

LIFE034

**Introduction to Wine Tasting and Appreciation** Jill Zimorski

**Session A** Monday, 2:30-4 p.m. 9/11, 9/18, 9/25, 10/2, 10/9, 10/16

**CP** Online

Limit: 40

Limit: 35

Introduction to Wine Tasting and Appreciation: Learn the fundamentals of wine production, label and technical terminology as well as tasting methodologies for assessment and pleasure. This course will cover major areas of global wine production and styles of wine. Participants may taste along at home (Wine not provided).

Jill Zimorski is one of only 269 Master Sommeliers (and one of 30 women) in the world. Jill is an alumna of The University and is currently an Adjunct Professor at DePaul University in Chicago in the Driehaus School of Hospitality Leadership lecturing undergraduates in International Wine and Education Management. Additionally, she is an educator with the American Wine School in Chicago, teaching WSET Wine & Spirits classes and is a contributor to the SommTV network for both her series "Study Hall," and her weekly podcast "Reading & Drinking" where she reviews wine books.

## The Brief Insider's Guide to Virginia Wine **Scott Elliff**

**Session A** Friday, 1-2:30 p.m. 10/6, 10/13, 10/20 (Tour) **OLLI at UVA DuCard Vineyard for the final class (Tour)** \$24

The local wine industry has become an important feature of Charlottesville's landscape. This course will provide an overview, designed to help casual wine drinkers and enthusiasts get a better appreciation of the industry and a background on how it all comes together. Topics will include: 1) history and background of the industry, current status and future challenges; 2) key decisions and steps involved in starting and operating a

## LIFESTYLE / PUBLIC AFFAIRS

vineyard, the science and art of making wine—methods, equipment, and decisions involved; 3) an on-site visit to DuCard Vineyards in Madison County, where we will walk through the vineyard and the winery to see it all first-hand and enjoy a tasting.

**NOTE:** Wine tasting at DuCard will involve a separate fee; transportation is on your own.

Charlottesville resident Scott Elliff founded DuCard by planting vines in 2001 with no prior experience and on a whim really, and has come to love the challenges and constant learning that is involved in this "hobby gone wild," and the finished product too. He opened DuCard Vineyards in 2010 with a boutique winery open daily, with a top notch reputation for wine quality, sustainability, customer service, weekend music and interesting special events.

#### LIFESTYLE SESSION B

· NEW ·

## LIFE014

Creative Writing for Dabblers
Brent Kitching

Session B Tuesday 10 a.m.-12 p.m.

Two-hour class

10/24, 10/31, 11/7, 11/14, 11/28, 12/5 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$96

Limit: 12

This course is designed for inexperienced writers who might enjoy exploring their creative potential. In a small class setting, attendees will sharpen their storytelling skills through a series of weekly assignments that will be gently critiqued by their classmates. The weekly prompts will focus on writing skills such as developing an appropriate voice, constructing believable characters and generating effective descriptions.

Required material: Just your stories!

Suggested Reading: Reading material will be provided to those enrolled.

Brent Kitching received his BA from Duke University and his MA from Temple University. He taught English for 42 years at the high school and college levels. He is an avid writer who self-published his first novel in 2010.

\* NEW \*

LIFE015

For the Love of Fly-Fishing

**Mark Barnhill** 

**Session B** 

Monday, 9:30-11 a.m.

10/30, 11/6/, 11/13, 11/27, 12/4, 12/11 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 12

In this classroom-based, introductory course on fly-fishing for trout, we will start with how to select equipment including fly-rod, fly-reel, fly-line, waders, boots, etc. We will learn about aquatic insects and the fly-patterns that imitate them. We will discuss flypattern selection, reading trout water, and trout lies in rivers and streams. In addition, we'll learn fly-fishing tactics for fishing the dry-fly, nymph, emerger, and streamer. We'll learn casting and the set-up for fly-fishing for salmon and steelhead. We will conclude with an overview of the many fly-fishing opportunities here in Virginia. No purchase of equipment is needed.

Suggested Reading: *The Orvis Fly-Fishing Guide* by Tom Rosenbauer

Mark Barnhill is a retired geologist with a MS from Tulsa University and a PhD from the University of Cincinnati. An oil and gas exploration geologist for many years as well as a research scientist at Indiana University, he has been an avid fly-fisherman for the past thirty years.

#### PUBLIC AFFAIRS SESSION A

\* NEW \*

**PBAF057** 

Public Schools: Battleground for Culture Wars Elizabeth (Betsy) Donohoe

Session A Tuesday, 10-11:30 a.m. 9/5, 9/12, 9/19, 9/26, 10/3 OLLI at UVA

\$60

Limit: 10

As 2024 election politics heat up, our public schools are fast becoming the battleground where candidates crusade for media dominance in today's culture wars. Front and center in the fight for victory are calls

## Public Affairs

for strict control over what teachers can say about race, gender identity, and our nation's history. The battlegrounds range from local school board meetings to state legislatures with 25 states passing 64 laws in the last three years that restrict what teachers teach and what students read, learn, and do. This course features a historical and thematic overview of how our nation's cultural conflicts over religion and science, diversity and gender, race and equality, and parental choice and rights have challenged our public schools and, most importantly, our democracy. Through informative presentations and engaging conversation, we will examine how these conflicts are interwoven and why our public schools continue to be not only the battleground for but the very foundation of our democracy.

