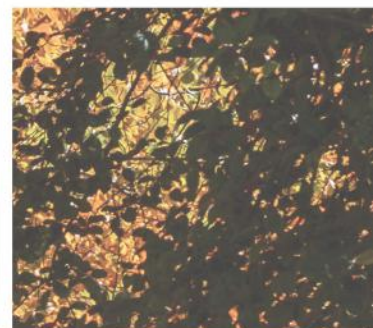




OSHER LIFELONG LEARNING INSTITUTE AT UVA

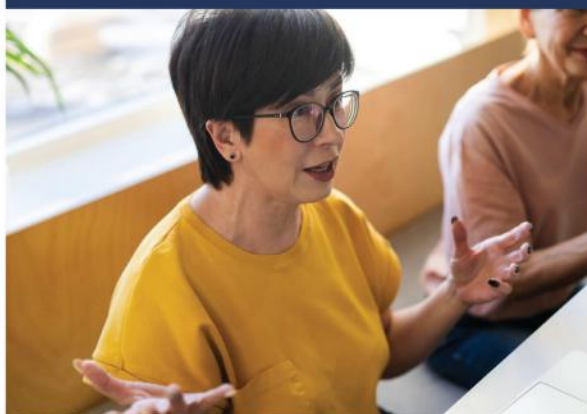
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for lifelong learners



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FALL 2022

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OLLI
Osher Lifelong
Learning Institute

This catalog was printed on **July 1, 2022.**



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Online
Course



Valley
Location



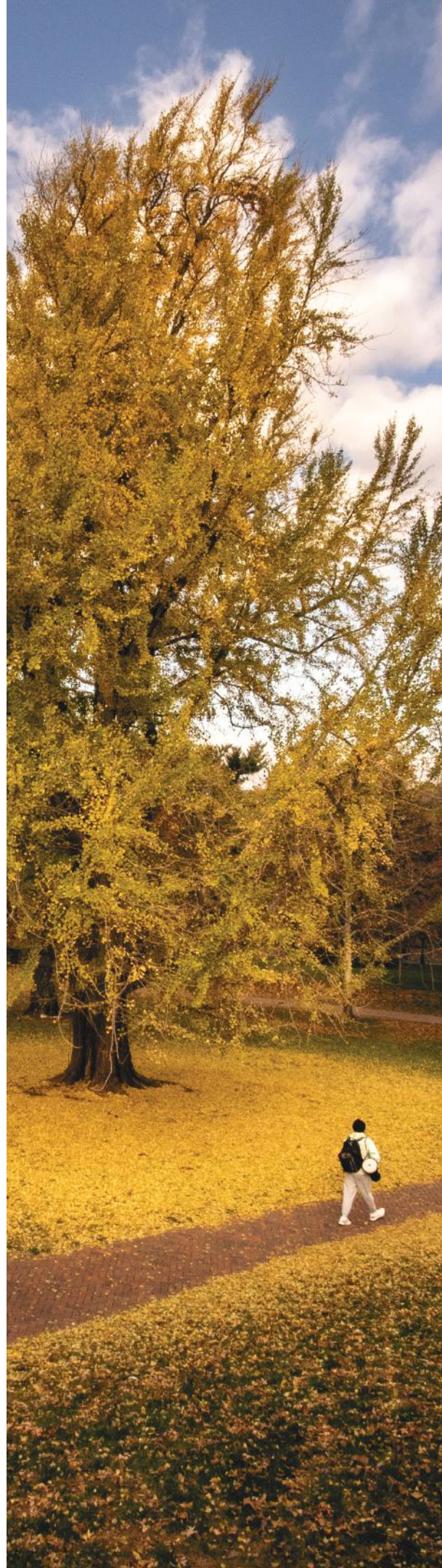
Requires
Walking



New
Course



DEIA
Programming





OUR MISSION

Aware that an active mind is as necessary as social relationships and physical exercise to a full life, the Osher Lifelong Learning Institute at the University of Virginia offers educational opportunities and intellectual enrichment to active adults in the community.

The Institute is member-directed and draws upon its members' resources, as well as other academic and community resources, to organize courses and other educational activities.

In this stimulating environment, members may acquire new knowledge, explore ideas, exercise creativity, and share interests and expertise with others.

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GET IN TOUCH

 **434.923.3600**

 **olliuva@virginia.edu**

 **olliuva.org**

 **Osher Lifelong Learning
Institute at the
University of Virginia**

Office Location:
**969 Second St., S.E.
Suite 101
Charlottesville, VA 22902**

US Mail:
**P.O. Box 2198
Charlottesville, VA 22902**

Do you have a curious mind and a keen interest in learning—just for the love of it?

Join like-minded learners who are members of the Osher Lifelong Learning Institute (OLLI) at UVA. There are no prerequisites, educational or otherwise, for you to continue your intellectual exploration and enrichment with us. Generous donors contribute to our scholarship fund to ensure that courses are available to everyone. We invite you to discover OLLI's many opportunities for engagement and enlightenment.

MEMBERSHIP BENEFITS

The \$75 per semester membership fee supports OLLI and gives members access to:

- ✓ Incredible courses and events
- ✓ Printed and digital OLLI catalog each semester
- ✓ Member-only, e-newsletter, *Insider*
- ✓ Michie Tavern lecture/lunch series
- ✓ Author Talks
- ✓ Shared Interest Groups (SIGs)
- ✓ Member-only social opportunities
- ✓ ACAC PT workshops
- ✓ History Walking Tours
- ✓ Special Lectures and much more

OLLI IS FOR EVERYONE!

We hope you will consider becoming a Fall 2022 member.

NEW MEMBER SPECIAL



Are you interested in trying OLLI courses for the first time? Join this Fall for only \$25!

Take advantage of our new student special to receive a discounted membership of just \$25 for your first semester. Then pay for the courses you choose to enroll in. Course pricing varies depending on the length of the course and the type of course that is being taught. See the OLLI registration site for specific course details.

Contact OLLI staff via email (olliuva@virginia.edu) or phone (434.923.3600) to sign up for your discounted membership rate!

Letter from OLLI Leadership

Welcome to OLLI at UVA's Fall 2022 catalog!

OLLI at UVA is excited to offer a full lineup of fascinating programming this Fall. This semester, we are proud to offer over 100 courses, events, and presentations both in person and online. We've worked hard over the last year to increase our local tour offerings and can't wait to see you out and about in our beautiful community.

Last semester, we had the joy of successfully resuming in-person socials and had a blast celebrating OLLI's 20th Anniversary. We hope you will join us at our social gatherings this semester as we jump into our next 20 years of learning together.

As always, we want to extend a big thank you to all of our instructors, committee volunteers, class moderators, leadership, and staff who have come together to curate, organize, maintain, and run our Fall 2022 programming. We are grateful for your passion and generosity throughout the years.

As you browse through our catalog and enjoy the many courses and events offered throughout the Fall semester, we hope you will consider donating to OLLI during this fiscal year (ending June 30, 2023). Your contributions allow OLLI to thrive each semester, with the goal of meeting our members' highest expectations, as well as keeping fees affordable.

We can't wait to see you in the classroom, and hope you have a semester full of engaging programming and conversation. Stay curious!

Yours in learning,



Tay Strauss
OLLI Director of
Programming



Genevieve Baer
OLLI Director of Operations and
Member Engagement



Gary Nimax
OLLI President

SUPPORT OLLI AT UVA WITH A GIFT!

Thank you to the many members who have contributed so generously to OLLI at UVA.

As a non-profit organization, your donations are imperative to OLLI.

Your gift helps keep membership and class fees affordable, supports member benefits and operating expenses, as well as helps pay for equipment, catalogs, classroom rentals, scholarships and more.

The Annual Fund campaign begins July 1. We hope you will help us meet our goal this year.

We welcome donations anytime, including at the time of registration. You can donate online, by mail, by paper or by phone. Head to olliuva.org and click "Support OLLI at UVA."

Please keep OLLI at UVA in mind for your tax and estate planning and your planned giving. Donations to OLLI at UVA are tax deductible as we are a non-profit 501(c)(3) organization.



THE BERNARD OSHER FOUNDATION



The Bernard Osher Foundation was founded in 1977 by Bernard Osher, businessman and community leader, and contributes to the well-being of others by supporting higher education, healthcare, and the arts. In fall 2000, the Foundation began supporting education programs for older adults and in 2001 provided its first endowment to the University of Southern Maine.

There are 125 Osher Lifelong Learning Institutes, with at least one in every state. OLLI at UVA is one of five non-profit 501(c)(3) OLLIs.

Course Venues

COLONNADE CLUB

Pavilion VII, West Lawn at UVA
Charlottesville, VA 22903

COMMON GROUND HEALING ARTS

2nd floor of the Jefferson School
City Center

233 4th Street NW, Suite 219
Charlottesville, VA 22903

HOMEWOOD SUITES

2036 India Road
Charlottesville, VA 22901

IVY CREEK NATURAL AREA EDUCATION BUILDING



1780 Earlysville Road
Charlottesville, VA 22903

ONLINE

OLLI at UVA's Zoom account

SOUTH PLAINS PRESBYTERIAN CHURCH

410 Black Cat Road
Keswick, VA 22947

STUDIO IX

Conference Room or The Gallery
969 2nd Street SE
Charlottesville, VA 22902

THE CENTER

540 Belvedere Boulevard
Charlottesville, VA 22901

THE LODGE AT OLD TRAIL

330 Claremont Lane
Crozet, VA 22932

THE R. R. SMITH CENTER FOR HISTORY AND ART

20 South New Street
Staunton, VA 24401

TUCKAHOE CLUBHOUSE

37 Stone Orchard Drive
Nellysford, VA 22958

UNITY OF CHARLOTTESVILLE

2825 Hydraulic Road
Charlottesville, VA 22901

WTJU

2244 Ivy Road
Charlottesville, VA 22903

YMCA

151 McIntire Park Drive
Charlottesville, VA 22902

A Taste of OLLI

COURSE PREVIEW FOR FALL

A TASTE OF OLLI Charlottesville

Monday, July 25
2 – 3 p.m.

Meadows Presbyterian Church

Fellowship Hall
2200 Angus Road
Charlottesville, VA 22901

A TASTE OF OLLI Fishersville

Wednesday, July 27
2 – 3 p.m.

Fishersville Main Library

Large Meeting Room,
Downstairs
1759 Jefferson Highway
Fishersville, VA 22939

VIRTUAL TASTE Online

Friday, July 29
2 – 3 p.m.

Zoom

Register here:

[https://virginia.zoom.us/
webinar/register/WN_
WoGylwdBSYCVQJav
QrtO8A](https://virginia.zoom.us/webinar/register/WN_WoGylwdBSYCVQJavQrtO8A)

Whether you are new to OLLI or a returning member, you are warmly invited to our Charlottesville, Valley, and Online Taste of OLLI events. You'll meet instructors who will give a sampling of our courses, hear about Fall events, and you'll be ready for registration on Tuesday, August 9. We will have refreshments for you to enjoy as you delight in meeting OLLI's new and returning instructors, staff members, and students.

Check the OLLI website, *Insider* e-newsletter, or call the office to receive the link to the virtual webinar on Zoom. Register **online**. We hope you will join us!



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Volunteer with OLLI



VOLUNTEERS MAKE OLLI GO → AND GROW!

OLLI is, at heart, a volunteer organization.

All of OLLI's amazing instructors are volunteers. There are regular opportunities for new courses and new faculty. If you are interested in teaching for OLLI, we'd love to meet you! Please contact our Program Director, Tay Strauss, at ts4aa@virginia.edu, or call the office.

Leadership volunteers support OLLI through the Board of Directors and committees.

Member volunteers act as OLLI ambassadors by becoming a **class moderator**. These important ambassadors support the OLLI staff and volunteer instructors in the classroom, whether in-person or online. We provide training, and a course discount! It's easy, and you'll form relationships with staff, instructors, and students, all while helping OLLI thrive.

Member volunteers also may help as **"one-day" volunteers** for special events and activities.

To learn more about volunteering, please call 434.923.3600 or email our Volunteer and Events Manager, Marian Brown, dnw9ar@virginia.edu.

VOLUNTEER TECH SPECIALISTS

You may see these volunteers in the classroom. They help us ensure everything runs smoothly.

Laurie Axford



Roy Lee



ADMINISTRATIVE VOLUNTEERS

These volunteers reach out to members, answer your calls and help staff in the office.

Patricia Mininberg



Lisa Anderson



What You Need to Know

MEMBERSHIP AND COURSE FEES BY SEMESTER

OLLI at UVA offers Fall and Spring semesters annually, each consisting of two, seven-week sessions plus additional member and public programming. A membership fee of \$75 per semester entitles you to register for courses offered in both sessions that semester, as well as member benefit programs or activities that occur throughout the semester.

Course pricing is based on the length of the course and the type of course that is being taught.

SCHOLARSHIPS

A limited number of scholarships are available to support those who would find it a hardship to pay standard rates for membership or tuition. Contact the OLLI office for information about our simple request process.

GUESTS

OLLI courses are intended for OLLI members only. OLLI students may invite a guest to one class, or social. We welcome meeting new potential students and just ask to be informed before their visit.

COURSE WAITLISTS

Even with online courses there may be limits on enrollment based upon subject matter and course design. You will not be charged when placed on a waiting list. After registration, OLLI works to accommodate as many students as possible, and a space may open. The OLLI office will contact you if a space becomes available to ask if you still want to join. Please respond within two business days. Please do not attend the course unless you are contacted and enrolled.

SCHEDULE CHANGES

This catalog was printed on July 1, 2022. Schedule updates may have been made after that date. Please check the online OLLI registration site for the most up-to-date information. The OLLI office communicates all schedule changes, last-minute class cancellations, and makeup classes by email. Please check your email regularly!

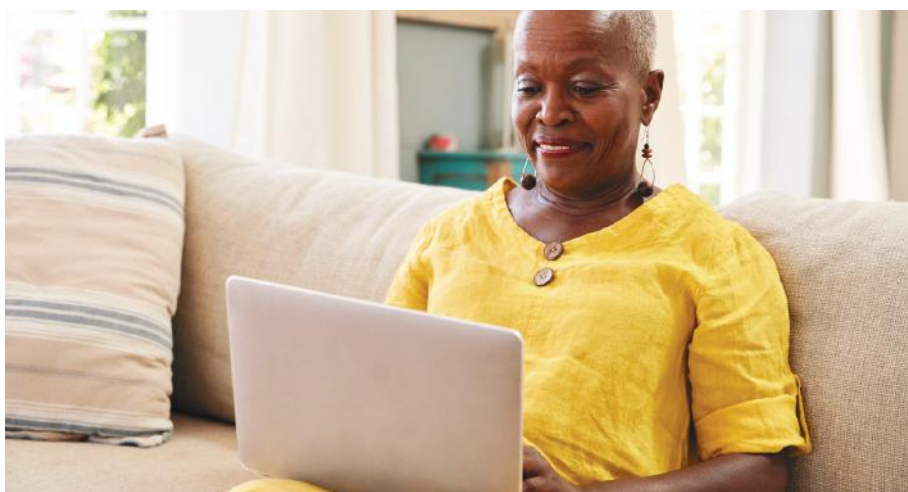
HOW TO REGISTER

Each person must register individually and pay with a separate credit card transaction, or a check payable to OLLI at UVA. The three options for registration are as follows:

ONLINE: go to olliuva.org. Click on the blue "Register Online" button and use a credit card to register for courses and events. Online registration is available 24 hours a day, seven days a week.

PAPER: complete registration form at the back of this catalog and mail in, or drop off, to the OLLI office. Please be sure to include your email address on your registration form for essential program information throughout the semester.

PHONE: call the OLLI office (434.923.3600) for assistance. OLLI staff are available M-F 8:30 a.m. - 4 p.m. to assist you.





OLLI at UVA in Partnership with Michie Tavern
presents

ALBEMARLE'S EARLY DAYS!

Like the OLLI Winter Session, the OLLI Summer Session at Michie Tavern is also a Charlottesville tradition! OLLI at UVA is pleased to continue this wonderful partnership by offering a Summer Session lecture-and-lunch series. Join us to learn, dine, and socialize in one of Central Virginia's most beautiful historic settings.

The 2022 OLLI Summer Session at Michie Tavern will feature a series of talks—cumulatively titled “Albemarle’s Early Days”—presented by award-winning historian Rick Britton on three Thursdays: August 4, 18, and September 1.

Destined to be the future home of two Founding Fathers, and the world-class University of Virginia, Albemarle County—with its moderate climate, fertile soil, and an amazing diversity of native flora and fauna—has been an impressive place since the very beginning. The region's first people—the Monacan—built semi-permanent villages, grew fields of corn and beans, and erected a structure that attracted a budding scientist. One of the county's first significant towns, Milton, is today but an empty crossroads: It was born of the region's lucrative riverine commerce, and by the waters of the Rivanna River it died. Traveling in those days was rough going: bridges were frequently out, fords were oftentimes impassable, and the rushing waters of the James and Rivanna Rivers dunked many a vessel. Taverns—like Michie Tavern—provided the bone-weary travelers a much-needed respite, as well as a hearty meal and a stiff drink.

Join us at Michie Tavern for all three lectures as we explore “Albemarle’s Early Days!”

