



OLLI

OSHER LIFELONG LEARNING INSTITUTE AT UVA

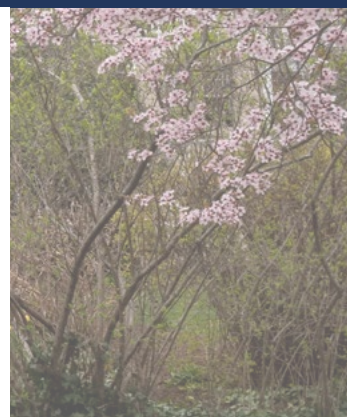
University-level short courses for lifelong learners



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SPRING 2024


Courses and so much more!



OLLI
Osher Lifelong Learning Institute

This catalog was printed **November 2023**
Program Registration Opens **January 23, 2024**
Courses Begin **February 19, 2024**










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Welcome from Leadership

WELCOME TO SPRING 2024!

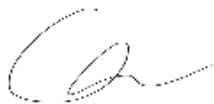
OLLI staff and leadership are excited to welcome not only the warmer weather, but also the spring semester lineup of OLLI programming!

Thank you to our members, volunteers, instructors, staff, and leadership for a wonderful first semester in our beautiful new classrooms at 1 Morton Drive. We look forward to more opportunities for learning and growing with our members in a space that officially feels like home for OLLI. We appreciate your continued support and curiosity and invite you to join us for our educational opportunities, socials, and excursions. Take advantage of all that OLLI at UVA has to offer!

Keep an eye on our [online registration page](#) for the latest information regarding our programming this Spring, and for pop-up opportunities to learn and socialize with your OLLI friends.

Stay Curious!

Yours in lifelong learning.



Tay Strauss
Director of
Programming



Genevieve Baer
Director of Operations and
Member Engagement



Gary Nimax
Board President



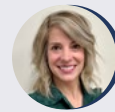
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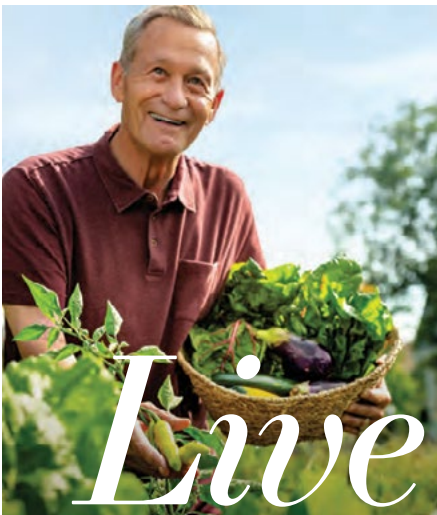
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SUPPORT OLLI AT UVA WITH A GIFT!

As a financially independent, non-profit 501(c)(3) organization, OLLI relies on your generosity. Your donations help keep membership and class fees affordable, support member benefits and operating expenses, as well as help pay for state-of-the-art equipment, furniture, and technology.

We hope you will invest in OLLI at UVA this year by donating to our Annual Fund at olliuva.org.

Thank you for your support.

VOLUNTEERS MAKE OLLI GO AND GROW!

Volunteers are the heart and soul of OLLI's community.

They serve as board members, committee members, instructors, class moderators, OLLI greeters, event team members, SIG creators, and office and tech support.

Opportunities are always available for you to get involved. For more information, please email our Program and Events Manager, Marian Brown, at dnw9ar@virginia.edu or call her at 434-923-3600. She will help you find your niche with OLLI.



OUR MISSION

Aware that an active mind is as necessary as social relationships and physical exercise to a full life, the Osher Lifelong Learning Institute at the University of Virginia offers educational opportunities and intellectual enrichment to adults in the community. OLLI draws upon its members, as well as other academic and community resources, to organize courses as well as other educational activities. In this stimulating environment, members may acquire knowledge, explore ideas, exercise creativity, and share interests and expertise with others.

NEW MEMBER SPECIAL



Are you interested in joining OLLI for the first time?

Join now for only \$25!

Take advantage of our new student special membership rate of just \$25 for your first semester. Then pay for the courses you choose to enroll in. Course pricing varies depending on the length of the course and the type of course being taught.

To take advantage of this rate, you must contact OLLI staff via email (olliuva@virginia.edu) or phone (434.923.3600) to sign up for your discounted membership rate! To get a head start, click [HERE](#) or visit olliuva.org and create your account in our registration system, then call the OLLI office to join us!

A TASTE OF OLLI COURSE PREVIEW FOR SPRING

A TASTE OF OLLI Charlottesville

Tuesday, January 16
2 – 3 p.m.

Meadows Presbyterian
Church

Fellowship Hall
2200 Angus Road
Charlottesville, VA 22901

A TASTE OF OLLI Crozet

Wednesday, January 17
2 – 3 p.m.

Jefferson–Madison Area
Library, Crozet Branch

2020 Library Avenue
Crozet, VA 22932

A TASTE OF OLLI Staunton

Friday, January 19
2 – 3 p.m.

 R.R. Smith Center
for History and Art,
Staunton

22 South New Street
Staunton, VA 24401

Please join us for the Tastes of OLLI. You'll meet instructors who will give a brief overview of some of the courses offered, hear about the spring semester, and be ready for registration on Tuesday, January 23 at 10 a.m.

We will have refreshments for you to enjoy as you delight in meeting new members, reuniting with staff and returning members, and discovering new courses that instructors are offering this semester. We hope to see you!



OLLI
Osher Lifelong
Learning Institute

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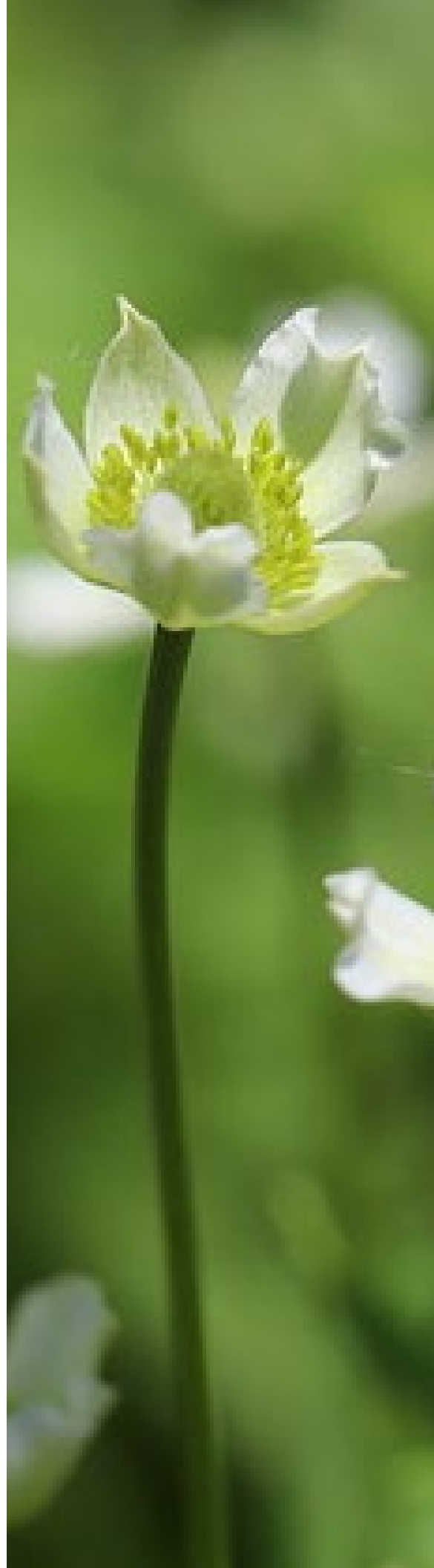
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ICONS TO NOTE

 Online Course	 Valley Location	 Physical Activity	 New Course	 Diversity, Equity, Inclusion and Accessibility (DEIA)
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IMPORTANT DATES

- Program Registration Opens **January 23, 2024**
- Courses Begin **February 19, 2024**





OLLI at UVA in Partnership with Michie Tavern Presents

LUNCH AND LECTURE WITH RICK BRITTON

Sally Hemings, Dolley Madison, & Anastasia
Three Central Virginia Women

The OLLI Winter Session at Michie Tavern is a time-honored Charlottesville tradition. Now OLLI at UVA continues its Michie Tavern partnership by offering another lunch-and-lecture series. Join us as we learn, sip, and socialize in Central Virginia's most beautiful and historic eatery!

The OLLI Michie Tavern Winter Session features a series of three talks—cumulatively titled “Enchanted, Empowered, & Enslaved”—presented by award winning local historian Rick Britton on three Thursdays: January 11th, 25th, & February 8th.

It's often said that “central Virginia history is indeed American history,” and this trio of ladies certainly proves the point—they're well-known all across the United States. During the twentieth century, few life stories captured more attention than Anastasia's. And this local resident—portrayed on the silver screen by Ingrid Bergman—had answers to all of the world's most burning questions: How had she escaped the Bolshevik firing squad? How had she escaped civil war-torn Russia? By contrast, Dolley Madison—our nation's first First Lady—was everything she appeared to be: well-educated, extremely caring and gracious, and extremely devoted to her husband, the principal framer of the US Constitution, James Madison. But was her life always so perfect? During Thomas Jefferson's first presidential term, a Richmond newspaper piece stunned the nation, stating that Sally Hemings, an enslaved African American, was Jefferson's “concubine.” His descendants—and many prominent Jefferson historians—at first denied that any such “relationship” had ever existed. A 1998 DNA study, however, found a link between the Hemings and Jefferson families. What are the facts of this fascinating story? How have certain aspects been exaggerated?

Join us as we learn about Sally Hemings, Dolley Madison, and Anastasia three central Virginia women!

- **January 11 – Sally Hemings**
- **January 25 – Dolley Madison**
- **February 8 – Anastasia**

The lectures begin at 10:30 a.m. A question-and-answer period follows at 11:15, with lunch at 11:30. The \$37 fee for each event includes the lecture and lunch. Using OLLI's online registration system or the form at the back of this catalog, sign up early to attend one, two, or all three presentations.

NOTE: You must be an OLLI member for the spring semester to participate in the Winter Session. (Maximum capacity: 75. Snow date: February 15th).

Michie Tavern, 683 Thomas Jefferson Parkway, Charlottesville, VA 22902

Rick Britton is a Charlottesville-based historian who's written extensively on the history of the Virginia Piedmont. He's the author of the award winning Jefferson: A Monticello Sampler and 2015's Virginia Vignettes: Famous Characters & Events in Central Virginia History. A much-sought-after speaker, he teaches classes on central Virginia history, conducts tours, and illustrates maps for history books.

***Non-refundable.**

EXCURSIONS

OLLI staff have organized these travel opportunities and will travel with you on these adventures. Non-members are welcome! * Non-refundable*



Speaking of Rivers Tour with Horace Scruggs

(OLLI at UVA Board member and instructor)

Thursday, April 25 at 9 a.m. – 12:30 p.m.

\$100 includes all river and water equipment *Non-refundable

Limit: 12



Rivers have always been vital to the development and commerce of many civilizations throughout history. And through much of the history of America this has included the labor and invention of both free and enslaved African Americans. With the personal stories at the forefront, this Rivanna River float will enlighten paddlers of the experiences and contributions African Americans had on Central Virginia's rivers. This will include discussions on the American slave trade, local plantations, bateau and watermen, and canal workers. Come learn how African Americans navigated the river as well as the societal pressures of their times.

This beginner-friendly half-day trip introduces participants to the rural beauty of Fluvanna County. While there are numerous riffles and a few very small Class 1 rapids, the majority of the trip is placid water over pebble, rock and sand bottom. In the summer, the water is low and clear, and inviting for swimming, snorkeling, wading, and fish watching. Numerous pebble beaches and sunny rocks make good places to break, swim and snack.

At typical summer water levels, expect the trip to take from 3–3.5 hours at a leisurely pace. If the Rivanna River level is too low the float will take place on the James River.

More details will be shared with those enrolled.



Military Aviation Museum

Monday, May 6 at 7 a.m. – 6 p.m.

\$125 includes bus, tour and lunch *Non-refundable

Bus pick up and drop off at OLLI at UVA. Staunton pick up and drop off available if there is interest.

Limit: 35



Located in Virginia Beach, the Military Aviation Museum is home to one of the world's largest collections of vintage military aircraft.

Founded in 2008 by a Virginia Beach businessman, the purpose-built airport facility includes over 70 aircraft – most of which are in flying condition – from the World War I and World War II-era. Located on 130 acres, the museum includes a 5,000 ft. grass runway, and is home to an original WWII control tower, a German WWII aircraft hangar, a period authentic WWI hangar (which houses the WWI collection) and two WWII type hangars in the main museum. The WWII collection includes a P-51 Mustang, a FG-1D Corsair, a Mk IX Spitfire, a German Bf-109, a B-25 Mitchell, and a PBY Catalina. The WWI collection includes an original Curtiss JN-4D Jenny, a Fokker DR-1 Triplane, a Fokker D-VII, a Nieuport 17, and a Sopwith 1 ½ Strutter.