A semi-retired educator, Betsy taught in public and private schools at secondary, undergraduate, and graduate levels. She coached schools across the country in major reform efforts, as well as serving in leadership positions at district and school levels. She currently coaches elementary student teaching interns at the University of Virginia. Betsy received her EdD at UVA's Curry School of Education in Educational Leadership and Policy Studies.

• NEW • 65

## PBAF056

Our Society's Struggle Over Race, Diversity, Inclusion

## **Allen Hench**

Session A Friday, 11 a.m.-12:30 p.m. 9/8, 9/15, 9/22, 9/29 OLLI at UVA

\$48

Limit: 30

Students will wrestle with current issues and aspects of race, inclusion, diversity, belonging, and accessibility. A sampling of Ted-talks would provide the fodder for the presentation and discussions.

We will hear from speakers like Bryon Stevenson (recently at JPJ with UVA President Jim Ryan) re criminal justice and race. Other presentations may deal with: mental and physical harm caused by racism; white supremacy; inaccessibility of internet to some; a parents' approach to gender identity; locker room talk and sexism; inclusivity and inclusion leadership; cultural barriers and belonging; and workplace diversity.

Allen Hench holds a BA in governmental administration and a JD from Dickinson School of Law in Pennsylvania. He has served as director of UVA Law School's non-profit clinic and volunteered at the Miller Center. For 40+ years he has been the owner of a small-town Pennsylvania general law practice.

PBAF006
What Was I Thinking? Decision Making and the Brain
Terry Newell

Session A Wednesday, 10-11:30 a.m. 9/13, 9/20, 9/27, 10/4 OLLI at UVA \$48 Limit: 10

We like to make good decisions, but we're not always as rational as we think. This course uses research in neuroscience, psychology and behavioral economics to explore roadblocks to sound decision making. Through video clips, exercises and discussion we'll explore how our brains work, sometimes subconsciously, in making decisions. We'll explore how we integrate reason and emotion—or fail to do so. We'll examine traps in personal, social, economic and political decision making and how to avoid them. Our four sessions include: The Brain and Its Limits; Integrating Logic and Emotion; How Our Subconscious Decides; and Mental Biases and Traps.

Terry focuses on decision making, leadership and ethics. He was Dean of the Federal Executive Institute. His newest book is "Of the People" – Reining in the Retreat from Reason in Public Affairs. He blogs regularly on thinking carefully in our public and personal lives and the traps we face in doing so.

## PBAF017 Israel's Strategic Position in the Middle East Rabbi Joel Schwartzman

Session A Thursday, 3-4:30 p.m. 10/5, 10/12, 10/19, 10/26 OLLI at UVA

\$48

**Limit: 35** (minimum: 15)

This course will briefly touch on regional issues including: 1) water, natural resources, religion, historical origins, regional alliances, weaponry and the Suez Canal; 2) a bit of family background and a survey of the timeline of Israel's military conflicts; and in the sessions 3) and 4) examine Israel's strategic principles, relations with its neighbors, neighborhood relations in general, threats to and opportunities for peaceful coexistence, and military hardware. This course does not address, except tangentially, the Israeli-Palestinian conflict. \*The Instructor will share relevant information via email before each class.

Rabbi Joel Schwartzman is a Reform rabbi, ordained at the Hebrew Union College, where he received his

# **PUBLIC AFFAIRS**

Bachelor of Hebrew Letters, Masters of Hebrew Letters, and Doctor of Divinity (honoris causa). He served for 23 years as a chaplain in the U.S. Air Force, retiring in the rank of colonel. He is a graduate of both Air Command and Staff, and Air Force War College. After leaving the Air Force, he led congregations in Denver, and served as Dean of the Denver Institute for Jewish Studies.

PBAF058
Climate Change: A Global Perspective
Mike Kelley

Session A Wednesday, 9:30-11 a.m. 10/11, 10/18, 10/25, 11/1, 11/8, 11/15 OLLI at UVA

\$72 Limit: 12

Round Table Discussion: While our climate change press coverage tends to be US centric, we will discuss the politics, economics and technology of climate change from a global perspective. Online videos will take us around the world, from a coal mine in India to power generation facilities in China. We will watch William Nordhaus, winner of the Nobel Prize in Economics, discuss the global politics of climate change. We will try to understand why, with solar power so cheap, the world is still building so many coal-fired power plants. Short video clips present controversial topics such as nuclear energy and geoengineering. Each session will include a round-table discussion on that day's topic. In our final session, we will explore how the US might advance global solutions. Our goal is a thoughtful, enjoyable learning experience.

Mike Kelley worked in computer technology for thirtyfive years. He holds degrees from Princeton and North Carolina. He has previously led OLLI discussion groups on this and other topics.