- **August 4 – People of the Piedmont: the Monacan Indians**
- **August 18 – Albemarle’s Lost Town: Milton on the Rivanna**
- **September 1 – Traveling Albemarle: The County’s Roads, Taverns, & Rivers**

Michie Tavern, 683 Thomas Jefferson Parkway, Charlottesville, VA 22902

The lectures begin at 10:30 a.m. A question-and-answer period follows at 11:15, with lunch at 11:30. The \$35 fee for each event includes the lecture and lunch with the speaker.

Using OLLI's online registration system or the form at the back of this catalog, sign up early to attend one, two, or all three presentations and to enjoy a traditional, colonial, Michie Tavern lunch, as well. (Minimum enrollment: 25, Maximum capacity: 80).

NOTE: You must be an OLLI member in the Fall 2022 semester to participate in the Summer Session. The registration deadline is the Friday before each lecture; no refund requests will be accepted after that day.

*Rick Britton is a Charlottesville-based historian who's written extensively about the history of the Virginia Piedmont. He's the author of the award-winning *Jefferson: A Monticello Sampler* and 2015's *Virginia Vignettes: Famous Characters & Events in Central Virginia History*. A much-sought-after speaker, he writes, lectures on central Virginia history, conducts tours, and illustrates maps for history books.*

History Walking Tours

OLLI HISTORY TOURS

OLLI History Tours are wonderful excursions into the past. They're a great way to experience our area's rich, diverse, and amazing history. Stand on the actual ground and hear the stories featuring colorful people, momentous events, and long-forgotten anecdotes. Join us for these interesting tours of our own history—and we hope you will bring your grandkids!

Your guide is Rick Britton, an award-winning historian who's written extensively on the history of Central Virginia and has over 25 years of experience leading tours, large and small.

Saturday, August 6

11 a.m.

Charlottesville's Court Square

\$12 members, \$6 grandchildren

Tour the city's oldest section while learning about: the founding of Charlottesville and Albemarle County; Number 0, an extant slave block; Charlottesville's brief stint as capital of Virginia during the Revolutionary War; and the Legislature's and Governor Thomas Jefferson's hairbreadth escape from despised British Lieutenant Colonel Banastre Tarleton!



Tour duration approximately 1 hour.

Minimal walking required. Tour meets

at 11 a.m. in front of the courthouse. Park in the nearby Market Street Parking Garage or along Jefferson Street.

Saturday, August 20

11 a.m.

The Skirmish at Rio Hill

\$12 members, \$6 grandchildren

Experience Albemarle County's only Civil War combat! On February 29, 1864—leap day—Union Brigadier General George Armstrong Custer rode into Albemarle County at the head of 1,500 blue-jacketed cavalymen. The only force protecting Charlottesville and the iron railroad bridge spanning the Rivanna River was a battalion of Confederate horse-artillery with 16 cannon and 250 officers and men. Hear this fascinating story!



Tour duration approximately 1 hour.

Minimal walking required. Tour meets

at 11 a.m. at the southern wing of the Rio Hill Shopping center, alongside the VDOT historical marker. Plenty of parking.

Saturday, September 10

2 p.m.

Maplewood Cemetery

\$12 members, \$6 grandchildren

Walk Charlottesville's oldest city cemetery and discover the amazing lives led by those interred here, including: millionaire Paul Goodloe McIntire, the city's great benefactor; Mrs. Margaret Rion, who nursed Civil War soldiers at the Charlottesville General Hospital; John Neilson, an Irish political exile who helped Jefferson construct Monticello and the University of Virginia; Benjamin Franklin Ficklin, one of the founders of the Pony Express; and Maud Coleman Woods, Charlottesville's own "Miss America."



Tour duration approximately 1 hour. Walking required. Tour meets at 2 p.m. at the Maple Street entrance. Parking available along Maple Street and Lexington Avenue, or park in the Market Street Parking Garage and walk the four blocks to Maplewood Cemetery.

History Walking Tours



Saturday, September 24

2 p.m.

The University of Virginia

\$12 members, \$6 grandchildren

Take an in-depth look at the educational institution Thomas Jefferson called “the hobby” of his old age! Visitors will walk the original Grounds, learn about the University’s creation and design, and tour each floor of the world-famous Rotunda. Along the way we’ll discuss the fascinating people who comprise UVA’s history, including Jefferson, the Marquis de Lafayette, Edgar Allan Poe, and William Holmes McGuffey, just to name a few!



Tour duration approximately 1.5 hours.

Walking required. Tour meets at 2

p.m. at the UVA Chapel located at 200

McCormick Rd. Parking is sometimes available along University Avenue, or park in the Central Grounds Parking Garage and walk the two blocks to the Chapel.



Saturday, October 8

2 p.m.

**Thomas Jefferson & the
Monacan Burial Mound**

\$12 members, \$6 grandchildren

Come hear this astounding story featuring: Thomas Jefferson’s first book, Notes on the State of Virginia; the Monacan Indian Nation; Monasukapanough, a Monacan village of 1,000 inhabitants; and Jefferson’s excavation of the village’s large burial mound.



Tour duration approximately 1 hour.

Minimal walking. Tour meets at 2 p.m. at the SOCA soccer fields located at 1685

Polo Grounds Rd. Going north on U.S. Route 29, cross the Rivanna River then take the first right onto Polo Grounds Rd. Go about one mile and turn right into the soccer park. Plenty of parking.

Saturday, October 22

2 p.m.

The University of Virginia Cemetery

\$12 members, \$6 grandchildren

Walk this historic final resting place, founded in 1828, and meet its diverse and interesting inhabitants, including: UVA presidents; accomplished professors from every field, including one who was murdered on the Lawn in 1840; a much-beloved coach; a Confederate brigadier general; and a literary compiler whose works—during the 19th century—sold second only to the Bible!



Tour duration approximately 1 hour. Walking required. Tour meets at 2 p.m. at the Alderman Rd. entrance. Park in the cemetery parking lot, or across the street at Saint Thomas Aquinas: we have permission.

These tours offer a unique opportunity for children to be active while learning about Charlottesville’s history. Please call the office for assistance registering your grandchildren.



SPECIAL LECTURE WITH LIZA TAYLOR

Evolution and Revolution in Women's Fashion: 1850–1970

The Greencroft Club

575 Rodes Drive, Charlottesville, VA 22903

Wednesday, September 14

4 p.m. – 6 p.m.

\$25

A former designer for Ralph Lauren, Liza Nash Taylor offers a visual history of fashion.

From whalebone corsets to microminis, the evolution of women's fashion since 1850 has been influenced by world events as well as by visionary designers including Coco Chanel, Paul Poiret, and Yves St. Laurent. This program features a brief history of how fashion has adapted to and been influenced by changing times and industrial innovation. From haute couture to home sewing, the clothes we wear have a history. Longtime Vogue editor and arbiter of fashion Diana Vreeland once said, "Fashion is part of the daily air, and it changes all the time, with all the events. You can even see the approaching of a revolution in clothes. You can see and feel everything in clothes."



Through the 19th and 20th centuries, inventions such as the zipper, the brassiere, and synthetic dyes changed women's fashion along with historical events such as women's suffrage, international trade, industrialization, and wartime rationing. This lecture was originally developed for the Historical Novel Society Conference North America, 2019.

Liza is the author of two recent historical novels from Blackstone Publishing; ETIQUETTE FOR RUNAWAYS (2020) and IN ALL GOOD FAITH (2021). In 2018, she received an MFA in Creative Writing and was a Hawthornden International Fellow. She is the 2016 winner of the Fiction Prize of the San Miguel Writers' Conference. Her novels have been finalists in the Faulkner-Wisdom Creative Writing Competition and The Tucson Festival of Books and excerpts have appeared in The Copperfield Review and Deep South Magazine. She was a featured author in our Author Talks series in Spring 2022. She lives in Keswick, Virginia, in an old farmhouse which is a setting in her novels. To find out more, visit www.lizanashtaylor.com.



FUN IN THE FIELD!

The Quarry Gardens – A Unique Ecosystem

Monday, September 12

12 p.m. – 2:30 p.m.



**1643 Salem Road
Schuyler, VA 22969**

\$10

Limit: 20

Soapstone exists in only a few places in the world, among them Alaska, Brazil, Finland—and Central Virginia. For more than half a century, it was the reason and livelihood for the community of Schuyler. There were some 90 quarries in the area. In 1991, Armand and Bernice Thieblot purchased a 600-acre decommissioned Schuyler soapstone quarry property that was being used as the local dump. After retirement in 2013 the Thieblots set about to restore and preserve the rare native plant communities already in place and to introduce additional native plant species endemic to within 15 miles of the site.

Six quarries—now appearing as two rock-sided pools of water (each about an acre in area and 30–45 feet deep)—are central to the Quarry Gardens. For a quiet and serene getaway, treat yourself to this OLLI Outing visit to the Quarry Gardens about 30 minutes south of Charlottesville. We will tour 34 native plants “galleries” that border the still waters and sheer rock faces of the former soapstone quarries and spend time in a world away from the everyday. We will enjoy the use of the covered “picnic pavilion” for a bring-your-own/brown bag lunch prior to our scheduled 1 p.m. tour. If there is a rainout, we’ll plan on visiting the following Monday. Learn more online at quarrygardensatschuyler.com.



Kluge–Ruhe OLLI Outing: Papunya Tula Artists – Part 2

Thursday, October 6

1 p.m. – 2:30 p.m.



**400 Worrell Drive
Charlottesville, VA 22911**

\$5

Limit: 25

Last February, our OLLI Outings group toured the Kluge–Ruhe’s art galleries, including their featured exhibit, Papunya Tula Artists – Part 1. The Part 1 exhibit featured art from the first twenty-five years of Papunya Tula Artists, Australia’s first Aboriginal arts company. Our October Outing to the Kluge–Ruhe continues the Papunya Tula story through the second twenty-five years up to present day. One highlight of the Part 2 exhibit is an entire wall of commissioned small paintings by current Papunya Tula artists commemorating 50 years with the company. Each work speaks to the artist’s life experiences and connection to family and country. Shown as a group, the works are a testament to the vitality of Australian Western Desert Art and continued relevance of Papunya Tula Artists.

In the mid 1990s Aboriginal women became as enthused about painting as the Aboriginal men that first touched paint to canvas in the early seventies. Many women started painting for Papunya Tula Artists and breathed new life and color into the company. Papunya Tula – Part 2 art reflects both the inclusion of women and changing artistic styles. Join this OLLI Outing to view outstanding contemporary Western Desert art that can be abstract venturing into minimalism and optical effect. During the art galleries tour, you’ll hear how Aboriginal love of Country, and the ancient narratives inform the artists. Before and after the scheduled 1:30 p.m. tour, you’ll have time to explore the rest of the Kluge–Ruhe collection, including its wonderful gift store. Learn more online at kluge-ruhe.org.

Explorers' Local Tours

**New to the area or to retirement?
Looking to build community with
other curious, vital, lifelong learners?
Or just want to explore your own
backyard?**

Join us for one or both of our Explorers' Local Tours!

- Both tours will be led by OLLI member and retired educator, Leslie Lee.
- You do not have to be an OLLI member to register.



Hamiltons'
FIRST & MAIN



OUT006
Explorers' Tours: Downtown Arts
Wednesday, September 14



10 a.m. – 1 p.m.

Downtown

\$50 includes tours and lunch

Limit: 15

Explore Charlottesville's vibrant downtown arts scene! We will start with a tour of the McGuffey Art Studios with demos by working artists, then lunch at Hamilton's at First & Main, followed by a behind-the-scenes visit to The Paramount Theater. OLLI at UVA's leadership will join you for lunch and look forward to meeting you. After lunch and tours, participants are invited to explore art galleries and other art venues on and near the downtown mall.

Leslie Lee is a retired educator. Previously, an employee of Montgomery County public schools, she has taught every grade level from Head Start through 12th grade. During her thirty-two-year tenure as a classroom teacher, she facilitated or led dozens of field trips in and around Washington, D.C. greater metropolitan area. New to Charlottesville, she has enjoyed discovering myriad field trip opportunities in and around the surrounding area.



OUT010
Explorers' Tours: Discover Highland
Presentation by James Monroe

Wednesday, November 9

11 a.m. – 1 p.m.



Highland

\$35 includes tour, lecture, and lunch

Limit: 25

James Monroe's Highland is a historic site with a new story to tell. With the guidance of Highland's Council of Descendant Advisors, the 1818 Presidential Guesthouse has been re-curated into self-guided exhibits that weave the story of Highland's free and enslaved residents into one narrative. Focusing on Monroe's presidential years, the exhibits will bring to light how Highland is a lens for understanding early American history and its present-day legacies.

America's fifth president lived at Highland sporadically from 1799 to 1823. Monroe sold the house and the fields immediately surrounding it in 1826, and the Bank of the United States sold the remaining farmland in 1828. The history of Highland includes James Monroe, his wife Elizabeth Kortright Monroe, and their family, as well as many enslaved men, women, and children. Between the untold stories of enslaved people, a fire that destroyed the main residence, and property changes by later owners, mystery and misunderstanding surrounded the site for years. Only now are historians and archaeologists peeling back the layers of history to uncover Highland's complete past.

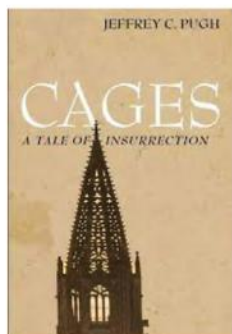
Join us for this exciting new opportunity for a self-guided tour, lunch and performance by James Monroe.

Member Benefits



OLLI AUTHOR TALKS THIS FALL!

OLLI at UVA Author Talks provide a unique opportunity to meet with an author, learn about and discuss their work in a small, personal setting.



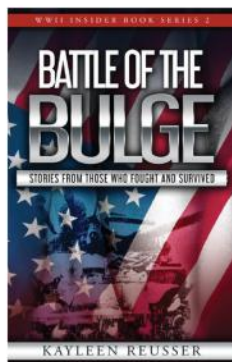
Cages: A Tale of Insurrection by Jeffrey C. Pugh

Friday, September 16 at 11 a.m.
Studio IX

The year is 1533. Elsbeth Joris is about to be executed for witchcraft when Andreas Wagner cuts her loose from the ducking stool. Exiled from family and village, Elsbeth accepts Andreas's offer to accompany him back to his home in Münster, Germany—a decision that plunges her into a world of unhinged prophets, sassy nuns, and a deranged charlatan king. A disillusioned former monk, Andreas is returning home to confront his past, but the city is on the brink of collapse. Crowds rave hysterically in the streets, churches are ransacked, convents and monasteries empty, sacred texts are burned, and polygamy is instituted as God's law. To his surprise, Andreas finds that Ulrich Schlatter, a former nemesis, has also returned, seeking revenge on those who exiled him years ago. Stakes are raised for everyone when the Prince-Bishop of Westphalia calls mercenaries to besiege the city. The rebels, however, offer unexpected resistance, thwarting hopes for a quick victory. Finding refuge with one another and new friends in the ensuing struggle, Elsbeth and Andreas discover that love in the reign of a mad king is not impossible, but it does come with scars.

Cages: A Tale of Insurrection, is extensively researched historical fiction set in a turbulent period of 16th century German history when religious radicals, expecting the apocalypse, overthrew Münster's city government, exiled "unbelievers," and set up their theocratic kingdom of "Zion."

Jeffrey C. Pugh is Distinguished University Professor Emeritus of Religious Studies at Elon University, a published scholar of religious studies and spirituality and the author of six previous academic books on subjects as diverse as theologians under Hitler, religion and science, and the creation of apocalyptic imagination. Pugh teaches courses for OLLI at UVA.



Battle of the Bulge: Stories from Those Who Fought and Survived by Kayleen Reusser

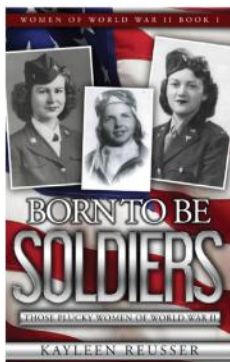
Tuesday, September 27 at 2 p.m.

 **Online**

On December 16, 1944, artillery shells from 250,000 German troops scream down on unsuspecting American troops in the Ardennes Forest of Belgium. It is the beginning of one of World War II's biggest battles. Who will survive? In the snowy mountains John Wearly becomes separated from Company M, 39th Infantry, 99th Division. Will the enemy find him before he can reach safety? Bob Staggs of the 467th Engineer Battalion fires half-track machine guns at a sniper in a church steeple. How many shots will threaten their lives? The world was saved by these and other real-life heroes.

Kayleen Reusser is the author of 10 books on World War II, based on interviews with 260 World War II veterans. She has presented programs virtually and in-person across the US. Reusser preserves American military heritage, while honoring veterans. Reusser is the wife and mother of Air Force airmen. www.KayleenReusser.com

Member Benefits



Born To Be Soldiers: Those Plucky Women of World War II by Kayleen Reusser

Tuesday, October 25 at 2 p.m.

 **Online**

During World War II, 350,000 American women joined the Army, Navy, Coast Guard, and Army Air Corps. Some served on the American home front, while others volunteered to go overseas.

While people disapproved, the women persevered and outshone everyone's expectations.

Kayleen Reusser has compiled an assortment of stories from interviews with women who served as nurses, cryptologists, and even pilots during the war.

From helping to tow targets while being shot at with live ammunition to nursing wounded men in France, these women responded wholeheartedly during their country's time of need and helped to win the war.