EXPLORERS' TOURS

These tours are designed to offer a uniquely local behind-the-scenes experience. **Non-members are welcome! * Non-refundable***



Explorers' Tour: Frontier Culture Museum, Staunton

Wednesday, April 10 at 11 a.m. – 3 p.m.

\$30 (includes tour and lunch) *Non-refundable

Limit: 10

Join us in our exploration of the Shenandoah Valley's largest open-air, living history museum. The Frontier Culture Museum tells the story of thousands of people who migrated to colonial America in search of opportunities for a better life. We will begin with a boxed lunch at the picnic tables followed by a guided tour of the museum. During our tour, we will learn about sheering sheep and handmade textiles. This is a terrific opportunity to get outdoors, learn about our country's history, and socialize.



Explorers' Tour: The Anne Spencer House & Garden Museum

Wednesday, May 15 at 9 a.m. – 4 p.m.

\$55 includes bus and tour *Non-refundable

Bus pick up and drop off at OLLI at UVA. Staunton pick up and drop off available if there is interest.

Minimum: 30

Join OLLI at UVA for a spring day trip to the Anne Spencer Museum and Gardens historic Lynchburg, Virginia. The Anne Spencer House & Garden Museum is the former home of renowned Harlem Renaissance poet Anne Spencer and is named a Virginia Landmark on the National Register of Historic Places. With up to 95% of the original house and cottage furnishings still in place today, it is considered one of the most intact house museums in the United States. Anne Spencer's garden is also the only known restored garden of an African American in the United States. Anne Spencer was a poet, civil rights leader, advocate, and librarian. Her home and garden served as a gathering place for leading African Americans such as W.E.B. Du Bois, Zora Neale Hurston, Langston Hughes, and Martin Luther King, Jr. The garden served as a private space of reflection and inspiration for the poet as well as a social realm for family and friends. W.E.B. Du Bois, James Weldon Johnson and George Washington Carver were plantsmen. Pack a lunch and join your friends for a wonderful spring excursion and picnic.



Explorers' Tour: Staunton

Friday, May 24 at 4 p.m.

R.R. Smith Center for History and Art

\$35 *Non-refundable

Minimum: 10

An afternoon with OLLI at UVA. Join us for a lecture with Dr. Lynn Rainville, socializing with friends and a walking tour of downtown Staunton.

Staunton Spirits: exploring local ghost stories

Join local author and ethno-historian, Dr. Lynn Rainville, as she shares centuries of local ghost stories. This illustrated talk reveals the backstories behind historic Haunts in central Virginia and the sites associated with their hauntings.

After earning her PhD in Near Eastern Archaeology, Lynn Rainville has spent the last two decades as a Public Historian, studying Virginia's historic cemeteries, enslaved communities, segregated schools, poor farms, and its role in World War I. Her grant-funded research has produced numerous articles and books, including *Hidden History: African American Cemeteries in Virginia*; *Sweet Briar College*; *Virginia and the Great War*; *Invisible Founders: How Two Centuries of African American Families Transformed a Plantation into a College*. Today she works as an historic consultant on Virginian history and culture.

Followed by Social at 6 p.m.

Join us as we celebrate the last day of the spring 2024 semester.

Ghost Tour at 7 p.m.

Staunton's Haunted History features the city's history here, history of each stop, ghost stories and people's own personal paranormal experiences they have shared with us.

Please contact the OLLI Office if you would like to join us for one or two of the three opportunities listed and we will assist you with your enrollment.



“You can’t help getting older, but you don’t have to get old.”

GEORGE BURNS

At Our Lady of Peace, our lifestyle and programs are designed to help ensure that our residents are given plenty of opportunities for fun, socialization, and learning. We share OLLI’s philosophy of lifelong learning, because we know that honing new skills and challenging yourself mentally can actually slow cognitive aging!

To learn more about the benefits of living at Our Lady of Peace, call **434-973-1155** and schedule your visit.

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DISTINGUISHED SPEAKER SERIES



AMMD Pine Grove Project: Descendant Community Work and Historic Preservation

Friday, April 26 at 11:30 a.m.

OLLI at UVA

\$5 (Spring 2024 members will receive a discount code with their purchase of membership which will make this opportunity a member benefit. Non-members are welcome.)

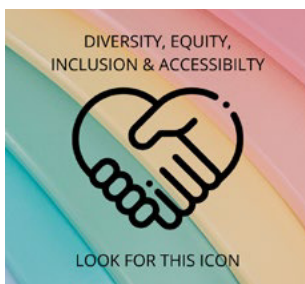
Niya Bates and Muriel Miller Branch will speak about descendant community work and historic preservation. Branch is the founder of the AMMD Pine Grove Project and Bates is on the historic and preservation committee of the AMMD Pine Grove Project in Cumberland County, which is leveraging historic preservation as a tool to combat environmental racism in the form of a mega-landfill that is threatening a historically Black Tuskegee Rosenwald school and its associated rural neighborhood. Bates and Branch will guide participants through a virtual 3D tour of the school that was produced by Virginia Humanities and facilitate a discussion about the biggest issues facing Pine Grove and other Black rural communities in central Virginia.

Niya Bates is a PhD candidate in History and African American Studies at Princeton University. She studies 19th and 20th century U.S. history, global environmentalism, and rural cultural landscapes. Niya also works in public history preserving rural Black cultural heritage. She earned a B.A. in African and African American Studies, an MA in Architectural History, and a certificate in Historic Preservation from the University of Virginia.

Muriel Miller Branch is the founder of AMMD Pine Grove Project, a two-time graduate of Virginia State University, author, and retired educator. As a product of rural, segregated Cumberland County, Virginia, Muriel has spent her adult life advocating for underserved people and communities throughout the state, and is leading an environmental justice revolution within the historic preservation field.



DIVERSITY, EQUITY, INCLUSION, AND ACCESSIBILITY (DEIA)



Look for this icon in this catalog, the newsletter and around our offices. The DEIA (DIVERSITY, EQUITY, INCLUSION AND ACCESSIBILITY) Committee works to offer relevant programming.

The DEIA Committee cultivates Diversity, Equity, Inclusion, and Accessibility programming through partnerships with organizations and recruiting qualified and interested instructors. The Committee has compiled a list of resources on the OLLI website to foster diversity, equity, inclusion, and accessibility in our community.

Diversity, Equity, Inclusion, and Accessibility (DEIA)



Cousins: Reaching Across the Racial Divide

Join authors **Betty Kilby Baldwin and Phoebe Kilby.**

Tuesday, April 16 at 4-6 p.m.

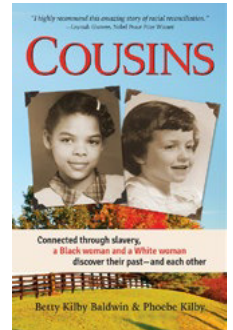
OLLI at UVA

\$5 (Spring 2024 members will receive a discount code with their purchase of membership which will make this opportunity a member benefit. Non-members are welcome.)

What happens when a White woman, Phoebe, contacts a Black woman, Betty, saying she suspects they are connected through slavery? A surprise. Betty responds, "Hello cousin."

Open to exploring difficult truths and sharing an admiration for Dr. Martin Luther King, they embark on a path toward reconciliation.

Each tells her dramatic story - from Betty's experience desegregating her county's only high school to Phoebe's eventual question to Betty: "How do I begin to repair the harms?" Piercingly honest. Offers examples of reparations on a personal level.



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HISTORY WALKING TOURS

OLLI at UVA is pleased to offer tours with the Albemarle Charlottesville Historical Society. More information will be shared with those who enroll.



History Walking Tour: The Barbers of Cville

Friday, March 1 at 1 p.m.

\$12

Limit: 20

The Barbers of Cville: a tour focusing on the stories of individual Black barbers in Charlottesville in the late-19th and early-20th centuries. Visit the locations of their barbershops in Downtown Charlottesville and learn about the barbers' pivotal roles in both Black and White society. The tour will explore the influence of Black barbers during the Jim Crow-era and their involvement in events surrounding the Civil Rights movement.



History Walking Tour: Innovation Comes to Cville

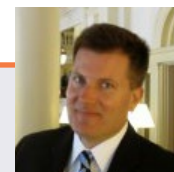
Friday, March 8 at 1 p.m.

\$12

Limit: 20

Innovation Comes to Cville: a tour of Downtown Charlottesville locations where new technology and innovations were first introduced. Where was the first telegraph office and why was it so important? Who had the first telephone? When did water come from a tap instead of the well? When and how did transportation become public? And when did gas lights on Main Street give way to the new-fangled electric lightbulb? Use your smartphone to book this tour on the internet and join us in marveling at the processes of change and how the introduction of each "new" innovation shaped the history of Charlottesville."

GREENCROFT LECTURE



Special Lecture in Partnership with The Greencroft Club featuring James Sofka

Saturday, April 13 at 4-6 p.m.

The Greencroft Club, 575 Rodes Drive, Charlottesville, VA 22903

\$30 *Non-refundable

Celebrate Thomas Jefferson's birthday with James Sofka, OLLI at UVA, and the Greencroft Club. We will gather at 4 p.m. and mingle while enjoying refreshments. James Sofka will speak about Thomas Jefferson. After the lecture and questions, the conversation will continue. Dr. Sofka is an internationally established Jefferson scholar who also has served on the OLLI at UVA Board of Directors. This event provides a great opportunity for learning with Dr. Sofka, a popular and engaging speaker and OLLI at UVA instructor. The registration fee of \$30 includes the lecture, reception, and one adult beverage.

Member Benefits



MEMBER BENEFITS

OLLI at UVA is proud to offer Special Presentations, a lending library, discussion groups, author talks, shared-interest groups (SIGs), weekly member-only e-newsletters (Insider), socials, and more, included in your membership each semester.

Additional opportunities pop up throughout the semester. We hope you will join us!

AUTHOR TALKS

OLLI at UVA Author Talks provide a unique opportunity to meet with an author, learn about and discuss their work in a small, personal setting.



What It Was: Growing Up When the Music Mattered **with James Pagliasotti**

Thursday, February 29 at 4-5 p.m.

Online

What It Was: Growing Up When the Music Mattered is a memoir of coming of age in the tumultuous years of post-War America, when the counterculture was in full flower and the Classic Era of Rock Music was being created. Not coincidentally, it coincided with a brief period of artistic freedom in commercial radio as well, which connected the artists with the audience and unleashed an era of astonishing innovation. This is one person's look at What It Was and Why It Mattered.

James Pagliasotti was the first rock 'n' roll columnist for The Denver Post, where he covered music and the counterculture from 1968-74. He worked on-air for two freeform radio stations, has written for Rolling Stone magazine and numerous other publications, created www.radicalradio.media website, and is the author of three books.



"Of the People"

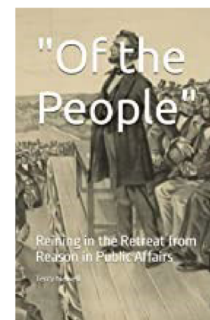
Reining in the Retreat from Reason in Public Affairs **with Terry Newell**

Thursday, April 11 at 1:30-2:30 p.m.

OLLI at UVA

What George Washington called our "American experiment" in self-government is being tested. People worry about our democracy. Our disagreements on public issues are angry and often insurmountable. Emotions seem to overwhelm facts and reason.

We can blame politicians and the media, but the ultimate solution rests with us. Democracy works when citizens do its hard work. *"Of the People"* offers ways to avoid the emotional and



Member Benefits

thinking traps we face as citizens – and that others put in our way – so we can put reason in the driver’s seat. This Author Talk will illustrate these traps and ways to overcome them.

Terry focuses on American history, leadership, ethics and decision making. He was Dean of the Federal Executive Institute. His newest book is “Of the People – Reining in the Retreat from Reason in Public Affairs.” His writing focuses on the Constitution, civic virtue and improving thinking in our public and personal lives.



STARGAZING AT MCCORMICK OBSERVATORY

Friday, March 8, 2024 at 7–9 p.m.
Limit: 35

The stars come out at night! We hope you will join us for a closer look at the night sky at the historic University of Virginia McCormick Observatory!

Thanks to the University of Virginia, this tour is free!



COFFEE WITH THE DIRECTORS

Friday, March 22 at and
Friday, April 26 at 9 a.m.
OLLI at UVA

Join us to talk about OLLI’s past, present and future or whatever the individuals present wish to discuss or ask questions about.

We look forward to getting to know you better, outside of the classroom.



March 20–24, 2024

Virginia Festival of the Book is celebrating 30 years of excellence!

We are happy to partner with the Festival again.

Stay tuned!

Member Benefits



PHYSICAL THERAPY @ ACAC

OLLI and ACAC Physical Therapy partner to provide these workshops. These are complimentary to OLLI Spring 2024 members.

WORKSHOP SCHEDULE

Occupational Therapy and Overcoming Daily Challenges

Presented by Melanie Brooks OTD, OTR/L

- **Friday February 23rd at 11:30 a.m.**
- **OLLI at UVA, 1 Morton Drive**

Learn how Occupational therapy can positively impact your daily living. Together we'll describe what services occupational therapy can provide for you, how to overcome common daily challenges, and explore adaptive equipment and tools to make life a little easier.