\* NEW \*

PBAF052 Understanding Lebanon Win Dayton

Session A Wednesday, 10-11:30 a.m. 10/18, 10/25, 11/1 OLLI at UVA

**\$36** 

Limit: 35

The smallest country in Asia, Lebanon nonetheless has projected an outsized profile in international

news since its independence in 1943. What makes it so problematic and why should we care? This course will examine the significance of geography, history, religious demographics, and regional rivalries for this unique country, and spotlight Lebanon's potential implications for the United States in an evolving region. Discussion will draw lessons from recent events, including the Beirut port explosion and the conclusion of a maritime border agreement with Israel, and preview perils and hopes for Lebanon's future.

Win Dayton is a retired career member of the State Department's Senior Foreign Service, Mr. Dayton served as Deputy Chief of Mission at the US Embassy in Beirut 2019-2021. He is a graduate of UVA School of Law and worked on Capitol Hill and as an attorney in Dallas for five years before a 32-year career in diplomacy.

## PUBLIC AFFAIRS SESSION B

\* NEW \* 65

PBAF059

Yet More African Political Crises
David Throup

Session B Friday, 2-3:30 p.m.

10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8
No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 35

The course will examine a number of African political crises, beginning with the civil war in Angola and the dispute over land and the challenge to the authoritarian regime in Zimbabwe. Class three will explore the challenges of ethnic politics, democratization and Islamic terrorism in Kenya. The fourth meeting will discuss Boko Haram, Islam and poverty in Nigeria, Niger, Southwestern Chad and Northern Cameroon. Class five will examine ethnic conflict and Islamism in the weak states of Chad and the Central African Republic. The final two sessions will be devoted to the problems of state building and civil war in South Sudan, and the Islamic Revolution, Darfur, democratization and the struggle between rival military factions in the Republic of Sudan.

David Throup was a student at Cambridge and the London School of Economics before teaching for three years in Nairobi. He completed his PhD on Kenyan history and taught at UVA and elsewhere in the US as well as in the UK before becoming a British diplomat. From 2001–17 he was a Senior Associate at the Center for Strategic and International Studies in Washington DC and taught at Johns Hopkins and George Washington Universities.

## Public Affairs

· NEW ·

#### PBAF060

A Discussion Group on the 2023 Virginia Election and a Preview of the 2024 Presidential Election

#### **Bob Lorish**

Session B Monday, 10-11:30 a.m. 10/23, 10/30, 11/6, 11/13 OLLI at UVA

\$48

Limit: 12

This discussion group will spotlight the very important 2023 Virginia state election. Will either party gain an upper hand in the results? We will also discuss the coming 2024 presidential election and make predictions on the soon to come Presidential primaries. Come and participate in lively discussions on these topics.

From watching the first televised presidential conventions in 1952 to the 2016 election, Bob Lorish has always been fascinated by presidential elections. His UVA master's thesis in history was on the election of 1824. Bob Lorish served as a Marine Corps infantry platoon leader in 1968-69 with the First Marine Division.

· NEW ·

#### **PBAF061**

American Health Care: Challenges and Opportunities

**Robert D. Powers, MD MPH** 

Session B

Monday, 3-4:30 p.m.

10/23, 10/30, 11/6, 11/13, 11/27, 12/4

No class during the week of Thanksgiving.

## **OLLI at UVA**

**\$72** 

Limit: 35

This course offers an opportunity to learn about the structure and function of the health care system in the United States. Lectures and classroom sessions will cover the history and current status of the education and delivery systems, and examine the challenges that face providers, patients, policy makers, and citizens as health care becomes more effective and more expensive. Issues related to manpower, financing, access, disparities, and developing technology will be examined, with discussion of approaches to understanding and addressing significant problems, challenges, and opportunities.

Dr. Powers is Professor of Medicine at UVA. He has had a 40+ year career as a clinician and administrator in Emergency Medicine, Internal Medicine, Long Term and Palliative and Hospice care. After obtaining a mid-career Masters in Public Health, Dr. Powers has expanded his interest in health policy and economics into a career as a classroom teacher, with 14 years of experience teaching the course: "American Health Care, Challenges and Opportunities" as part of the curriculum in various UVA undergraduate programs. These include the Batten School, The School of Engineering, the College of Arts and Sciences, and the Post Bac pre-med program.

#### **PBAF042**

Longevity Advantage:
Adding Years to Life and Life to Years: 102
Scott Fulton

Session B Tuesday, 9-10:30 a.m.

10/24, 10/31, 11/7, 11/14, 11/28, 12/5 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 35

If you could add 10 years of doing more of the things you love, what would they be? This course looks at updating our understanding of how everyday choices can add up to big health span returns starting today! We'll also look at simple ways to measure and track our health along the way.

Chair of the National Aging in Place Council, President of Home Ideations LLC, Longevity authority, member of the American College of Lifestyle Medicine, Engineering graduate of St Lawrence College, Ironman triathlete, former OLLI instructor, Wilmington, DE, now Charlottesville lover with wife, Cindy.

