Log in to your Zoom desktop client.
Click your profile picture then click Settings.
Settings Option Under Profile Picture
Click Keyboard Shortcuts.
The keyboard shortcuts will appear.

Editing Shortcuts
You can edit a shortcut by clicking on the shortcut and then pressing the shortcut key that you would like to use.
Some of the shortcuts can be used as global shortcuts, meaning they will work even when Zoom is not in focus. To enable a shortcut globally, check the option next to the shortcut.

Available Keyboard Shortcuts
F6: Navigate among Zoom popup windows.
Ctrl+Alt+Shift: Move focus to Zoom's meeting controls
PageUp: View previous 25 video stream in gallery view
PageDown: View next 25 video stream in gallery view
Alt: Turn on/off the option Always show meeting control toolbar in Accessibility Settings
Alt+F1: Switch to active speaker view in video meeting
Alt+F2: Switch to gallery video view in video meeting
Alt+F4: Close the current window
Alt+V: Start/Stop Video
Alt+A: Mute/unmute audio
Alt+M: Mute/unmute audio for everyone except host Note: For the meeting host only
Alt+S: Launch share screen window and stop screen share Note: Will only work when meeting control toolbar has focus
Alt+Shift+S: Start/stop new screen share Note: Will only work when meeting control toolbar has focus
Alt+T: Pause or resume screen share Note: Will only work when meeting control toolbar has focus
Alt+R: Start/stop local recording
Alt+C: Start/stop cloud recording
Alt+P: Pause or resume recording
Alt+N: Switch camera
Alt+F: Enter or exit full screen
Alt+H: Display/hide In-Meeting Chat panel
Alt+U: Display/hide Participants panel
Alt+I: Open Invite window
Alt+Y: Raise/lower hand
Alt+Shift+R: Gain Remote Control
Alt+Shift+G: Stop Remote Control
Ctrl+2: Read active speaker name
Ctrl+Alt+Shift+H: Show/Hide floating meeting controls
Alt+Shift+T: Screenshot
Switch to Portrait/Landscape View: Alt+L
Ctrl+W: Close current chat session
Ctrl+Up: Go to previous chat
Ctrl+Down: Go to next chat
Ctrl+T: Jump to chat with someone
Ctrl+F: Search
Ctrl+Tab: Move to the next tab (right)
Ctrl+Shift+Tab: Move to the previous tab (left)