How Parkinsons Disease Affects One's Speech and Ways Speech Therapy Can Help Mitigate and Navigate These Symptoms

Presented by Caleb Wilson MA, CCC-SLP

- **Friday March 15th at 11:30 a.m.**
- **OLLI at UVA, 1 Morton Drive**

General information about Parkinson's disease symptoms, how it is diagnosed and what speech therapy interventions can help with as the disease progresses.

How to Prepare for a Total Joint Replacement

Presented by Diana Zirker PT, DPT

- **Friday May 10th at 11:30 a.m.**
- **OLLI at UVA, 1 Morton Drive**

This workshop is designed to help you understand the process of joint replacement surgery from the physical therapy perspective. Topics will include exercises to maximize mobility and strength beforehand, what happens on the day of surgery, and what to expect for post-op recovery.



Navigating the Landscape of Long-Term Care Insurance

Tracy Meade

Thursday, March 14 at 10 a.m.

OLLI at UVA

Can I benefit from long-term care insurance? Am I still insurable? Discovering those answers, you will also learn the different types of coverages available, and to maximize and leverage your retirement resources, as well as the tax-free benefits associated with long-term care insurance. Tracy will discuss the importance and value of your extended care planning, and options and solutions that could affect your situation to walk away feeling enlightened and empowered!

Scams, Fraud and Abuse

Virginia Triad

Wednesday, April 3 at 10 a.m.

OLLI at UVA

You have worked hard for what you have—learn how not to become a victim. What are some of the current scams to take your money. How to spot a scam and how to have a mind-set to keep you safe. Be armed and empowered with knowledge and resources to protect yourself and not fall prey to these wolves and internet thieves.



Ron Farmer, CPP, ISP retired as the Security Manager, FSO for Northrop Grumman Charlottesville in 2019. Ron began his crime-fighting career with the Glendale Police Department in 1976 in the very early days of the Crime Prevention movement. Ron then went into the private sector and for the next 25 years was involved in investigations and corporate training and consulting. For 15 years, Ron taught two vocational education classes at LA City College. In 2004, Ron moved his family to Charlottesville and joined Northrop Grumman. Ron served for 12 years as a Deputy Reserve with the Albemarle County Sheriff's Office, where he remains active as a Community Service Volunteer. He currently serves as President of the local TRIAD SALT Council and leads the Safety Team at Northside Baptist Church.

Social Security: Understanding the Benefits

Tracy Meade

Tuesday, May 14 at 6 p.m.

OLLI at UVA

Learn everything you need to know about Social Security while you remain in the workforce, including the benefits that are available to you and your family, when to apply for your benefits, the advantage to waiting until full retirement age to claim your benefits, and how your benefits may be taxable to you. You will also learn how to set up a secure online "my Social Security" account to check your earnings and get your benefit estimates, and when to file for Medicare, our country's basic health insurance program for people age 65 or older and for many people with disabilities.

NOTE: This is open to non-members. You are welcome to bring a friend.

Spring 2024 Course Instructors

ALPHABETICAL BY INSTRUCTOR

♦ New Course

Askounis, Anna

p. 30 *To Kill a Mockingbird* ♦

Barnhill, Mark

p. 34 *Fire and Ice: The Geologic History of Yellowstone National Park*

Beals, Ken

p. 38 *Islam: The Basics*

Beasom, Buck

p. 39 *The War in the Skies: Europe 1939-1945* ♦

Boninti, Frances

p. 34 *Native Plants*

Burt, John

p. 26 *Up-regulating Positivity in Act Three of Life* ♦

Corber, Debbie

p. 27 *Traveling Through the History of France, Part II* *

Dillingham, Edward

p. 28 *The European Air War*

p. 37 *From Normandy to the Rhine The Ground War in Western Europe – 1944-1945*

Edson, Evelyn

p. 29 *The Greatest Books You Never Read: Middlemarch* ♦

Elliff, Scott

p. 31 *The Brief Insider's Guide to Virginia Wine*

Finley, Robert

p. 35 *Geology Beneath Your Feet and in Your Future*

Gaden, Jenny

p. 34 *Birdlife of Central Virginia*

Greenberg, Ben

p. 22 *Photography Decision-making for Quality Images Workshop*

Greer, Stephen

p. 39 *The JFK Assassination – French Connections of Interest* ♦

Hamilton, III, Charles E.

p. 35 *A Golden Age of Astronomy* ♦

Hench, Allen

p. 33 *Our Society's Struggle Over Race, Diversity, Inclusion* ♦

Homyk, Jr., Theodore

p. 35 *How Failure to Recognize and Address Simple Problems Could Upend Civilization?* ♦

Jackson, Ginny

p. 24 *Align With Your Design* ♦

Jenkins, Matthew

p. 36 *Optimizing Taxes in Retirement* ♦

Kelley, Mike

p. 32 *Climate Change: A Global Perspective* ♦

Kenamer, Stephen

p. 30 *Does Moral Truth Exist?*

p. 37 *The Anthropology of Evil*

Kitching, Brent and Jerry Griffin

p. 25 *Equanimity and Well Being* ♦

Kulund, Daniel

p. 25 *Movements of the Old School*

Lee, Tony and Elizabeth San Marco

p. 39 *Can We Stop Climate Change?* ♦

Linz, Ed

p. 40 *Lessons from the Vietnam War* ♦

Loach, Donald

p. 22 *Mozart's Women*

Lorish, Bob

p. 28 *Echoes of Our War: The American Experience in Combat in Vietnam*

Lorish, Bob and Charles Hamilton

p. 33 *Discussion of 2024 Election and Trials* ♦

Mandell, Judy

p. 29 *Breaking in is Hard to Do--How to Get Your Article Published in Newspapers and Magazines* ♦

Mason, John

p. 37 *Life is Short* ♦

Mason, Richard

p. 31 *The Art of Conversation*

McHenry, Henry

p. 23 *Interpreting and Participating in Shakespeare's Plays*

Megonigal, Walter

p. 32 *Mediation for Non-Mediators* ♦

Newell, Terry

p. 32 *The Leadership Gap: Why Some Leaders Succeed and Others Fail* ♦

Pales, Carl

p. 40 *One and Done: A New Look at Supposedly Failed One-Term Chief Executives*

Spring 2024 Course Instructors



Popkin, Arnold

p. 23 *Piano Solos by Major Composers: Part Seven* ♦

Pugh, Jeffrey

p. 28 *With God on Our Side: Christian Nationalism and the Threat to American Democracy*

Reid, Robert

p. 30 *Russian Masterpieces, Part 1* ♦

Robertson, Jack

p. 27 *The Way We Lived: Experiencing America's Cultural History at Public Sites* ♦

Roe, Ben

p. 37 *Chopin: Poet - and Pioneer - of the Piano* ♦

Rooney, P.J.

p. 25 *Unlocking the Power of Your Resilient Brain* ♦

Salomon, Ronald

p. 24 *Tai Chi for Health, Section 1*

p. 26 *Tai Chi for Health, Section 2*

Scruggs, Horace

p. 23 *The Soul of Civil Rights* ♦

Settle, Frank

p. 28 *The Life and Times of J. Robert Oppenheimer*

Sharpe, Susan

p. 30 *Standoff: Poets Who Disagree* ♦

Smith, Shawn

p. 38 *Avoiding Common Healthcare Scams, Section 1* ♦

p. 26 *Avoiding Common Healthcare Scams, Section 2* ♦

Snider, Timothy

p. 26 *Paul the Apostle* ♦

Stewart, Gordon M.

p. 29 *Major German Writers* ♦

Toplin, Robert Brent

p. 27 *The Impact of Four Major Crises in American History*

Throup, David

p. 33 *Today's Scramble for Africa: Russia, China, the USA, France, UAE and Saudi Arabia in Today's Africa* ♦

Trischman-Marks, Jill

p. 31 *Botanical Garden of the Piedmont: Its Past, Today, and Future* ♦

Von Hemert, Susan

p. 24 *Transforming Stress Using Mind Body Medicine* ♦

Votaw, Marion

p. 36 *Grandchild Development* ♦

Wilson, Richard Guy

p. 22 *Gothic and Medieval Revivals in America and Europe: 18th-20th Centuries* ♦



Course Categories, Semester Info and Course Venues

SEARCHING FOR COURSES IS EASY

Whether online or here in the catalog, you can search for courses by category. Each OLLI course is assigned a prefix to indicate its category. OLLI at UVA's volunteer Curriculum Committee, tasked with developing a well-rounded offering of courses each semester, has adopted the following eight category areas:

Arts	ARTS	Music, Drama, Art History, Film, Architecture
Health and Wellness	WELL	Medicine, Health, Fitness, Aging
History	HIST	All – US, International, Classical, Modern
Humanities	HUMN	Religion, Philosophy, Literature, Poetry, Foreign Languages
Lifestyle	LIFE	Hobby, Activities (Cooking), Sports
Public Affairs	PBAF	Political Science, International Relations, Law, Current Events
Science and Technology	SCIT	Hard Science, Natural Science, Technology, Engineering, Computing, Mathematics
Social Science	SCSC	Economics, Business, Psychology, Sociology, Anthropology

 Online Course	 Valley Location	 Physical Activity	 New Course	 Diversity, Equity, Inclusion and Accessibility (DEIA)
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This catalog was printed in November 2023. Please check the registration system via OLLI's [website](#) or the digital catalog for the most up-to-date information.



OLLI AT UVA

1 Morton Drive, Suite 100TL
Charlottesville, VA 22903

IVY CREEK NATURAL AREA, EDUCATIONAL BUILDING

1708 Earlysville Road
Charlottesville, VA 22903

JEFFERSON LIBRARY

1329 Kenwood Farm
Charlottesville, VA 22902

COURSE VENUES

The location of each course is listed along with the course details.

A Google Maps link to your specific course location will be included in your emailed one-week and one-day course reminders from email address: olliuva@olli.virginia.edu.

OLLI AT UVA ONLINE

OLLI at UVA's Zoom account

OSHER ONLINE

Osher National at Northwestern University Zoom account.

R. R. SMITH CENTER FOR HISTORY AND ART

20 South New Street
Staunton, VA 24401

UNITY OF CHARLOTTESVILLE

2825 Hydraulic Road
Charlottesville, VA 22902

WESTMINSTER CANTERBURY

250 Pantops Mountain Road
Charlottesville, VA 22911

WTJU - UVA'S COMMUNITY RADIO STATION

2244 Ivy Road
Charlottesville, VA 22903

ARTS SESSION A

ARTS004

Mozart's Women

Donald Loach

Session A

Monday, 11:30 a.m.–1 p.m.

2/26, 3/4, 3/11, 3/18, 3/25, 4/1

OLLI at UVA

\$72

Limit: 35

In this course participants will meet the ladies who played important roles in Mozart's life – his family, friends, singers, lovers, and the women portrayed so vividly in his operas. We'll be viewing clips from many of Mozart's operas: *Mitridate*, *Idomeneo*, *The Marriage of Figaro*, *Don Giovanni*, *Così fan tutte* (The School of Lovers), and *The Magic Flute*. Note: Suggested reading: Glover, Jane. *Mozart's Women: His Family, His Friends, His Music*, 2006. Cairns, David. *Mozart and His Operas*, 2006. Solomon, Maynard. *Mozart: A Life*, 2005.

Donald Loach is associate professor emeritus of music at UVA, where he taught courses in music history and theory and was Music Director of Choral Organization. He was also Director of The Oratorio Society of Virginia. Dr. Loach received his BA at the University of Denver, a MMus at Yale University, and a PhD at the University of California Berkeley.

ARTS065

Photography Decision-making for Quality Images Workshop

Ben Greenberg

Session A

Friday and Saturday, 10 a.m.–5 p.m.;

Sunday, 1–5 p.m.

3/29, 3/30, 3/31

OLLI at UVA

\$100

Limit: 12

The process of photography offers individuals with many potential decisions that must be made in the process of capturing a quality image. There are technical decisions that are critical to the quality of the photograph, such as focus, sharpness and depth of field, as well as the exposure triangle of ISO, shutter speed and aperture. There are also aesthetic decisions less technical in nature that truly makes the difference in one's effort to capture a dramatic and interesting image that attracts the viewer. Examples of the aesthetic decisions include choice of subject matter, timing, composition, quality of light, and angle of view.

This three-day workshop will provide the participants with the opportunity to learn how to improve their decision-making skills resulting in stronger, more dramatic images. Notes: The instructor will have material prepared that can be shared with participants in advance to help prepare them for the class. Each participant shall have access to a digital camera to use during the class on Saturday afternoon.

*Ben Greenberg, a lifelong resident of Virginia, has photographed scenic locations throughout the nation for fifty-three years. Having won local and national competitions and awards, his dramatic images reflect his uncompromising commitment to capturing the natural beauty of his subjects. His first book, *Natural Virginia*, features more than 120 of his panoramic landscape photographs and celebrates the natural beauty of Virginia and its preservation. In recent years he has also emphasized wildlife photography and he is currently working to create a second book featuring natural public lands of Virginia.*

ARTS SESSION B

◆ NEW ◆

ARTS109

Gothic and Medieval Revivals in America and Europe: 18th–20th Centuries

Richard Guy Wilson

Session B

Tuesday, 10–11:30 a.m.