## PBAF046

Leadership During Turbulent Times: Lessons from the Bible to Contemporary Leaders

#### **Russ Linden**

Session B

Thursday, 10-11:30 a.m.

10/26, 11/2, 11/9, 11/16, 11/30, 12/7

No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 12

We are living during a time of disruptive change - the pandemic is just one of many examples. Such change

# PUBLIC AFFAIRS

is an incredible challenge to our brains, which are wired for certainty and control. How do we lead amidst such volatility? The Hebrew Bible offers powerful lessons. We'll explore several key biblical episodes as well as lessons from leaders like Nelson Mandela, Colin Powell, Ruth Bader Ginsburg and Abraham Lincoln. We'll also draw on current brain research and social science findings that show how we can find many opportunities to innovate during these disruptive times.

Russ Linden has taught leadership classes as an adjunct faculty member at UVA and the Federal Executive Institute for over 35 years. His latest book explores the Bible's timeless wisdom about leadership and change, as well as lessons from contemporary leaders.

**PBAF062 War in International Relations** James R. Sofka

**Session B** Thursday, 2-3:30 p.m. 10/26, 11/2, 11/9, 11/16



V R.R. Smith Center for History and Art

Limit: 35

This course examines one of the most enduring, visible, and challenging aspects of international relations from ancient Greece to the current conflict in Ukraine: war and its relation to the development and interaction of states. By uniting theories of war with historical case studies we will seek to understand arguments as to its causes as well as trace its impact in shaping the modern international order. Additionally, we will investigate attempts to mitigate war by legal and moral intervention and assess its role in twenty-first century world politics.

Dr. James R. Sofka is a scholar and teacher of transatlantic diplomatic history and international relations. He previously served on the OLLI at UVA Board of Directors.

PBAF040 **Global Ethics Patricia Wrightson** 

**Session B** Friday, 10-11:30 a.m. 10/27, 11/3, 11/10,11/17, 12/1 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 10

This course will examine the ethical aspects of the crises that the world is facing at the time. There will be no

required reading. The first session will cover basic ethical ideas and following sessions will use these ideas to discuss current events from an ethics point of view.

Suggested Reading: Blackburn, Simon. Ethics: A Very Short Introduction. Oxford University Press, 2021.

Patricia Wrightson taught Global Ethics at OLLI in fall 2019 and fall 2022. She taught Policy Ethics ethics courses at the McCourt School of Public Policy, Georgetown University from 2012–2018, and then in summer 2021. She taught full-time at Georgetown from 1994-2000. From 2000–2014, she worked in the policy division in what is now known as the National Academies of Science, Engineering and Medicine.



**PBAF010 Interacting with Equity: Conversations about Poverty and Race Bob Covert and Pam McFaden** 

**Session B** Thursday, 11 a.m.-12:30 p.m. 11/2, 11/9, 11/16, 11/30, 12/7, 12/14 No class during the week of Thanksgiving.

**OLLI at UVA** 

\$72

Limit: 10

The purpose of this course is to engage participants with issues of diversity, equity, and privilege within the context of a safe, supportive environment. We will examine personal, social, and institutional biases and how they play out in our daily lives. The class connects participant's personal experiences with Bennett's Developmental Model of Intercultural Sensitivity to facilitate positive interactions when interacting with different groups. The course structure is an interactive format, including activities and facilitated discussion. We will end looking at our personal responsibility related to each level of discrimination and concrete things you can do. Topics include: building community, awareness of stereotypes, classism, racism, and how ethnicity impacts identity.

Dr. Bob Covert received his PhD from Temple University in Research and Statistics in 1972. He conducted local and national evaluations through the Evaluation Research Center at UVA. Bob taught education courses in Curry School of Education, and developed a variety of courses in computer data analysis, qualitative research methods, questionnaire construction, and multicultural education. He is the past president of the American Evaluation Association and past-president and co-founder of the Virginia chapter of the National Association of Multicultural Education. He has received several diversity awards at UVA, including the John T. Casteen Award for Diversity. He worked at UVA for 42 years.

## Science & Technology

Dr. Pam McFaden received her Ed. D. from UVA in 2011. Pam taught Language Arts and History at the secondary level before continuing her education. She co-taught the multicultural education course at Curry School for six years before returning to public education to work on diversity issues as the Supervisor for Equity Assurance for Amherst County Public Schools. Pam has spoken on American Indian rights and led professional development on equity issues.

### SCIENCE & TECHNOLOGY SESSION A

\* NEW \*

## **SCIT043**

Native Woody Plants of Central Virginia Ellen Powell

Session A Tuesday, 10-11:30 a.m.

lvy Creek Natural Area, Educational Building

\$36

Limit: 15

9/19, 9/26, 10/3

Discover the native trees, shrubs, and vines that make up our local landscape. This class will help beginning botanists build their identification skills.

**NOTE:** There are two books required for this course. Please bring \$8 to the first class, either a check or exact change. Hand lenses will be available to borrow during class or bring your own.