Kayleen Reusser is the author of ten books on World War II, based on interviews with 260 World War II veterans. She has presented programs virtually and in-person across the US. Reusser preserves American military heritage, while honoring veterans. Reusser is the wife and mother of Air Force airmen. www.KayleenReusser.com

SOCIALS FOR MEMBERS

OLLI at UVA membership is a great way to meet new people!

Social opportunities outside of the classroom are offered regularly. Details are announced in your members-only *Insider* e-newsletter. We welcome the chance to get to know you and spend quality, relaxing time together. Come make new friends!

SHARED INTEREST GROUPS (SIG)

An OLLI Shared Interest Group is formed by a nucleus of OLLI members with a shared interest in the same subject.

SIGs provide ongoing learning, friendship and support around the shared interest. Each group is different depending on its focus, and all provide interesting lifelong learning opportunities, as well as a fun social experience that is ongoing through semesters and class cycles. OLLI's Shared Interest Groups are a benefit offered by members, for members.

If you would like to join or create a SIG, email Marian Brown, Volunteer and Events Manager, dnw9ar@virginia.edu or call 434.923.3600. She is happy to help you create your new group.



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—GEORGE BURNS

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Member Benefits

Watch your member-only *The Insider* for

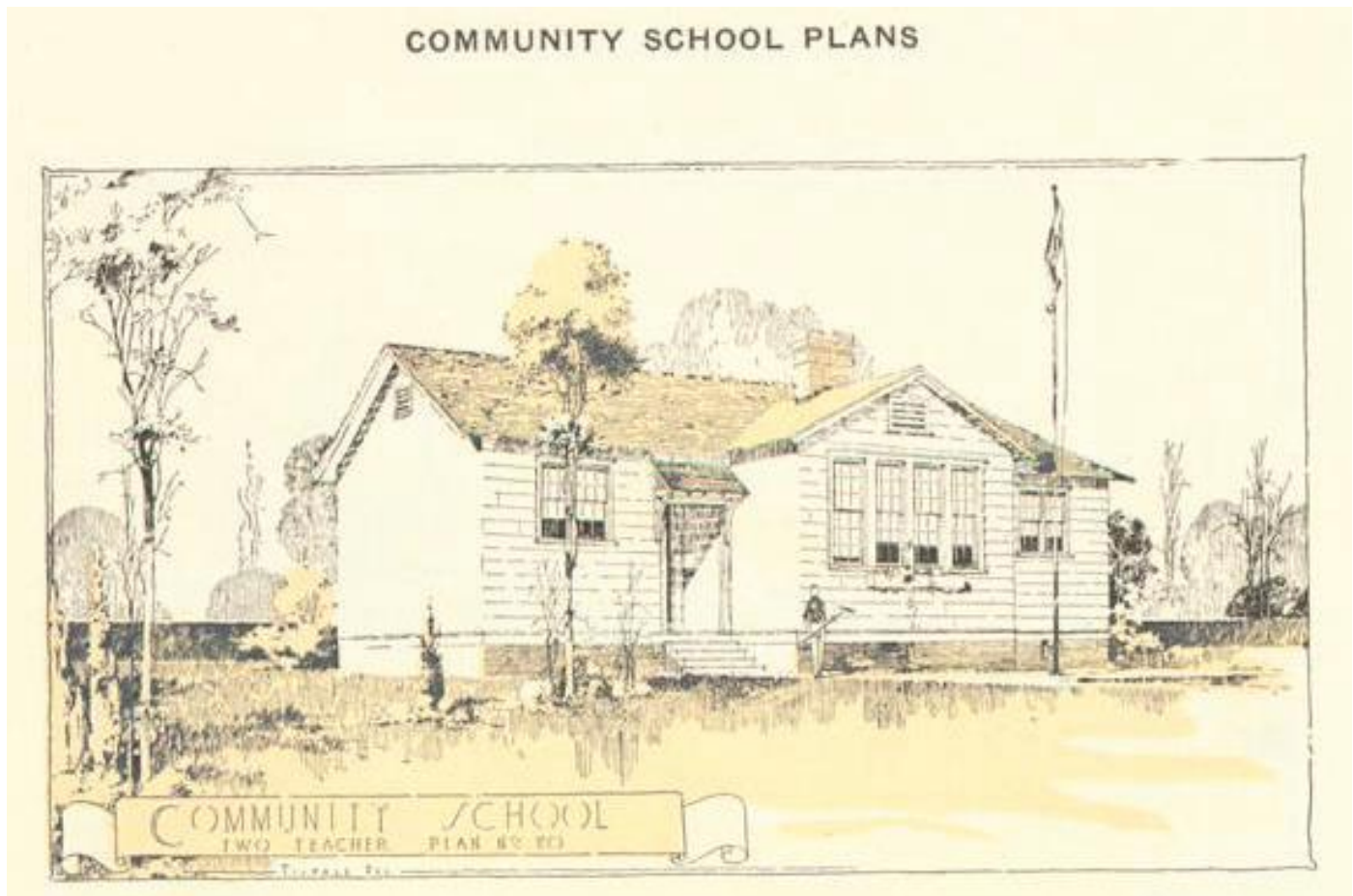
PRESERVING HISTORIC AFRICAN AMERICAN SCHOOLS IN RURAL VIRGINIA



We are excited to work with Jody Lahendro and Rebecca Kinney to offer a fall member benefit program focused on the 1923 Rosenwald School in Cobham.

Their simple, distinctive building forms are scattered through the rural Virginia landscape; often abandoned and choked with vines but all recognizable as a type. They are the extant, threatened artifacts of a revolution in African American education in the early 20th century, and they deserve preservation if, for no other reason, as a reminder of this chapter of the long, continuing struggle for equal rights.

This offering is in the works and more information is coming soon.



Member Benefits

ACAC PT PARTNERSHIP WITH OLLI



PHYSICAL THERAPY @ acac

WORKSHOP SCHEDULE

Osteoporosis: Exercise & Bone Strength

Judy Zacharias, MSPT

- Friday, September 16
- 11 a.m.
- PT@ACAC Conference Room, 414 Albemarle Sq.

In this workshop you will learn all about osteoporosis. What causes osteoporosis, what happens to your bones when you have osteoporosis, and what you can do to help slow or stop bone loss. Research findings as well as a whole series of exercises done at 2-3 different levels of difficulty will be included in this workshop.

Protecting An Aging Rotator Cuff

Rebecca Schock, MPT

- Friday, November 11
- 11 a.m.
- PT@ACAC Conference Room, 414 Albemarle Sq.

In this workshop Rebecca will teach the rotator cuff anatomy and why your rotator cuff is at risk for strains and tears. You will learn optimal body mechanics, instructions for strengthening and stretching exercises, activities to avoid, and advice for when it is time to see a medical professional.

How to Identify and Prevent the Risk of Falls

Jocelyn Reeder, PT, DPT, Board Certified Geriatric Clinical Specialist, and Caroline Merva, PT, DPT, Board Certified Geriatric Clinical Specialist

- Friday, October 21
- 11 a.m.
- Kessler Conference Room, 1st Fl., 595 Martha Jefferson Dr.

This workshop is designed to help individuals understand the impact of falls on older adults. Jo and Caroline will guide you in learning potential fall risk factors, how to decrease your risk for falls, and home safety modifications that can be made to reduce the risk of falling and assist with aging in place.

Vestibular Rehabilitation: Why Am I Dizzy?

Anne Knox, PT, MSPT, Board Certified Geriatric Clinical Specialist, and Samuel Snelgrove, DPT

- Friday, November 18
- 11 a.m.
- PT@ACAC Waynesboro Clinic, 760-B Town Center Dr.

Anne Knox, PT, MSPT, Board Certified Geriatric Clinical Specialist, and Katelyn Purcell, DPT

- Friday, December 9
- 11 a.m.
- Kessler Conference Room, 1st Fl., 595 Martha Jefferson Dr.

Do you feel that the world is spinning? Do you feel woozy when you move? Do you sometimes veer or stagger when you walk? Many people suffer from such symptoms of dizziness, vertigo, and disequilibrium. This workshop will help you to understand these symptoms, their causes, and their management. Topics will include diagnosis and treatment options, including a type of physical therapy called vestibular rehabilitation. A question and answer portion of the workshop will address individual participant needs.

Member Benefits

WELL014

NAVIGATING THE LANDSCAPE OF LONG-TERM CARE INSURANCE

Tuesday, September 22

11 a.m. – 12:30 p.m.

Studio IX

**Can I benefit from long-term care insurance?
Am I eligible?**

Discovering those answers, you will also learn the different types of coverages available, and to maximize and leverage your retirement resources, as well as the tax-free benefits associated with long-term care insurance. Tracy will discuss the importance and value of your extended care planning, and options and solutions that could affect your situation to walk away feeling empowered and enlightened!

WELL021

SOCIAL SECURITY: UNDERSTANDING THE BENEFITS

Wednesday, November 9

6 p.m. – 7:30 p.m.

Studio IX

Learn what you need to know about Social Security while you are still working, about the benefits to you and your family that are available, when to apply for your benefits, the advantage of waiting until full retirement age to claim your benefits, and how your benefits may be taxable to you. You will also learn how to set up a secure online “my Social Security” account to check your earnings and get your benefit estimates, and when to file for Medicare, our country’s basic health insurance program for people aged 65 or older and for many people with disabilities.

NOTE: This is open to non-members. You are welcome to bring a friend.

Tracy Meade offers both of these educational opportunities. Tracy Meade is an independent financial planner; certified long-term care consultant; and licensed insurance agent and consultant located in the Charlottesville area.



Fall 2022 Courses

ALPHABETICAL BY INSTRUCTOR

♦ New Course

**Aaslestad, Hal and George Robinson, John
Mason, Tom Delare, Alexander Thymmons,
Shirley Ruedy**

The Edge of Empires, the History of Ukraine ♦ 32

Adams, William

The Ukraine Invasion and a New World Order ♦ 46

Alcaro, Nanette

Asian Cooking with Nanette ♦ 44

Applewhite, Ashton

We Are All Aging - Let's End Ageism ♦ 54

Askounis, Anna

The Heart of the Matter: *Reading Elizabeth Berg* ♦ 42

Barnhill, Mark L.

Gold, Granite and Glaciers: *The Geology of the Sierra Nevada Mountains and Yosemite National Park* ♦ 52

Bedford, Faith Andrews

From Memories to Memoirs 45

Burt, John

The Health Benefits of Awe Experiences ♦ 30

Caellegh, Addeane

Mystery Novels: *Windows on Society and Culture* 41

Chadwick, Charles

Tragic Compassion: *O'Neill's A Moon for the Misbegotten* ♦ 25

Chapel, Robert

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Coates, Edward

How to be Effective and Enjoy Serving on a Non-Profit Board 45

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Elliff, Scott

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Fulton, Scott

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Longevity Advantage: *Adding Years to Life and Life to Years 102* ♦ 50

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Mason, John W. Has the West Lost the Fight for Liberal Democracy? ♦	36	Schwartzman, Joel Israel's Strategic Position in the Middle East ♦	48
Mason, Richard E. Listening: "What Did You Say?"	43	Sherman, Dan Here's Looking at You, Kid: <i>Enjoying Casablanca</i> ♦	24
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OLLI at UVA Fall 2022

SEARCHING FOR COURSES JUST GOT EASIER

Whether online or here in the catalog, you can search for courses by category. Each OLLI course is assigned a prefix to indicate its category. OLLI at UVA's volunteer Curriculum Committee, tasked with developing a well-rounded offering of courses each semester, has adopted the following eight category areas:

Arts	ARTS	Music, Drama, Art History, Film, Architecture
Health and Wellness	WELL	Medicine, Health, Fitness, Aging
History	HIST	All – U.S., International, Classical, Modern
Humanities	HUMN	Religion, Philosophy, Literature, Poetry, Foreign Languages
Lifestyle	LIFE	Hobby, Activities (Cooking), Sports
Public Affairs	PBAF	Political Science, International Relations, Law, Current Events
Science and Technology	SCIT	Hard Science, Natural Science, Technology, Engineering, Computing, Mathematics
Social Science	SCSC	Economics, Business, Psychology, Sociology, Anthropology

 Online Course	 Valley Location	 Requires Walking	♦ NEW ♦ New Course	 DEIA Programming
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This catalog was printed on 7/1/2022. Please check the registration system via OLLI's [website](#) for the most up-to-date information.





ARTS SESSION A

♦ NEW ♦

ARTS083 **Here's Looking at You, Kid:** **Enjoying Casablanca** **Dan Sherman**

Session A
Monday, 1 p.m. – 3 p.m.
Two-hour class.

9/12

Homewood Suites

\$15

Limit: 35

Although conceived as a standard studio film, *Casablanca* was quickly recognized as a great romantic film, full of memorable characters and iconic lines, all supported by one of Hollywood's greatest scores. This course will provide the backstory to the film, and place it within the studio production system, and tell how it developed from an unfinished script when shooting began into the Best Picture of 1942. The talk will include clips from the movie, discuss its actors and creators, and highlight reasons for its appeal.

For the past 10 years, Dan Sherman has presented talks on musical theatre composers and lyricists to many groups, including Osher Lifelong Learning programs around Washington, DC and in Virginia. Dan holds a PhD in economics from Cornell University and in 2018, retired as managing director at the American Institutes for Research in Washington, DC. He lives in Alexandria, Virginia and hopes to move to his house on a lake in Williamsburg next year and pursue his interests in both music and mathematics at William and Mary.

ARTS010 **Drawing Basics:** **Yes, You Can Learn to Draw!** **Pam Roland Lengel**

Session A
Monday, 1 p.m. – 2:30 p.m.
9/19, 9/26, 10/3, 10/10, 10/17, 10/24

The Center

\$66

Limit: 20

Drawing is a way to discover an entire new world. Before modern techniques about learning to draw were developed, many of us thought we couldn't draw or had no talent. Now we can learn to "see" like never before and give up saying things like, "I can't even draw a straight line." (After all, maybe that's what rulers are for!) Required materials: A detailed list can be found online or by contacting the OLLI office.

SUGGESTED READING: Edwards, Betty. *Drawing on the Right Side of the Brain*, 1999. Dodson, Bert. *Keys to Drawing*, 1990. Garcia, Claire Watson. *Drawing for the Absolute and Utter Beginner*, 2003.

Dr. Pam Roland Lengel has been a high school English teacher, a teacher of teachers as an instructional and supervision specialist and taking and giving art lessons since 1995. She is active in the Central Virginia Watercolor Guild and was a UVA professor at the School of Continuing and Professional Studies.

♦ NEW ♦

ARTS087 **Piano Solos by Major Composers:** **Part Five** **Arnold Popkin**

Session A
Monday, 10 a.m. – 11:30 a.m.
10/3, 10/10, 10/17

Unity of Charlottesville

\$33

Limit: 100

This course will be the fifth in a series presenting live performances of beautiful piano solos. Each class will include one hour of performance and about 30 minutes of discussion about the composers and compositions.

Dr. Arnold Popkin retired after a 47-year career as an ophthalmologist. He kept up his musical life by giving 20 solo piano recitals at Cabell Hall, recording eight CDs of piano music, and giving many other performances for retirement communities, charities, community arts associations, and the Wednesday Music Club.

♦ NEW ♦

ARTS081

**Buddhist Art Basics:
The Life of the Buddha**
Ariana Maki

Session A**Tuesday, 9:30 a.m. – 11 a.m.****9/6, 9/13, 9/20, 9/27****Unity of Charlottesville****\$44****Limit: 25**

At the heart of Buddhism is the Buddha Shakyamuni (ca. 5th century BCE), whose life provided followers with both a template and the tools for successfully transcending the cycle of rebirth and suffering. In the centuries since his parinirvana, artists around the world have given material form to the Buddha's travels and teachings, creating objects for use in meditation, ritual, and religious history. Using the life of the Buddha as a guide, this course will enable learners to identify and understand the most salient characteristics of Buddhist art and to discern the meanings and motivations behind its creation.

SUGGESTED READING: Keown, Damien. *Buddhism: A Very Short Introduction*. Oxford University Press, 1996, additional reading will be provided to those enrolled.

Ariana earned her PhD in Buddhist art with specializations in Himalayan and South Asian cultures. In addition to her work as Associate Director of UVA's Tibet Center, she is co-director for the Life of the Buddha, an interdisciplinary digital humanities project, and served as the United States Fulbright Scholar to Bhutan (2019–20).

♦ NEW ♦

ARTS079

The Life and Artistry of Stephen Sondheim
Robert Chapel

Session A**Tuesday, 10:30 a.m. – 12 p.m.****9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18****Homewood Suites****\$77****Limit: 25**

An overview of Sondheim's life and an examination of the shows for which he composed and/or wrote lyrics. I believe he was one of the finest composers for the musical theatre in the 20th century and hope to show why I believe this. I will include the use of Power Point, VHS and DVD videos, and audio via CDs, cassettes, and vinyl records.

SUGGESTED READING: *Stephen Sondheim, a Life* by Meryle Secrest.

Robert Chapel is Professor Emeritus of Drama at UVA where he taught and directed theatre for 26 years (15 of those years he also served as Chair of the Department of Drama.). He also was with the Heritage Theatre Festival for 29 years, serving as producing artistic director for 20 of those years. He has directed over 140 productions, internationally, nationally, and at numerous American universities, with many of these being at UVA. He has directed productions of eight different Sondheim shows, four of them twice each, including the Moscow, Russia premier of Sweeney Todd. He received a Life Achievement Award from the Virginia Theatre Association and a Raven Faculty Award from UVA. He holds a PhD in theatre from the University of Michigan.