4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21

Unity of Charlottesville

\$84

Limit: 100

Beginning in the 18th century and gaining great momentum in the 19th and early 20th centuries the architecture and design of the Medieval and Gothic period (c.600AD–c.1400AD) which had supposedly died came to life again in Europe and in the United States. Churches, public buildings, college and university campuses, and houses of many sizes displayed characteristics of the Medieval and Gothic. This course will consider the origins of these revivals in books and travel and how it impacted architecture especially in the United States with possible field trips to view some local examples. Optional readings will be provided.

Richard Guy Wilson is Commonwealth Professor emeritus in Architectural History at the University of Virginia. His many books, articles and exhibits include different aspects of American and modern architecture including Thomas Jefferson and the Arts & Crafts movement. He has taught seven courses for OLLI.

◆ NEW ◆ **ARTS110****The Soul of Civil Rights****Horace Scruggs****Session B****Wednesday, 10–11:30 a.m.****4/17, 4/24, 5/1, 5/8, 5/15, 5/22****OLLI at UVA****\$72****Limit: 35**

The Civil Rights movement in America was sustained by the music that turned its message of freedom into singable protests. These songs were rooted in the black experience and culture, as spirituals and gospel music became the framework for the protest songs of the 1950's and '60's. The class "The Soul of Civil Rights" explores the connection between the spiritual expressions of African - American culture and the protest music of the Civil Right era. This exploration will focus on how black music influenced the creation and delivery of many genres of music written and composed during this tumultuous time of American history.

Teaching and conducting professionally since 1985, Horace Scruggs is an active musician residing in Central Virginia. Mr. Scruggs holds Bachelor's of Music Education with a concentration in voice from Longwood University, and a Master's in Music Education with a choral conducting concentration from Shenandoah Conservatory. He also holds a Certificate in Music Production from Berklee College of Music. Mr. Scruggs' musical experience is a varied one. He has taught all grade levels (K-12) and has worked professionally with school, community, and church choirs and ensembles. A multi-instrumentalist and a recording studio owner, he has produced recordings for many local musicians, bands, and choirs. Mr. Scruggs also performs lecture-concerts that provide in-depth presentations on the History of African American Music and Culture.

**ARTS006****Interpreting and Participating in Shakespeare's Plays****Henry McHenry****Session B****Wednesday, 11 a.m.–1 p.m.****(Two-hour class sessions)****4/17, 4/24, 5/1, 5/8, 5/15, 5/22****OLLI at UVA****\$72****Minimum: 8**

Reading Shakespeare carefully, attending to dramatic texture and poetic nuance, and seeing and thinking about productions are the main class activities, along with examining the design of ideas and the progression of feelings as they build.

Suggested: The inexpensive Signet editions of the plays have useful introductions and critical commentary. The "Time-Life/BBC" production of Measure for Measure has been available on Prime video. I'll bring my favorite production of Much Ado (Branagh's), along with scenes from other versions for comparison.

Henry McHenry graduated from Yale and has taught English for decades in local schools. He holds the PhD in English Language, Literature and Pedagogy from UVA.

◆ NEW ◆

ARTS112**Piano Solos by Major Composers: Part Seven****Arnold Popkin****Session B****Monday, 10–11:30 a.m.****4/29, 5/6, 5/13, 5/20****Westminster Canterbury****\$48****Limit: 60**

Each class will feature a live 60-minute performance of music by composers such as Beethoven, Schubert, Chopin, Liszt, Rachmaninoff, Debussy, Brahms, and others. There will also be 30 minutes of discussion about the composer and each piece.

Dr. Arnold Popkin retired after a 47-year career as an ophthalmologist. He kept up his musical life by giving 20 solo piano recitals at Cabell Hall, recording 8 CDs of piano music, and giving many other performances for retirement communities, charities, community arts associations, and the Wednesday Music Club.



HEALTH & WELLNESS SESSION A

◆ NEW ◆

WELLO45

Transforming Stress Using Mind Body Medicine

Susan Von Hemert

Session A

Thursday, 10–11:30 a.m.

2/22, 2/29, 3/7, 3/14, 3/21

OLLI at UVA

\$60

Limit: 12

The program objective for the first class is to provide an introduction and overview to mind-body medicine, and how it can improve the lives of everyone, especially our senior community. The benefit of this program is you will have tools that you can take from this program to allow you to identify stress and identify relaxation techniques to alleviate that stress. Our senior community has been through a lot of trauma throughout this pandemic, and mind-body medicine addresses trauma, and how it stresses our bodies. The ongoing 4 session group will put into practice the model of mind-body medicine in a supportive group setting.

Susan Von Hemert, MSW is a private practice Geriatric Social Worker with 10 years as a hospice Social Worker and Director of Social Work for the PACE, program of all-inclusive care for the elderly. Susan has completed the Professional Training Program with the Institute of Mind-Body Medicine in Washington DC. Susan is a Professional member of the Aging Life Care Association, and the National Association of Social Workers.



WELL 015 Section 1

Tai Chi for Health

Ronald Salomon

Session A

Friday, 10–11 a.m. (One hour class sessions)

2/23, 3/1, 3/8, 3/15, 3/22, 3/29

OLLI at UVA

\$72

Limit: 12

Tai Chi for Health(TM) is a form of Sun-and-Yangstyle Tai Chi designed by a Chinese-Australian physician that uses a combination of Tai Chi forms as an exercise system. In this class, students will learn the Tai Chi for Arthritis(TM) set, plus various other Tai Chi-related exercises. The emphasis will be on balance, fall prevention, flexibility, and strength building. NOTE: Before participating in any exercise program, participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint. Participants will be asked to sign a release form at the first class.

Ronald Salomon has been practicing Tai Chi since 2010. He is certified by the Tai Chi for Health Institute® to teach Tai Chi for Diabetes, Arthritis/Fall Prevention, and Seated Tai Chi. Ron has degrees in history and criminal justice and taught criminal justice for several years at C. W. Post College of Long Island University.

◆ NEW ◆

WELLO42

Align With Your Design

Ginny Jackson

Session A

Tuesday, 1–2:30 p.m.

2/27, 3/5, 3/12, 3/19, 3/26, 4/2

OLLI at UVA

\$72

Limit: 20

A movement awareness and body alignment series designed to improve alignment and posture from the inside out. The classes will include ideas on how to sit and stand and walk with ease and comfort. It will include therapeutic yoga to strengthen the body and somatic re-education. Movements and postures will be done standing, seated and on the floor. Please bring a yoga mat, a block (if you have one) and a rolled-up towel.

Ginny Jackson is a retired yoga therapist with a background in health and fitness. She owned her own yoga studio in New Hampshire and has taught yoga for 30 years. She has a love of somatic movement and muscles brain née-education, which she incorporates into her teaching. Her goal is to help everyone realize their movement potential.

HEALTH & WELLNESS

◆ NEW ◆

WELL043

Equanimity and Well Being

Brent Kitching and Jerry Griffin

Session A

Tuesday, 9:30–11 a.m.

2/27, 3/5, 3/12, 3/19, 3/26, 4/9 (No class on 4/2)

OLLI at UVA

\$72

Limit: 12

Developing a calm, centered, fully present state of being in an ever more frenetic world is truly challenging. This inquiry-based, dialogue driven course is designed to investigate how each of us can cultivate mental, physical, emotional, and spiritual qualities that lead to equanimity in our day to day lives. The course will explore, among other topics, how to reduce being emotionally hijacked, how to diminish our cravings (not desires) and ways to liberate ourselves from burdensome conceptualizations. Equanimity is a powerful antidote to what Jon Kabat-Zinn calls “Full catastrophe living” and an effective way of returning to the present.

Brent has been an OLLI instructor since 2009, regularly teaching one or two classes per year. He graduated from Duke University and furthered his studies at Temple University and Rutgers University. A long-time meditator, Brent has been interested in topics like mindfulness, meditation, transcendence and related fields and their impact on longevity and well-being.

Jerry developed an interest in self-realization that started in his early 50s. Now just turning 80 he has an even deeper intrigue in self-discovery. Brent and Jerry have known each other for more than a dozen years and have spent many hours discussing their journeys in the respect of a balanced existence.

◆ NEW ◆

WELL041

Unlocking the Power of Your Resilient Brain

P.J. Rooney

Session A

Thursday, 10:30 a.m.–12 p.m.

4/4, 4/11

OLLI at UVA

\$24

Limit: 35

What makes one person more resilient than another? You may be surprised that it is a learned skill and can be improved upon. How your unique brain perceives pressure, how your body reacts to the perceived pressure, and the dynamic communication between

your brain – body connection creates conditions to increase your resilience. We will explore the powerful, built-in resilience of your brain and body, and how to harness that power for sustained resilience.

P.J. currently serves as Director of Enterprise Operations within the Department of Defense. She also serves as Adjunct Faculty at UVA’s School of Continuing and Professional Studies focusing on harnessing the cognitive capacity of the brain with the microbial ingenuity of the gut to enable, expand, and strengthen human performance.

HEALTH & WELLNESS SESSION B



WELL038

Movements of the Old School

Daniel Kulund

Session B

Monday, 10–11:30 a.m.

4/8, 4/15, 4/22, 4/29, 5/6, 5/13

OLLI at UVA

\$72

Limit: 24

This course expands upon Thomas Jefferson’s advice, that “walking is the best possible exercise,” by adding simple and useful long-lost movements of the old school – called Motos – to otherwise ordinary walks. We’ll study good walking form, World War I stick drills, Japanese radio taiso, the GRID program, and other global best practices. We’ll also test the indoor OASys, try the boomerex sequence and outdoor activity clusters, choose sit spots, and master novel ways to boost our senses. And each of us will measure personal mobility, learn the alphabet challenge, explore fueling strategies, and become a certified fall traffic controller – all with the goal of regaining our physical heritage.

Note: Come dressed for some light physical activity.

Dan Kulund is a retired orthopedic surgeon and exercise archaeologist who was a sports orthopedic surgeon at UVA and Martha Jefferson for twenty years. He then served as the United States Air Force Chief of Health Promotion and the orthopedic fitness advisor to Air Force Basic Military Training, becoming the oldest of 1.4 million active duty service members in the United States military. Before returning to Charlottesville, Dr. Kulund was a research professor of prevention and community health in the School of Public Health at George Washington University.

Health & Wellness / History

◆ NEW ◆

WELL044

Up-regulating Positivity in Act Three of Life

John Burt

Session B

Monday, 11 a.m.–12:30 p.m.

4/8, 4/15, 4/22 4/29

OLLI at UVA

\$48

Limit: 10

According to the National Science Foundation, an average person has about 12,000 to 60,000 thoughts per day. Of those, 80% are negative and 95% are repetitive thoughts. If we repeat those negative thoughts, we think negatively way more than we think positive thoughts. Moreover, some researchers now think that not only are most of our thoughts negative but even worse the negativity has intensified across the last ten years. With Dr. Barabara Fredrickson's widely acclaimed book, POSITIVITY, as a jumpstart, this class will focus on antidotes for negativity in today's world, where WHO says depression is now our most crippling disease. With recent advances in neuroscience, we can now add good years to life. And we have transitioned from an epoch of survival of the fittest to survival of the wisest, so let's reskill positivity for the future.

John Burt is a retired professor and Dean, College of Public Health, University of Maryland. Author of three college textbooks, and more than 100 research papers.



WELL 015 Section 2

Tai Chi for Health

Ronald Salomon

Session B

Friday, 10–11 a.m. (One hour class sessions)

4/12, 4/19, 4/26, 5/3, 5/10, 5/17

OLLI at UVA

\$72

Limit: 12

Tai Chi for Health(TM) is a form of Sun-and-Yangstyle Tai Chi designed by a Chinese-Australian physician that uses a combination of Tai Chi forms as an exercise system. In this class, students will learn the Tai Chi for Arthritis(TM) set, plus various other Tai Chi-related exercises. The emphasis will be on balance, fall prevention, flexibility, and strength building. NOTE: Before participating in any exercise program, participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint. Participants will be asked to sign a release form at the first class.

Ronald Salomon has been practicing Tai Chi since 2010. He is certified by the Tai Chi for Health Institute® to teach Tai Chi for Diabetes, Arthritis/Fall Prevention, and Seated Tai Chi. Ron has degrees in history and criminal justice and taught criminal justice for several years at C. W. Post College of Long Island University.

◆ NEW ◆

WELL040 Section 2

Avoiding Common Healthcare Scams

Shawn Smith

Session B

Monday, 10–11:30 a.m.

4/22

OLLI at UVA

12

Limit: 35

Seniors are targeted for a variety of scams, many of them associated with their insurance or healthcare accounts. This session is designed to teach seniors how to prevent, detect, and report those scams so they can keep their benefits, identity, and finances safe. This 1-hour presentation will educate attendees on the latest healthcare scams, discuss ways to manage scam phone calls, identify scammer tactics, and understand various marketing ploys scammers use to trap seniors. Attendees will also learn about free resources that are available to assist them should they become victims of healthcare fraud.