Ellen Powell has been the Conservation Education Coordinator for the Virginia Department of Forestry since 2005. Ellen has a Bachelor's degree in fisheries and wildlife sciences from North Carolina State University and a Master's degree in forest resources from the University of Georgia.

### SCIENCE & TECHNOLOGY SESSION B

## **SCIT044**

The Remarkable People, Science, and Events in the Battle Against Human Disease

**Brian A. Pollok** 

Session B Wednesday, 2-3:30 p.m. 10/25, 11/1, 11/8, 11/15, 11/29, 12/6 No class during the week of Thanksgiving.

## **OLLI at UVA**

## \$72 Limit: 35

Cancer. Diabetes. Alzheimer's Disease. Autoimmunity. COVID. Muscular Dystrophy. These are just some of the diseases that continue to confront humankind, despite significant progress. The goal of this six-week course is to impart a basic literacy about the underlying biology of major disease classes and how modern therapies work to constrain them. However, this course is not just about science. You will learn the back stories – how genius, philanthropy, politics, celebrity, and controversy have driven key advances in biomedical research. No background or training in science is needed to participate, as content will be delivered in understandable language with liberal use of graphics and videos designed for a lay audience.

Brian A. Pollok, PhD has had a 40+ year career as an academic biomedical scientist and a biotechnology R&D executive. He has served as an OLLI instructor for the past two years, recently teaching the course "Immunology 101". Dr. Pollok also teaches in the MS biotechnology track at UVA's McIntire School of Commerce and serves as vice chair of the Trudeau Institute Board of Trustees. Brian and his wife Amy are UVA alumni (CLAS 1979) and reside in southern Albemarle County.

· NEW ·

#### **SCIT041**

Geology Beneath Your Feet and in Your Future

**Robert Finley** 

**Session B** 

Monday, 11 a.m.-12:30 p.m.

**10/23, 10/30, 11/6, 11/13** (field trip), **11/27** No class during the week of Thanksgiving.

## **OLLI at UVA**

\$60

**Limit: 24** \*Members waitlisted for this course in spring 2023 will be given priority.

Earth materials provide virtually all the resources, other than plant materials, that humans directly use every day. Rocks and minerals provide metals, sand and gravel, cement, soils, and control where water is stored and flows. Fossil fuels (oil, natural gas, and coal from really old plant material) are found in rocks in unique locations and with unique histories. Further, the geologic history of earth materials shapes our landscape from the scale of global tectonic plates and entire continents to the hills in our Charlottesville neighborhoods. After all, how did the Blue Ridge get to be a ridge, anyway? This course will first provide a brief geologic history of Virginia (about one billion years will be covered) showing how tectonic plates have crashed together to build major mountain chains, eroded, pulled apart, crashed again, and eroded again

# SCIENCE & TECH NOLOGY

to create what we see today. The variability of Virginia geology will be contrasted with other parts of the US and the world. With this background, we will then meet at the UVA Fontaine Research Park for a field trip to look at large blocks of major Virginia rock types in the "rock garden." Back in class, we will move on to a basic understanding of how the variability in earth materials is now more critical than ever. As the world transitions away from fossil fuels, we will need more lithium, nickel, and cobalt for batteries, copper and aluminum for motors, wind turbines, and thousands of miles of new power lines, and rare earths for magnets. Where is all this stuff going to come from? What are the trade-offs in mining that we face? With this course you will now appreciate that this material is where it is because of geologic history, and the politics of access and extraction are not simple issues.

NOTE: Participants will need to provide their own transportation for the field trip and an alternate date will be set in case of rain.

Dr. Robert Finley is a retired (2015) research geologist who has specialized in energy resources research and in geological storage of carbon dioxide as a response to climate change. He received a PhD in geology from the University of South Carolina. Rob carried out his research career at the state geological surveys associated with The University of Texas at Austin and the University of Illinois.

### SOCIAL SCIENCE SESSION A



SCSC024

**Social Psychology of Bigotry** 

**Marion Votaw** 

**Session A** Tuesday, 11:30 a.m.-1 p.m. 9/5, 9/12, 9/19, 9/26, 10/3, 10/10

**OLLI at UVA** 

\$72 Limit: 6

The Rev. Dr. Martin Luther King Jr. had a dream. But \*can\* we see the content of the character at all, or only the color of the skin? This course will take a more focused look at bigotry than a general Social Psychology course. We will start with an overview of how social perception and cognition happen in general, then concentrate on how the "Us or Them" component influences how we see others, and what we read into their behaviors. We will address highly controversial issues, such as police shootings, anti-Semitism, sexism, ageism, politicization of science, and other prejudices and discriminations. We will conclude with how to [try to] work against such divisions.

NOTE: Recommended materials: colored pencils, paper

or laptop for taking notes.

Suggested Reading: King, Martin L. I Have a Dream. Speech presented at the March on Washington for Jobs and Freedom, Washington, D.C., August 1968. https:// avalon.law.yale.edu/20th\_century/mlk01.asp.