♦ NEW ♦

ARTS080

**Tragic Compassion:
O'Neill's A Moon for the Misbegotten**
Charles Chadwick

Session A**Tuesday, 9:30 a.m. – 11 a.m.****9/13, 9/20, 9/27, 10/4, 10/11****The Center****\$55****Limit: 25**

Eugene O'Neill's last completed play, *A Moon for the Misbegotten*, is his final statement on tragedy and the most compassionate play he ever wrote. We will treat the play not as a sequel to *Long Day's Journey Into Night* (an almost irresistible temptation), but as a masterpiece in its own right. We will focus on not just the older version of



Journey's Jamie Tyrone, but also O'Neill's greatest female character, Josie Hogan. Our study will use a video of the play in class (the definitive performance with Jason Robards, Jr and Colleen Dewhurst) with a discussion focused approach and supporting lecture material.

SUGGESTED READING: Eugene O'Neill, *A Moon for the Misbegotten*, Yale University Press, 2006

Charles Chadwick has an MA in literature and has taught for OLLI since 2014, including two prior courses on the plays of O'Neill, seven courses on the plays of Shakespeare and courses on poetry and contemporary literature. He is retired after a career in organizational ethics and as an executive in United States government contracting.

ARTS084 **Watercolor: Learn and Explore!** **Chee Ricketts**

Session A
Tuesday, 10 a.m. – 11:30 a.m.
9/13, 9/20, 9/27, 10/4, 10/11, 10/18



Online

\$66

Limit: 12

Have you wanted to paint with watercolor but have been intimidated by the process? If so, this is the course for you! Before the course commences, you will be able to view brief videos explaining which supplies to purchase and how to set up your painting space. The course will cover basics such as how to organize a watercolor palette and principles of color mixing and participants will learn the important techniques that are used in creating successful watercolors. There will be ample time for practicing in each class. Although designed for beginners, this course offers intermediate painters the opportunity to review and refine skills. Required material: Students will be sent a supply list upon registration for the course. The supplies are estimated to cost approximately \$75.

SUGGESTED VIEWING: Chee has created videos to acquaint students with the necessary equipment needed for watercolor painting, these will be shared before the course begins.

Chee Kludt Ricketts is primarily a watercolor painter. She has taught workshops for the Shenandoah Valley Art Center, The Arts Center in Orange and the Central Virginia Watercolor Guild. Her work appears in juried exhibitions throughout the Southeast, and her paintings hang in public and private collections nationwide.

♦ NEW ♦

ARTS077 **Invitation to the Dance:** **The DNA of Great Symphonic Ballets** **Benjamin K. Roe**

Session A
Wednesday, 4 p.m. – 5:30 pm.
9/21, 10/5, 10/19, 11/2, 11/16, 11/30
Course meets every other week.



R.R. Smith Center for History and Art

\$48

Limit: 20

Before coming under the baton, some of the most beloved works in the concert hall begin life at the barre. This course will examine the 'ballet bones' of six symphonic masterpieces, including rare video footage of the original choreography. We'll examine Tchaikovsky's *Swan Lake*, Ravel's *Daphnis et Chloé*, Prokofiev's *Romeo & Juliet*, Copland's *Appalachian Spring*, as well as *The Firebird* and *Rite of Spring* by Stravinsky.

Benjamin K. Roe is the President & CEO of the Heifetz International Music Institute. He has enjoyed a long career as a producer, writer, speaker, and adjudicator in the arts and media world, previously serving as Director of Music for NPR, Managing Music Producer for WGBH in Boston, and Chief Content Developer for the Philadelphia Orchestra.



♦ NEW ♦

ARTS078

**The Greatest Books You Never Read:
Vergil's Aeneid**
Evelyn Edson

Session A

Wednesday, 10 a.m. – 11:30 a.m.

10/19, 10/26, 11/2, 11/9

Studio IX

\$44

Limit: 12

Vergil's work is a consciously composed epic of the founding of Rome. It was written during the early years of Augustus' reign as the first Roman emperor. Celebrated as a masterpiece as soon as it appeared, shortly after Vergil's death in 19 BCE, it became a central work in Western culture.

Evelyn Edson holds degrees in history from Swarthmore College (BA), and the University of Chicago (MA and PhD). She taught history and humanities at Piedmont Virginia Community College for 34 years before retiring. Her research field is history of cartography, but she is also interested in classical and medieval studies.

♦ NEW ♦

ARTS088

**Puccini and Strauss:
The End of Romanticism**
Tim Snider

Session A

Thursday, 1 p.m. – 2:30 p.m.

10/6, 10/13, 10/20, 10/27

WTJU

\$44

Limit: 24

The prevailing aesthetic for opera of the 19th century was Romanticism. Florid vocalism, dense orchestration, and intense emotions typified the opera of the 19th century. Although Giacomo Puccini and Richard Strauss experienced most of their success in the early years of the 20th century, their works harken back to the Romantic style that



typified music and drama in the earlier century. We'll study their operas, examine how and why Romanticism declined, and see what replaced Romanticism in the 20th century.

Tim Snider is a retired attorney and host of WTJU's Sunday Opera Matinee. He frequently lectures before the Met Opera in HD broadcasts at the Paramount. His lectures for OLLI on opera have been popular with attendees.

♦ NEW ♦

ARTS089

Picasso: The Genius of Innovation
Nancy McAfee

Session A

Thursday, 10 a.m. – 11:30 a.m.

10/20, 10/27, 11/3, 11/10, 11/17



Online

\$55

Limit: 100

What made Picasso such a towering figure in art history? This course will look in-depth at his life, paintings, sculpture, friends, mistresses, and wives to study his genius.

Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director. She has an AB from Cornell and an MA in art history from Case Western Reserve University. Nancy teaches art history and architecture courses for the OLLI at the Rochester Institute of Technology and has four grandchildren in Rochester and four in San Francisco.



♦ NEW ♦

ARTS082

**The Fabulous Katharine Hepburn
Dan Sherman**

Session A

Friday, 1 p.m. – 3 p.m.

Two-hour class.

9/9

 **Online**

\$15

Limit: 100

Born into a wealthy family, Katharine Hepburn shot to early fame, winning the first of her four Oscars (a record) when only 26, though she soon was labelled “box office poison.” She quickly brought about her own comeback with *The Philadelphia Story* and became an icon of screen in both dramatic and comedic roles. This course will include many performance excerpts (including her single stage musical!) and discuss her screen persona as an independent woman, her legacy, and life, including her relationship with Spencer Tracy.

For the past 10 years, Dan Sherman has presented talks on musical theatre composers and lyricists to many groups, including Osher Lifelong Learning Groups around Washington, DC and in Virginia. Dan holds a PhD in economics from Cornell University and in 2018, retired as managing director at the American Institutes for Research in Washington, DC. He lives in Alexandria, Virginia and hopes to move to his house on a lake in Williamsburg next year and pursue his interests in both music and mathematics at William and Mary.

ARTS SESSION B

ARTS041

**Dance in America
Don Loach**

Session B

Monday, 11 a.m. – 12:30 p.m.

11/7, 11/14, 11/28, 12/5, 12/12



Online

\$55

Limit: 35

When the choreographer George Balanchine came to America early in the 1930s, he found a thriving dance world. Soon he joined the scene with the likes of Martha Graham, Jerome Robbins, Agnes DeMille, Paul Taylor, Anthony Tudor, Mark Morris, and other remarkable choreographers who followed him through the remaining years of the 20th century. We'll enjoy their successes through those years with the aid of filmed performances.

Donald Loach is Associate Professor Emeritus of Music at UVA, where he taught courses in music history and theory and was Music Director of Choral Organization. He was also Director of The Oratorio Society of Virginia. Dr. Loach received his BA at the University of Denver, a MMus at Yale University, and a PhD at the University of California Berkeley.

♦ NEW ♦

ARTS085

**American Classical Architecture:
Roman, Greek, Renaissance, and Modern
Richard Guy Wilson**

Session B

Tuesday, 10:30 a.m. – 12 p.m.

10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

Unity of Charlottesville

\$77

Limit: 100

A study of Classical architecture and related arts that created an American image. The course will examine the period c 1700 to c 1859, the Roman and Greek revivals and the major buildings of Washington, DC and elsewhere, and then the rediscovery of classicism c 1890 to c 1920 and the American Renaissance, and then Modernist adaption c 1930–1960. Focus will be on American classical architecture but also included will be sculpture by leading artists such as Powers, Rogers, and French, along with paintings and murals by Sargent and others and the decorative arts and writers such as Edith Wharton.

SUGGESTED READING: Reading material will be provided to those enrolled.

Richard Guy Wilson is Commonwealth Professor Emeritus in Architectural History at the University of Virginia. His many books, articles and exhibits include different aspects of American and modern architecture including Thomas Jefferson, Edith Wharton, the Arts & Crafts, and American Renaissance.

ARTS048
Masters and Masterpieces of Spanish Painting: Velázquez, Goya, Picasso
Cecile West-Settle

Session B
Thursday, 10 a.m. – 11:30 a.m.
11/3, 11/10, 11/17, 12/1

Homewood Suites

\$44

Limit: 35

Diego Velázquez's "Las Meninas" and Pablo Picasso's "Guernica" are two of the most widely acclaimed paintings of Western art. Indeed, the popularity of these paintings has transformed their titles into household names. The course "Masters and Masterpieces" will offer an in-depth analysis of these paintings through the lens of their historic and artistic contexts. Also included in our study is the 19th century painter Francisco de Goya. In the case of Goya special attention is given to his royal portrait "La Familia de Carlos IV" and his portrayal of Spain's war with Napoleon "Dos de mayo 1808". We will compare the Neoclassical moment of Goya's "La Familia" with the Baroque world of "Las Meninas" and contrast both these moments with the 20th century world of Picasso's art.

Cecile West-Settle earned her BA from Agnes Scott College and her PhD in romance languages from Emory University. She taught for 25 years at Washington and Lee University where she offered courses in Spanish language, culture, and literature, with a primary interest in contemporary 20th century poetry. Her passion for Spanish arts and culture took root during the three years she lived in Spain following her undergraduate education. She has maintained close ties with Spain through travel and study with her students and returning to Spain on a yearly basis.



♦ NEW ♦

ARTS086
Louis Wain: He Drew Cats
Steve Stearns

Session B
Thursday, 3 p.m. – 4:15 p.m.
10/27

 **Online**

\$11

Limit: 30

Louis Wain was a famous artist in England 120 years ago but is largely unknown in the USA—despite a 2021 Amazon movie about his life. In the early 20th century, most English homes had books, magazines, or calendars with Wain's cat illustrations. H. G. Wells said Wain "...invented a cat style, a cat society, a whole cat world." This one-session course will focus on Wain's cat art while describing his tragic but influential life. Cat lovers—even those who've seen the Amazon movie—will enjoy his images and learn more about this forgotten artist.

Steve has cared for cats for over 50 years and has been a cat volunteer at the Charlottesville-Albemarle SPCA since 2013. He discovered Louis Wain while preparing the Fall 2021 OLLI course, The Amazing World of Small Cats.

Health & Wellness



HEALTH & WELLNESS SESSION A

WELL022

Foundations of Yoga

Leslie Lee

Session A

Monday, 10 a.m. – 11:15 a.m.

10/10, 10/17, 10/24, 10/31

Common Ground Healing Arts

\$44

Limit: 20

This course is an accessible opportunity to start a new yoga practice. With the aid of props in the yoga studio at Common Ground Healing Arts students will be able to gently access foundational yoga poses and comfortably ease their way into this beginning yoga practice. Each session will begin with a brief explanation of one of the foundational components of the yoga practice including: pranayama (conscious breathing), alignment/anatomy, asana (physical poses), and meditation. Each session will also include a physical yoga practice that is intentionally welcoming for new students. Members may experience many benefits including increased physical strength, mental clarity, more restful sleep patterns, and decreased stress levels.

NOTE: Before participating in any exercise program participants should check with their doctors to ensure that there are no contraindications, special considerations, or limitations from a medical standpoint.

Leslie is a 200-hour certified yoga instructor who enjoys developing and facilitating yoga classes that are tailored to meet the needs of the student and promote physical and emotional well-being. She completed the Kunga Lifestyle Teacher training program in July 2017 after retiring from her career as a public-school teacher. She currently teaches yoga classes at ACAC. Her classes reflect her love for two of her greatest life passions: teaching and yoga.

♦ NEW ♦

WELL031

The Health Benefits of Awe Experiences

John Burt

Session A

Monday, 11 a.m. – 12:30 p.m.

10/17, 10/24, 10/31, 11/7

Studio IX

\$44

Limit: 10

In this course we will visit the most awe-inspiring places in the world conjoined with a discussion of the health benefits of awe experiences. Each student will create a pictorial awe journal to which they can return at regular intervals to replay their awe selections. Current research suggests that awe can take us outside the self, unplug the ego, and connect us with positive emotions. Among our visits, we will spend one day on Mars with an aerospace-engineer-guide. We will also explore awe returns from the James Webb Space Telescope.

SUGGESTED READING: *In Awe*, John O’Leary; *The Awe Factor*, Allen Klein; *Awestruck*, Jonah Paquette.

John Burt is a retired professor and Dean, College of Public Health, University of Maryland. Author of three college textbooks, and more than 100 research papers.

WELL029

Guided Autobiography: Part One

Kathy Garrett

Session A

Wednesday, 9:30 a.m. – 11:30 a.m.

Two-hour class.

9/7, 9/14, 9/21, 9/28, 10/5

South Plains Presbyterian Church

\$75

Limit: 19

With a lifetime of memories, it’s hard to home in on things that truly inform your life perspective. Guided Autobiography helps you write your story, two pages at a time, focusing on themes such as



HEALTH & WELLNESS / HISTORY

health, money, family and spiritual identity. Each topic has a set of questions, designed to coax details from the writer. Participants come to class and break into groups where they share their stories. Cheryl Svensson, Director of Birren Center for Autobiographical Studies, says "It's not the boring chronological story; it's the stories that maybe nobody has heard before." Required material: Handouts will be provided. There will be weekly writing assignments to share in class.

SUGGESTED READING: guidedautobiography.com

Kathy Garrett began her teaching career training Realtors and Mortgage Bankers. She considers herself a lifelong learner and received her MeD in Educational Technology at age 52. In retirement, she has taught adults Bridge and Guided Autobiography. Writing about life experiences facilitates understanding, healing and growth.

HEALTH & WELLNESS SESSION B

WELL030

Guided Autobiography: Part Two
Kathy Garrett

Session B

Wednesday, 9:30 a.m. – 11:30 a.m.

Two-hour class.

10/12, 10/19, 10/26, 11/2, 11/9

South Plains Presbyterian Church

\$75

Limit: 19

NOTE: Part One is a prerequisite to take Part Two.

With a lifetime of memories, it's hard to home in on things that truly inform your life perspective. Guided Autobiography helps you write your story, two pages at a time, focusing on themes such as health, money, family and spiritual identity. Each topic has a set of questions, designed to coax details from the writer. Participants come to class and break into groups where they share their stories. Cheryl Svensson, Director of Birren Center for Autobiographical Studies, says "It's not the boring chronological story; it's the stories that maybe nobody has heard before." Required material:

Handouts will be provided. Prefer students write in longhand in a notebook. There will be weekly writing assignments to share in class.

SUGGESTED READING: guidedautobiography.com

Kathy Garrett began her teaching career training Realtors and Mortgage Bankers. She considers herself a lifelong learner and received her MeD in Educational Technology at age 52. In retirement, she has taught adults Bridge and Guided Autobiography. Writing about life experiences facilitates understanding, healing and growth.

HISTORY SESSION A

♦ NEW ♦

HIST087

**"We Cannot Escape History":
Abraham Lincoln & the Abolition
of American Slavery**
Joe Simpson

Session A

Monday, 10 a.m. – 11:30 a.m.

**9/12, 9/19, 9/26, 10/3, 10/10, 10/17,
10/24, 10/31**

 **Online**

\$88

Limit: 100

This course presents an in-depth study of Abraham Lincoln from 1854 to 1865 with an emphasis on Lincoln's essential characteristics and his evolving views on slavery, racial equality, and civil rights. Was Lincoln a radical Republican with abolitionist beliefs or a reluctant emancipator and a biased liberator? The course will examine Lincoln's moral certainty and his political sagacity to abolish slavery in the United States. What is the "Lincoln Factor" that transcends history? The course will focus on how Lincoln confronted slavery and its expansion as an Illinois politician, his unexpected rise to become President, and Lincoln's masterful presidential leadership to preserve the Union and abolish slavery.

SUGGESTED READING: A list can be found at



olli-abraham-lincoln.weebly.com

Joe Simpson has a BA in history from UNC-CH, and he has researched Abraham Lincoln and studied the Civil War era for 30 years. Since 2019, Joe has taught courses on Lincoln for OLLI programs at NC State, Duke, Emory and American. Joe is a member of the Lincoln Forum, the Abraham Lincoln Association, and the American Historical Association. He lives in Raleigh, NC.

♦ NEW ♦

HIST085

World War II - Pacific Air War Edward Dillingham

Session A

Tuesday, 4 p.m. – 5:30 p.m.