Shawn Smith is the state director of the Virginia Senior Medicare Patrol. He is also the author of "101 Fraud Tips for Protecting Your Identity." He leads a state-wide team focused on teaching seniors how to prevent, detect, and report healthcare fraud.

HISTORY SESSION A

◆ NEW ◆

HIST126

Paul the Apostle

Timothy Snider

Session A

Wednesday, 1:30–3 p.m.

2/21, 2/28, 3/6, 3/13

WTJU-UVA's Community Radio Station

\$48

Limit: 25

No historical figure is more important to the Christian religion than the Apostle Paul. His theology embodied in

the Epistles remains fundamental to the Christian faith. Paul's encounter on the road to Damascus with a vision of the risen Christ converted him from a persecutor of the followers of Jesus into a devoted adherent of their faith. How did Paul's theology become fundamental to the new religion? We will explore his teachings in the course of four lectures. Adherents of any faith or of no faith are welcome. No knowledge of the New Testament is required.

Tim Snider is a retired attorney. His previous courses on opera have consistently been popular among students and have usually sold out. He turns his attention to the Apostle Paul, whose life and ministry have been an interest of his for years. He looks forward to sharing the results of his study of Paul with course attendees.

★NEW★
HIST128

Traveling Through the History of France, Part II

Debbie Corber

Session A

Thursday, 1-3 p.m.

2/22, 2/29, 3/7, 3/14

OLLI at UVA

\$48

Limit: 30

France is one of the most frequently visited countries in the world. In order to appreciate the quaint villages, splendid chateaux, magnificent cities and monuments, it is helpful to understand the long history of France. This course will focus on the Valois Dynasty dating from the 14th to the 16th centuries. The course will start by a review of Part I of this course and then launch into the lives of the Kings, the 100 Years War and the Renaissance in France.

Note: *Part I not required. Priority will be given to those enrolled in Part I.

Debbie has been a professional educator since 1970. She has taught French, French history and French culture in high schools and universities in Virginia. Debbie also trained teachers for work abroad and with language minority students as well as Foreign Language and ESL. A Fulbright enabled her to teach English and American culture in Fontainebleau, France. Debbie frequently leads tours to France, Canada, Southern Africa and throughout Europe. She also leads tours for Road Scholar in Virginia.

◆ NEW ◆

HIST125

The Way We Lived: Experiencing America's Cultural History at Public Sites

Jack Robertson

Session A

Thursday, 9:30-11 a.m.

2/29, 3/7, 3/14, 3/21, 3/28

Jefferson Library

\$60

Limit: 14

Numerous curated historic communities in America provide opportunities to wander or take guided tours and to learn by interacting with interpreters and artisans. The main service offered visitors is to allow us to extend ourselves from the modern world back into past times and lives. This course will focus on actual or partially reproduced communities: villages or town sections that were home to diverse and dynamic populace. Sites including research centers, museums, and educational curricula will be emphasized. Class sessions will be in-person, conducted in a hands-on online participatory format. So, participants need to bring a personal computing device.

Retired as Fiske and Marie Kimball Librarian Emeritus from Monticello's Jefferson Library. Worked 4+ decades in research libraries. He taught classes on online resources and digital humanities in Charlottesville, Ann Arbor, Nashville, and College Park. Special interests include enabling do-it-yourself Internet research, cultivating technological innovation, and pursuing humanitarian initiatives.

HIST102

The Impact of Four Major Crises in American History

Robert Brent Toplin (Bob)

Session A

Thursday, 1-2:30 p.m.

3/14, 3/21, 3/28, 4/4

Unity of Charlottesville

\$48

Limit: 100

Four crises changed the course of U.S. history, responses to Shays' Rebellion, an armed uprising, led to the creation of a new Constitution. John Brown's raid in 1859 aroused fears of slave revolt. The secession crisis and Civil War followed. The Great Depression turned severe in the winter of 1932-1933. Choices Americans faced in dealing with the crisis were dramatized by disagreements between President Hoover and the incoming President, Roosevelt. The "Fifties didn't truly end until 1965. That's when the true "Sixties" began, a period of division and tumult. What happened in 1965?

Toplin taught courses at UVA after retiring from full-time teaching at Denison University and the University of North Carolina, Wilmington. He has published several books and articles about history, politics, and film and has commented on history frequently in nationally broadcast television and radio programs.

HISTORY SESSION B

HIST062

World War II: The European Air War

Edward Dillingham

Session B

Thursday, 1:30-3 p.m.

4/11, 4/18, 4/25, 5/2, 5/9, 5/16

OLLI at UVA

\$72

Limit: 35

"I wanted wings 'til I got the *!@# \$ things. Now I don't want them anymore!"...was often the refrain from the men who flew, fought and died during the European air campaign of WWII. Using videos, slides and first-hand accounts, this course will take a look at the Men, Women, aircraft and missions that crushed the Third Reich.

Edward Dillingham is a retired U.S. Navy Intelligence Specialist, and is also a retired instructor/course supervisor from the U.S. Naval Intelligence Training School in Virginia Beach VA. He is a Senior Docent & Aircraft Handler at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in History from the University of the State of NY, and an MS in Adult Education from Old Dominion University in Norfolk, VA.

HIST107

Echoes of Our War: The American Experience in Combat in Vietnam

Robert Lorish

Session B

Monday, 10:30 a.m.-12 p.m.

4/15, 4/22, 4/29, 5/6, 5/13

OLLI at UVA

\$60

Limit: 14

This course will be an up close and personal view of what it was like for Americans to be in active combat in Vietnam. Topics to be explored are the draft, military training, arrival in Vietnam, the daily existence of combat troops, tactics, the Vietnamese, death, coming home, and the impact of combat on one's life. Additionally, we will discuss the similarities of Vietnam and Afghanistan. Videos will be utilized that are graphic, contain harsh language and generate strong emotions.

Bob is a retired Healthcare executive who in 1968 served as an infantry platoon leader in the Marine Corps' 1st Division located in I Corps around Danang. He participated in large and small unit combat operations as well as counterinsurgency efforts. For the past ten years he has networked with his fellow lieutenants to try to gain an understanding of their experiences in Vietnam.

★NEW★ HIST127

The Life and Times of J. Robert Oppenheimer

Frank Settle

Session B

Tuesday, 1-2:30 p.m.

4/23, 4/30, 5/7

OLLI at UVA

\$36

Limit: 20

Last summer's epic film, "Oppenheimer," provided viewers a glimpse into the enigmatic figure of the scientist credited with the development of the atomic bomb. This course will explore Oppenheimer's complex character, scientific prowess, management skills, and interactions with the US government. It follows his path from a disturbed, prodigious student, to a charismatic professor and laboratory director, and finally to his dramatic Atomic Energy Commission hearing in 1954. These events combine to portray J. Robert Oppenheimer as the protagonist in a Shakespearian tragedy.

*Frank A. Settle, Jr. received a bachelor's degree in chemistry from Emory and Henry College and a doctoral degree in chemistry from the University of Tennessee, Knoxville. A professor emeritus of chemistry at Washington and Lee University and former director of the Alsos Digital Library for Nuclear Issues, Settle was professor of chemistry at the Virginia Military Institute from 1964 to 1992. He is the author of *General George C. Marshall and the Atomic Bomb (ABC-CLIO, 2016)*. He also authored a chapter titled "To Harness Atomic Power; Marshall and Nuclear Weapons" in *George C. Marshall and the Early Cold War: Politics, Policy and Society*, edited by William Taylor (Oklahoma University Press, 2020).*

HUMANITIES SESSION A

HUMN062

With God on Our Side: Christian Nationalism and the Threat to American Democracy

Jeffrey Pugh

Session A

Monday, 9:30-11 a.m.

2/19, 2/26, 3/4, 3/11, 3/18

OLLI at UVA

\$60

Limit: 35

This course takes a close look at the rise of Christian Nationalism and its impact on America's political landscape. Looking at the historical background in American civil religion and the more recent manifestations of Christian Nationalism in such movements as Christian Reconstruction, Dominionism,

HUMANITIES

and other right wing religious-political groups, Pugh explores the religious connections that led to the insurrection of January 6th and the ongoing danger to American democracy posed by Christian Nationalism. Suggested Reading: Instructor will provide reading material to those enrolled.

Jeffrey C. Pugh is Distinguished University Professor Emeritus of Religious Studies at Elon University, author of seven books and numerous articles on the intersections of faith and politics, religion and science, and the creation of apocalyptic imagination, Pugh engages contemporary issues by examining the historical roots of present concerns.

♦ NEW ♦

HUMN078

**Breaking in is Hard to Do—
How to Get Your Article Published in
Newspapers and Magazines**

Judy Mandell

Session A

Tuesday, 1-2:30 p.m.

2/20, 2/27, 3/5, 3/12

OLLI at UVA

\$48

Limit: 12

This course will offer advice Judy Mandell learned from editors. Most of the information will be of interest to beginning writers and anyone who is curious about magazine and newspaper publishing. Judy will ask students to write up proposals that will be read in class. The course will answer questions such as: How do editors usually acquire articles? Is it best for freelancers to email or snail-mail queries? How can a first-time writer break in? Should a writer send a query or a completed manuscript? What do editors want to see in a query? How much of the article should be included? How do writers know the appropriate editor for their article? Which section of a publication is the best place for newcomers to break in? Is it okay for a freelancer to call an editor if the story is timely? How long should a writer wait to hear from an editor before she sends her query elsewhere? Do editors ever steal ideas from rejected queries? How can writers figure out hot topics? Do editors have a stable of freelancers upon whom they depend? How can a writer become a regular contributor?

Judy Mandell is a freelance writer based in North Garden. She contributes to The New York Times, the AARP publications, the Los Angeles Times, The Washington Post, the Chicago Tribune, the Christian Science Monitor, Prevention magazine and many other major newspapers and magazines. Her books include What to Expect in Your Fifties: A Woman's Guide to Health, Vitality, and Longevity (Dell), Book Editors Talk to Writers (John Wiley), Magazine Editors Talk to Writers (John Wiley), the One Hour College Applicant (Mustang Publishing) and more. She has taught

courses at PVCC as well as a course titled "Creative Approaches to Getting Published" at UVA.

HUMANITIES SESSION B

♦ NEW ♦

HUMN079

Major German Writers

Gordon M. Stewart

Session B

Tuesday, 9:30-11 a.m.

4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21

OLLI at UVA

\$84

Limit: 10

Familiarity with several of Germany's best known and creative authors from the 18th-20th centuries broadens our understanding of the rich and complicated cultural history of Germany and helps situate Germany in its broader European context. We will meet these writers — Goethe, Schiller, Heine, Rilke, Hesse, Thomas Mann, and Brecht in their contemporary circumstances and against the backdrop of modern German history. Our course will function in a seminar format with short reading assignments, informal introductions and discussion. It is taught in English with bilingual texts and resources. Knowledge of some German is welcome and helps in the appreciation of our texts but is neither expected nor necessary.

Mr. Stewart has taught courses on German literary and cultural history in the German Department at UVA, in OLLI, and twice as faculty with Semester at Sea. He has served on OLLI's Board of Directors and taught, with the Senior Center, an OLLI course in Berlin (2017). He earned a BA from Union College, and the MA and PhD in German from the Johns Hopkins University. He retired from UVA in 2014 as Professor Emeritus.

♦ NEW ♦

HUMN083

**The Greatest Books You Never Read:
Middlemarch**

Evelyn Edson

Session B

Wednesday, 11:30 a.m.-1 p.m.

4/10, 4/17, 4/24, 5/1

OLLI at UVA

\$48

Limit: 15

Middlemarch by George Eliot. You always meant to read

it, or maybe you did read it many years ago. Taking it up now with the wisdom of age, you will definitely see things differently. How do Eliot's characters speak to us today?

Evelyn Edson is Professor Emerita at Piedmont Virginia Community College where she taught history and humanities for 37 years. She also taught at the University of Virginia in their Bachelor of Independent Studies program. She lives in Scottsville and is president of the Scottsville Museum Board. She enjoys talking to interested people about books.

◆ NEW ◆

HUMN080 **Russian Masterpieces, Part 1**

Robert Reid

Session B

Wednesday, 1-2:30 p.m.

4/10, 4/17, 4/24, 5/1, 5/8, 5/15

OLLI at UVA

\$72

Limit: 35

We will do a close reading of three great works: Gogol's *The Overcoat*, Lermontov's *A Hero of Our Time*, and Turgenev's *Fathers and Children*, noting their contribution to this turbulent period of Russian history. (The text for Turgenev is the 2nd Norton Critical Edition.)

Robin is retired from Emory & Henry College where he was H. C. Stuart Professor of English. Educated at Yale (66) and UVA (71), he has written two books and many articles on Shakespeare, Renaissance literature, and the history of ideas about human nature.

◆ NEW ◆ 

HUMN082 **To Kill a Mockingbird**

Anna Askounis

Session B

Friday, 10-11:30 a.m.