Marion Votaw grew up an Embassy brat, mostly in West and North Africa. They [nonbinary] came to Charlottesville for grad school... and never left. Marion has taught sciences to students from adolescents to retirees at UVA, PVCC and ITT Tech, French to preschoolers on up, and mah jongg to anyone interested. They started teaching at OLLI in 2020.

\* NEW \*

SCSC025

The "Hard Problem" of Human **Consciousness** 

**Stephen Kennamer** 

**Session A** 

Thursday, 11 a.m.-12:30 p.m. 9/7, 9/14, 9/21, 9/28, 10/5, 10/12

**OLLI at UVA** 

\$72

Limit: 35

The "hard problem" in philosophy is, in a word, "subjectivity." Why do we feel so much more than our biological organisms need to function as good Darwinian animals? According to Julian Jaynes, modern consciousness dates back only 3,000 years or so. What type of earlier consciousness allowed the creation of such highly organized and complex societies as ancient Egypt and the Mayan and Incan empires? How has modern consciousness continued to evolve? Does the science of consciousness, such as it is, have anything to say about whether we have free will?

Stephen Kennamer is a lifelong educator who has taught numerous courses for OLLI on philosophy, sociology, psychology, history, literature, and music.

\* NEW \*

SCSC026

Death to the Death Penalty: How and Why **Virginia Abolished Capital Punishment** 

**Dale Brumfield** 

Session A Tuesday, 3-4:30 p.m.

9/19, 9/26, 10/3, 10/10, 10/17, 10/24

**OLLI at UVA** 

\$72

## Science & Technology

## Limit: 35

This course will examine the 413-year history of Virginia's death penalty, from its first execution in 1608 to its 2021 abolition. Participants will study execution methods, legal standards, class and racial disparities, the links to lynching, secrecy, law enforcement practice, and public opinion's decade-long drift away from capital punishment.

Suggested Reading: Brandon Garrett. End of Its Rope: How Killing the Death Penalty Can Revive Criminal Justice (Harvard University Press, 2017), Dale Brumfield. Closing the Slaughterhouse: The Inside Story of Death Penalty Abolition in Virginia (Abolition Press, 2022), Dale Brumfield. Railroaded: the True Stories of the First 100 Electric Chair Executions in Virginia (HJH Media, 2020).

Dale Brumfield is a journalist and the author of twelve books, including his latest, "Closing the Slaughterhouse: The Inside Story of Death Penalty Abolition in Virginia." He was formerly Field Director and Executive Director for Virginians for Alternatives to the Death Penalty and speaks on criminal justice and the death penalty all around Virginia.

· NEW ·

SCSC027
Race and Christianity - Another
Investigation
Lehman Bates

Session A Tuesday, 10-11:30 a.m. 10/10, 10/17, 10/24, 10/31 OLLI at UVA \$48

Limit: 12

Christianity still remains the preeminent religious architecture in the world, having 'absolute' power to control, influence, and manipulate racial thought, action, and behavior.

Using the Course Content Presented in the Spring 2019 Course - "Race and Christianity - An Investigation" as a foundation, this course will draw directly on the presenter's first-hand experience and direct participation in local racial initiatives. The direction of this course will be determined by the pre-enrollment survey (Click *HERE* to take the survey or go to OLLI's registration site) for those interested in enrolling

Those interested in enrolling can choose from the following options to determine the direction and focus of the course.

- 2014 Ferguson MO Area Town Halls
- 2014 Creation of the Area Clergy-Police Partnership
- 2016 Creation of the Albemarle County's "Know-Your-Rights" Pamphlet

- 2016 Charlottesville and Albemarle Police Chief Search Committee
- 2022 Area Black Church/Farm Initiative
- Other Engaged Area Initiatives from 2006-2023

Lehman Bates is Pastor of Ebenezer Baptist Church in Charlottesville. With over thirty-six (36) years in Ministry, travels internationally, and local outreach as Pastor, Certified Counselor, and Spiritual Advisor to Area Decision Makers, Pastor Bates experiences first-hand the systematic impact of how Christianity influences and promotes racial beliefs, thought, and biases.

\* NEW \*

# SCSC028 Outrageous Financial Frauds Robert Sack

Session A Thursday, 3-4:30 p.m. 10/12, 10/19, 10/26 OLLI at UVA

\$36

Limit: 35

The TFX Bankruptcy in 2022 looks to be a fascinating story. An alleged financial fraud admitted by some, contested by others, but one that is likely to carry significant pain for customers and investors. It has the potential to join a long line of fascinating, outrageous financial frauds.

This course will explore a sampling of significant financial frauds, selected because of their unique M.O. and/or because they tell a particularly interesting human interest story, We will try to gain some insight into the atmosphere that drove (or allowed) the people to steal from the market place. As a result of that exploration, we will gain a perspective on a world quite different from our usual activities. Finally, our case analysis may help us give better counsel to our children and grandchildren as they consider their working environment.

The course will be lecture driven, with time for class ruminations. We will begin with some context and then will review two or three cases, each class. We will focus on the essence of the case, looking at the context, the decisions made by the people involved, the nature of the fraud, and the ultimate resolution. During our three classes together we will look at 6 cases, some famous and some lesser known.