9/6, 9/13, 9/20, 9/27, 10/4, 10/11

Tuckahoe Clubhouse

\$66

Limit: 35

"Remember Pearl Harbor!!" was the battle cry, and the resulting Pacific air war was unlike any battle fought before or since. Over millions of square miles of land and sea, the United States and Empire of Japan fought an air campaign that was a hard-fought struggle to the bitter end. Using pictures, videos and firsthand accounts, this course will examine the men, women, aircraft, and missions that ultimately crushed the Japanese Empire during World War II.

SUGGESTED READING: List will be provided to those enrolled before the course begins.

Edward Dillingham is a retired US Navy Intelligence Specialist, and is also a retired instructor / course supervisor from the US Naval Intelligence Training School in Virginia Beach, VA. He is a Senior Docent at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in history from the University of the State of N.Y. and an MS in adult education from Old Dominion University in Norfolk, VA.

HIST006

Jefferson: Then and Now Tom Pitz

Session A

Wednesday, 10 a.m. – 11:30 a.m.

9/7, 9/14, 9/21, 9/28

Colonnade Club

\$44

Limit: 12

We can read about Mr. Jefferson's accomplishments and failings, visit the designs he left for us, build up or tear down monuments to him and fellow founders, and do what has always been done with history: describe it through the lens of our current perspective to fulfill our current desires. But what was his perspective? Do we grasp what was happening then?

SUGGESTED READING: Meacham, Jon. *Thomas Jefferson: President and Philosopher*, 2014. Meacham, Jon. *Thomas Jefferson: The Art of Power*, 2013. Malone, Dumas. *Jefferson and His Time: Jefferson the Virginian* (Vol. 1 of a six-volume set, available individually), 2006. Gordon-Reed, Annette and Peter S. Onuf. "Most Blessed of the Patriarchs": *Thomas Jefferson and the Empire of the Imagination*, 2016.

Tom Pitz has offered his interpretation of Mr. Jefferson since 1987 to a varied audience: from kindergarten classes to medical school faculties, and from local wineries to Mt. Rushmore.

♦ NEW ♦

HIST081

The Edge of Empires, the History of Ukraine

**Hal Aaslestad, George Robinson,
John Mason, Tom Delare, Alexander
Thymmons, Shirley Ruedy**

Session A

Wednesday, 10:30 a.m. – 12 p.m.

9/14, 9/21, 9/28, 10/5, 10/12, 10/19

Homewood Suites

\$66

Limit: 35

The Western world was shocked and saddened by the tragic invasion of Ukraine. The violence that



HISTORY

devastated the population, the destruction of the nation's infrastructure, the brutal daily actions of Russia's military, in total, the misguided efforts to recapture an empire have been heartbreaking. We have all realized a need to improve our knowledge of this distant but most important land. We propose to present a 20,000-foot overview of the struggle with nationalism and Imperialism which Ukraine and its ancient neighbor have experienced. Our intention is to make the forgotten past and the vital present feel relevant and alive. We will address this topic by a panel of dedicated individuals each focusing on a specific time period or topic.

SUGGESTED READING: Includes chapters of Norman Davis, *Europe*, 1996, Oxford Press which relate to eastern Europe and Serhii Plokhy's *Lost Kingdom* and *The Gates of Europe*. 2017–2021, Basic Books.

Hal Aaslestad, George Robinson, John Mason, Tom Delare, Alexander Thymmons, and Sherly Ruedy will teach this course. Please see our online registration system to read all of their biographies.

HIST083 **The American Civil War in the Eastern Theater** **James H. Donahue**

Session A
Wednesday, 10 a.m. – 11:30 a.m.
9/7, 9/14, 9/21, 9/28, 10/5, 10/12

The Center

\$66

Limit: 25

The course is divided into six classes in Session A and six classes in Session B, covering all of the major campaigns and battles fought in the Eastern Theatre. The A Session course will include: 1st Manassas (Bull Run) (July 21, 1861), War in Virginia: Winter (Spring, 1862 – 1863), Jackson's Valley Campaign (March – June 1862), Peninsula Campaign (June 25 – July 1, 1862), Antietam Campaign (September 17, 1862), Fredericksburg Campaign (December 11 – 15, 1862). The B Session course will include: Chancellorsville Campaign (April 30 – May 6, 1863), Gettysburg Campaign (July

1–3, 1863), Overland & Wilderness Campaign (May – June 1864), Cold Harbor to Petersburg (May 31, 1864 – March 25, 1865), Richmond – Petersburg Campaign (June 9, 1864 – March 25, 1865), Petersburg to Appomattox Campaign (March 29 – April 9, 1865). Each class will consist of an introductory lecture followed by a DVD lecture by the distinguished UVA Civil War History Professor Gary Gallagher. After a 10–15 minute break and a question-and-answer period, the final portion of the class will include a DVD showing of Ken Burns' American Civil War series pertaining to the specific campaign or battle being discussed.

Jim Donahue received a BS in civil engineering from the University of Massachusetts, and an MSCE from Old Dominion University. Joining the Coast Guard in 1964, he served a 30-year career, retiring as Captain in 1994. Jim has taught Civil War courses for OLLI since 2012 and has volunteered as a class assistant since 2010.

♦ NEW ♦

HIST084 **World War II – Pacific Air War** **Edward Dillingham**

Session A
Wednesday, 2 p.m. – 3:30 p.m.
9/7, 9/14, 9/21, 9/28, 10/5, 10/12

The Center

\$66

Limit: 35

"Remember Pearl Harbor!!" was the battle cry, and the resulting Pacific air war was unlike any battle fought before or since. Over millions of square miles of land and sea, the United States and Empire of Japan fought an air campaign that was a hard-fought struggle to the bitter end. Using pictures, videos and firsthand accounts, this course will examine the men, women, aircraft, and missions that ultimately crushed the Japanese Empire during World War II.

SUGGESTED READING: List will be provided to those enrolled before the course begins.

Edward Dillingham is a retired US Navy Intelligence Specialist, and is also a retired instructor / course supervisor from the US Naval Intelligence Training School

History



in Virginia Beach, VA. He is a Senior Docent at the Military Aviation Museum in Virginia Beach with over 5,000 volunteer hours. He has a BS in history from the University of the State of N.Y. and an MS in adult education from Old Dominion University in Norfolk, VA.

♦ NEW ♦

HIST086

The JFK Assassination: A Deeper Dive Stephen Greer

Session A

Wednesday, 1 p.m. – 2:30 p.m.

9/14, 9/21, 9/28, 10/5



Online

\$44

Limit: 30

The JFK Assassination is a riddle wrapped in a mystery inside an enigma. Our prior class provided a survey of the chronology of the tragedy in Dallas and the publishing of the findings in the Warren Commission Report. The Report made the best possible case that Lee Harvey Oswald (LHO) acted alone and killed the President. The inconsistencies and use of highly selective supporting evidence have spawned a generation of endless speculation, conspiracy theories and over 2,000 books and documentaries. Based on feedback, we will examine selected areas in further detail. Although helpful, participation in the prior class is not a requirement. Required material: Open mind and growth mindset.

SUGGESTED READING: Over time, start reading: Warren Commission Report: Table of Contents | National Archives: Foreword, Chapter I: Summary and Conclusions; The Kennedy Half Century (Larry Sabato) or via online *The Kennedy Half Century* | Coursera| Supplemental books with different perspectives e.g., *Rush to Judgement*, *Case Closed*, *The Unspeakable*, *Crossfire*, *22 November 1963: A Brief Guide to the JFK Assassination*

Stephen Greer is a retired Microsoft Managing Consultant. He was educated in business management and economics at the University of Maryland, and multiple leadership graduate programs. He is an amateur historian, and a history buff committed to lifelong growth and learning.

♦ NEW ♦



HIST082

Researching African Americans Living and Working at Monticello during the Levy Ownership Sam Towler

Session A

Thursday, 3 p.m. – 4 p.m.

9/15, 9/22

Homewood Suites

\$22

Limit: 35

Uriah Levy, the first Jewish Commodore in the US Navy, and a longtime admirer of Thomas Jefferson, bought Monticello in 1834, and opened it to the public. Monticello remained in the Levy family until it was purchased by the Thomas Jefferson Foundation in 1923 and restored over time into the Monticello we know today. This course will describe genealogical research by the instructor into the lives of African Americans who continued to live and work at Monticello after it was owned by the Levy family.

SUGGESTED READING: *Saving Monticello* by Marc Leepson is a history of Monticello during the Levy ownership.

Sam Towler grew up in Charlottesville, and his mother's family lived at Monticello during the Civil War. Now retired from a local law firm, Sam continues to research Charlottesville's African American communities and has shared his research with Monticello and the Albemarle Charlottesville Historical Society.

♦ NEW ♦

HIST094

Four People That Influenced the Course of Modern History Robert Toplin

Session A

Thursday, 1 p.m. – 2:30 p.m.

9/8, 9/15, 9/22, 9/29



HISTORY

The Center

\$44

Limit: 35

Angela Merkel, an obscure scientist, became the Chancellor of Germany. She made a huge impact on European affairs. Andrew Carnegie, a poor immigrant, became one of the world's richest individuals. He gave away most of his fortune to promote education and the arts. Barbara Tuchman was a popular historian. One of her books made a significant impact on President Kennedy's decision-making during a crisis. Yitzhak Rabin, a general and prime minister in Israel, achieved fame as a warrior, but he risked his life to achieve peace with the Palestinians. Their stories have relevance for our times.

SUGGESTED READING: Reading material will be provided to those enrolled.

Robert Toplin has taught courses recently at UVA after retiring from full-time teaching at Denison University and the University of North Carolina, Wilmington. He has published several books and articles about history, politics, and film, and has commented on history frequently in nationally broadcast television and radio programs.

HIST018

Powerful Knights: The Catholic Military Orders In and After the Crusades
Michael Knapp

Session A

Friday, 4 p.m. – 5:30 p.m.

9/9, 9/16, 9/23, 9/30

The Center

\$44

Limit: 35

This course will examine the three main Catholic military orders established during the Crusades to serve and protect pilgrims traveling in the Holy Land: the Knights Templar, the Knights Hospitaller, and the Teutonic Knights. We will discuss the roles each played after the Crusades, as well as the tragic end of the Templars. Bring an enquiring and open mind, and some good questions!

SUGGESTED READING: *The New Knighthood*, by

Malcolm Barber (Cambridge Univ. Press, 1994). *The Templars: The Secret History Revealed*, by Barbara Frale (Arcade Publishing, 2004 and 2011). *Warriors of God: Richard the Lionhearted and Saladin in the Third Crusade*, by James Heston, Jr. (Anchor Books, 2001.)

Michael Knapp is a civilian intelligence analyst for the US Army and a retired Army officer. He has taught five different popular courses for OLLI over the last eight years.

HISTORY SESSION B

HIST013

Sicily: Island at the Crossroads of History
Frank T. D'Alessandro

Session B

Monday, 10 a.m. – 11:30 a.m.

10/31, 11/7, 11/14, 11/28, 12/5, 12/12

Unity of Charlottesville

\$66

Limit: 50

We will cover a portion of the turbulent 3,000-year history of Sicily, as the island has experienced many invasions. Some invaders came to exploit the island, but a few came as colonizers, to lavishly embrace it as a homeland. We will concentrate on the ancient and medieval "golden ages": the ancient, when Sicilian Greek colonies rivaled Greece as centers of culture; and the medieval, when the Normans established the Kingdom of Sicily, a unique multicultural state, where Latin and Greek Christians, Muslims, and Jews all lived in relative peace and harmony. This "mosaic" of peoples eventually assimilated into a new and distinct Sicilian Culture and language. Required material: only curiosity and an open mind.

SUGGESTED READING: Mendola, Louis. 2013. *The Peoples of Sicily, A Multicultural Legacy*, New York: Trinacria Editions.

Frank D'Alessandro, MD is a retired anesthesiologist, educated at New York University, the University of Louisville and the University of Virginia. After several years on the faculty at the UVA Medical Center, he worked in private practice for 30 years. As a teenager, he visited Sicily for the first time. He was immediately enthralled by

History



its incredibly rich history, layers of civilizations, and beauty. He has since visited the island and its historical sites over a dozen times, while absorbing volumes of English language historical literature relating to Sicily.

♦ NEW ♦ 

HIST089 **Researching African Americans at** **Charlottesville's Pen Park** **Sam Towler**

Session B
Tuesday, 3 p.m. – 4 p.m.

11/8, 11/15

Homewood Suites

\$22

Limit: 35

Charlottesville's largest park, Pen Park, was once a farm owned by local families, including the Gilmers, Cravens, and Hottops. The park includes a fenced-off cemetery where ancestors of these families are buried. In 2020, a ground-penetrating radar survey of Pen Park revealed at least 40 gravesites of enslaved persons. This course will describe genealogical research by the instructor into the lives of African Americans who are buried in Pen Park.

Sam Towler grew up in Charlottesville, and his mother's family lived at Monticello during the Civil War. Now retired from a local law firm, Sam continues to research Charlottesville's African American communities and has shared his research with Monticello and the Albemarle Charlottesville Historical Society.

♦ NEW ♦

HIST090 **Has the West Lost the Fight** **for Liberal Democracy?** **John W. Mason**

Session B
Tuesday, 10 a.m. – 11:30 a.m.

10/25, 11/1, 11/8, 11/15, 11/29, 12/6

V R.R. Smith Center for History and Art

\$48

Limit: 25

This course will begin by looking at the historical roots of liberalism and democracy in the West and how they merged closer together after 1945. We then examine the concept of the 'Open Society' and how this ideal ended up the victim of its own success, especially in central Europe after the Cold War. The worldwide growth of populism and authoritarianism in the past thirty years had prompted the publication of many books diagnosing the 'death of liberalism.' This course will examine both the threats to liberal democracy and its prospects for the future.

SUGGESTED READING: Anne Applebaum, *Twilight of Democracy*, 2020.

John Mason has a PhD in history from the University of Birmingham, UK. He taught for the Open University in England for 25 years. In the late 1990s he lived and conducted research in Slovakia, Hungary and Armenia. John now lives in Lexington and works full-time as a stone sculptor.

♦ NEW ♦

HIST092 **The Fall of the Soviet Empire** **George Robinson**

Session B
Tuesday, 2 p.m. – 3:30 p.m.

10/25, 11/1, 11/8, 11/15, 11/29, 12/6

The Center

\$66

Limit: 35

This course will explore: the decline and fall of the Soviet Empire from the death of Stalin, the space race, the Cuban Missile crises and other global ventures of the USSR, SDI and Western Opposition resulting in the final collapse in 1991; how the USSR influenced Western politics, how the KGB infiltrated most Western governments, and opposition to the Communist Utopia became the goal of not only



HISTORY

suppressed governments, but also the Catholic Church and the people of the USSR; how Western media portrayed the USSR and the Western leaders during this time, and finally, the resulting Russian government and Russia's influence in the 21st century.

SUGGESTED READING: A reading list will be issued to those enrolled at the first class, with a timeline.

George Robinson is a graduate of NC State University in chemical engineering. He served 12 years in the US Army, followed by a career in engineering and construction in Washington, DC. Mr. Robinson lived in Europe from 1980 to 1985 with extensive travel. He has also travelled in former Eastern bloc countries over the previous five years. Currently he is also teaching OLLI courses at NC State University.

♦ NEW ♦

HIST088
World War II and Post Traumatic Stress Disorder: What We Knew Then and What We Know Now
Susan Howe

Session B
Wednesday, 10 a.m. – 11:30 a.m.
10/26, 11/2, 11/9, 11/16
Homewood Suites
\$44
Limit: 35

This course will include the clinical definition of post-traumatic stress disorder, the perceptions of post WWII shell shock patients, screening and testing pre-WWII, diagnosis, and treatment during and after WWII, and Epigenesis, how trauma can alter one's DNA. Sources of information will include personal accounts, newspaper articles, studies, and books. Time will be allotted for attendees to discuss how WWII affected loved ones and how WWII affected the baby boomer generation.

Susan Howe became interested in WWII when she inherited her father's WWII diary and letters. She uses his account of his experiences as a starting point to research topics of interest to her. Her education includes a MA in communicative disorders, MBA in finance, and BS in quantitative business analysis.

HIST093
The American Civil War in the Eastern Theater
James H. Donahue

Session B
Wednesday, 10 a.m. – 11:30 a.m.
10/26, 11/2, 11/9, 11/16, 11/30, 12/7
The Center
\$66
Limit: 25

The course is divided into six classes in Session A and six classes in Session B, covering all of the major campaigns and battles fought in the Eastern Theatre. The A Session course will include: 1st Manassas (Bull Run) (July 21, 1861), War in Virginia: Winter (Spring, 1862 – 1863), Jackson's Valley Campaign (March – June 1862), Peninsula Campaign (June 25 – July 1, 1862), Antietam Campaign (September 17, 1862), Fredericksburg Campaign (December 11 – 15, 1862). The B Session course will include: Chancellorsville Campaign (April 30 – May 6, 1863), Gettysburg Campaign (July 1–3, 1863), Overland & Wilderness Campaign (May – June 1864), Cold Harbor to Petersburg (May 31, 1864 – March 25, 1865), Richmond – Petersburg Campaign (June 9, 1864 – March 25, 1865), Petersburg to Appomattox Campaign (March 29 – April 9, 1865). Each class will consist of an introductory lecture followed by a DVD lecture by the distinguished UVA Civil War History Professor Gary Gallagher. After a 10–15 minute break and a question-and-answer period, the final portion of the class will include a DVD showing of Ken Burns' American Civil War series pertaining to the specific campaign or battle being discussed.