4/12, 4/19, 4/26

OLLI at UVA

\$36

Limit: 12

An American classic and winner of the Pulitzer Prize, *To Kill a Mockingbird* still resonates today. In our class we will do a deep dive into the book (please read a copy and bring it with you to class), especially in terms of how it is still current in today's world, and then we will watch the Academy Award winning film of the same name, in which Gregory Peck became the iconic Atticus Finch, our ideal of a lawyer. Told through the eyes of an adult looking back at her own coming of age, Harper Lee manages to give us both stories inspired by her own childhood experiences and a commentary on

the racial issues of her time and she does so brilliantly with warmth and compassion and great insight into memorable characters. Please join me as we read, watch and enjoy discussions of both the book and the film, both truly American treasures.

Anna Askounis has taught English at the secondary and college levels, and holds a doctorate in counseling from the University of Virginia. Prior to her retirement she was a psychotherapist, specializing in marriage and family therapy.

HUMN007

Does Moral Truth Exist?

Stephen Kennamer

Session B

Thursday, 11 a.m.-12:30 p.m.

4/18, 4/25, 5/2, 5/9, 5/16, 5/23

OLLI at UVA

\$72

Limit: 35

The most common view among scientists and philosophers is that moral truth does NOT exist – only moral opinion. Our ethical “absolutes” merely reflect our emotions or attitudes of approval or disapproval. Darwinian fundamentalists argue that any behavior we call moral is really just a selfish gene expressing itself. Self-styled “realists” equate morality with expediency. This course examines the phenomenon of morality; its origin and development, how we arrive at our personal morality, why systems of morality may be in fact immoral, and whether the trajectory of the universe implies or supports any particular ethical stance.

Stephen Kennamer has taught numerous courses for OLLI on philosophy, sociology, psychology, history, literature, and music.

◆ NEW ◆

HUMN081

Standoff: Poets Who Disagree

Susan Sharpe

Session B

Wednesday, 2-3:30 p.m.

4/24, 5/1, 5/8, 5/15, 5/22

OLLI at UVA

\$60

Limit: 15

We live in a time of partisanship. How can poetry help us? In this course we'll consider some poems, old and modern, on issues about which poets have disagreed, sometimes disagreeing with themselves. Is America a great country? Is love between men and women really possible? What is a home? Does nature bring spiritual inspiration? Poems will be screened in class and

available to read or print online. I will lecture only briefly, and count on the class to argue wisely.

A recent newcomer to Charlottesville, Susan Sharpe taught literature and composition at Northern Virginia Community College for over 30 years. A graduate of Swarthmore, she has a PhD in English from the University of Massachusetts. In Fall 2023 she taught "Poetry for Aging Children" for OLLI.

LIFESTYLE SESSION A

LIFE008

The Art of Conversation

Richard Mason

Session A

Wednesday, 9:30–11 a.m.

2/21, 2/28, 3/6, 3/13, 3/20, 3/27

OLLI at UVA

\$72

Limit: 10

Conversation is being challenged by social media, changing values, individual and intergroup bias and a lack of common ground. This course will focus on why conversation is important and how to make it more effective. To address the "how" of conversing, participants will practice in small groups how to start/stop a conversation and how to have that "difficult" conversation.

Richard Mason has a BA in American Literature from Middlebury College and an MPA in Public Administration from California State University. During his career in business consulting, he has taught classes in active listening, facilitation, leading effective meetings, stress management and conflict resolution.

◆ NEW ◆ 

LIFE026

Botanical Garden of the Piedmont (BGP): Its Past, Today, and Future

Jill Trischman-Marks

Session A

Thursday, 1:30–3 p.m.

3/21

OLLI at UVA

3/28

Botanical Garden of the Piedmont (BGP)

\$12

Limit: 20

Building a public botanical garden is not an easy feat. Botanical Garden of the Piedmont (BGP) is driven by

the Central Virginia public's input, aspirations, and desire to be a place of beauty, education, healing, and unity. Through continuous outreach, we have worked to ensure that the built garden will represent the hopes and dreams of the entire community. In the meantime, we are stewarding the site so it serves the community now. This course will outline what has already been achieved in the process toward building the garden and give insight into the road map ahead. The first class will be in the classroom and the second class will be a tour of the garden site. The tour will let you see for yourself how the Garden is already working to showcase some of the unique flora of the Piedmont region, to enhance public knowledge of nature and land stewardship, and to increase access to a place for solace and comfort in the community. For more information about the Garden: <https://piedmontgarden.org/> *Directions for the tour will be shared with enrolled members.

Jill Trischman-Marks is a landscape architect with nearly 30 years of experience in the Central Virginia area. After several years on the Botanical Garden of the Piedmont board of directors. Jill retired her practice and is now the executive director and chief cheerleader for the garden.

LIFESTYLE SESSION B



LIFE017

The Brief Insider's Guide to Virginia Wine

Scott Elliff

Session B

Friday, 1–2:30 p.m.

4/19, 4/26, 5/3 (tour at DuCard Vineyard)

OLLI at UVA, DuCard Vineyard for the final class (Tour)

\$24

Limit: 35

The local wine industry has become an important feature of Charlottesville's landscape. This course will provide an overview, designed to help casual wine drinkers and enthusiasts get a better appreciation of the industry and a background on how it all comes together. Topics will include: 1) history and background of the industry, current status and future challenges; 2) key decisions and steps involved in starting and operating a vineyard, the science and art of making wine—methods, equipment, and decisions involved; 3) an on-site visit to DuCard Vineyards in Madison County, where we will walk through the vineyard and the winery to see it all first-hand and enjoy a tasting.

Note: Wine tasting at DuCard will involve a separate fee; transportation is on your own.

Public Affairs

Charlottesville resident Scott Eliff founded DuCard by planting vines in 2001 with no prior experience and on a whim really and has come to love the challenges and constant learning that is involved in this “hobby gone wild,” and the finished product too. He opened DuCard Vineyards in 2010 with a boutique winery open daily, with a top-notch reputation for wine quality, sustainability, customer service, weekend music and interesting special events.

PUBLIC AFFAIRS SESSION A

♦ NEW ♦

PBAF058

Climate Change: A Global Perspective

Mike Kelley

Session A

Wednesday, 9:30–11 a.m.

2/21, 2/28, 3/6, 3/13, 3/20, 3/27

OLLI at UVA

\$72

Limit: 12

*Those enrolled during the fall 2023 semester will be given priority registration.

Round Table Discussion: While our climate change press coverage tends to be U.S. centric, we will discuss the politics, economics, and technology of climate change from a global perspective. Online videos will take us around the world, from a coal mine in India to power generation facilities in China. We will watch William Nordhaus, winner of the Nobel Prize in Economics, discuss the global politics of climate change. We will try to understand why, with solar power so cheap, the world is still building so many coal-fired power plants. Short video clips present controversial topics such as nuclear energy and geoengineering. Each session will include a round table discussion on that day’s topic. In our final session, we will explore how the U.S. might advance global solutions. Our goal is a thoughtful, enjoyable learning experience.

Mike Kelley worked in computer technology for thirty-five years. He holds degrees from Princeton and North Carolina. He has previously led OLLI discussion groups on this and other topics.

♦ NEW ♦

PBAF064

Mediation for Non-Mediators

Walter Megonigal

Session A

Wednesday, 1–2:30 p.m.

2/28

OLLI at UVA

\$12

Limit: 20

Have you ever wondered how to help others – or yourself – resolve disputes in both your personal and professional life? Would you like to learn a credible, time-tested, and researched process? The Mediation Center of Charlottesville offers this 2-hour presentation to help you understand the mediation process. It is designed for non-mediators. You will learn how to use the step-by-step process to help resolve different kinds of disputes you or others are encountering. If you have ever been curious about mediation and its benefits, this presentation is for you.

Walt has over 50 years of experience in teaching and leadership roles. He is a certified volunteer Mediator and co-parenting course instructor at the Mediation Center of Charlottesville. Walt is a volunteer for the Virginia Public Health Service and had a 26-year career as a Marine Corps Officer and Aviator.

♦ NEW ♦

PBAF043

The Leadership Gap: Why Some Leaders Succeed and Others Fail

Terry Newell

Session A

Wednesday, 2–3:30 p.m.

3/13, 3/20, 3/27, 4/3

OLLI at UVA

\$48

Limit: 20

This course explores the nature of exceptional leadership, whether of teams, local civic groups, organizations, or nations. We’ll focus not on what leaders promise but on who they are and how they behave. We’ll also examine why some good leaders stumble. We’ll use case studies, film clips and discussion about real and fictional leaders to see what makes for great leadership – and how to spot those we should not follow. Sessions will include: (1) Trust, Legitimacy and Leadership; (2) Leadership Ethics and Moral Courage; (3) Why Some Good Leaders Stumble; and (4) Challenging Followers: The Hallmark of Transformative Leadership.

Terry focuses on American history, leadership, ethics and decision making. He was Dean of the Federal Executive Institute. His newest book is “Of the People – Reining in the Retreat from Reason in Public Affairs”. His writing focuses on the Constitution, civic virtue and improving thinking in our public and personal lives.

PUBLIC AFFAIRS SESSION B

◆ NEW ◆

PBAF063

Today's Scramble for Africa: Russia, China, the USA, France, UAE and Saudi Arabia in Today's Africa

David Throup

Session B

Friday, 3-4:30 p.m.

4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24

OLLI at UVA

\$84

Limit: 25

The course will examine the current day competition between the United States, China, Russia and France for influence in Africa, as well as the ambitions of the United Arab Emirates, Saudi Arabia and Turkey for influence in Africa. It will look at the impact of the fall of the Gaddafi regime in Libya and the rise of militant Islam in the Sahel; the recent coups d'état in Guinea, Mali, Chad, Burkina Faso, Niger and Gabon; the influence of Russia's Wagner Group in Mali and the Central African Republic; the decline of Francafrique; China's economic and political ambitions in the continent; and the influence of the United Arab Emirates, Saudi Arabia and Turkey on the continent.

David Throup was a student at Cambridge and the London School of Economics before teaching for three years in Nairobi. He completed his PhD on Kenyan history and taught at UVA and elsewhere in the US as well as in the UK before becoming a British diplomat. From 2001-17 he was a Senior Associate at the Center for Strategic and International Studies in Washington DC and taught at Johns Hopkins and George Washington Universities.

◆ NEW ◆ 

PBAF056

Our Society's Struggle Over Race, Diversity, Inclusion

Allen Hench

Session B

Monday, 1-2:30 p.m.

4/15, 4/22, 4/29, 5/6

OLLI at UVA

\$48

Limit: 30

When the US Supreme Court's majority terminated affirmative action in college admissions, did it start

down the slope terminating affirmative action in hirings, in business, and otherwise? Did the Court create a societal standard that well-intentioned steps to diversify, will be preempted by considerations of merit? If the law compels racial-neutral could the court, for example, next compel gender-neutral in admission or hirings? How do these developments play in the current debates regarding all kinds of inclusion, diversity, belonging, and accessibility? A sampling of Ted-talks provides the fodder and foundation for the course and classroom discussion. The course may include TED-talks on mental and physical harm caused by racism; the forgotten native Americans, or aboriginals across the globe; the desperate path of refugees; disadvantage caused inaccessibility of internet; a parents' approach to gender identity; locker room talk and sexism; inclusivity and inclusion leadership; cultural barriers and belonging.

Allen Hench holds a BA in governmental administration and a JD from Dickinson School of Law in Pennsylvania. He has served as director of UVA Law School's non-profit clinic and volunteered at the Miller Center. For 40+ years he has been the owner of a small-town Pennsylvania general law practice.

◆ NEW ◆

PBAF065

Discussion of 2024 Election and Trials

Bob Lorish and Charles Hamilton

Session B

Tuesday, 10:30 a.m.-12 p.m.

4/16, 4/23, 4/30, 5/7, 5/14, 5/21

OLLI at UVA

\$72

Limit: 14

A discussion of the 2024 Presidential, Senate, and House election. Will also talk about the current legal challenges to the 45th President. A retired lawyer, retired judge, and active appeals court judge will be available to provide legal insight into the ongoing court proceedings. This is a discussion class so be prepared "to get your two cents in".

From watching the first televised presidential conventions in 1952 to the 2016 election, Bob Lorish has always been fascinated by presidential elections. His UVA master's thesis in history was on the election of 1824. Bob Lorish served as a Marine Corps infantry platoon leader in 1968-69 with the First Marine Division.

Charlie Hamilton is a retired attorney who spent 45 years practicing civil litigation. He taught the Rule of Law as part of a business law course at Piedmont Virginia Community College.

SCIENCE & TECHNOLOGY SESSION A

SCIT020

Fire and Ice: The Geologic History of Yellowstone National Park

Mark Barnhill

Session A

Wednesday, 10–11:30 a.m.

2/21, 2/28, 3/6, 3/13, 3/20

OLLI at UVA

\$60

Limit: 35

Yellowstone's geology is one-of-a-kind on this planet. In this course we will start with a brief review of minerals, rocks, plate tectonics, and the geologic time scale. We will then cover the depositional and tectonic history of the park before moving on to its more spectacular recent geology including its early volcanic activity, the origin and movement of the Yellowstone hotspot, the formation of the Yellowstone caldera and its history of mega-eruptions, the huge magma chamber presently under the caldera and the concern for a future eruption. We will also cover the glacial history and deposits at Yellowstone, the many hydrothermal features of Yellowstone including geysers, fumaroles, and mud-pots, as well as geohazards such as hydrothermal explosions and earthquakes, and much more. No prior geology is required but helpful.