Robert Sack is a professor emeritus from UVA's Darden School where he taught financial reporting and business ethics. Before coming to Darden, he served in a senior staff position with the Securities and Exchange Commission and was a senior partner in one of the international CPA firms. He has taught several classes for OLLI and served on the OLLI Board as well as the boards

# **SOCIAL SCIENCE**

of the Alzheimer's Association and the Blue Ridge Area Food Bank.

## SOCIAL SCIENCE SESSION B

\* NEW \*

SCSC029 Lifespan Development Marion Votaw

Session B Wednesday, 10-11:30 a.m. 10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

**OLLI at UVA** 

\$84 Limit: 6

This area of psychology deals with age-related changes in the human mind, from infancy through decrepitude. Why do babies so enjoy peek-a-boo? Why shouldn't elementary school be fun? Why must teens try on so many hats? Why is retirement so hard for some? Come find out!

No class during the week of Thanksgiving.

Marion Votaw grew up an Embassy brat, mostly in West and North Africa. They [nonbinary] came to Charlottesville for grad school... and never left. Marion has taught sciences to students from adolescents to retirees at UVA, PVCC and ITT Tech, French to preschoolers on up, and mah jongg to anyone interested. They started teaching at OLLI in 2020.

· NEW · (A)

SCSC030

Big Agriculture: The Past, the Present, and the Future

Catherine E. Wray

Session B Tuesday, 10-11:30 a.m.

10/31, 11/7, 11/14, 11/28, 12/5
No class during the week of Thanksgiving.

Online

\$60

Limit: 24

What is Big Agriculture aka Big Ag? Five companies control most of the world's grain, two companies control much of the world's fertilizer, and so it goes. Giant agricultural concerns dominate the global production of food and its management. The cutoff in 2022 of Ukrainian agricultural products and subsequent grain market panic made the world's dependency on global agriculture clear.

How did Big Ag develop, how does it operate, and what does agriculture face in the future? We'll explore historical examples, look at Big Ag today, and glimpse what's being planned to meet the upcoming problems and opportunities in agriculture.

A former Army intelligence officer specializing in imagery, Catherine studied global geographic challenges at Mount Holyoke College, the University of Massachusetts, and the University of St. Andrews in Scotland. She has continued to track developments in climate change and the impact of agricultural innovations and demands.



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StickyNote Creative helps mission-driven non-profit organizations and universities share their story, communicate their impact, and engage their stakeholders by creating attractive, compelling, and informative marketing and fundraising materials. We are passionate about helping our clients build connections and leave lasting impressions using the power of design.

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## What You Need to Know

# MEMBERSHIP AND COURSE FEES BY SEMESTER

OLLI at UVA offers fall and spring semesters annually, each consisting of two, seven-week sessions (A and B) plus additional member and public programming. A membership fee of \$75 per semester entitles you to register for courses offered in both sessions that semester, as well as member benefit programs or activities that occur throughout the semester. Course pricing is based on the length of the course and the type of course that is being taught. Membership fees are non-refundable.

## **SCHOLARSHIPS**

A limited number of scholarships are available to support those who would find it a hardship to pay standard rates for membership or tuition. Contact the OLLI office for information about our simple request process. To apply, submit your <u>scholarship request</u>.

## REFUND POLICY

All course refunds must be requested before the session start date. We will no longer accept refunds two weeks before the course start date. Fall 2023 refunds for Session A must be requested by August 22, refunds for Session B must be requested by October 9. Exceptions will be made for canceled courses, see cancellation policy in the Member Handbook. Membership, Michie Tavern lectures, Greencroft Lecture, Excursions, and Tours are non-refundable.

\*If your schedule changes and you are no longer able to attend a course you enrolled in (whether you are eligible for a refund or not) please inform the office so we may allow other members who may be interested in taking the course to attend. Thank you for your help in opening as many seats in courses as possible for our members.

## **GUESTS**

OLLI courses are for OLLI members only. OLLI students may invite a guest to one class, or social. We welcome meeting new potential students, please inform the office before their visit.

## **WAITLISTS**

Even with online programming there may be limits on enrollment based upon subject matter and course design. You will not be charged when placed on a waiting list. After registration, OLLI works to accommodate as many students as possible, and a space may open. The OLLI office will contact you if a space becomes available to ask if you still want to join. Please respond within two business days. Please do not attend the program unless you are contacted and enrolled.

## **SCHEDULE CHANGES**

This catalog was printed in June of 2023. Unforeseen schedule changes may occur after printing. Please check the online OLLI registration site for the most up to date information. The OLLI office communicates all schedule changes, last-minute class cancellations, and makeup classes by email. Please check your email and spam folder regularly!

## **HOW TO REGISTER**

Each person must register through their OLLI account and pay separately via credit card or check payable to OLLI at UVA. The three options for registration are as follows:

ONLINE: Go to <u>olliuva.org</u>. Click on Courses at the top, then click Register Online. Online registration is available 24 hours a day, seven days a week. Please keep in mind that online registration is the best way to get your seat in the courses you want.