Jim Donahue received a BS in civil engineering from the University of Massachusetts, and an MSCE from Old Dominion University. Joining the Coast Guard in 1964, he served a 30-year career, retiring as Captain in 1994. Jim has taught Civil War courses for OLLI since 2012 and has volunteered as a class assistant since 2010.



♦ NEW ♦

HIST096

**The Great Depression,
A Different Perspective**
Ed Linz

Session B

Wednesday, 1 p.m. – 2:30 p.m.

10/26



Online

\$11

Limit: 100

Mr. Linz will discuss the events during the decade leading up to the Great Depression. He will include results and lessons learned from interviews conducted during the 1990s with over 40 Americans from across the US who survived this challenging economic and social decade. He will discuss specific interviews from his recent book, *They Never Threw Anything Away* and will also point out alarming similarities between the 1920s and our own “20s” decade. There will be opportunities for comment and discussion.

SUGGESTED READING: All books on the Great Depression will be helpful, especially Agee, James and Walker, Evans, *Let Us Now Praise Famous Men*, 1941. Linz, Ed *They Never Threw Anything Away*, 2021.

Mr. Linz, a graduate of the United States Naval Academy, holds master’s degrees from Oxford and George Mason Universities. He has commanded a nuclear submarine, taught high school physics, and is the author of four books and a weekly column. He is grateful for a life-saving heart transplant in 1994.

♦ NEW ♦

HIST097

**The Rule of Law and Some Current
American and International
Perspectives**
Charles Hamilton

Session B

Wednesday, 10 a.m. – 11:30 a.m.

10/26, 11/2, 11/9, 11/16, 11/30, 12/7



Online

\$66

Limit: 100

This course updates the previously taught course. Everyone talks about the rule of law, but few people seem to know what it is. It is neither a rule nor a law, but it may be the most important feature of American law. We’ll look at its history and meaning, and its importance here and elsewhere in the modern world. Russia’s assault on Ukraine and China’s assault on Hong Kong’s legal system will be considered as case studies. We’ll also look at efforts of the World Justice Project and others to assess the state of the rule of law around the world today.

SUGGESTED READING: Reading material will be provided as new materials become available, especially as to developments in Ukraine, Russia, Hong Kong, the EU and the US.

Charlie Hamilton is a retired attorney who spent 45 years practicing civil litigation. He taught the Rule of Law as part of a business law course at Piedmont Virginia Community College.

♦ NEW ♦

HIST094

**The Leadership of George C. Marshall:
Soldier and Statesman**
Terry Newell

Session B

Thursday, 9:30 a.m. – 11 a.m.

11/3, 11/10

The Lodge at Old Trail

\$22

Limit: 20

Amidst the towering figures of the Allied victory in World War II and its aftermath (Roosevelt, Churchill, Eisenhower) Army Chief of Staff George C. Marshall is much less well known in American memory. Yet Churchill called him the “organizer of victory.” Secretary of War Henry Stimson called him “the finest soldier I have ever known,” and the Marshall

Plan saved Europe from communism. In this seminar, we'll explore Marshall's life, character and leadership through how he faced several significant challenges, including the events surrounding his speech launching the Marshall Plan. We'll draw out lessons relevant for leaders today.

SUGGESTED READING: A small amount of reading material will be provided to participants before each of the two sessions

Terry Newell's work focuses on leadership, history, ethics, and decision making. He is the former Dean of the Federal Executive Institute. His books include The Trusted Leader; Statesmanship, Character and Leadership in America, and To Serve with Honor. His website blog focuses on the Constitution, government, leadership, and thinking traps.

♦ NEW ♦

HIST095 Athena Militant: The Untold Story of Women's Military Organizations, 1870-1900

Gary A. Mitchell

Session B

Thursday, 1 p.m. – 2:30 p.m.

11/3



Online

\$11

Limit: 100

When women were allowed to enlist in the US military in 1917, the decision was universally lauded. Such an undertaking would have met a very different response in 1870. Women were felt to be unsuited for that most sacrosanct of male endeavors, war. Somehow, in the intervening years, public attitudes shifted. The story of how America came to view women's military capabilities differently is the subject of the course Athena Militant: The Untold Stories of Womens' Military Organizations 1870 – 1900. Long forgotten by history, these informal military organizations were critical to overcoming the last barrier to universal suffrage.

Gary Mitchell is a 1975 graduate of West Point and a lifelong student of military history. An avowed research

junkie, he enjoys sharing the fascinating stories he uncovers in the forgotten corners of American history. He has taught for years at his local Osher Institute and is a published author.

♦ NEW ♦

HIST091 The History of Ethiopia 1855-2022 David Throup

Session B

Friday, 3 p.m. – 4:30 p.m.

10/28, 11/4, 11/11, 11/18, 12/2, 12/9, 12/16

Studio IX

\$77

Limit: 10

This course will explore the history of Ethiopia from the end of "the Era of the Princes" in the 1850s, through the reigns of the Emperors Tewodros II, Yohannes IV and Menelik II. We shall examine the problems of state consolidation under Lij Yasu and the Empress Zewditu; the rise to power of Ras Tafari Makonnen and his coronation as Emperor Haile Selassie in 1930, the War with Italy in 1935, the establishment of Italian East Africa (1935-41), followed by the British occupation during World War II. We will then discuss Haile Selassie's return as Emperor, Ethiopia's alliance with the USA, the 1960 failed coup, and the failure to reform in the 1960s, before considering the 1974 revolution, the rule of the Derg (1974-91) and the 1977-78 war with Somalia. We shall then examine the rule of Meles Zenawi and the EPRDF from 1991-2012, Eritrean independence, the subsequent war, and Ethiopian involvement in the conflict in Somalia. Finally, we shall consider the decline of EPRDF power in the 2010s, the growth of Oromo discontent and the causes of the ongoing war with Tigray.

SUGGESTED READING: Bahru Zewde, "A History of Modern Ethiopia, 1855-1991", Ohio University Press. Bahru Zewde, "Pioneers of Change in Ethiopia: The Reformist Intellectuals of the Early Twentieth Century", Ohio University Press. Gerard Prunier, "Understanding Contemporary Ethiopia: Monarchy, Revolution and the Legacy of Meles Zenawi", Hurst Publisher, London

Humanities



David Throup was a student at Cambridge and the London School of Economics before teaching for three years in Nairobi, Kenya. He then earned a PhD in Kenyan history and has taught at UVA and elsewhere in USA, as well as in the UK, before becoming a British diplomat. From 2001–2017, he was a Senior Associate with the Africa Program at the Center for Strategic and International Studies in Washington, DC and taught at Johns Hopkins and George Washington Universities.

HUMANITIES SESSION A

♦ NEW ♦

HUMN057

Homer's Odyssey: Part One

Jon Mikalson

Session A

Monday, 10 a.m. – 11:30 a.m.

9/12, 9/19, 9/26, 10/3, 10/10, 10/17

Unity of Charlottesville

\$66

Limit: 20

This course includes a leisurely reading of Homer's *Odyssey*, with time to discuss not just what happened, but also the familiar figures of Odysseus, his dutiful son Telemachus, and faithful wife Penelope, Circe, Calypso, the Cyclops, the Sirens, those nasty suitors, and the wonderful gods and their roles. With time also to consider the nature of oral poetry; the sophistication of Homer's characters and dialogue; the Homeric social and political culture; the proper treatment of guests, refugees, and those in need; the material remains of Mycenaean sites and culture; and the later reception of the *Odyssey*. Some lecture, but mostly class discussions.

SUGGESTED READING: Richmond Lattimore, *The Odyssey of Homer*; Daniel Mendelsohn, *An Odyssey*; Tennyson, *Ulysses*.

Jon Mikalson holds a BA from University of Wisconsin and a Harvard University PhD. He lived in Greece for two years, as a student at American School of Classical Studies in Athens and as a professor there. Author of nine books on Greek religion, literature, and history, he also taught in the

Classics Department at UVA from 1970 – 2017.

HUMN053

Introduction to Ethics

Marion C. Votaw

Session A

Tuesday, 1 p.m. – 2:30 p.m.

9/6, 9/13, 9/20, 9/27, 10/4, 10/11

Studio IX

\$66

Limit: 10

This class is not intended to teach right from wrong, but explores *why* people think something is, or isn't, what they would have done. We will practice arguing heartfelt opinions without insult or defamation. We will begin with an overview of the general field of ethics, concentrating on two basic axes: whether the ends can justify the means, and whether exceptions can be made to ethical rules depending on circumstances. The next four sessions will compare debatable situations from two of those viewpoints, in turn. For the final class, each student will try to figure out their personal ethical style.

Marion Votaw grew up an Embassy brat, mostly in West and North Africa. They [nonbinary] came to Charlottesville for grad school... and never left. Marion has taught sciences to students from adolescents to retirees at UVA, PVCC and ITT Tech, French to preschoolers on up, and mah jongg to anyone interested. They started teaching at OLLI in 2020.

♦ NEW ♦

HUMN062

With God on Our Side:

Christian Nationalism and the Threat to American Democracy

Jeffrey C. Pugh

Session A

Tuesday, 1 p.m. – 2:30 p.m.

9/6, 9/13, 9/20, 9/27

Unity of Charlottesville

\$44



HUMANITIES

Limit: 100

This course takes a close look at the rise of Christian Nationalism and its impact on America's political landscape. Looking at the historical background in American civil religion and the more recent manifestations of Christian Nationalism in such movements as Christian Reconstruction, Dominionism, and other right wing religious-political groups, Pugh explores the religious connections that led to the insurrection of January 6th and the ongoing danger to American democracy posed by Christian Nationalism.

SUGGESTED READING: Instructor will provide reading material to those enrolled.

Jeffrey C. Pugh is Distinguished University Professor Emeritus of Religious Studies at Elon University, author of seven books and numerous articles on the intersections of faith and politics, religion and science, and the creation of apocalyptic imagination. Pugh engages contemporary issues by examining the historical roots of present concerns.

HUMN028 **Mystery Novels:** **Windows on Society and Culture** **Addeane Caelleigh**

Session A
Thursday, 11 a.m. – 12:30 p.m.
9/8, 9/15, 9/22, 9/29

Studio IX

\$44

Limit: 10

Mystery novels are one of the most popular categories of fiction in the United States and around the world. They offer ways to understand society on a range of social and cultural issues and pose questions about how we live. This is not a lecture course. Instead, it will consist of mini-presentations by the instructor to prompt thinking about relevant issues, followed by wide-ranging discussion about the issues identified in the novels. The focus will be on four contemporary novels: *Bruno, Chief of Police* by Martin Walker (class 1), then *Shroud for a Nightingale* by P. D.

James, *Misjudged* by James Chandler, and *Angels Flight* by Michael Connelly in successive classes. All are available in print (most available used) and all in digital format. The goal for each book is to identify important social and cultural issues that reflect the society depicted in the book and about ourselves as members of the societies. Participants who cannot finish the reading are welcome to participate.

Addeane Caelleigh has a background in history, anthropology, and related fields. She has studied mystery novels as social documents for many years. She has taught two previous versions of this course—with different novels—for OLLI and most recently taught a history course.

♦ NEW ♦

HUMN058 **Aging and Spirituality** **Ed Piper**

Session A
Thursday, 10 a.m. – 11:30 a.m.
9/22, 9/29, 10/6, 10/13, 10/20

The Lodge at Old Trail

\$55

Limit: 30

Later adulthood is generally regarded as a time of physical and mental decline, yet it also offers opportunities for spiritual growth. This course will draw insights from both lifespan development theories and a variety of world spiritual traditions to broaden our understanding of how spiritual eldering can enrich our final years.

SUGGESTED READING: Any of these books: Helen Hills, *Aging Well* Drew Leder, *Spiritual Passages* Glenn E. Miller, *Living Thoughtfully, Dying Well* Kathleen Montgomery (ed.), *Landscapes of Aging and Spirituality* Zalman Schachter-Shalomi & Ronald S. Miller, *From Age-ing to Sage-ing* Molly & Bernie Strode, *Keeping Spiritual Balance As We Grow Older* Polly Young-Eisendrath & Melvin E. Miller (eds.), *The Psychology of Mature Spirituality*.

Ed Piper, PhD (University of Chicago) was professor of psychology at West Virginia Wesleyan College and then

Humanities



Dean of Academic Services at Mary Washington College. He was minister of the Unitarian Universalist Fellowship for 16 years. He has served as a faculty member for the Lifelong Learning Institutes at James Madison University as well as OLLI at UVA.

♦ NEW ♦

HUMN059

The Heart of the Matter: Reading Elizabeth Berg Anna Askounis

Session A

Friday, 10 a.m. – 11:30 a.m.

9/23, 9/30, 10/7

Studio IX

\$33

Limit: 10

Like a Chopin etude, measured, delicate, impossible to walk away from, Elizabeth Berg's trilogy, *Durable Goods*, *Joy School* and *True to Form*, brings us into the lives of characters so real we feel we know them already. Reading these will spark memories, make you laugh out loud and have you rooting for the characters. In today's contentious climate, reading Elizabeth Berg is a welcome burst of fresh air. I invite you to come along and journey with her and with me as we explore and enjoy her first three books, which still resonate today.

Anna Askounis has taught English at the secondary and college levels and holds a doctorate in counseling from the University of Virginia. Prior to her retirement, she was a psychotherapist, specializing in marriage and family therapy.

HUMANITIES SESSION B

♦ NEW ♦

HUMN060

Homer's Odyssey: Part Two Jon Mikalson

Session B

Monday, 10 a.m. – 11:30 a.m.

10/31, 11/7, 11/14, 11/28, 12/5, 12/12

Unity of Charlottesville

\$66

Limit: 20

Homer's *Odyssey* Part Two will continue our leisurely progress through the *Odyssey*, beginning with Book 13, with lectures and discussions of the topics described for Part One. Part One is not a requirement for Part Two, but new members will want to have read Books 1-12 of the *Odyssey* in Lattimore's translation. Part Two will begin with a review of Part One.

SUGGESTED READING: Richmond Lattimore, *The Odyssey of Homer*; Daniel Mendelsohn, *An Odyssey Tennyson, Ulysses*.

Jon Mikalson holds a BA from University of Wisconsin and a Harvard University PhD. He lived in Greece for two years, as a student at American School of Classical Studies in Athens and as a professor there. Author of nine books on Greek religion, literature, and history, he also taught in the Classics Department at UVA from 1970 – 2017.

HUMN037

The Anthropology of Evil Stephen Kennamer

Session B

Tuesday, 11 a.m. – 12:30 p.m.

10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

Homewood Suites

\$77

Limit: 35

An inquiry into how to define evil, followed by a study of its etiology, symptomatology, and epidemiology. Evil will be examined from biological, sociological, psychological, and theological perspectives. Both personal evil and evil done by groups, tribes, and nations will be considered. We will entertain the question of when human moral evil arose and what its history has been. We will attempt to account for the evil of both psychopaths and ordinary law-abiding citizens. Topics will include narcissism, careerism, and our penchant for thinking in abstractions. Finally, we will ask if evil can be prevented.

HUMANITIES / LIFESTYLE

SUGGESTED READING: Hannah Arendt, *Eichmann in Jerusalem*

Stephen Kennamer is a lifelong educator who has taught OLLI courses on philosophy, literature, and music.

♦ NEW ♦

HUMN061

An Introduction to Buddhism

Paul Groner

Session B

Wednesday, 10 a.m. – 11:30 a.m.

11/16, 11/30, 12/7, 12/14

Unity of Charlottesville

\$44

Limit: 25

The objectives of this course are 1) to introduce some of the basic teachings of Buddhism, focusing on the early tradition; and 2) to encourage students to think about how these teachings might impact their own understanding of religion. The course will consist of short lectures, followed by class discussions that focus on open-ended questions concerning the material. Among the topics we'll discuss are: the historicity of the Buddha; the definition of suffering; the analysis of personality; Buddhist practices such as morality, meditation, and study; and the varieties of nirvana and enlightenment.

SUGGESTED READING: Gethin, Rupert. *The Foundations of Buddhism*, 1998. One of the clearest explanations of Buddhism, this text is available from Amazon and other venues, frequently as a used book. It can also be downloaded as a Kindle ebook. You are encouraged to do the readings before class; they generally are not overly long (two chapters of around 50–60 pages).

Paul Groner was raised in California, one of the centers of Buddhism in America, and became fascinated with the tradition while in his teens and twenties. He studied in India for a year, and then at Yale for graduate school. Research for his doctoral dissertation in Buddhist Studies from Yale enabled him to spend three years in Japan. He has traveled in most Buddhist Asian countries. His teaching career spans four decades, most of it at the University of Virginia. He has published several books and many articles on Buddhism.

LIFESTYLE SESSION A

LIFE008

Listening: “What Did You Say?”

Richard E. Mason

Session A

Tuesday, 9:30 a.m. – 11 a.m.

9/6, 9/13, 9/20, 9/27, 10/4, 10/11

The Center

\$66

Limit: 20

Listening is a skill used every day in our lives. How many people could be better listeners? Ironically, for a skill that is so important and used so much, most people never have had any training or education in developing the skill. Listening skills can be developed and strengthened through understanding and practice. In this course, the instructor will present a simple model of the communication process. The sessions will include “one-on-one” student interaction and some whole group discussion. Throughout the course, many opportunities will be available to practice new skills. Required material: Note paper and pencil.

SUGGESTED READING: Handouts will be provided to those enrolled.