Mark Barnhill is a retired geologist with a MS from Tulsa University and a PhD from the University of Cincinnati. An oil and gas exploration geologist for many years as well as a research scientist at Indiana University, he has been an avid fly-fisherman for the past thirty years.



SCIT019

Native Plants

Frances Boninti

Session A

Tuesday, 9–10:30 a.m.

2/27, 3/5, 3/12, 3/19 (Garden Tour either 4/11 or 4/12, weather dependent)

OLLI at UVA, Garden Tour

\$48

Limit: 20

"A bluish colored, funnel-formed flower in lowlands in bloom." Thomas Jefferson, April 16, 1766. As Jefferson realized, our area is blessed with an incredible diversity of native flora. The bluebells he enjoyed and described in his Garden Book are still blooming in his lowlands. Learn to garden with native herbaceous and woody plants with the ultimate goal of having a naturalistic looking garden. We will cover identification, soil, and other needs

of some of our most beloved natives. Also, pollinators and other invertebrates will be discussed as well as recommendations on tools, fertilization, and mulching. Note: First four classes are indoors, fifth class is a visit to the instructor's home garden in Ivy in April.

Fran Boninti has been a Master Gardener since 1991 and has over 12,000 volunteer hours. She was the state horticulture chair for Garden Club of Virginia, is a graduate of the first Charlottesville Tree Steward class, and was on the board at Ivy Creek for nine years. She has also been a Monticello garden guide with "Monticello Saturdays in the Garden". She is a charter member of the Jefferson Chapter of the Virginia Native Plant Society.



SCIT002

Birdlife of Central Virginia

Jenny Gaden

Session A

Tuesday, 10–11:30 a.m. (classroom)

8:30–10 a.m. (field trip)

2/27, 3/12, 3/26 (classroom)

3/5, 3/19, 4/2 (field trip)

Ivy Creek Natural Area

\$72

Limit: 30

The course will look at groups of birds in central Virginia, with an emphasis on the unique adaptations that enable them to live successfully in particular habitats. These will include birds of prey, woodland birds, birds of open areas, and migratory birds. The course will include three lectures and three field trips to nearby public parks with level trails. Course sessions will alternate between classroom sessions and field trips. More information will be sent to registered members.

Jennifer Gaden, a graduate of Smith College and Columbia University, has been interested in natural history and birds for most of her adult life. A retired outreach educator for the former Charlottesville chapter of the Virginia Museum of Natural History, she has been a longtime member and former president of the Piedmont Virginia Bird Club (formerly the Monticello Bird Club), an active member of the Virginia Society of Ornithology and the Ivy Creek Foundation, and founder of the Great South Bay Audubon Society on Long Island, New York. She is a recipient of the Virginia Society of Ornithology Eike Award for contributions to Virginia birds and Virginia birding. She is also a Master Naturalist.



SCIENCE & TECHNOLOGY



SCIT041

Geology Beneath Your Feet and in Your Future

Robert Finley

Session **A**

Monday, 1:30–3 p.m.

2/26, 3/4, 3/11 (field trip), 3/18, 3/25

OLLI at UVA

\$60

Limit: 24 *members waitlisted during the Fall 2023 semester will be given priority

Earth materials provide virtually all the resources, other than plant materials, that humans directly use every day. Rocks and minerals provide metals, sand and gravel, cement, soils, and control where water is stored and flows. Fossil fuels (oil, natural gas, and coal from really old plant material) are found in rocks in unique locations and with unique histories. Further, the geologic history of earth materials shapes our landscape from the scale of global tectonic plates and entire continents to the hills in our Charlottesville neighborhoods. After all, how did the Blue Ridge get to be a ridge, anyway? This course will first provide a brief geologic history of Virginia (about one billion years will be covered) showing how tectonic plates have crashed together to build major mountain chains, eroded, pulled apart, crashed again, and eroded again to create what we see today. The variability of Virginia geology will be contrasted with other parts of the U.S. and the world. With this background, we will then meet at the UVA Fontaine Research Park for a field trip to look at large blocks of major Virginia rock types in the “rock garden.” Back in class, we will move on to a basic understanding of how the variability in earth materials is now more critical than ever. As the world transitions away from fossil fuels, we will need more lithium, nickel, and cobalt for batteries, copper and aluminum for motors, wind turbines, and thousands of miles of new power lines, and rare earths for magnets. Where is all this stuff going to come from? What are the trade-offs in mining that we face? With this course you will now appreciate that this material is where it is because of geologic history, and the politics of access and extraction are not simple issues.

*Participants will need to provide their own transportation for the field trip and an alternate date will be set in case of rain.

Dr. Robert Finley is a retired (2015) research geologist who has specialized in energy resources research and in geological storage of carbon dioxide as a response to climate change. He received a PhD in geology from the University of South Carolina. Rob carried out his research career at the state geological surveys associated with The University of Texas at Austin and the University of Illinois.

◆ NEW ◆

SCIT045

How Failure to Recognize and Address Simple Problems Could Upend Civilization? **Theodore Homyk, Jr.**

Session **A**

Friday, 1–2:30 p.m.

3/1, 3/8, 3/15, 3/22, 3/29

OLLI at UVA

\$60

Limit: 12

We will discuss how humanity’s arrogance and neglect to address less visible planetary problems like loss of species, soil exhaustion, phosphorus and groundwater depletion, ecosystem collapse, and social inequity could upend our civilization.

Ted Homyk holds a PhD in molecular biology from Vanderbilt University. He has conducted postdoctoral research at the University of British Columbia, Vancouver, Canada in fruit fly genetics and taught biology and science fiction classes at the University of Virginia.

SCIENCE & TECHNOLOGY SESSION B

◆ NEW ◆

SCIT046

A Golden Age of Astronomy **Charles E. Hamilton, III**

Session **B**

Thursday, 3:30–5 p.m.

4/18, 4/25, 5/2, 5/9, 5/16, 5/23

OLLI at UVA

\$72

Limit: 35

We live in a golden age of science, generally, and of astronomy in particular. This course will examine the contours of that golden age by studying selected important astronomical discoveries of our time. We will place those discoveries in the context of an emerging view of the universe and of our place in it. Along the way, we will also consider a variety of instruments and methods that make possible today’s discoveries. We will conclude by considering the place of humanity in an immense and expanding universe. The specific discoveries to be examined will be dictated by the pace and nature of ongoing discoveries. Please understand that the focus of this course is on the important discoveries of our time. Therefore, we will not conduct any outdoor observing sessions. The discoveries we will consider involve techniques and instruments far

Social Science

beyond the capacity of instruments available to us. The telescope at the Mc Cormick Observatory operated by UVA is a magnificent instrument designed by a great man, Alvan Clark. It is historically important. But it is not relevant to the subject matter of this course, and we will not be observing through it.

Charlie is a retired attorney and a lifelong amateur astronomer, who has observed the skies since the age of twelve. He has observed the heavens through a variety of telescopes which he operated in a small personal observatory for many years. He has taught several courses for OLLI on astronomical and other topics over a period of seven years. He has published short articles dealing with astronomical and scientific topics in Natural History magazine.

SOCIAL SCIENCE SESSION A

◆ NEW ◆

SCSC031

Grandchild Development

Marion Votaw

Session A

Tuesday, 3-4:30 p.m.

2/27, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9

OLLI at UVA

\$84

Limit: 6

Want to know more about how a cell becomes a person? Why do babies so enjoy peek-a-boo? Why are the Twos so terrible? How do kids sort out various native languages? This psychology course will concentrate on how minds develop from conception until the age for formal schooling. Come find out exactly *how* your son or daughter-in-law is spoiling your grandchildren!

Marion Votaw, Embassy brat, grew up in the Ivory Coast. They [nonbinary] came to Charlottesville for grad school, and never left. Marion has taught science to students from adolescents to retirees at UVA, PVCC and ITT Tech, French to preschoolers on up, and mah jongg to anyone interested. They started teaching at OLLI in 2020.



◆ NEW ◆

SCSC032

Optimizing Taxes in Retirement

Matthew Jenkins

Session A

Thursday, 10-11:30 a.m.

2/29, 3/7

OLLI at UVA

\$24

Limit: 35

Are you retired or hoping to retire someday? Are you worried you may be paying too much in taxes? This course will discuss the most effective tax planning techniques that retirees can use to reduce their lifetime tax burden and avoid leaving a "tip" for the IRS. The goal of the course is to help everyone learn more about how their taxes work and how they can create their own tax planning process.

Matthew Jenkins is the principal of Noble Hill Planning LLC, a flat-fee financial advisory firm in Richmond, VA. Matthew has adopted a unique approach to financial advice and enjoys helping people protect their hard-earned dollars from the financial industry. Matthew was raised in Charlottesville and graduated from UVA.



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STAUNTON SESSION A



♦ NEW ♦

ARTS111

Chopin: Poet – and Pioneer – of the Piano Ben Roe

Session A

Wednesday, 3–4:30 p.m.

2/21, 2/28, 3/6, 3/13, 3/20, 3/27, 4/3

V R.R. Smith Center for History and Art

\$70

Limit: 35

This course will explore the life, works, and enormous legacy of the 19th-century composer Fryderyk Chopin.

Benjamin K. Roe is the President & CEO of the Heifetz International Music Institute. He has enjoyed a long career as a producer, writer, speaker, and adjudicator in the arts and media world, previously serving as Director of Music for NPR, Managing Music Producer for WGBH in Boston, and Chief Content Developer for the Philadelphia Orchestra.

♦ NEW ♦

HUMN084

Life is Short John Mason

Session A

Wednesday, 10–11:30 a.m.

2/21, 2/28, 3/6, 3/13, 3/20, 3/27

V R.R. Smith Center for History and Art

\$60

Limit: 25

This course will examine the controversial notion that it is the very shortness of life that gives it meaning. Death anxiety is very common among humans. As Rousseau said: 'He who pretends to look at death without fear lies.' We shall look at the writings on this subject by philosophers ranging from Seneca to Sartre. Our basic aim will be to help us re-think what gives life meaning and how to make the most of it. Reading material will be provided to those enrolled. Recommended Reading: Dean Rickles, *Life is Short*, Princeton University Press, 2022.

John Mason has a PhD in history from the University of Birmingham, UK. He taught for the Open University in England for 25 years. In the late 1990s he lived and conducted research in Slovakia, Hungary and Armenia. John now lives in Lexington and works full-time as a stone sculptor.

HUMN037

The Anthropology of Evil Stephen Kennamer

Session A

Thursday, 11a.m.–12:30 p.m.

2/22, 2/29, 3/7, 3/14, 3/21, 3/28

V R.R. Smith Center for History and Art

\$60

Limit: 35

An inquiry into how to define evil, followed by a study of its etiology, symptomatology, and epidemiology. Evil will be examined from biological, sociological, psychological, and theological perspectives. We will attempt to account for the evil of both psychopaths and ordinary law-abiding citizens. Both personal evil and evil done by groups, tribes, and nations will be considered. We will ask when human moral evil arose and follow its history up to its contemporary manifestations. Topics will include narcissism, careerism, and our penchant for thinking in abstractions. Finally, we will ask if evil can be prevented.

Stephen Kennamer has taught numerous courses for OLLI on philosophy, sociology, psychology, history, literature, and music.

STAUNTON SESSION B



HIST111

World War II: From Normandy to the Rhine The Ground War in Western Europe – 1944–1945 Edward Dillingham

Session B

Tuesday, 11 a.m.–12:30 p.m.

4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21

V R.R. Smith Center for History and Art

\$70

Limit: 35

From June 6th, 1944, to May 8th, 1945, U.S. and Allied Armies destroyed the Nazi war machine in a series of land campaigns on the Western Front that covered millions of square miles and changed the course of history. This course will examine the Men, Women, weapons and battles that ended Nazi rule in Western Europe.

Edward Dillingham is a retired U.S. Navy Intelligence Specialist, and is also a retired instructor/course supervisor from the U.S. Naval Intelligence Training School in Virginia Beach VA. He is a Senior Docent at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in History from the University of the State of NY, and an MS in Adult Education from Old Dominion University in Norfolk, VA.

Staunton Courses

◆ NEW ◆

WELL040 Section 1 **Avoiding Common Healthcare Scams** **Shawn Smith**

Session B

Thursday, 11 a.m.–12:30 p.m.

4/11

V R.R. Smith Center for History and Art
\$10

Limit: 35

Seniors are targeted for a variety of scams, many of them associated with their insurance or healthcare accounts. This session is designed to teach seniors how to prevent, detect, and report those scams so they can keep their benefits, identity, and finances safe. This 1-hour presentation will educate attendees on the latest healthcare scams, discuss ways to manage scam phone calls, identify scammer tactics, and understand various marketing ploys scammers use to trap seniors. Attendees will also learn about free resources that are available to assist them should they become victims of healthcare fraud.

Shawn Smith is the state director of the Virginia Senior Medicare Patrol. He is also the author of "101 Fraud Tips for Protecting Your Identity." He leads a state-wide team focused on teaching seniors how to prevent, detect, and report healthcare fraud.