PAPER: Complete the registration form at the back of this catalog and mail in, or drop off, to the OLLI office. Please be sure to include your email address on your registration form for essential program information throughout the semester. If mailing a check, please only pay for your membership as some courses may be waitlisted. Please keep in mind that online registration is the best way to get your seat in the courses you want.

**PHONE**: Call the office beginning August 15 at 10 a.m. for phone registration assistance. 434.923.3600

\*Once you become a member you will receive a Member Handbook which will detail everything you need to know and more about OLLI.

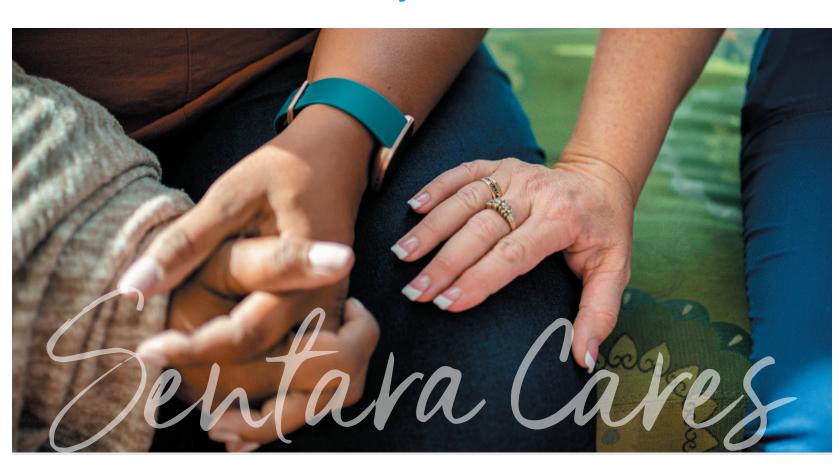
## **OLLI AT UVA REGISTRATION**

Registration for fall opens at 10 a.m. on Tuesday, August 15, 2023.

We highly encourage you to register online at olliuva.org. This is the best way to get a seat in a course.

MEMBER INFORMATION					
Last Name		First Name	Preferre	ed Name	
Home Address		City		State	Zip Code
1101110710001		5,		5.0.15	p =====
Email			Home Phone	Mobile Phone	
COURSES					
Course selection: online registration is the best way to reserve your seat!  If a course is full, you will be placed on a waiting list and will not be charged.					
Course No.	c	ourse Title		I would like to know more about Class Moderator duties	Course
				Total Courses	\$
Please indicate an additional course (if any) that you'd like to add in the event a course you've listed above is full.					
DAVAJENT: Frator C	)	tion below			
PAYMENT: Enter Credit or Debit Card Information below. PLEASE DO NOT SEND CHECK(S) UNLESS YOU ARE PAYING ONLY FOR MEMBERSHIP. If you prefer to pay by check, OLLI will send an invoice for your payment, which can then be made by check, or by telephone with a card.  Send Invoice		RE PAYING	Membership Fee (\$75 per semester)		
			* Please see member terms of agreement at olliuva.org		
			Annual Fund Donation (tax deductible)		
Card #			Scholarship Fund Donation (tax deductible)		
Exp Date/ Amount to be Charged \$			<b>Discount</b> (Instructor Spouse/Partner or Class Moderator)		
Name on Card			TOTAL OF ALL CHARGES \$		<b>e</b>
Signature				J.ALOI ALLOIIANOLO	
Registration form	s can be dropped off or mai	led to the OLLI	office at 1 Morton Drive,	Suite 100TL, Charlottes	ville, VA 22903.
OFFICE USE ONLY					
	Date form receiv	red .	Date er	nrolled/initials	

## SENTARA MARTHA JEFFERSON HOSPITAL



# BEHIND EVERY PATIENT IS SOMEONE WHO CARES

## Behind every patient is...

a loved one sitting by a bedside...
a family member waiting at home...
a care team member going above and beyond to ensure the patient
AND their loved ones are supported.

From our doctors and nurses to the team members behind the scenes, everyone at Sentara Martha Jefferson is focused on the big things that help patients heal, and the little things that provide extra comfort.

Sentara Martha Jefferson Hospital. Sentara Cares.

### sentara.com







## Osher Lifelong Learning Institute at the University of Virginia

1 Morton Drive, Suite 100TL Charlottesville, VA 22903

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## Fall 2023

## **CALENDAR**

## **VISIT** *olliuva.org* **FOR UPDATES**

Fall 2023 Membership, Michie Tavern Lectures and Summer Discussion Groups will be available for purchase on July 1.

**July 24 at 2 p.m. Taste of OLLI** Meadows Presbyterian Church Charlottesville

**July 26 at 2 p.m. Taste of OLLI** R.R. Smith Center for History and Art Staunton

**July 28 at 2 p.m. Virtual Taste of OLLI** Online, Zoom Webinar

August 15 at 10 a.m.
Program Registration Opens





scan to visit us online *olliuva.org* 