Richard Mason has BA in American literature from Middlebury College and a master's degree in public administration from California State University. During his career in business consulting, he has taught classes in active listening, group dynamics, facilitation, leading effective meetings, stress management and conflict resolution.





♦ NEW ♦

LIFE031

**Asian Cooking with Nanette
Nanette Alcaro**

Session A

Thursday, 11:30 a.m. – 1 p.m.

9/8, 9/22, 10/6, 10/20

Course meets every other week.

YMCA

\$44

Limit: 8

Learn new ingredients, seasonings, sauces and spices! Cook new recipes at home! This course will provide different methods of Asian cooking as well as different Asian cuisines. Cooking methods to be covered: stir-fry, noodles, curry, and soup. Class includes demonstrations, tastings and a recipe to take home. Enjoy, do something different with friends and have fun! See you then! (This is not for the non-spice lovers nor vegetarians.)

NOTE: \$15 per person for food (checks made to Nanette Alcaro).

Born in Manila, Nanette had a 20-year luxury hotel career there, in New York and Los Angeles. In her executive capacity, she travelled to Asia, Europe, Australia and the Americas which gave her the experience in international cuisines. After marrying her husband of 22 years, she developed a passion for cooking and devoured his whole bookcase of cookbooks and subscriptions. She eventually did Asian cooking classes for friends, loved it and continues to do it for fun!



♦ NEW ♦

LIFE029

**The Magic of Switzerland
Donald (Don) Clymer**

Session A

Thursday, 10 a.m. – 11:30 a.m.

9/8, 9/15, 9/22, 9/29, 10/6

V R.R. Smith Center for History and Art

\$40

Limit: 25

Switzerland dazzles the eyes with its beautiful alpine landscapes and pristine lakes. It is one of the most desired places to visit for people from around the world. Who are the people who live in this paradise and what makes them tick? This class will go beyond the stereotypes of tidiness, neutrality, cheese and chocolate, wristwatches and trains running on time, to examine the unique language, the special dishes, the mindset and peculiar customs of this tiny yet influential country in the middle of Europe. Switzerland is indeed magical!

Don Clymer has broad international experience in both Latin America and Europe. He recently retired from teaching Spanish, German, Intercultural Communications and led numerous cross-cultural seminars for Eastern Mennonite University. Clymer is married to a Swiss citizen and has spent time visiting and working in her homeland, including a full year immediately upon retiring.

LIFE017

**The Brief Insider's Guide to Virginia Wine
Scott Elliff**

Session A

Friday, 1:30 p.m. – 3 p.m.

9/9, 9/16, 9/23, 9/30*

* The last class will be a tour of
DuCard Vineyards.

Homewood Suites

\$44

Limit: 35

The local wine industry has become an important

feature of Charlottesville's landscape. This course will provide an overview, designed to help casual wine drinkers and enthusiasts get a better appreciation of the industry and a background on how it all comes together. Topics will include: 1) history and background of the industry, current status and future challenges; 2) key decisions and steps involved in starting and operating a vineyard; 3) the science and art of making wine—methods, equipment, and decisions involved; 4) an on-site visit to DuCard Vineyards in Madison County, where we will walk through the vineyard and the winery to see it all first-hand and also do a tasting.

NOTE: Wine tasting at DuCard will involve a separate \$15 fee; transportation is on your own. Masks and social distancing will be observed. Mask policy updates will be provided if there is a change.

Charlottesville resident Scott Elliff founded DuCard Vineyards by planting vines in 2001 with no prior experience and on a whim really. He has come to love the challenges and constant learning that is involved in this "hobby gone wild," and the finished product too. He opened DuCard Vineyards in 2010 as a boutique, high-quality winery, open to the public primarily on weekends.

LIFESTYLE SESSION B

LIFE014

Creative Writing for Dabblers Brent Kitching

Session B

Tuesday, 10 a.m. – 12 p.m.

Two-hour class.

10/18, 10/25, 11/1, 11/8, 11/15, 11/29

Studio IX

\$90

Limit: 10

This course is designed for inexperienced writers who might enjoy exploring their creative potential. In a small class setting, attendees will sharpen their storytelling skills through a series of weekly assignments that will be gently critiqued by their classmates. The weekly prompts will focus on writing skills such as developing an appropriate

voice, constructing believable characters and generating effective descriptions. Required material: Just your stories!

SUGGESTED READING: Reading material will be provided to those enrolled.

Brent Kitching received his BA from Duke University and his MA from Temple University. He taught English for 42 years at the high school and college levels. He is an avid writer who self-published his first novel in 2010.

LIFE001

From Memories to Memoirs Faith Andrews Bedford

Session B

Tuesday, 10 a.m. – 11:30 a.m.

10/25, 11/1, 11/8, 11/15

Unity of Charlottesville

\$44

Limit: 20

Our life journeys are made up of many threads woven together to form a rich tapestry. Young or old, experienced or not, we are all weavers and storytellers. Through writing exercises, tips, memory triggers, and examples, you will be encouraged to create your own unique chronicle to treasure and pass down to the generations to come. Required material: notebook and pen.

SUGGESTED READING: Bedford, Faith Andrews. *Barefoot Summers*. Herst Publishing 2000.

Faith Andrews Bedford is an art historian, curator, essayist, and author of five books. Her essays have been featured in numerous magazines and anthologies. Her column "Kids in the Country" was published in Country Magazine for over a decade.

LIFE003

How to be Effective and Enjoy Serving on a Non-Profit Board Edward Coates

Session B

Thursday, 2 p.m. – 3:30 p.m.

10/27, 11/3, 11/10

Studio IX

Canceled

Public Affairs



\$33

Limit: 10

Rarely is the effectiveness and efficiency of non-profit Boards equivalent to the talent represented on that Board. Too often, the total is less than the sum of the parts. Smart, accomplished, dedicated people find themselves confused and frustrated by Board service. In turn, Boards are often unproductive and wasteful of their members skills and talents. Much of this can be avoided if Board members better understand non-profit governance, their role as a Board member, and Board dynamics. This course offers guidelines for potential Board members to help promote the efficiency of the Board, and to maximize their effectiveness and enjoyment of Board service.

Since retiring from a career in the Navy & Coast Guard at the rank of Commander, Ted Coates has headed four non-profits as Executive Director. He has also served on numerous Boards and Committees not only for non-profits, but for homeowner's associations, government agencies, churches, as well as a summer camp and a private club. He created a non-profit focused on historic preservation and obtained 501(c)(3) approval from the IRS and has conducted workshops and consulted for numerous non-profit Boards working on development, organizational, and leadership issues.

PUBLIC AFFAIRS SESSION A

♦ NEW ♦

PBAF038

The Ukraine Invasion and a New World Order
William Adams

Session A

Monday, 9:30 a.m. – 11 a.m.

9/12, 9/19, 9/26, 10/3

Homewood Suites

\$44

Limit: 30

The Russian invasion of Ukraine was more than a brutal, unprovoked attack on a neighboring

country. It represented an end to the “rule of law” that has prevailed since the end of World War II. It represented a tipping point to new kinds of warfare. It generated international instability that may affect international relations throughout the world into the foreseeable future – including the national security policies of the United States.

Bill Adams is a retired Air Force research and development officer who has developed instrumentation to support nuclear weapons testing and led nuclear weapons effects research designed to increase the survivability of military systems. He has also worked in US and international organizations addressing the political and military implications of nuclear warfare.

♦ NEW ♦

PBAF039

Public Schools Under Siege
Michael Wolfe and Betsy Donohoe

Session A

Tuesday, 10 a.m. – 11:30 a.m.

9/6, 9/13, 9/20, 9/27

Studio IX

\$44

Limit: 10

“What the best and wisest parent wants for his own child, that must the community want for all of its children. Any other ideal for our schools is narrow and unlovely; acted upon, it destroys our democracy.” — John Dewey (1907), “The School and Society” From the earliest days as a nation, public schooling has been a cornerstone of democracy. Yet, in the last decade, no public institution has come under greater attack than our public schools. Critics cite lagging test scores, increasing achievement gaps, poor teacher quality, and inadequate workforce preparation. Added to this onslaught are recent condemnations of Critical Race Theory, calls for greater parent involvement and choice about what children learn and where they attend public school. This four-session course examines the missions and myths influencing the American education system. Through informative lecture and engaging conversation, we will identify the earliest efforts to connect public education to democracy and how this system has evolved to



PUBLIC AFFAIRS

address individual, societal, cultural and the way we “do” school challenges. Required material: Open mind and respect for diverse opinions, experiences.

SUGGESTED READING: Reading material will be provided to those enrolled.

Michael Wolfe has a doctorate in education from Arizona State University and a master's degree in curriculum and instruction from the University of Wisconsin. He was a public-school teacher, a professor/administrator at three public universities and was the Executive Director of Kappa Delta Pi, the international honor society in education. He previously served as OLLI at UVA's Board Vice President and Chair of the Development Committee. A semi-retired educator, Betsy Donohoe taught in public and private schools at secondary, undergraduate, and graduate levels. She coached schools across the country in major reform efforts, as well as serving in leadership positions at district and school levels. She currently coaches elementary student teaching interns at the University of Virginia. Betsy received her EdD at UVA's Curry School of Education in Educational Leadership and Policy Studies.

♦ NEW ♦

PBAF023
Ideas Worth Sharing
Allen Hench
Session A
Tuesday, 3:30 p.m. – 5 p.m.
9/6, 9/13, 9/20, 9/27
Homewood Suites
\$44
Limit: 35

This course is anchored by video presentations of “TEDtalks” on technology, entertainment, design, science, business, the arts, and global issues facing our world. TED speakers share perspectives and analyses about new knowledge and thinking. Each week, a few of the talks will be viewed and discussed.

Allen Hench holds a BA in governmental administration and a JD from Dickinson School of Law in Pennsylvania. He has served as director of UVA Law School's nonprofit clinic and volunteered at the Miller Center. For 40+ years he has been the owner of a small-town Pennsylvania general law practice.

♦ NEW ♦

PBAF035
Longevity Advantage: Adding Years to Life and Life to Years!
Scott Fulton
Session A
Tuesday, 1 p.m. – 2:30 p.m.
9/13, 9/20, 9/27, 10/4, 10/11, 10/18
Homewood Suites
\$66
Limit: 35

Aging, it's all the rage, but what is actually going on inside us? We used to think it was genetics, but now know that only accounts for about 20 percent of longevity. This course looks at understanding our biological age, why we age at different rates, and the key elements of healthy heart and brain function.

Scott Fulton, Chair of the National Aging in Place Council, President of Home Ideations LLC, Longevity authority, member of the American College of Lifestyle Medicine, Engineering graduate of St Lawrence College, Ironman triathlete, former OLLI instructor, Wilmington, DE, now Charlottesville-lover with wife, Cindy.

♦ NEW ♦

PBAF033
Tanks but No Tanks, Military Familiarization for the Non-Military
Carl E. Pales
Session A
Wednesday, 6 p.m. – 7:30 p.m.
9/28, 10/5, 10/12, 10/19
The Center
\$44
Limit: 40

This course will provide attendees with little or no military background with an understanding of the key elements of modern militaries in terms of organization, weapons, and manpower. By covering the most basic and commonly



referenced elements of ground, naval, and air forces, regardless of nationalities, students completing this course will acquire a better understanding of defense-related issues and foreign conflicts. Avoiding unnecessary levels of detail, this course will enable students to understand key differences in often-referred-to weapons systems such as tanks and armored personnel carriers, battalions and brigades, and attack vs. ballistic missile submarines. Most critically, the course will address less tangible but critical factors that are paramount in determining the effectiveness – or lack thereof – of various militaries.

SUGGESTED READING: *US Army FM 100-5: Operations*, John Keegan: *A History of Warfare*, Globalsecurity.org.

Carl Pales was awarded a BA in international studies/ Russian studies from GMU in 1985 and a MS in Intelligence from DIC in 1994. He served as a foreign ground force intelligence analyst covering various regions from 1986–2019, including nine years as Senior Intelligence Officer and was deployed to combat areas twice as a civilian. He is an avid student of history and an experienced public speaker and trainer.

♦ NEW ♦

PBAF034 **Refugees – Who Are They, How Do They Get Here, and What Can We Do to Help Harriet Kuhr**

Session A
Wednesday, 2 p.m. – 3:30 p.m.
10/19

Unity of Charlottesville
\$11
Limit: 100

This presentation will cover who is considered a refugee, how they come to the US, and the role of agencies such as International Rescue Committee in their resettlement. We'll also discuss current refugee crises such as Afghan evacuees and Ukrainians and what this means to our local community.

Harriet Kuhr is the Executive Director of the International Rescue Committee in Charlottesville and Richmond. She joined the IRC in 2004, first working with the IRC in Atlanta before taking her current position in 2010. A graduate of the University of Virginia, her previous professional experience includes more than 20 years working in the field of international cultural exchange.

♦ NEW ♦

PBAF017 **Israel's Strategic Position in the Middle East** **Rabbi Joel Schwartzman**

Session A
Thursday, 3 p.m. – 4:30 p.m.
10/13, 10/20, 10/27, 11/3
Unity of Charlottesville
\$44

Minimum: 15 Limit: 100

This four-session course will briefly touch on regional issues including: 1) water, natural resources, religion, historical origins, regional alliances, weaponry and the Suez Canal; 2) a bit of family background and a survey of the timeline of Israel's military conflicts; and in the sessions 3) and 4) examine Israel's strategic principles, relations with its neighbors, neighborhood relations in general, threats to and opportunities for peaceful coexistence, and military hardware. This course does not address, except tangentially, the Israeli-Palestinian conflict.

SUGGESTED READING: Maps and articles will be emailed, starting about three weeks before class; will send relevant emails throughout the course as they arise.

Rabbi Joel Schwartzman is a Reform Rabbi, ordained at the Hebrew Union College, where he received his Bachelor of Hebrew Letters, Masters of Hebrew Letters, and Doctor of Divinity (honoris causa). He served for 23 years as a chaplain in the U.S. Air Force, retiring in the rank of colonel. He is a graduate of both Air Command and Staff, and Air Force War College. After leaving the Air Force, he led congregations in Denver, and served as Dean of the Denver Institute for Jewish Studies.

PUBLIC AFFAIRS



♦ NEW ♦

PBAF032

**What You Need to Know about
Cryptocurrency Investing**
Rodney Sullivan and Alex Sullivan

Session A

Saturday, 10 a.m. – 11:30 a.m.

10/1

Homewood Suites

\$11

Limit: 35

Investors worldwide are investing in cryptocurrency (a type of digital money). Many are asking how do I go about investing in this new asset class and how does it fit into an overall portfolio, if at all? **COURSE KEY TAKEAWAYS:** Cryptocurrency is a decentralized digital currency secured by blockchain technology. Cryptocurrency investing can take many forms, ranging from buying cryptocurrency directly on a crypto exchange to investing in crypto funds and companies on major stock exchanges. Investing in cryptocurrency is very risky, so it's important to make sure that any crypto investments be included only as part of a broad diversified portfolio. Cryptocurrency and blockchain will likely play a large role in technology of the future. What are the use cases for this new technology? What are companies doing today to leverage blockchain?

Rodney Sullivan is a 25-year veteran in the financial planning and investment industry. He currently serves as the Executive Director of the Mayo Center for Asset Management at UVA's Darden School. He also appears regularly on the CBS19 Money Matters series. Alex Sullivan is a self-driven systems engineer bent on advancing humankind through the responsible application of technology. He is currently a Systems Engineer for Carahsoft Technology Corporation.

PUBLIC AFFAIRS SESSION B

♦ NEW ♦

PBAF037

The 2022 Congressional Elections
Bob Lorish

Session B

Monday, 11 a.m. – 12:30 p.m.

10/24, 10/31, 11/7, 11/14

The Center

\$44

Limit: 12

This is a discussion course focusing on the 2022 Congressional elections. What are the pundits saying? What is the impact of gerrymandering? Who won and why? How does this election impact the 2024 Presidential election? Plus, topics you want to discuss. Required material: A willingness to listen and talk.

From watching the first televised presidential conventions in 1952 to the 2016 election, Bob Lorish has always been fascinated by presidential elections. His UVA master's thesis in history was on the election of 1824. Bob Lorish served as a Marine Corps infantry platoon leader in 1968–69 with the First Marine Division.

♦ NEW ♦

PBAF041

**The Maastricht Treaty at 30:
The European Union in International
Relations**

James R. Sofka

Session B

Wednesday, 2 p.m. – 3:30 p.m.

10/26, 11/2, 11/9, 11/16

V R.R. Smith Center for History and Art

\$32

Limit: 35

Heralded at its inception in 1992 as transformative, the Maastricht Treaty on European Union outlined the aspirations of the modern EU through its



vision of a common currency, deeper integration, borderless travel, and the advancement of “European” over traditional national interests. While celebrated then as the birth of a new international order, in recent years the EU has faced challenges unanticipated 30 years ago. While “Brexit” made headlines, deeper zones of friction persist. Uneven economic performance, eastward expansion, immigration, and the eruption of populist political movements are but several fault lines across the continent. This course will examine the aspirations and reality of EU politics in the past three decades and the challenges and opportunities the EU faces on the global stage.

SUGGESTED READING: Reading material will be provided to those enrolled.

Dr. James R. Sofka is a specialist in transatlantic diplomatic history and international relations. He previously served on the OLLI at UVA Board of Directors and has taught several OLLI at UVA courses.