HUMN077

Islam: The Basics

Ken Beals

Session B

Thursday, 3–4:30 p.m.

4/18, 4/25, 5/2, 5/9, 5/16, 5/23

V R.R. Smith Center for History and Art
\$60

Limit: 35

This course will examine the basic beliefs and practices of Islam, the second largest religion in the world today. Our focus will be on the most universal traditions (the “Five Pillars”), but we will also consider the major differences between Islam’s major branches (Sunni, Shi’ite and Sufi) and the various ways the “sixth pillar,” Sharia, has been developed. Some comparison with other faith traditions will be considered briefly, including both shared and conflicting beliefs and practices. You might be surprised how much overlap there is between Christianity, Judaism and Islam!

Recommended Reading: The shortest introduction is *Islam: A Very Short Introduction*, by Malise Ruthven (Oxford UP paperback). For more depth, you might consider Karen Armstrong’s *Islam: A Short History*, or Reza Aslan’s *No god but God* (with the advantage of offering a Muslim’s perspective). No reading is assumed, but any will be helpful! The class will have an opportunity to decide whether or not to visit a nearby mosque together.

Ken is a native of Findlay, Ohio. His education includes a BA in Psychology and Philosophy from Wittenberg U (in Ohio) and both Masters and Doctoral degrees in Theology from Boston University. He has basically had two 20-year careers, first as a pastor in the United Methodist Church and then as a professor of Philosophy and Religion, mostly at Mary Baldwin but including part-time teaching at both James Madison and UVA, two community colleges, and two seminaries. He has taught face to face courses for OLLI and does occasional preaching and pastoral duties. His wife of 55 years, Jackie, also taught at Mary Baldwin (Biology) before taking on her “second career” as a science writer. They have two married children: Eve, a clinical psychologist in Saint John, New Brunswick, Canada, and Kurt, a professor of German Studies at University of Richmond beginning this fall. They have two grandchildren, Blake and Dora. They have been living in Staunton for over 30 years, and both play in a “front porch” string band called “Cold Steel Benders.”

OLLI AT UVA SESSION A



◆ NEW ◆

HIST129

The War in the Skies: Europe 1939–1945

Buck Beasom

Session A

Tuesday, 10 a.m.–12 p.m.,
(Two-hour class sessions)

2/20, 2/27, 3/5, 3/12

 OLLI at UVA Online

\$48

Limit: 50

This course explores how the arrival of airplanes on the battlefield changed the very nature of warfare. With specific focus on the Luftwaffe, the Royal Air Force and the United States Army Air Force during WWII, it covers the development of aviation and air power in the years leading up to the war and the greatest clash of machines in the history of armed combat. It also tells the tale of how each air force enjoyed its own “Finest Hour” – and how American industrial might brought victory, but only after an enormous cost in men and aircraft.

Buck Beasom teaches courses for OLLI chapters across the country. He has a two-track career that includes four decades in data management and applications development while he also taught courses in Business, Accounting and Economics. He also spent five years teaching History at the Middle and High School levels. He holds a BS in Management Science, with additional majors in History and Economics and an MBA in Accounting.

◆ NEW ◆

SCIT047

Can We Stop Climate Change?

Tony Lee and Elizabeth San Marco

Session A

Tuesday, 4–5:30 p.m.

2/20, 2/27, 3/12, 3/19, 3/26 (No class on 3/5)

 OLLI at UVA Online

\$60

Limit: 18

This series of five class sessions is designed for people who are already concerned about climate change but want to learn more. The goal is to help people feel confident and empowered to take action whether it’s talking to others, making lifestyle changes or supporting systemic change. The course covers the basic science, roadblocks, and equity issues, and

introduces a powerful simulation tool and a wide range of climate change solutions. Participants will learn how to communicate with others and join together to take action. Visit our website <https://canwestopcc.org> for additional information.

Tony Lee has a BA from Yale University and an MBA from Rutgers. He’s now retired from CPA and construction claims consulting. He has worked as an educator on climate change for 30 years, giving talks and leading courses. He worked with others to develop the “Can We Stop Climate Change?” course, and, with a small team, educates people who are already concerned and interested in becoming active. The team has led 30 courses to 300 people over the last 3 years.

Elizabeth San Marco is a retired elementary educator, life-long learner, spiritual seeker, grandmother and now activist, interested in preserving our beautiful earth for future generations. She is mentored by the young people in Montana who know that our mission is a “clean and healthful environment.” Elizabeth holds a BS in Education from Texas State University and a MA from Butler University, and recently completed the Compassion Integrity Training offered through Life University.

◆ NEW ◆

HIST130

The JFK Assassination – French Connections of Interest

Stephen Greer

Session A

Thursday, 1–2:30 p.m.

3/7, 3/14, 3/21, 3/28

 OLLI at UVA Online

\$48

Limit: 25

The learning objective of this short course is to review the historical context of the Algiers Putsch in April 1961, and potential French connections of interest to the JFK assassination. We will examine a chronology of historical events that begins with an understanding of the role colonialism played in impacting the 20th century, particularly the French colonies of Indochina and Algeria. We will conclude with Organization Armée Secrète (OAS, “Secret Armed Organisation”) members of interest, World Leader opinions, and the remarks from the Peyrefitte / De Gaulle memoirs (“C’était De Gaulle” 2002 French) but not translated into English or published in the United States. Please see the syllabus for additional details.

Stephen Greer is a retired IT Managing Consultant. He was educated in Business Management and Economics at the University of Maryland and completed multiple leadership graduate programs. He is an amateur historian committed to lifelong growth and learning.

Osher Online

in collaboration with Northwestern University
School of Professional Studies

Join OLLI members from around the country to learn online. OLLI at UVA has partnered with Osher Online to provide our members with even more online opportunities. These online courses will begin in April with more details to be shared in March.

Stay Tuned!



◆ NEW ◆

HIST131

Lessons from the Vietnam War

Ed Linz

Session A

Wednesday, 11 a.m.–12:30 p.m.

3/27

 Online

\$12

Limit: 100

The course will focus on events leading up to the U.S. involvement in Vietnam culminating in wars from 1945 to 1985. There will be a discussion of the French colonial era, the rise of Ho Chi Minh and the Viet Minh, South Vietnamese politics, and U.S. policy decisions. There will also be a detailed examination of the conduct of the war, with an emphasis on the tactical decisions leading to heavy casualties among Americans and their communist opponents. The discussion will conclude with lessons learned.

Ed Linz is the author of five books, including works on The Great Depression and the Vietnam War. He was the Commanding Officer of a Ballistic Missile submarine and holds advanced degrees from Oxford University and George Mason University. He was the recipient of a heart transplant in 1994.

OLLI AT UVA SESSION B



HIST113

One and Done: A New Look at Supposedly Failed One-Term Chief Executives

Carl Pales

Session B

Wednesday, 1-2:30 p.m.

5/1, 5/8, 5/15, 5/22

 OLLI at UVA Online

\$48

Limit: 30

This course is about three American Presidents and a British Prime Minister, all of whom had single terms (or less) in office that are often assessed as mediocre at best, disastrous at worst. But do Herbert Hoover, Gerald Ford, Jimmy Carter and Neville Chamberlain deserve their unenviable places in history? This course will take a revised look at their achievements and failures, both real and imagined, and a broader look at their impact on their respective countries and the world, both during and outside their terms in office.

Carl Pales has a BA in International Studies/Russian Studies from GMU and a Master's Degree from the Defense Intelligence College. He served as foreign ground force intelligence analyst covering various regions from 1986–2019, including nine years as a Senior Intelligence Officer. He deployed to conflict areas twice as civilian. He is an avid student of history and experienced public speaker and OLLI instructor.

What You Need to Know

MEMBERSHIP AND COURSE FEES BY SEMESTER

OLLI at UVA offers Fall and Spring semesters annually, each consisting of two, seven-week sessions (A and B) plus additional member and public programming. A membership fee of \$75 per semester entitles you to register for courses offered in both sessions that semester, as well as member benefit programs or activities that occur throughout the semester. Course pricing is based on the length of the course and the type of course that is being taught. **Membership is non-refundable.**

SCHOLARSHIPS

A limited number of scholarships are available to support those who would find it a hardship to pay standard rates for membership or fee. Contact the OLLI office for information about our simple request process.

REFUND POLICY

All course refunds must be requested before the session start date. Spring 2024 refunds for Session A must be requested by **February 5**, refunds for Session B must be requested by **March 25**. Exceptions will be made for cancelled courses, see cancellation policy in the Member Handbook. **Membership, Michie Tavern lectures, Greencroft Lecture, Excursions, and Tours are non-refundable.**

***If your schedule changes and you are no longer able to attend a course you enrolled in (whether you are eligible for a refund or not) please inform the office so we may invite other members who may be interested in taking the course to enroll. Thank you for your help in opening as many seats in programming as possible for our members.**

GUESTS

OLLI courses are intended for OLLI members only. OLLI members may invite a non-member as a guest to one class, or social. We welcome meeting new potential members. Please inform OLLI staff by contacting the office to ensure there is space.

WAITLISTS

Even with online programming there may be limits on enrollment based upon subject matter and by design. If a program is full, please add your name to the waitlist. You will not be charged when placed on a waiting list. After registration, OLLI staff works to accommodate as many students as possible, and a space may open. The OLLI office will contact you if a space becomes available to ask if you still want to enroll. Please respond within two business days. Please do not attend the program unless you are contacted and enrolled.

SCHEDULE CHANGES

This catalog was printed November 2023. Schedule updates may have occurred after that date. Please check the online OLLI registration site for the most up to date information. The OLLI staff will communicate all schedule changes, last-minute class cancellations, and makeup classes by email to those enrolled. Please check your email regularly and watch for emails from olliuva@olli.virginia.edu.

HOW TO REGISTER

Each person must register individually and pay with a separate credit card transaction, or a check payable to OLLI at UVA. The two options for registration are as follows:

ONLINE: Go to olliuva.org. Click on the blue "Register Online" button and use a credit card to register for courses and events. Online registration is available 24 hours a day, seven days a week. **Please keep in mind that online registration is the best way to get your seat in the courses you want.**

PAPER: Complete the registration form at the back of this catalog and mail in, or drop off, to the OLLI office. Please be sure to include your email address on your registration form for essential program information throughout the semester. If mailing a check, please only pay for your membership as some courses may be waitlisted. **Please keep in mind that online registration is the best way to get your seat in the courses you want.**

**Once you become a member you will receive a digital Member Handbook which will detail everything you need to know about OLLI.*

Registration for spring opens at 10 a.m. on **Tuesday, January 23, 2024.**

We highly encourage you to register online at olliuva.org. This is the best way to get a seat in a course.

MEMBER INFORMATION

Last Name		First Name	Preferred Name	
Home Address		City	State	Zip Code
Email		Home Phone	Mobile Phone	

COURSE

Program selection: online registration is the best way to reserve your seat!

If a program is full, you will be placed on a waiting list and will not be charged.

Program Title (Course Title and Number or Program Title)	I would like to know more about Class Moderator duties	Fee
Total		\$

Please indicate an alternative program (if any) that you'd like to add in the event a program you've listed above is full.

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PAYMENT: Enter Credit or Debit Card Information below. PLEASE DO NOT SEND CHECK(S) UNLESS YOU ARE PAYING ONLY FOR MEMBERSHIP. If you prefer to pay by check, OLLI will send an invoice for your payment, which can then be made by check, or by telephone with a card.

Send Invoice

Card # _____

Exp Date ____/____ Amount to be Charged \$ _____

Name on Card _____

Signature _____

Membership Fee (\$75 per semester)

* Please see member terms of agreement and code of conduct at olliuva.org

Annual Fund Donation (tax deductible)

Scholarship Fund Donation (tax deductible)

Discount (Instructor Spouse/Partner or Class Moderator)

TOTAL OF ALL CHARGES \$

Registration forms can be dropped off or mailed to the OLLI office at 1 Morton Drive, Suite 100TL, Charlottesville, VA 22903.

OFFICE USE ONLY

Date form received

Date enrolled/initials



Behind every patient is someone who cares

Behind every patient is...

a loved one sitting by a bedside...

a family member waiting at home...

a care team member going above and beyond to ensure the patient
AND their loved ones are supported.

From our doctors and nurses to the team members behind the scenes,
everyone at Sentara Martha Jefferson Hospital is focused on the big things that
help patients heal, and the little things that provide extra comfort.



OLLI
Osher Lifelong
Learning Institute

Osher Lifelong Learning Institute
at the University of Virginia

1 Morton Drive, Suite 100TL
Charlottesville, VA 22903

Spring 2024

CALENDAR

VISIT olliuva.org FOR UPDATES

January 2 at 10 a.m.

*Spring 2024 Membership and Michie Tavern
Lectures will be available for purchase*

January 16 at 2 p.m.

Taste of OLLI

Meadows Presbyterian Church, Charlottesville

January 17 at 2 p.m.

Taste of OLLI

Jefferson-Madison Area Library, Crozet Branch

January 19 at 2 p.m.

Taste of OLLI

R.R. Smith Center for History and Art, Staunton

January 23 at 10 a.m.

Program Registration Opens



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