PBAF010
Interacting with Equity:
Conversations about Poverty and Race
Bob Covert and Pam McFaden

Session B
Thursday, 11 a.m. – 12:30 p.m.
10/27, 11/3, 11/10, 11/17, 12/1, 12/8
Studio IX

\$66
Limit: 10

The purpose of this course is to engage participants with issues of diversity, equity, and privilege within the context of a safe, supportive environment. We will examine personal, social, and institutional biases and how they play out in our daily lives. The course connects participant’s personal experiences with Bennett’s *Developmental Model of Intercultural Sensitivity* to facilitate positive results when interacting with different groups. The course is interactive, with participants sharing personal stories, and includes activities and facilitated discussion. We will end

looking at our personal responsibility related to each level of discrimination and concrete things we all can do. Topics include: building community, awareness of stereotypes, classism, racism, and how ethnicity impacts identity.

Dr. Bob Covert received his PhD from Temple University in Research and Statistics in 1972. He conducted local and national evaluations through the Evaluation Research Center at UVA. Bob taught education courses in Curry School of Education, and developed a variety of courses in computer data analysis, qualitative research methods, questionnaire construction, and multicultural education. He is the past president of the American Evaluation Association and past-president and co-founder of the Virginia chapter of the National Association of Multicultural Education. Bob worked at UVA for 42 years where he received several diversity awards, including the John T. Casteen Award for Diversity.

Dr. Pam McFaden received her EdD from UVA in 2011. Pam taught Language Arts and History at the secondary level before continuing her education. She co-taught the multicultural education course at Curry School for six years before returning to public education to work on diversity issues as the Supervisor for Equity Assurance for Amherst County Public Schools. Pam has spoken on American Indian rights and led professional development on equity issues.

♦ NEW ♦

PBAF042
Longevity Advantage: Adding Years
to Life and Life to Years¹⁰²
Scott Fulton

Session B
Thursday, 1 p.m. – 2:30 p.m.
11/3, 11/10, 11/17, 12/1, 12/8, 12/15
Homewood Suites

\$66
Limit: 35

If you could add 10 years of doing more of the things you love, what would they be? This course looks at updating our understanding of how everyday choices can add up to big health span returns starting today! We’ll also look at simple ways to measure and track our health along the way.

Scott Fulton, Chair of the National Aging in Place Council,

PUBLIC AFFAIRS

President of Home Ideations LLC, Longevity authority, member of the American College of Lifestyle Medicine, Engineering graduate of St Lawrence College, Ironman triathlete, former OLLI instructor, Wilmington, DE, now Charlottesville-lover with wife, Cindy.

♦ NEW ♦

PBAF036
The Global Politics & Economics of Climate Change: A Round Table Discussion
Mike Kelley

Session B
Friday, 10 a.m. – 11:30 a.m.
10/28, 11/4, 11/11, 11/18, 12/2, 12/9
The Center

\$66
Limit: 12

While much of our climate change press coverage is US-centric, we will discuss the politics, economics and technology of climate change from a global perspective. Online videos will take us to the Amazon rain forest of Brazil, a coal mine in India, the world's largest power plant in China. We will watch William Nordhaus, who won the Nobel Prize in Economics, discuss the global politics of climate change. We will try to understand why, with solar power so cheap, the world is still building so many coal-fired power plants. Short video clips present controversial topics such as nuclear energy and geoengineering. After each video, we will have a round table discussion on the topic at hand. In our final session, we will explore how the U.S. might advance global solutions. Our goal is a thoughtful, enjoyable learning experience.

Mike Kelley worked in computer technology for thirty-five years. He holds degrees from Princeton and North Carolina. He has previously led OLLI discussion groups on other topics.

NOTE: This catalog was printed on July 1, 2022. Check [online](#) for the most up to date information.



♦ NEW ♦

PBAF040
Global Ethics
Patricia Wrightson

Session B
Friday, 9:30 a.m. – 11 a.m.
10/28, 11/4, 11/11, 11/18, 12/2
Studio IX

\$55
Limit: 10

This course will examine the ethical aspects of the crises that the world is facing at the time. There will be no required reading. The first session will cover basic ethical ideas and following sessions will use these ideas to examine current events from an ethics point of view.

SUGGESTED READING: Blackburn, Simon. *Ethics: A Very Short Introduction*, Oxford University Press, 2021.

Patricia Wrightson taught Global Ethics at OLLI in Fall 2019. She also taught Policy Ethics last summer via Zoom at the McCourt School of Public Policy, Georgetown University and previously, taught ethics courses there from 2012–2018. She taught full-time at Georgetown from 1994–2000. From 2000–2014, she worked in the policy division in what is now known as the National Academies of Science, Engineering and Medicine.

Science & Technology



SCIENCE & TECHNOLOGY SESSION A

SCIT013

Lepidopteran Marvels and Mysteries Karen and Steve McCurdy Session A

Wednesday, 1 p.m. – 4 p.m.

Three-hour class.

9/14

 **Ivy Creek Natural Area
Education Building**

\$21

Limit: 35

This course will discuss butterflies and moths that are native to Virginia, what it takes to attract them to your yard, and the pressures on their continued survival. The amazing Monarch butterfly and its phenomenal trip to Mexico will be discussed in detail. Live specimens will provide an 'up close and personal' look at both adult Lepidoptera and their larvae (caterpillars) and will enhance opportunities for learning more about these amazing insects. The more we learn about these seemingly simple and beautiful creatures, the more fascinating they become! Required material: Just curiosity!

Karen and Steve McCurdy have raised butterflies and moths for over 30 years. They are the immediate past Co-Presidents of the Butterfly Society of Virginia and now continue to serve on the Board as Co-Directors. They are also Certified Virginia Master Naturalists, Tidewater Chapter.

♦ NEW ♦

SCIT036

The New Science of Sleep: An Extraordinary Elixir PJ Rooney, PhD

Session A

Thursday, 9:30 a.m. – 11 a.m.

10/13, 10/20

Homewood Suites

\$22

Limit: 35

Sleep, or more accurately your sleep-wake cycle, is an immensely complicated and exquisitely synchronized activity. There are no operations within your brain or major systems within your body that aren't wonderfully enhanced by sleep when you get it, or demonstrably impaired when you don't. Your sleep-wake cycle involves nearly every brain neurotransmitter and multiple brain structures; it's your Global Brain Event! In this deep dive into the science of slumber, we'll survey sleep's impact on your brain, immune system, digestive system, cardiovascular system, and learning, memory, and diseases. Ultimately, the quality of your sleep affects the quality of your waking day – tips for getting good shut-eye will be discussed.

SUGGESTED READING: Reading material will be provided to those enrolled.

PJ Rooney currently serves as Chief of Staff within the Department of Defense. She also serves as Adjunct Faculty at the FBI Academy with a focus on harnessing the cognitive capacity of the brain with the microbial ingenuity of the gut to enable, expand, and strengthen daily performance. Previously, PJ served as Adjunct Faculty at Brookings Institution; Senior Faculty at Federal Executive Institute; Faculty, US Military Academy.

SCIENCE & TECHNOLOGY SESSION B

♦ NEW ♦

SCIT038

Gold, Granite and Glaciers: The Geology of the Sierra Nevada Mountains and Yosemite National Park Mark L. Barnhill

Session B

Monday, 9:30 a.m. – 11 a.m.

10/31, 11/7, 11/14, 11/28, 12/5, 12/12

The Center

\$66

Limit: 40

The course will begin with a review of the physical

SCIENCE & TECHNOLOGY

and cultural geography of the Sierra Nevada and Yosemite National Park. From there, we will review rocks, minerals, and plate tectonics. We will then examine the emplacement of the Sierra Nevada Batholith and learn how gold was emplaced in the Sierra Nevada Metamorphic Belt. We will then review the granitic rocks of the Sierra Nevada and Yosemite NP along with the origin of the many glacial and erosional features of Yosemite. Finally, we will examine the extraordinary geology of Death Valley National Park. *No previous geology background needed but may be helpful.

Mark Barnhill is a retired geologist with a MS from Tulsa University and a PhD from the University of Cincinnati. An oil and gas exploration geologist for many years as well as a research scientist at Indiana University, he has been an avid fly-fisherman for the past thirty years.

♦ NEW ♦

SCIT037

Immunology 101: A Lay Course on How the Human Immune System works

Brian A. Pollok, PhD

Session B

Thursday, 3 p.m. – 4:30 p.m.

10/27, 11/3, 11/10, 11/17

The Center

\$44

Limit: 40

While the immune system represents an incredibly complex set of cellular and molecular elements that defend us from infectious disease and cancer, there is a logic to it that can be understood at a basic level. This survey course will describe the fundamental components of the immune system, how they work together to eliminate foreign invaders, how the immune system self-regulates, and how it can sometimes go haywire. No science background is needed here – course content will be highly visual and utilize non-technical language.

SUGGESTED READING: Reading material will be provided as an appendix after each lecture to those enrolled.

Brian A. Pollok, PhD has had a career in both academic biomedical science (as an immunologist) and as a biotechnology R&D executive. In 2013-14, he served as UVA's first Entrepreneur-In-Residence founding two biotech start-ups. In addition to having served on numerous non-profit boards related to biomedical research, Dr. Pollok enjoys sharing his experience in biomedicine with lay audiences; in Fall 2021, he taught an OLLI at UVA course weaving biomedical science with cultural history. Brian is a UVA alumnus (CLAS 79) and resides in southern Albemarle County.

SCIT032

The Shenandoah Valley and Blue Ridge: Hot Spots for Virginia Natural History

Dr. Joe Keiper

Dates to be determined



Online

The mountains and valleys of Virginia have driven fascinating stories of human culture and animal ecology. Museum scientists will discuss why these regions are so biodiverse, and how Virginia's first human cultures gathered resources and thrived. Beginning with invertebrate and amphibian diversity and evolution, the course will explore how a complex landscape has led to unique assemblages of these creatures. The fossil record shows a similar pattern, but over time on a changing planet. The series will conclude with a look at resource use by the first Virginians prior to European contact.

SUGGESTED READING: An extensive reading list can be found on our registration site.

Dr. Joe Keiper is executive director of the Virginia Museum of Natural History, which houses seven PhD researchers and some 10 million specimens and artifacts. His expertise is in ecology and entomology, and his staff are professional paleontologists, archaeologists, and biologists.

NOTE: This catalog was printed on July 1, 2022.
Check [online](#) for the most up to date information.



SOCIAL SCIENCE SESSION A

♦ NEW ♦

SCSC023

We Are All Aging – Let’s End Ageism
Ashton Applewhite

Session A

Saturday, 1 p.m. – 2:30 p.m.

10/8

Homewood Suites

\$11

Limit: 35

From childhood on, we’re barraged by messages that it’s sad to be old; that wrinkles are embarrassing, and old people useless. Author and activist Ashton Applewhite believed them too, until she figured out where this prejudice comes from and the damage it does. In this lively and provocative talk, Applewhite explains the roots of ageism—between our ears and in the world around us—how it divides and diminishes us, and what we can do about it. Whether you’re older or hoping to get there, this talk will cheer you up, shake you by the shoulders, and change the way you see the rest of your life.

SUGGESTED READING: Applewhite, Ashton. *This Chair Rocks: A Manifesto Against Ageism* (NY: Celadon, 2016) <https://www.amazon.com/This-Chair-Rocks-Manifesto-Against/dp/1250297257>.

An internationally recognized expert on ageism, Ashton Applewhite is the author of This Chair Rocks: A Manifesto Against Ageism. A co-founder of the Old School Anti-Ageism Clearinghouse, she speaks widely at venues that have included the TED mainstage and the United Nations and is a leading spokesperson for the emerging movement to raise awareness of ageism and to dismantle it.

SOCIAL SCIENCE SESSION B

♦ NEW ♦



SCSC024

Social Psychology of Bigotry
Marion C. Votaw

Session B

Wednesday, 1 p.m. – 2:30 p.m.

10/26, 11/2, 11/9, 11/16, 11/30, 12/7

Studio IX

\$66

Limit: 10

The Rev. Dr. Martin Luther King Jr. had a dream. But *can* we see the content of the character at all, or only the color of the skin? This course will take a more focused look at bigotry than a general Social Psychology course. We will start with an overview of how social perception and cognition happen in general, then concentrate on how the “Us or Them” component influences how we see others, and what we read into their behaviors. We will address highly controversial issues, such as police shootings, anti-Semitism, sexism, ageism, politicization of science, and other prejudices and discriminations. We will conclude with how to [try to] work against such divisions.

NOTE: Recommended materials: colored pencils, paper or laptop for taking notes.

SUGGESTED READING: King, Martin L. *I Have a Dream*. Speech presented at the March on Washington for Jobs and Freedom, Washington, D.C., August 1968. https://avalon.law.yale.edu/20th_century/mlk01.asp.

Marion Votaw grew up an Embassy brat, mostly in West and North Africa. They [nonbinary] came to Charlottesville for grad school... and never left. Marion has taught sciences to students from adolescents to retirees at UVA, PVCC and ITT Tech, French to preschoolers on up, and mah jongg to anyone interested. They started teaching at OLLI in 2020.

Registration for Fall 2022 opens at 10 a.m. on **Tuesday, August 9, 2022.**
Registration forms are due one week before registration on **August 2, 2022.**

We highly encourage you to register online at olliuva.org.

Registration forms can be dropped off at the OLLI office, 969 Second St. SE Suite 101, Charlottesville, VA 22902.
Registration forms can be mailed to OLLI at UVA, PO Box 2198 Charlottesville, VA 22902.

MEMBER INFORMATION			
Last Name	First Name	Preferred Name	Middle Initial
Home Address	City	State	Zip Code
Email	Home Phone	Mobile Phone	
Emergency Contact	Relationship	Contact Phone	

COURSES

Course selection. If a course is full, you will be placed on a waiting list and will not be charged.

Course No.	Course Title	I would like to know more about Class Moderator duties	Course
		Total Courses	\$

Please indicate an additional course (if any) that you'd like to add in the event a course you've listed above is full.

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PAYMENT: Enter Credit or Debit Card Information below.
PLEASE DO NOT SEND CHECK(S) UNLESS YOU ARE PAYING ONLY FOR MEMBERSHIP. If you prefer to pay by check, OLLI will send an invoice for your payment, which can then be made by check, or by telephone with a card.

☐ Send Invoice

Card # _____

Exp Date ____/____ Amount to be Charged \$ _____

Name on Card _____

Signature _____

Membership Fee (\$75 per semester)

* Please see member terms of agreement on backside of this registration page ▶

Annual Fund Donation (tax deductible)

Scholarship Fund Donation (tax deductible)

Discount (Instructor Spouse/Partner)

TOTAL OF ALL CHARGES \$

OFFICE USE ONLY

Date form received _____

Date enrolled/initials _____

Member Terms of Agreement

OLLI at UVA Health and Safety Liability Waiver:

1. I understand that although OLLI at UVA holds the health and safety of its community as paramount, this does not guarantee that I will not be exposed to injury or illness of any kind. I acknowledge that my physical presence in the local community as well as participation and utilization of facilities, services, and programs at OLLI at UVA is voluntary, and may carry certain risks, such as injury or illness including COVID-19 that cannot be eliminated regardless of the care and reasonable efforts taken to avoid and mitigate those risks. I also understand that I may be at higher risk for injury or illness and take full responsibility for my health and safety. I understand that I have the option to participate in OLLI at UVA activities remotely. Despite these risks, I chose to participate in-person in OLLI at UVA activities. .
2. I agree not to attend any in-person sessions if I am experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
3. I hereby release and agree to hold OLLI at UVA harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of OLLI at UVA, or that may otherwise arise in any way in connection with any services received from OLLI at UVA. I understand that this release discharges OLLI at UVA from any liability or claim that I, my heirs, or any personal representatives may have against OLLI at UVA with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from OLLI at UVA. This liability acknowledgment and release extends to OLLI at UVA together with all venues, volunteers, and employees.

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Name on Card _____

Signature _____

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3. I hereby release and agree to hold OLLI at UVA harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of OLLI at UVA, or that may otherwise arise in any way in connection with any services received from OLLI at UVA. I understand that this release discharges OLLI at UVA from any liability or claim that I, my heirs, or any personal representatives may have against OLLI at UVA with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from OLLI at UVA. This liability acknowledgment and release extends to OLLI at UVA together with all venues, volunteers, and employees.



SENTARA MARTHA JEFFERSON HOSPITAL

BEHIND EVERY PATIENT IS SOMEONE WHO CARES

Behind every patient is...

a loved one sitting by a bedside...

a family member waiting at home...

a care team member going above and beyond
to ensure the patient AND their loved ones are
supported.

From our doctors and nurses
to the team members behind the scenes,
everyone at Sentara Martha Jefferson
is focused on the big things that help
patients heal, and the little things that
provide extra comfort.

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Osher Lifelong
Learning Institute

Osher Lifelong Learning Institute
at the University of Virginia

P.O. Box 2198
Charlottesville, VA 22902

change service requested

FALL 2022

CALENDAR

VISIT [OLLIUVA.ORG](https://olliuva.org) FOR UPDATES

Fall 2022 Membership will be available
for purchase July 1.

July 25 at 2 p.m. Taste of OLLI
Meadows Presbyterian Church
Charlottesville

July 27 at 2 p.m. Taste of OLLI
Augusta County Library
Fishersville

July 29 at 2 p.m. Virtual Taste of OLLI
Online



August 9 at 10 a.m.
Fall 2022 Course Registration Opens



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